RENPHO

USER MANUAL

BODY COMPOSITION SCALE

Model: ES-32MD

RENPHO is committed to our environment. To reduce paper usage, please scan the QR Code or enter the following URL to download the full version of the electronic User Manual:

https://renpho.com/pages/user-manual-body-composition-scale

IMPORTANT SAFETY INSTRUCTIONS

READ ALL INSTRUCTIONS CAREFULLY BEFORE USE.

1. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
2. Children should be supervised to ensure that they do not play with the appliance.
3. The scale is for household use only and not for medical or commercial purposes. It should not be used in diagnosing a disease, disorder or abnormal physical state.
4. Children under 8 or individuals who are pregnant, have osteoporosis, a pacemaker, artificial joints, portable ECG or other metal implants should use the scale for weighing purposes only and make sure to wear shoes to prevent any electric current when stepping onto the scale.
5. All body composition data provided is for reference and should not be used as a substitute for advice from a licensed healthcare professional.
6. Do not overload the scale. (Maximum Capacity: 400lb / 180kg)
7. Inspect the scale for any damage before each use. Do not use a damaged scale to avoid inaccuracy or injury.
8. In case of any malfunction, check the battery power first. If necessary, replace the batteries.
9. To ensure accuracy, use the scale on a hard, flat and dry surface.
10. To avoid interference or danger, do not use the scale in an environment near equipment with strong electromagnetic fields.
11. To prevent injury, do not stand on the edges of the scale, jump on or stomp it.
12. The scale is a delicate and precise measuring device. Handle with care to avoid breakage.
13. The scale is not waterproof. Keep it dry and never submerge it in water. To clean the surface, use a damp cloth or glass cleaner. Do not use soap or chemical cleaning agents.
14. Do not expose the scale to direct sunlight or use it in high temperatures or extremely humid areas. Store the scale in a cool, dry place.
15. Do not attempt to disassemble the scale for any reason, as this may cause damage or void the warranty.

About the battery

1. Do not expose the appliance or battery to excessive temperatures.
2. Replace all batteries of a set at the same time.
3. Different types of batteries or new and used batteries are not to be mixed.
4. Exhausted batteries are to be removed from the appliance and safely disposed of.
5. If the appliance is to be stored unused for a long period, the batteries should be removed.
6. Do not use modified or damaged batteries.
7. Be aware of the risk of terminals of the battery-operated appliance or battery being short-circuited by metal objects.
8. This appliance contains non-rechargeable batteries, these batteries are not to be recharged.
9. Always insert batteries correctly according to the polarity (+ and -) marked on the battery and scale.
10. Do not heat, short-circuit, force discharge, encapsulate and/or modify the batteries. Do not deform or dismantle the batteries.
11. Keep batteries out of the reach of children.
12. Do not charge the batteries.
13. Do not weld or solder directly to batteries.
14. Do not dispose of batteries in fire.
15. Do not allow children to replace batteries without adult supervision.
16. Store unused batteries in their original packaging away from metal objects. If already unpacked, do not mix or jumble batteries.

SAVE THESE INSTRUCTIONS

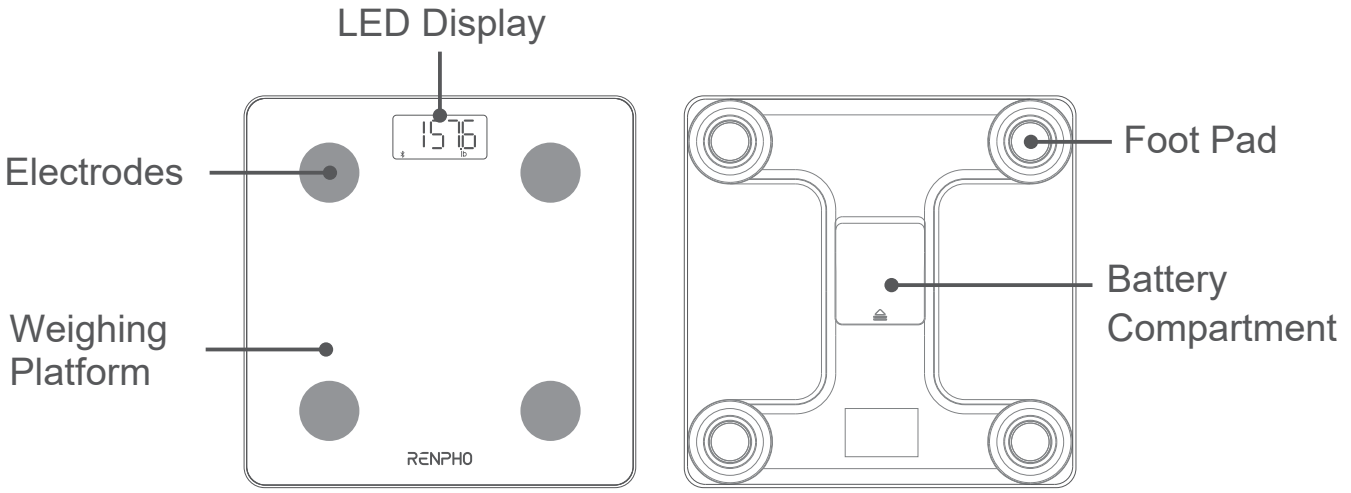
WHAT'S IN THE BOX

Body Composition Scale x1

1.5 AAA Battery x3

User Manual x1

ABOUT YOUR SCALE

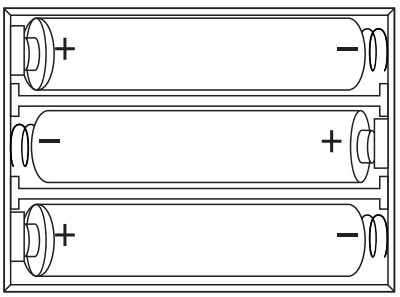


Icons

CAL	**Calibrating**	Calibrate the scale before each use.
Err	**Overload**	Maximum Capacity: 180kg/400lb
Lo	**Low Battery**	Replace the batteries timely.
0000	**Measuring Body Fat**	
	Bluetooth	: Bluetooth is disconnected. : Bluetooth is connected.
BMI	**BMI**	
	User Identification	
%	**Body Fat**	
	Bare Feet	

INSTALLING THE BATTERIES

Install the provided batteries into the scale before use. Always insert batteries correctly with regard to polarity (+ and –) marked on the battery and scale.



Note:

· Always select the correct size and type of battery most suitable for the intended use. Do not mix new and used batteries or batteries of different types or brands. Do not charge the batteries.

· Clean the battery contacts and also those of the scale prior to battery installation.

· Replace all batteries of a set at the same time.

INSTALLING THE APP & PAIRING

* Pair the scale with the Renpho Health App and complete one measurement to activate user identification. Once activated, you can view your weight, BMI and body fat on the scale's display directly without the app.

1. Download the Renpho Health App

Scan the QR code below or search for "**Renpho Health**" from the App Store or Google Play to download the app.
System requirement: iOS 12.0 or later, Android 7.0 or later

Note: Due to continuous updates and improvements, the "Renpho Health" App may appear slightly different.

2. Log in / Sign up

a. Log in directly with an existing Renpho App account.
b. If you do not have any Renpho App account, tap "**Sign up**" using your email address and fill in the personal information; this step is required for calculating your health measurements accurately.

Note: You may also log in using Guest Mode if you do not wish to register. However, your measurement data will not be saved if you log it in on another device.

3. Pair the Scale

Before pairing, enable the Bluetooth on your smartphone.

a. Open the Renpho Health App, place the scale on a hard and flat surface, and step onto it with bare and dry feet.
b. Tap "+" in the upper-right corner of the "Home" page and select your body fat scale from the device list.
c. Follow the in-app instructions to complete pairing.

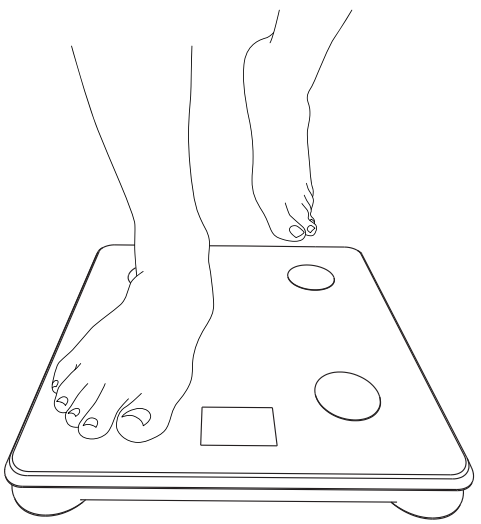
CALIBRATING YOUR SCALE

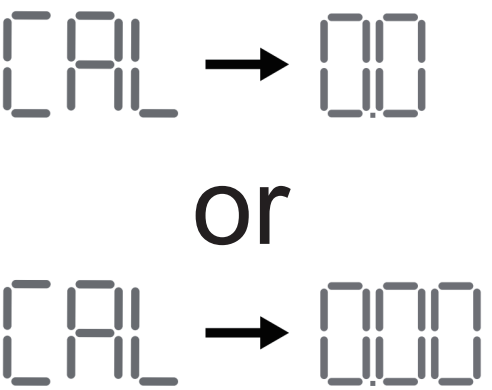
Calibrate the scale before each use to ensure accuracy.

a. Place the scale on a flat, solid and even surface. Avoid any carpeting or uneven flooring.

b. Step on the scale to activate it and then step off.

c. The scale will show "CAL" and then "0.0" or "0.00" to indicate calibrating is complete.





RENPHO

Made in China

NA1

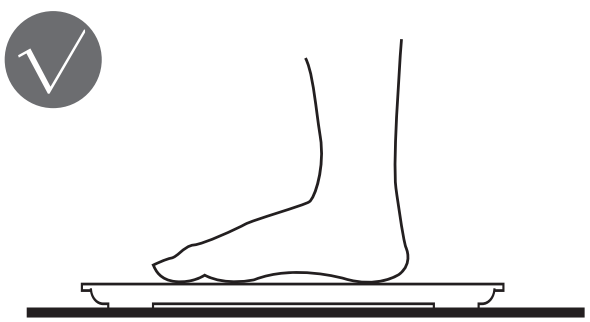
USING YOUR SCALE

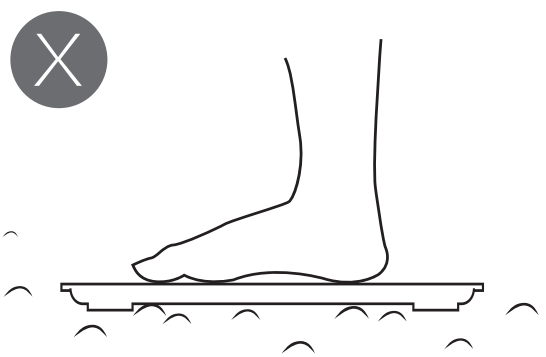
*Create your correct user profile in the Renpho Health App before taking your first measurement. This ensures your measurements are precisely recorded and associated with your profile.

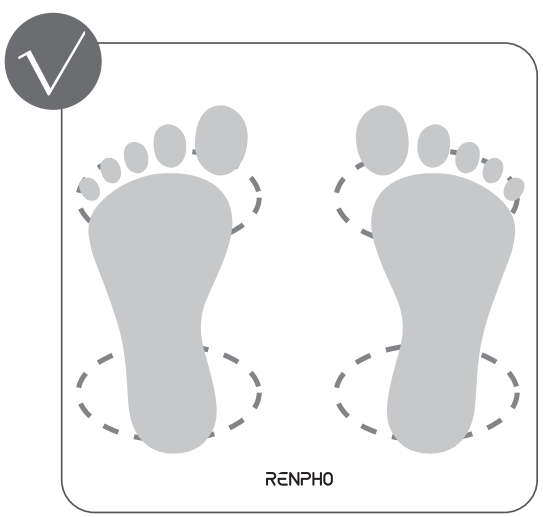
a. Ensure the scale is placed on a flat, solid and even surface.

b. After calibrating the scale, step on the scale’s electrodes with bare and dry feet and wait for the measurement(s) to be shown on the scale's display.

c. After measuring, the scale will transmit the data to the app via Bluetooth. Open the app to sync and view your detailed measurements, track your progress, and access additional features and insights.

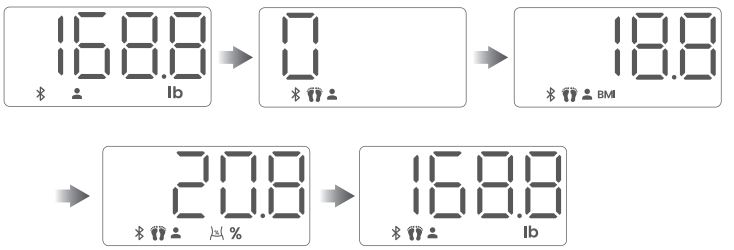
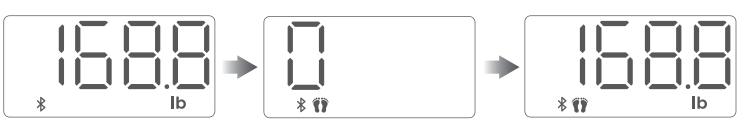






TROUBLESHOOTING GUIDE

1. Display Issues

Display	Description/Cause
 Weight, BMI, Body Fat	User identification was detected by the scale and this measurement was taken with bare feet.
Weight, BMI	User identification was detected by the scale and this measurement was taken with socks or shoes.
Weight	User identification was not detected by the scale and this measurement was taken with socks or shoes.
 Weight	User identification was not detected by the scale and this measurement was taken with bare feet.

2. Other Issues

Problem	Solution
The scale cannot detect body fat and/or other data.	a. Ensure your feet are dry and bare. b. Stand and keep still until the final measurement(s) appear on the scale's display. If still not available, try applying moisturizer to your feet and measure again or ask another person to try the 2 steps mentioned above.
I registered an account on the RENPHO website but failed to use it to log in to the Renpho Health App.	The RENPHO website and Renpho Health App are two separate systems. Please create an account for the Renpho Health App.
I can get my data of weight, body fat and BMI from the scale's display, but my family or friends failed.	Your family or friends must complete their profile information on your app using the "add a member" function or log in to the Renpho Health App with their own account.

WARRANTY POLICY

Your RENPHO product purchase is covered by a one-year limited manufacturer warranty from the date of delivery.

For warranty terms and conditions, please visit:

https://renpho.com/pages/warranty-terms-and-conditions

Note: Product registration is not required for the warranty.

If you choose not to register your product, it will not diminish the product warranty.

CUSTOMER SERVICE

Please feel free to contact us if you have any questions or concerns. RENPHO Customer Service Team guarantees a quick response and hassle-free solutions to any issue you may have within business hours.

TEL: **+44(0)7434 666088 (UK ONLY)**
Monday-Friday 9:00AM-5:00PM (GMT)
+1(844) 417 0149 (US&CA)
Monday-Friday 9:00AM-4:30PM
1800 MY RENPHO (1800 69 7367) (AU ONLY)
Monday-Friday 9:00AM-6:00PM (AEST)
+49 40 23969285 (DE ONLY)
Monday-Friday 9:00AM-6:00PM (CET)

Email: support-eu@renpho.com (UK&EU)
support@renpho.com (US&CA)
support-au@renpho.com (AU)

* For defective products or the return of items, please contact us with your order number within the specified warranty period. DO NOT dispose of any product parts as they may be required for inspection/repair.

FCC Regulatory Compliance

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

—Reorient or relocate the receiving antenna.

—Increase the separation between the equipment and receiver.

—Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

—Consult the dealer or an experienced radio/TV technician for help.

ISED Regulatory Compliance

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

1: This device may not cause interference.

2: This device must accept any interference, including interference that may cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

1. L'appareil ne doit pas produire de brouillage;

2. L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

1. **Meaning of the crossed-out wheeled bin symbol**
   The crossed-out wheeled bin symbol means that you are legally obliged to dispose of these appliances separately from unsorted municipal waste, i.e. old appliances must be disposed of separately from household waste. Batteries or rechargeable batteries that are not permanently installed must be removed beforehand and disposed of separately.
2. **Options for returning old appliances**
   Owners of WEEE can return or collect it within the framework of the possibilities set up and available by public waste management authorities to ensure proper disposal.
3. **Personal data**
   All end-users of WEEE are reminded that you are responsible for deleting personal data from the WEEE to be disposed of.

1. The symbol of the crossed-out garbage can on batteries or accumulators indicates that they must not be disposed of in household waste at the end of their life.
2. You are legally obliged to return old batteries and accumulators after use. You can do this free of charge at a collection point in your area. Addresses of suitable collection points can be obtained from your city or local government.
3. Batteries may contain substances that are harmful to the environment and human health. The separate collection and recycling of old batteries and accumulators is intended to avoid negative effects on the environment and human health.
4. Please avoid the generation of waste from old batteries as far as possible, e.g. Please avoid littering public spaces by not carelessly leaving batteries or electrical and electronic equipment containing batteries.

Hereby, Shenzhen Ruiyi Business Technology Co., Ltd. declares that this equipment complies with Directive 2014/53/EU, Directive 2011/65/EU, Radio Equipment Regulations 2017, Restriction of the Use of Certain Hazardous Substances in Electrical and Electronic Equipment Regulations 2012, and other relevant provisions. The full text of the Declaration of Conformity can be obtained at the following internet address:
https://renpho.eu/pages/compliance-data

更新日期:	20250319	设计师:	Dva	供应商代码:	10104
型 號:	【二代】ES-32MD				
尺 寸:	96mm W x 130mm H				
材 质:	128g铜版纸				
颜 色:	单色印刷				
工 艺:					
装订方式 :	风琴折				