Front: 260x50mm

touchElex

Siruis Smart Sports Watch

Thank you for choosing this product, please read the operating instructions carefully before using the watch

I. Quick start

1. Appearance

2. Turning on/off

● Turning on

① Automatic turning on while charging.

Note: Please charge and activate the watch before first use; please use the provided charger only.

② Press and hold the power on button.

● Turning off

Turning off procedure: Settings>>System Operation>>Shutdown

3. Button functions

● Short press

① On the dial screen, short press the button to enter the application list

② In the application list, short press the button to return to the main dial

③ When the screen goes off, short press the button to lit up the screen

● Press and hold

① When the watch is off, press and hold the button to turn it on

② In the power-on state, press and hold the button to enter the system menu

4. On-screen operation

● Slide up and down

① Switching among screens at the same level

② Review long text/detailed information

● Slide left and right

① Switching among screens at the same level

● Single-tap of the screen

① Enter the next-level screen

② Follow the on-screen buttons to complete the corresponding actions

5. Change the wristband

● Remove a wristband

1. Turn over the watch and find the quick-release lever.

2. While pressing the quick-release lever inward, gently pull the wristband away from the watch to release it.

● Attach a wristband

1. To attach a wristband, hold the band at a 45° angle and slide the pin (the side opposite the quick-release lever) into the notch on the watch.

2. While pressing the quick-release lever inward, slide the other end of the wristband into place.

3. When both ends of the pin are inserted, release the quick-release lever.

II. Downloading and pairing

1. Download the APP

You can directly scan the QR code to download "TouchELEX" App or you can search "TouchELEX" in the App store for downloading and installation.

2. Pairing

Use the "TouchELEX" app on your phone to pair with your watch.

III. Functions

1. Multiple sports

Siruis watch has various sports modes. Tap the sports icon on the watch to enter the corresponding sports mode. In the sports mode, the watch will record your exercise time, distance, steps, heart rate and other information to help you do exercises in a better way.

2. Health monitoring

siruis watch has various health monitoring functions such as heart rate monitoring, blood oxygen monitoring and sleep monitoring;

Heart rate monitoring: slide the screen to the heart rate measurement screen and wait for a moment. Then the watch will automatically measure your heart rate. Please remain relatively still while measuring your heart rate so that the watch can deliver heart rate data more accurately.

Blood oxygen monitoring: low blood oxygen levels can affect your health. Siruis watch provides you with the ability to monitor your blood oxygen, simply tap the tap the blood oxygen icon in your watch to automatically start the measurement.

Sleep monitoring: a good night's sleep is very important for us. Siruis watch can record your sleep quality every night, including indicators such as deep sleep duration, light sleep duration, and awake duration; this function needs to be enabled in the corresponding part of the APP.

Note: heart rate, blood oxygen and sleep monitoring data are for reference only and shall not be used as a basis for medical diagnosis.

3. Reminder function

siruis watch provides message reminder, call reminder, alarm reminder, sedentary reminder, etc. It is a small butler of your life. After you turn on the corresponding reminder function on the APP, the watch will stay connected with your phone and vibrate to remind you when there is an incoming call or a new message to ensure you won't miss any important information.

4. Other functions

siruis watch also offers features like weather reports and stopwatch, and it is all waiting for your to explore and discover.

IV. Electrical parameters

Product name	sirus Watch	Screen	1.52" Colored screen
Battery capacity	180mAh	Battery life	7-9 days
Charging duration	About 2 hours	Waterproof rating	IP68

● Do not place the device and its accessories where the temperature is too high or too low, as this may cause malfunction, fire or explosion.

● Protect the product from impacts or vibrations that may damage the device and its accessories or cause malfunction.

● Do not disassemble or modify the device and its accessories without permission, and call for the after-sales service in case of any malfunction.

V. FAQ

● The phone can't connect to the watch

1. Update the APP to the latest version.

2. It is recommended to close all APPs, restart the Bluetooth of the phone and try connecting again.

3. Verify that the operation system of the phone is Android 6.0 or iOS 9.0 or above.

● No message or call reminder received by the watch

1. 1. Enable the smart reminder and incoming call reminder functions in the APP and synchronize to the watch.

2. The phone shall be paired with the watch via bluetooth.

3. Keep the proper connection of the Bluetooth of the watch.

● The Bluetooth connection fails frequently

1. If the watch and the phone are too far apart from each other, the Bluetooth connection will be lost, and if the distance is more than 7 meters, the Bluetooth connection will be compromised significantly.

2. Obstruction between the watch and the phone will affect the connection, and the human body or metal jewelry will interfere with the Bluetooth connection signals.

3. Please make sure that the Bluetooth function of your phone is normal.

VI. Certification

FCC STATEMENT:

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and

(2) This device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: Reorient or relocate the receiving antenna. Increase the separation between the equipment and receiver. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 20cm between the radiator & your body.

Back: 260x50mm