ColorFit Pro 5

Please refer to this manual before using the product

TABLE OF CONTENT

- What's In the Box 01
- Watch Overview 02
- Charge the Watch 03
- Turn the Watch On and Off 04
- Watch Navigation
  - Button
  - Home Screen Navigation
- Setup 05
  - App Setup
  - Pair the Watch
- Watch Features 06-13
- General Device Information and Tips 14-15
- Safety Information 16
- Medical Information 17
- Disposal Information 18
- Customer Support 19

WATCH OVERVIEW

- Noise Health
- Noise Buzz
- Clock
- Workouts
- Sports records
- Reminders
- Music
- Weather
- Watch faces
- Flashlight
- Calculator
- Settings

PACKAGE CONTAINS

CHARGING COLORFIT PRO 5 SMARTWATCH

Before using your ColorFit Pro 5 for the first time, charge the battery to its full capacity. Use the charging cable provided with the watch to charge. On a single charge, ColorFit Pro 5 can last up to 7 days.
Note: The battery life and time to fully charge your device may vary as per usage and other factors.

CHARGE COLORFIT PRO 5

- Plug the USB cable into a power adaptor. Plug the power adaptor into an electrical socket. (Power adaptor not included).
- Place the dock charger on the charging points of the watch.
- Once the battery is fully charged, remove the charger.

POWER ON

- Press and hold the rotating crown for a few seconds to turn on the watch.

POWER OFF

- Long press the rotating crown.
- Select 'Shut down' and confirm to power off.

WAKING UP THE WATCH

To preserve the battery, the watch screen turns off when not in use. To turn the screen back on, you can wake up the watch by:

-Pressing the rotating crown

-Turning on the 'Wrist awake'

WATCH NAVIGATION

The ColorFit Pro 5 smartwatch has an AMOLED colour touch screen. Navigate the watch by tapping on the screen, swiping side to side, up and down, and pressing the rotating crown and down button.

ROTATING CROWN NAVIGATION

- Press the rotating crown to turn on the watch display.
- Rotate the crown to change the watch face.

HOME SCREEN NAVIGATION

The home screen is the watch face.
From the home screen:

- Swipe down to check your heart rate.
- Swipe left to check your daily activity
- Swipe up to go to quick settings.
- Swipe down to check your notifications.

APP SETUP

Before pairing, make sure that your smartphone and smartwatch are next to each other.
The app will ask for personal information such as height, weight and sex to calculate your stride length, distance covered and calorie burn rate.

- Turn on Bluetooth and the location on your mobile device.
- On your smartphone, download the NoiseFit app from the Play store or the App store and install it.
- Create an account or log in using an existing account.

Note: Ensure that your smartphone is running on Android 9.0 & + or iOS 11.0 + and is connected to mobile data or a Wi-Fi network.

PAIR THE WATCH

- Open the NoiseFit app and allow the Bluetooth and GPS positioning to be turned on.
- Feed in your personal information and health goals in the app.
- Go to the 'Device' section in the app, tap on 'Add Device' then 'Search'. Select ColorFit Pro 5 and link the watch.

WATCH FEATURES

NOISE HEALTH

Activity

Tap on 'Activity' to get a detailed daily activity report on calories burned, steps taken and distance covered. You can set or edit your daily activity goals on the NoiseFit app while setting up the watch.

Heart Rate

ColorFit Pro 5 supports 24/7 heart rate tracking. Tap on 'Heart rate' to start measuring. Ensure that there is no gap between the back panel of the watch and the wrist. Hold still while it measures your heart rate.

Blood Oxygen

ColorFit Pro 5 supports viewing the highest and lowest blood oxygen levels recorded in the last seven days. Ensure that there is no gap between the back panel of the watch and the wrist. Tap on 'Blood oxygen' to track. Hold still while it measures your blood oxygen level.

Sleep

Tap on 'Sleep' to view your previous sleep records. You can view your most recent sleep records and deep quality in various sleep stages on the NoiseFit app.

Breathe

The breathe feature lets you adjust your breathing rhythm at your convenience. Choose the duration and speed and tap on start.

Stress

Select Stress to start the measurement. Ensure that there is no gap between the back panel of the watch and the wrist. Hold still while it measures your stress levels.

NOISE BUZZ

Contacts

This feature allows you to view your stored contacts and make calls.

Call history

Tap on 'Call history' to access your recent call logs.

Dial Pad

Access the dial pad to make calls.

Emergency SOS

You can use this feature by adding emergency contacts in the app.

CLOCK

Alarm

You can set alarms on the watch and the NoiseFit app.

Timer

You can set a countdown with a pre-set duration on the watch or set your own timer. The watch will remind you when the time is up.

Stopwatch

Tap on 'Stopwatch' to use the feature.

World clock

Tap on the World Clock to view the time of the cities that have been saved in the NoiseFit app.

WORKOUTS

Tap on 'Workouts" to select your preferred form of exercise.

SPORTS RECORDS

Tap on sports records to see your previous activity data.

REMINDERS

Add reminders on the NoiseFit app and it will synchronise on the watch.

noise

MUSIC

You can control songs and podcasts that play from your phone, right from your wrist as long as the watch is connected to the NoiseFit app on your phone.

WEATHER

Tap on the Weather app on your watch to see the weather of your current location.

WATCH FACES

Tap on 'Watch faces' to choose the background of your choice. You can also customise the watch face in the NoiseFit app.

FLASHLIGHT

You can use this feature to turn on the screen brightness and see your surroundings better. Go to the Flashlight. Tap to turn on.

CALCULATOR

You can use this feature to do basic calculations. You can also choose Always on to keep your display on all the time.

SETTINGS

Wrist awake

Select Wrist awake to turn on your screen when you raise your wrist.

Brightness

Tap on 'Brightness' to adjust the brightness of your preference.

Screen timeout

Tap on screen timeout and set the duration as per your preference.

Always on display

Tap on 'Always on display' to quickly glance at the time. You can choose from multiple off-screen dials. You can even schedule a fixed activation time.

Do not disturb

Tap on 'Do not disturb' to turn it on or off. You can also choose to turn on Smart DND.

Ringtone & Vibration

You can use this feature to choose vibration levels or turn off the vibration on your watch altogether.

Ultra power saving mode

Select Ultra power saving mode to save the battery of your smartwatch. This will turn off vibration, raise to wake and reduce the brightness.

Menu view

Tap on the Menu view and choose your preferred layout.

Auto sports detection

Go to Auto Sports Detection and turn it on or off.

Widget sorting

You can personalise the way you arrange your widgets with this feature.

Down button

Tap on the Down button & choose for which feature you need a shortcut. You can customise the down button function as per your convenience.

About calls

Tap on About calls to turn the calling feature on/off. Device information. Tap on this feature to view the device information.

QR code

You can use this feature to access the QR code to download the NoiseFit app.

Reboot

You can choose this option to restart the watch.

Power Off

You can select this option to power-off the watch.

Reset

You can choose this option to reset the watch.
Note - If you choose to reset, all your data and settings will be erased.

QUICK SETTINGS

You can swipe up from the watch's home screen to gain quick settings access.

SILENT MODE

FIND MY DEVICE

BRIGHTNESS

DND

POWER SAVING MODE

SETTINGS

DEVICE INFORMATION AND TIPS

DEVICE INFORMATION

The ColorFit Pro 5 smartwatch contains the following:

- 1.85" AMOLED Display
- SpO2 monitor
- Stress monitor
- IP68 waterproof
- 100+ sports modes
- 22mm quick change pins

The ColorFit Pro 5 smartwatch stores your activity data for up to 4 days in between the time you sync your watch to the NoiseFit app. The watch stores your steps, distance, calories, active minutes, heart rate, sleep duration and workout data. We recommend syncing the watch to the app daily.

TIPS

How do I update my ColorFit Pro 5?

You can update your ColorFit Pro 5 via the NoiseFit app. Go to 'My Profile' and select 'Check for updates'.

How do I find my watch's current firmware version?

You can find the watch's current firmware on the watch. Go to Settings on the NoiseFit app. Select Device information. Choose Check for updates and update if any update is available.

How do I save battery?

Follow these simple steps to save ColorFit Pro 5 battery:

- Minimise the screen brightness
- Limit the notification you receive from the NoiseFit app.
- How does the watch estimate how many calories have been burned?

ColorFit Pro 5 estimates how many calories you've burned based on the physical data you entered when you set up your account.

How do I change my activity goals?

You can do it through the NoiseFit app. Go to 'My Profile.' Go to 'Setup' and select 'My Objectives.' Change your goals and confirm.

How do I log my weight?

You can log in your weight the first time you set up your account. However, you can update the weight later via the NoiseFit app. Go to 'Me', and tap on the section with your name on it to update your weight. You can update your nickname, birthday, sex and height as well.

SAFETY AND HANDLING INSTRUCTIONS:

- The device includes an in-built rechargeable battery. The battery life may degrade over the end-of-life of the battery. Do not attempt to change the battery yourself in any event as you may end up damaging the device and/or the batteries posing a safety hazard on subsequent usage.
- Please do not tamper with the battery terminals as it may result in battery leakage, overheating, explosion or a fire hazard.
- Please do not pierce or disassemble the device as it may damage the battery causing the battery liquid to leak causing irritation to your skin if exposed to the liquid.
- Damaged battery may also be prone to overheating or causing a fire hazard.
- Do not place the device near fire or expose it to excessive heating as it may cause the battery to explode posing a safety hazard.
- Only use Noise approved chargers and cables that are specifically designed for use with the device. Unapproved charges and cables may damage the device and also pose a safety hazard for the user.
- If the device emits a foul smell or burning odour, please stop using the device immediately and contact the Noise approved service centres.
- The device can be used in ambient temperature ranges of -20ºC to 55ºC. Using the device outside of the prescribed temperature range may damage the device. Do not use the device in a sauna or steam room.
- Do not use household cleaners to clean the device. Use soap-free cleaners instead.

- The device is dust and water resistant (rated at IP68). Following tips are to be followed for a safe upkeep of the device.

•Please make sure that the device is not exposed to sea water or used in deep waters.
-Do not expose the device to high pressure water flow.
-Wipe the device clean of water with soft and clean cloth if exposed to water.
•Leave the device to dry up naturally.
•Do not open the device if it stops functioning upon exposure to water and despite following the above steps. Visit an authorized service centre for getting the device checked.

MEDICAL DEVICE INTERFERENCE:

The device includes components that may cause interference when worn with medical devices like pacemakers, and other magnet-sensitive devices. In case you intend to use a medical device, please consult your physician before using the device. Also, in case the device is allowed to be worn with the medical devices by your physician, ensure sufficient separation between the device and the medical device during all times.

MEDICAL USE ADVISORY:

Unless otherwise specified, the device and any associated app-based or Noise provided services are not suitable to be used as medical devices. In particular, the device and associated app-based or Noise provided services are not intended to diagnose, treat, cure or prevent any disease/health condition. We develop products and services to track daily activity and wellness information as accurately as possible. The accuracy of devices is not intended to be equivalent to medical devices or scientific measurement devices.

HEARING LOSS:

Prolonged exposure to high volumes may result in permanent damage to hearing capability.
While using the device, ensure that the sound levels are maintained at optimum level.

CHOKING HAZARD:

The device is not a toy and it contains small components that could cause a choking hazard. Moreover, the device is not intended for use by or left unattended around small children or pets.

SKIN IRRITATION HAZARD:

In some cases, prolonged use of or exposure to the device may cause skin irritation or allergies in some users. To reduce the possibility of irritation, keep the device clean and dry. If you feel soreness, tingling, numbness, burning or stiffness on any part of your skin while or after using the watch, please immediately discontinue use.

DISPOSAL INFORMATION:

At Noise, we are committed towards protecting the environment and prevent any harmful impact on the environment from the disposal of end-of-life products and electronic devices. In our endeavour to collaboratively protect the environment, we urge our customers to help Noise to reduce the impact of e-waste on the environment. The following symbol is indicative that the device and/or any of the associated accessories (like USB cable, chargerand the Box) thereof should not be disposed with household/domestic waste. In accordance with the regulation of the Ministry of Environment, Forest and Climate Change, Noise has been granted authorisation for collection of e-waste under E-Waste (Management) Rules 2016 (S0210(E)F(22)/2/2014-IR (Division dated 04.03.2021) by the Central Pollution Control Board. Accordingly, Noise is committed to contribute its bit towards protecting the environment by providing customers with the option of depositing their Noise devices, which have reached their end-of-life, at authorised e-waste collection centres. The details of our e-waste collection centres and our e-waste policy is available at the link: https://www.gonoise.com/pages/e-waste-disposal-policy. By recycling, reusing materialsor other forms of utilising old devices, you are making an important contribution toprotecting our environment. Together we could make a difference!

CUSTOMER SUPPORT

If you experience any problem with the watch, it may be fixed by restarting your watch. For any assistance, please reach out to us at link support.gonoise.com

FCC Statement
This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the indications, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-Reorient or relocate the receiving antenna.
-Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.
Caution: Unauthorized compliance, any changes or modifications not expressly approved by the party
Responsible for compliance could void the user's authority to operate this equipment. (Example: use only shielded interface cables when connecting in computer or peripheral devices).
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) This device must accept any interference received, including interference that may cause undesired operation.

RF warning statement:
The device has been evaluated to meet general RF exposure requirement.
The device can be used in portable exposure condition without restriction.