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FCC ID: 3429884

NOTE: This equipment has been tested and found to comply with the limits for Class B digital devices, in accordance with section 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment operates using radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If the equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and

(2) This device must accept any interference received, including interference that may cause undesired operation.

IC: 2758484

This device contains Radiofrequency Interference (RFI) that may cause interference to other electronic equipment. To minimize the risk of interference, please follow the following two conditions:

1. This device may not cause interference.

2. This device must accept any interference, including interference that may cause undesired operation of the device.

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Quick Start Guide

IW4 Smart Watch

This quick start guide will support you getting started using your smart watch. If you're looking for a more detailed user manual, FAQs, and other information, please visit our official website.



All pictures in this guide are for illustration purposes only. Actual product may vary due to product firmware and app upgrades.

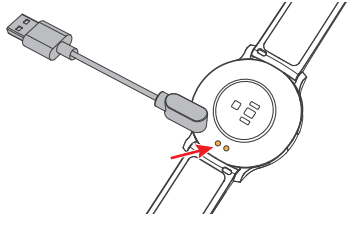
Package Contents

- Smart watch (IW4 with bands)
- Charging cable
- Quick start guide

Charging

Please fully charge your watch before initial use.

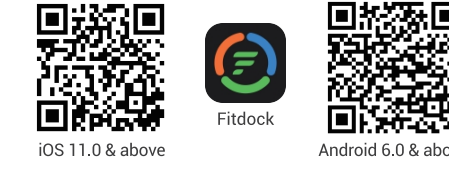
- Insert the USB plug of the charging cable into a USB charger.
- Attach the other end to the charging contacts on the back of the watch.



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Installing the Fitdock App



Note: Fitdock app is only compatible with smartphones, not tablets or PCs.

Pairing

- Turn on the Bluetooth of your phone.
- Open the **Fitdock** app. Go to the **"Device"** page and tap **"Pair device"**.
- Tap **"C2"** and scan the QR code on the watch to pair. Or tap **"IW4"** to search the device for pairing.

Controls

Function Button

Up Button

- Wake the screen.
- From the home screen, press to enter the function list.
- From a non-home screen, press to return to the home screen.

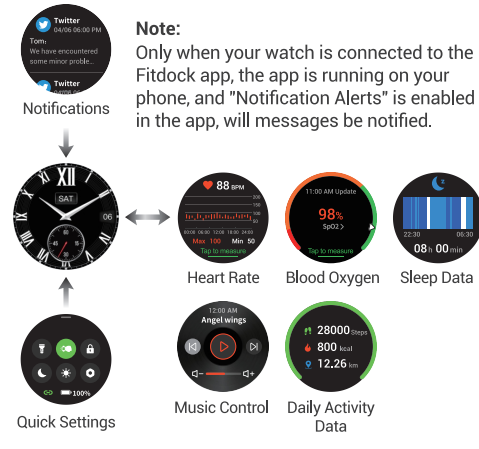
Down Button

- Wake the screen.
- From the home screen, press to enter the workout mode.
- During a workout, press to pause / resume the workout.

Touch Screen

- Hold the home screen to change the watch face.
- Swipe to go to different interfaces.
- Tap to enter the function.
- Swipe the screen to the right to return to the previous interface.

Note: Only when your watch is connected to the Fitdock app, the app in running on your phone, and "Notification Alerts" is enabled in the app, will messages be notified.



Schnellstartanleitung

IW4 Smartwatch

Diese Kurzanleitung unterstützt Sie bei den ersten Schritten mit Ihrer Smartwatch. Wenn Sie ein ausführlicheres Benutzerhandbuch, FAQs und andere Informationen suchen, besuchen Sie bitte unsere offizielle Website.



Alle Bilder in dieser Anleitung dienen nur zur Veranschaulichung. Das tatsächliche Produkt kann aufgrund von Produkt-Firmware- und App-Updates abweichen.

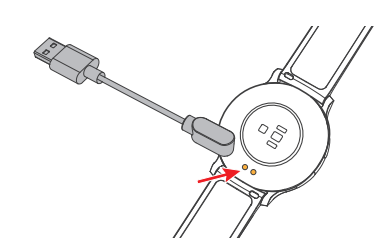
Packungsinhalte

- Smartwatch (IW4 mit Bändern)
- Ladekabel
- Schnellstartanleitung

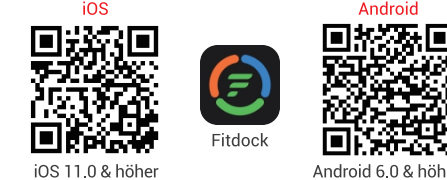
Aufladen

Bitte laden Sie Ihre Smartwatch vor dem ersten Gebrauch auf.

- Stecken Sie den USB-Stecker des Ladekabels in ein USB-Ladegerät.
- Befestigen Sie das andere Ende an den Ladekontakten auf der Rückseite der Uhr.



Montage von Fitdock-App



Hinweis: Die Fitdock-App ist nur mit Smartphones kompatibel, nicht mit Tablets oder PCs.

Paarung

- Schalten Sie das Bluetooth Ihres Handys ein.
- Öffnen Sie die **Fitdock**-App und gehen zur Seite **"Geräte"**. Tippen Sie auf **"Geräte paaren"**.

Oder

- Tippen Sie auf **"C2"** und scannen Sie den QR-Code auf der Uhr, damit Ihr Telefon mit ihr verbunden kann. Oder tippen Sie auf **"GW4"**, damit das Telefon nach dem Gerät zur Verbindung suchen kann.

Steuerung

Funktionstaste

Die obere Taste

- Wecken Sie den Bildschirm auf.
- Drücken Sie auf dem Startbildschirm, um die Funktionsliste aufzurufen.
- Drücken Sie auf einem Nicht-Startbildschirm, um zum Startbildschirm zurückzukehren.

Die untere Taste

- Wecken Sie den Bildschirm auf.
- Drücken Sie auf dem Startbildschirm, um den Trainingsmodus aufzurufen.
- Drücken Sie während eines Trainings auf, um das Training zu unterbrechen / fortzusetzen.

Berührungsbildschirm

- Halten Sie den Startbildschirm gedrückt, um das Zifferblatt zu ändern.
- Wischen Sie, um zu verschiedenen Screens zu gelangen.
- Tippen Sie auf, um die Funktion aufzurufen.
- Wischen Sie den Bildschirm nach rechts, um zur vorherigen Oberfläche zurückzukehren.

Hinweis: Nur wenn Ihre Uhr mit der Fitdock-App verbunden ist, die App auf Ihrem Telefon installiert wird und „Benachrichtigungen“ in der App aktiviert ist, werden Nachrichten benachrichtigt.



Guide de Démarrage Rapide

IW4 Montre Connectée

Ce guide de démarrage rapide vous aide à bien prendre en main votre smartwatch. Si vous recherchez un manuel d'utilisation plus détaillé, une FAQ ainsi que d'autres informations, veuillez visiter notre site officiel.



Toutes les images de ce guide sont à titre indicatif uniquement. Le produit réel peut varier en raison des mises à niveau du micrologiciel du produit et des applications.

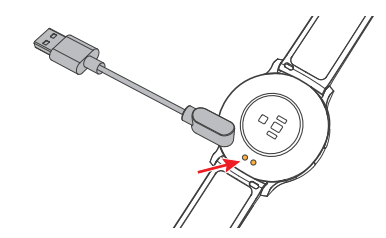
Contenu

- Montre Connectée (IW4 avec bracelet)
- Câble de charge
- Guide de Démarrage Rapide

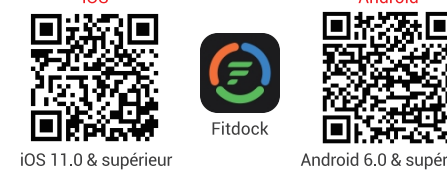
Recharge

Veuillez charger complètement votre montre avant la première utilisation.

- Insérez l'embout USB du câble de chargement dans un chargeur USB.
- Connectez l'autre extrémité aux broches de charge à l'arrière de la montre.



Installer L'App Fitdock



Note: L'application Fitdock est uniquement compatible avec les smartphones, elle n'est pas compatible avec les tablettes ou les PC.

Synchronisation

- Activez le Bluetooth de votre téléphone.
- Ouvrez l'application **Fitdock** aller dans **"Appareils"**, et appuyez sur **"Synchroniser appareil"**.

Ou

- Appuyez sur **"C2"** et scannez le QR code sur la montre pour la synchroniser. Ou appuyez sur **"IW4"** pour rechercher l'appareil à appairer.

Commandes

Bouton de fonction

Bouton Haut

- Réveille l'écran.
- Depuis l'écran d'accueil, appuyez pour accéder à la liste des fonctions.
- A partir d'un écran autre que l'accueil, appuyez sur pour revenir à l'écran d'accueil.

Bouton Bas

- Réveille l'écran.
- Depuis l'écran d'accueil, appuyez sur pour accéder au mode d'entraînement.
- Pendant un entraînement, appuyez pour mettre en pause / reprendre l'entraînement.

Écran tactile

- Maintenez l'écran d'accueil enfoncé pour changer le cadran de la montre.
- Faites glisser pour accéder aux différentes interfaces.
- Appuyez pour accéder à la fonction.
- Faites glisser l'écran vers la droite pour revenir à l'interface précédente.

Note: Ce n'est que lorsque votre montre est connectée à l'application Fitdock, que l'application est en cours d'exécution sur votre téléphone et que les alertes de notification sont activées dans l'application, que les messages seront notifiés.



Guía de Inicio Rápido

IW4 Reloj Inteligente

Esta guía de inicio rápido lo ayudará a usar su reloj inteligente correctamente la primera vez que lo usa. Si está buscando un manual de usuario más detallado, preguntas frecuentes y otra información, visite nuestro sitio web oficial.



Todas las imágenes de esta guía son solo para fines ilustrativos. El producto real puede variar debido al firmware del producto y las actualizaciones de la aplicación.

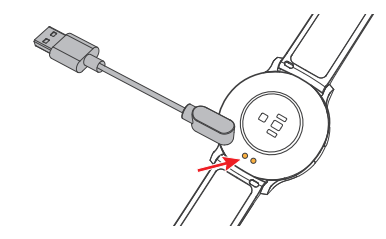
Contenido

- Reloj Inteligente (IW4 con pulsera)
- Cable de carga
- Guía de Inicio Rápido

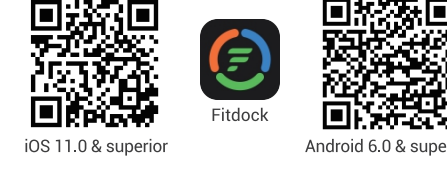
Carga

Cargue completamente su reloj antes del primer uso.

- Inserte el extremo USB del cable de carga en un cargador USB.
- Conecte el otro extremo a las clavijas de carga en la parte posterior del reloj.



Instalar la Aplicación Fitdock



Note: La aplicación Fitdock solo es compatible con smartphones, no es compatible con tabletas o PC.

Sincronización

- Enciende el Bluetooth de su teléfono.
- Abra la aplicación **Fitdock**, vaya a **"Dispositivo"**, y presione **"Sincronizar dispositivo"**.

O

- Presione **"C2"** y escanee el código QR en el reloj para sincronizarlo. O toque **"IW4"** para buscar el dispositivo que desea emparejar.

Controles

Botón de función

Botón Arriba

- Despierta la pantalla.
- Desde la pantalla de inicio, presione para ingresar a la lista de funciones.
- Desde una pantalla que no sea de inicio, presione para regresar a la pantalla de inicio.

Botón Abajo

- Despierta la pantalla.
- Desde la pantalla de inicio, presione para ingresar al modo de entrenamiento.
- Durante un entrenamiento, presione para pausar / reanudar el entrenamiento.

Pantalla táctil

- Mantenga presionada la pantalla de inicio para cambiar la esfera del reloj.
- Deslize para ir a diferentes interfaces.
- Toque para ingresar a la función.
- Deslize la pantalla hacia la derecha para volver a la interfaz anterior.

Note: Solo cuando su reloj esté conectado a la aplicación Fitdock, la aplicación se esté ejecutando en su teléfono y las "Notas de notificación" estén habilitadas en la aplicación, se notificarán los mensajes.



Guida rapida all'avvio

IW4 Smart Watch

Questa guida rapida ti aiuterà a iniziare a utilizzare il tuo smartwatch. Se stai cercando un manuale utente più dettagliato, domande frequenti e altre informazioni, visita il nostro sito Web ufficiale.



Tutte le immagini in questa guida sono solo a scopo illustrativo. Il prodotto effettivo può variare a causa del firmware del prodotto e degli aggiornamenti dell'app.

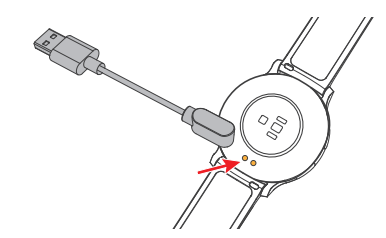
Contenuto della confezione

- Smartwatch (IW4 con cinturino)
- Cavo di ricarica
- Guida introduttiva

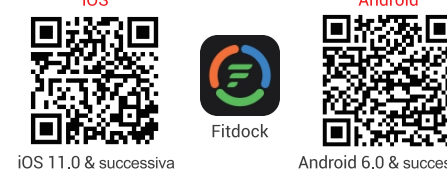
Ricarica

Caricare completamente l'orologio prima del primo utilizzo.

- Inserire la spina USB del cavo di ricarica in un caricatore USB.
- Collega l'altra estremità ai contatti di ricarica sul retro dell'orologio.



Installazione dell'app Fitdock



Note: L'app Fitdock è compatibile solo con lo smartphone e non con tablet o PC.

Associazione

- Attiva il Bluetooth del tuo telefono.
- Apri l'App **Fitdock** vai alla pagina **"Dispositivo"**, e tocca **"Associa dispositivo"**.

O

- Tocca **"C2"** e scansiona il codice QR sull'orologio per associarlo. Oppure tocca **"IW4"** per cercare il dispositivo da associare.

Comandi

Tasto funzione

Tasto SU

- Ritorna lo schermo.
- Dalla schermata iniziale, premere per accedere all'elenco delle funzioni.
- Da una schermata non home, premere per tornare alla schermata home.

Pulsante Giù

- Ritorna lo schermo.
- Dalla schermata principale, premere per accedere alla modalità di allenamento.
- Durante un allenamento, premere per mettere in pausa / riprendere l'allenamento.

Touch screen

- Tieni premuta la schermata iniziale per cambiare il quadrante.
- Scorri per accedere a diverse interfacce.
- Toccare per accedere alla funzione.
- Scorri lo schermo verso destra per tornare all'interfaccia precedente.

Note: Solo quando l'orologio è connesso all'app Fitdock, l'app è in esecuzione sul telefono e "Avvisi di notifica" è abilitato nell'app, i messaggi verranno notficati.



Federal Communications Commission (FCC) Statement. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

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including interference that may cause undesired operation. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide Reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Warning: Changes or modifications made to this device not expressly approved by **SHENZHEN HAOYISHI TECHNOLOGY CO., LIMITED** may void the FCC authorization to operate this device.

Note: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

RF exposure statement:

The device complies with RF exposure requirements and can be installed and used without restriction.