

NOWATCH

NOWATCH B

User Guide



Contents

Disclaimer	3	Checking the model number	11
Product and safety information	4	Warranty	12
Welcome	5	Recycling	12
Getting started	5	Certification statements	13
Changing straps	6	EU Declaration of Conformity	13
Wearing your NOWATCH B	7	FCC Requirements for operation in the United States	17
Charging	8	Canadian Department of Communications Radio	
Technical information	9	Interference Regulations	19
Caring for your device	10	Contact information	20
Getting help	11		

Disclaimer

The contents of this user guide are for informational purposes only.

The described product, firmware or software are subject to change without prior notice due to continuous product development.

Product and safety information

- For optimal performance do not operate the device below 0°C and above +45°C
- Failure to comply with the instructions may cause damage to the device
- Do not open, dismantle or modify the device
- Do not drop, shock or impact your device
- Do not eat or swallow the device
- Do not wear the device when diving. Swimming with the device is allowed
- Do not press the button under water
- Do not charge the device while it is worn on the wrist or touching any part of a living thing
- The battery inside the device is not replaceable by user. Any attempt to open the device will void the warranty
- The device must be properly disposed of by recycling it as electronic waste. Disposing of the product, e.g., in a fire, hot oven or by mechanically crushing it, can result in explosion
- Exposing the device to extremely high temperatures or low air pressure can cause explosion or leakage of flammable liquid gas
- For charging the device, only use the charging adapter included in the sales package
- Power supply adapter must meet PS1 requirements.

Welcome

Thank you for choosing NOWATCH B!

This guide has everything you need to get the most out of it. Ready to start learning more about yourself? Let's dive in.

Getting started

Scan this QR code to download the NOWATCH app and follow the instructions to easily pair and set up your device.



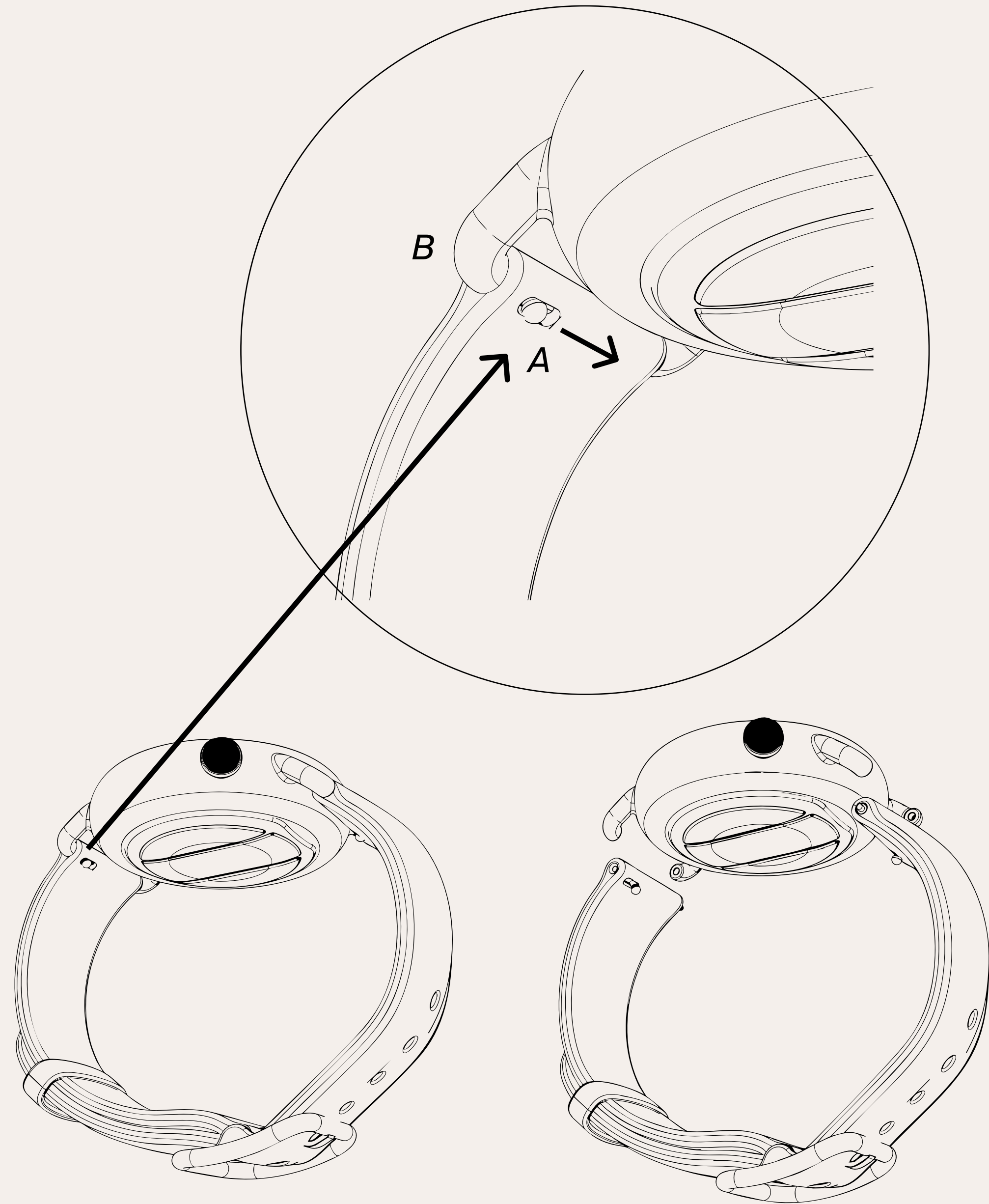
 Android



 iOS

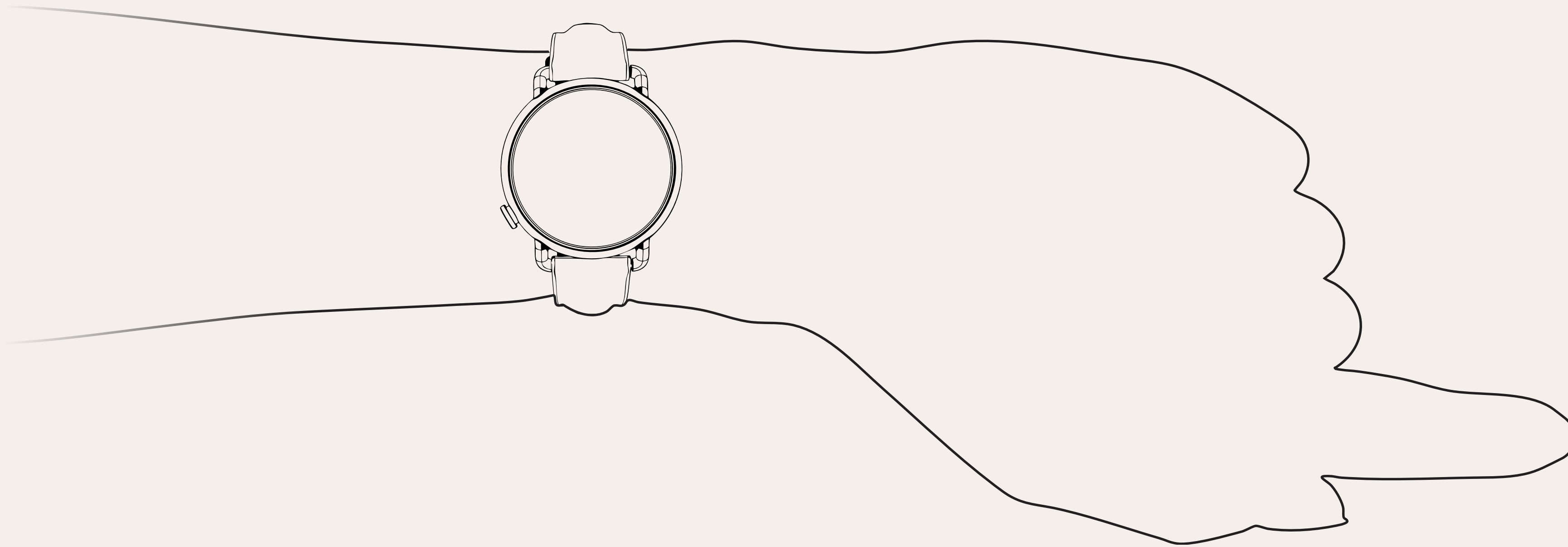
Changing straps

1. Press the pin inwards (*A*) on both straps until they are released from the lugs (*B*);
2. Attach new straps to the lugs;
3. For other manufacturers' strap requirements, see Technical information.



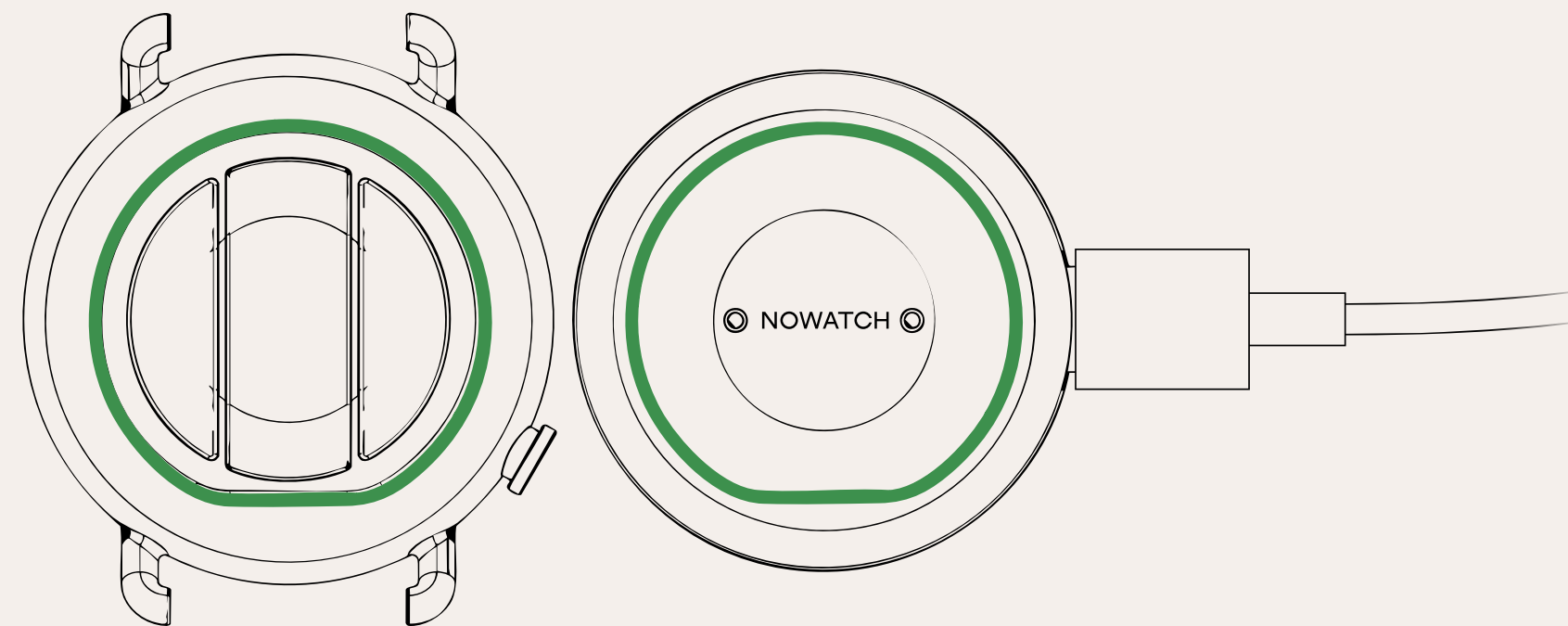
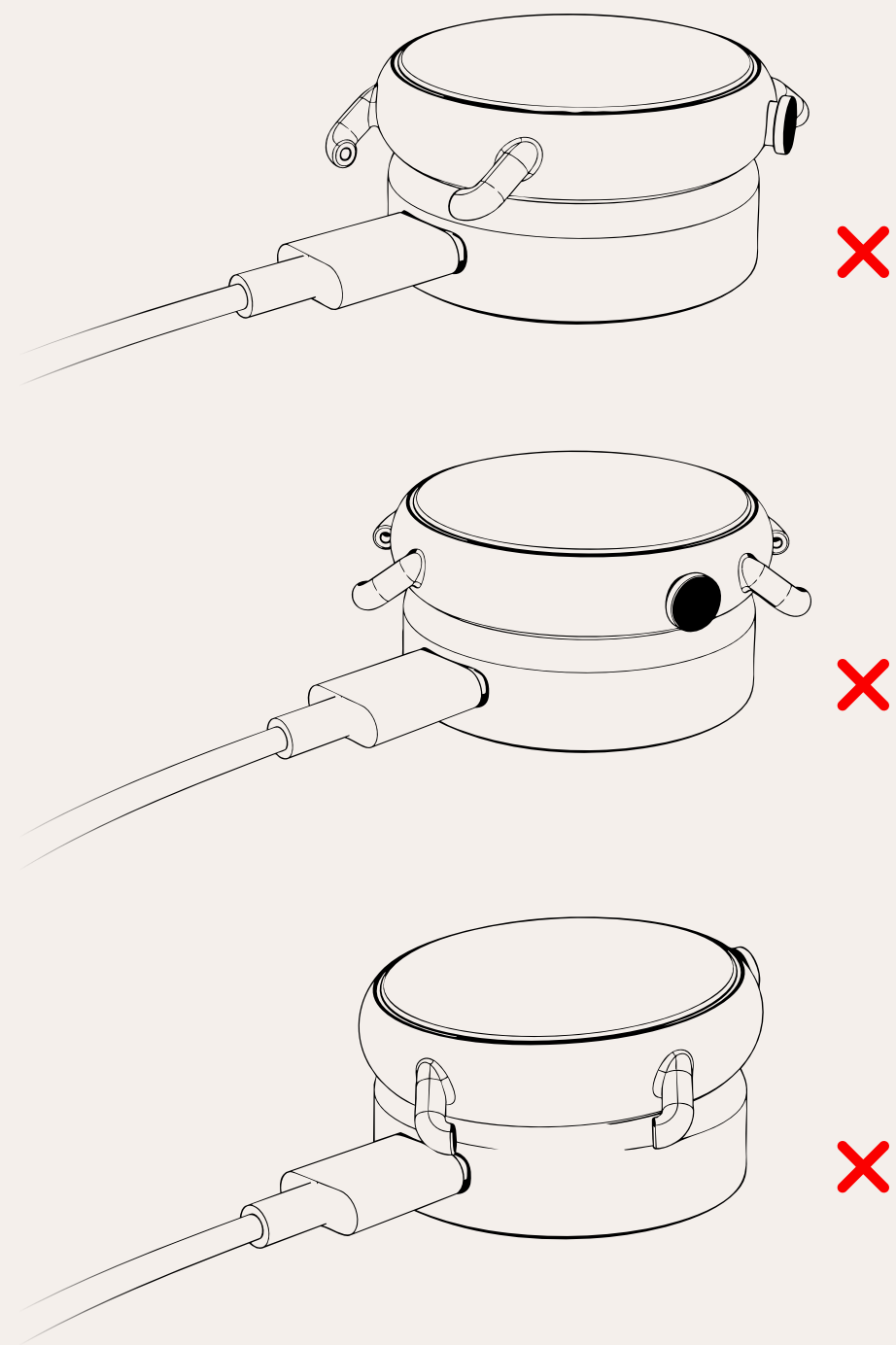
Wearing your NOWATCH B

The wristband should feel tight but comfortable.
The correct way to wear your NOWATCH B is about
1 cm above your wrist bone.



Charging

Place the device on the charging adapter, and make sure the adapter is connected to a source of power through the USB-C cable. When in the appropriate position, the clock hands will move to the noon position.



Technical information

	36MM	42MM
CONNECTIVITY	Bluetooth Low-Energy. EMF-Safe	Bluetooth Low-Energy. EMF-Safe
DIMENSIONS	Diameter: 36mm; Thickness: 10.9mm; Lug width: 16mm	Diameter: 42mm; Thickness: 10.9mm; Lug width: 18mm
WEIGHT	30g (device, without straps)	45g (device, without straps)
POWER	Rechargeable battery, up to 5 days (depending on usage)	Rechargeable battery, up to 5 days (depending on usage)
CHARGING	Charging Adapter (USB-C), charging time 2-3 h (from empty to full) Between 10 and 45°C	Charging Adapter (USB-C), charging time 2-3 h (from empty to full) Between 10 and 45°C
WATER RESISTANCE	50m (5ATM) (ISO22810:2010) Swimming allowed, no diving; sauna not recommended	50m (5ATM) (ISO22810:2010) Swimming allowed, no diving; sauna not recommended
MATERIALS	Stainless Steel, Gorilla Glass, Recycled PET plastic, PC/ABS plastic (charging adapter)	Stainless Steel, Gorilla Glass, Recycled PET plastic, PC/ABS plastic (charging adapter)
STORAGE REQUIREMENTS	Between -20 and +35°C. Do not store the device in wet or humid conditions.	Between -20 and +35°C. Do not store the device in wet or humid conditions.
OPERATING CONDITIONS	Between -20 and +60°C	Between -20 and +60°C

Caring for your device

When necessary clean your device with mild soap under tap water.

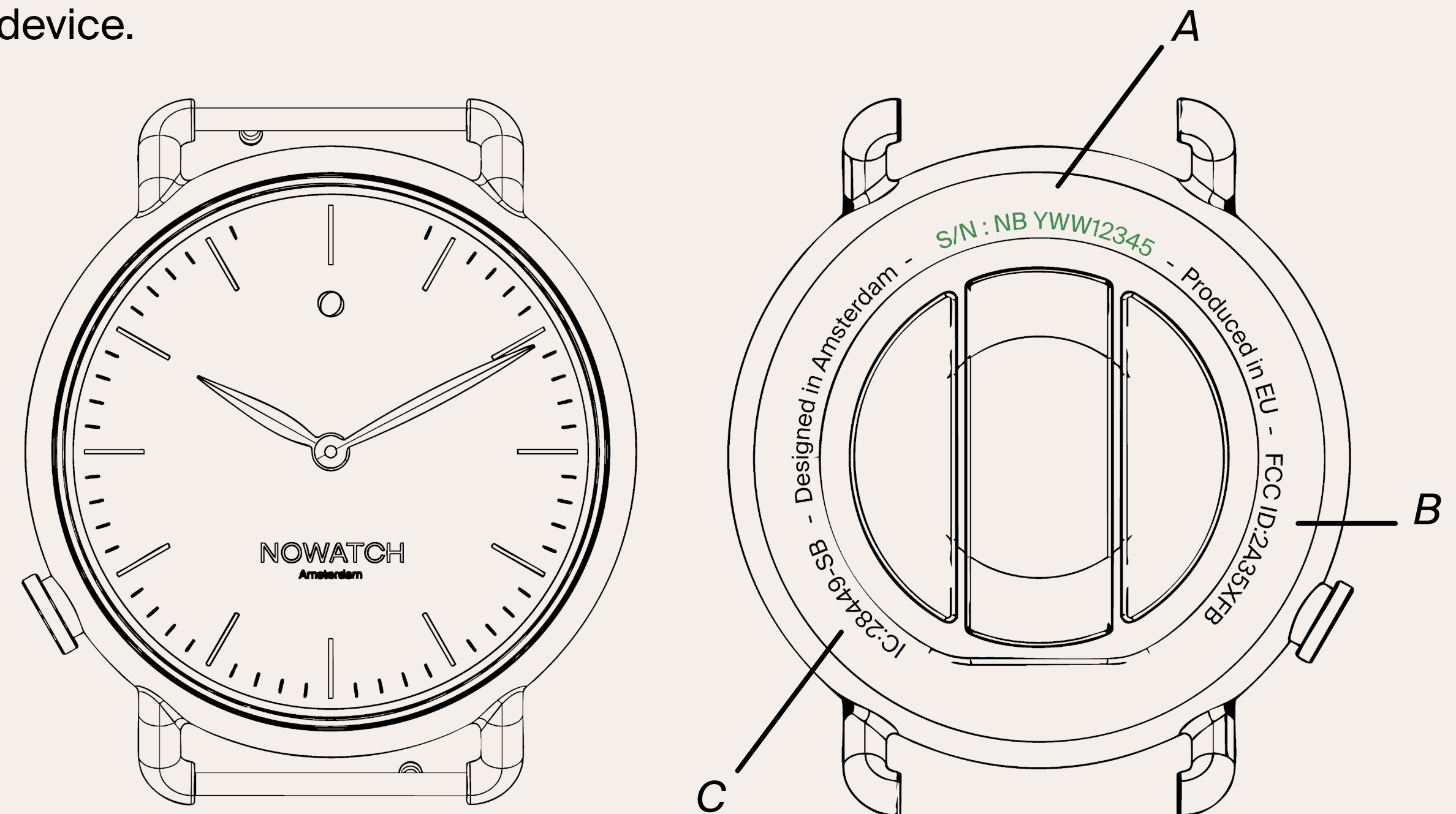
Getting help

Please go to **support.nowatch.com** to contact product support and maintenance.

For more information, see Checking the model number and Warranty.

Checking the model number

The model number NB and serial numbers (A) as well as FCC (B) and IC (C) codes can be found on the back of the device.



Warranty

NOWATCH B.V. guarantees this product for a period of two year from the date of delivery, and can only be obtained by presenting a proof of purchase (valid receipt).

The warranty only applies to defects attributable to the production process or materials used. The product covered by the warranty may be repaired or replaced after being assessed by the manufacturer.

The warranty does not cover parts subject to normal wear and tear due to daily use of the product.

The warranty does not cover accidental damage, misuse, negligence and is null and void if the product has been tampered with by unauthorized representatives.

For further information and a complete copy of the NOWATCH B Warranty Statement, please visit **nowatch.com/terms**

Recycling

The device must be properly disposed of by recycling it as electronic waste.

Do not attempt to burn or crush the device as it damages the battery and might result in an explosion

EU Declaration of Conformity

English: Hereby, NOWATCH B.V. declares that the radio equipment type in NOWATCH B is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following Internet address: www.nowatch.com

Íslenska: Hér með lýsir NOWATCH B.V. yfir að tegund þráðlauss búnaðar í NOWATCH B sé í samræmi við tilskipun 2014/53/ESB. Fullan texta ESB-samræmisyfirlýsingarinnar er að finna á eftirfarandi veffangi: www.nowatch.com

Suomi: NOWATCH B.V. vakuuttaa, että radiolaitetyyppi NOWATCH B on direktiivin 2014/53/EU mukainen. EU-vaatimustenmukaisuusvakuutuksen täysimittainen teksti on saatavilla seuraavassa internetosoitteessa: www.nowatch.com

Nederlands: Hierbij verklaar ik, NOWATCH B.V. dat het type radioapparatuur NOWATCH B conform is met Richtlijn 2014/53/EU. De volledige tekst van de EU-conformiteitsverklaring kan worden geraadpleegd op het volgende internetadres: www.nowatch.com

Francais: Le soussigne, NOWATCH B.V. declare que l'équipement radioélectrique du type NOWATCH B est conforme a la directive 2014/53/UE. Le texte complet de la declaration UE de conformite est disponible a l'adresse internet suivante: www.nowatch.com

Svenska: Harmed forsakrar NOWATCH B.V. att denna typ av radioutrustning NOWATCH B överensstämmer med direktiv 2014/53/EU. Den fullständiga texten till EU-försäkran om överensstämmelse finns på följande webbadress: www.nowatch.com

NOWATCH B

Dansk: Hermed erklarer NOWATCH B.V. at radioudstyrstypen NOWATCH B er i overensstemmelse med direktiv 2014/53/EU. EU-overensstemmelseserklæringens fulde tekst kan findes på følgende internetadresse: www.nowatch.com

Deutsch: Hiermit erklart NOWATCH B.V. dass der Funkanlagentyp NOWATCH B der Richtlinie 2014/53/EU entspricht. Der vollständige Text der EU-Konformitätserklärung ist unter der folgenden Internetadresse verfügbar: www.nowatch.com

Ελληνικά: Με την παρούσα ο/η NOWATCH B.V. δηλώνει ότι ο ραδιοεξοπλισμός NOWATCH B πληροί την οδηγία 2014/53/ΕΕ. Το πλήρες κείμενο της δήλωσης συμμόρφωσης ΕΕ διατίθεται στην ακόλουθη ιστοσελίδα στο διαδίκτυο: www.nowatch.com

Italiano: Con la presente, NOWATCH B.V. dichiara che il tipo di apparecchiatura radio in NOWATCH B è conforme alla Direttiva 2014/53/UE. Il testo completo della dichiarazione di conformità UE è disponibile al seguente indirizzo Internet: www.nowatch.com

Espanol: Por la presente, NOWATCH B.V. declara que el tipo de equipo radioeléctrico NOWATCH B es conforme con la Directiva 2014/53/UE. El texto completo de la declaración UE de conformidad está disponible en la dirección Internet siguiente: www.nowatch.com

Portugues: O(a) abaixo assinado(a) NOWATCH B.V. declara que o presente tipo de equipamento de radio NOWATCH B esta em conformidade com a Diretiva 2014/53/UE. O texto integral da declaracao de conformidade esta disponivel no seguinte endereco de Internet: www.nowatch.com

Čeština: Tímto NOWATCH B.V. prohlašuje, že typ radioveho zařízení NOWATCH B je v souladu se směrnicí 2014/53/EU. Uplně znění EU prohlášení o shodě je k dispozici na této internetové adrese: www.nowatch.com

Eesti: Kaesolevaga deklareerib NOWATCH B.V. et kaesolev raadioseadme tuup NOWATCH B vastab direktiivi 2014/53/EL nõuetele. ELi vastavusdeklaratsiooni täielik tekst on kättesaadav järgmisel internetiaadressil: www.nowatch.com

NOWATCH B

Magyar: NOWATCH B.V. igazolja, hogy a NOWATCH B típusu radioberendezés megfelel a 2014/53/EU irányelvnek. Az EU-megfelelősegi nyilatkozat teljes szövege elérhető a következő internetes címen: www.nowatch.com

Latviešu valoda: Ar šo NOWATCH B.V. deklarē, ka radioiekārta NOWATCH B atbilst Direktīvai 2014/53/ES. Pilns ES atbilstības deklarācijas teksts ir pieejams šādā interneta vietnē: www.nowatch.com

Lietuvių kalba: Aš, NOWATCH B.V. patvirtinu, kad radijo įrenginių tipas NOWATCH B atitinka Direktyvą 2014/53/ES. Visas ES atitikties deklaracijos tekstas prieinamas šiuo interneto adresu: www.nowatch.com

Malti: B'dan, NOWATCH B.V. niddikjara li dan it-tip ta' tagħmir tar-radju NOWATCH B huwa konformi mad-Direttiva 2014/53/UE. It-test kollu tad-dikjarazzjoni ta' konformita tal-UE huwa disponibbli f'dan l-indirizz tal-Internet li ġej: www.nowatch.com

Slovenčina: NOWATCH B.V. týmto vyhlasuje, že rádiové zariadenie typu NOWATCH B je v súlade so smernicou 2014/53/EÚ. Úplné EÚ vyhlásenie o zhode je k dispozícii na tejto internetovej adrese: www.nowatch.com

Slovenščina: NOWATCH B.V. potrjuje, da je tip radijske opreme NOWATCH B skladen z Direktivo 2014/53/EU. Celotno besedilo izjave EU o skladnosti je na voljo na naslednjem spletnem naslovu: www.nowatch.com

Romană: Prin prezenta, NOWATCH B.V. declară că tipul de echipamente radio NOWATCH B este în conformitate cu Directiva 2014/53/UE. Textul integral al declarației UE de conformitate este disponibil la următoarea adresă internet: www.nowatch.com

български: С настоящото NOWATCH B.V. декларира, че този тип радиосъоръжение NOWATCH B е в съответствие с Директива 2014/53/ЕС. Цялостният текст на ЕС декларацията за съответствие може да се намери на следния интернет адрес: www.nowatch.com

NOWATCH B

Polski: NOWATCH B.V. niniejszym oświadcza, że typ urządzenia radiowego NOWATCH B jest zgodny z dyrektywą 2014/53/UE. Pełny tekst deklaracji zgodności UE jest dostępny pod następującym adresem internetowym: www.nowatch.com

Norsk: Herved NOWATCH B.V. erklærer at radioutstyr type NOWATCH B er i samsvar med direktiv 2014/53/EU. Den fullstendige teksten i EU-samsvarserklæringen er tilgjengelig påfølgende internettadresse: www.nowatch.com

Hrvatski: NOWATCH B.V. ovime izjavljuje da je radijska oprema tipa NOWATCH B u skladu s Direktivom 2014/53/EU. Cjeloviti tekst EU izjave o sukladnosti dostupan je na sljedećoj internetskoj adresi: www.nowatch.com

Türk: Burada, NOWATCH B.V. radyo ekipmanı türünün NOWATCH B 2014/53/EU direktiflerine uyumlu olduğunu beyan eder. Uyumu beyanının tam metni belirtilen internet sitesinde mevcuttur: www.nowatch.com

NOWATCH B

CERTIFICATION STATEMENTS

FCC Requirements for operation in the United States

FCC Information to User

This product does not contain any user serviceable components and is to be used with approved, internal antennas only. Any product changes or modifications will invalidate all applicable regulatory certifications and approvals.

FCC Guidelines for Human Exposure

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Federal Communications Commission Statement

This device complies with Part 15 Rules. Operation is subject to the following two conditions:

- This device may not cause harmful interference, and
- This device must accept any interference received, including interference that may cause undesired operation.

FCC Radio Frequency Interference Warnings & Instructions

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following methods:

- Increase the separation between the equipment and the receiver.
- Connect the equipment into an electrical outlet on a circuit different from that which the radio receiver is connected
- Consult the dealer or an experienced radio/TV technician for help

FCC Caution

- Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.
- This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
 - This device may not cause harmful interference, and
 - This device must accept any interference received, including interference that may cause undesired operation.

CERTIFICATION STATEMENTS

Canadian Department of Communications Radio Interference Regulations

This Class [B] digital apparatus complies with Canadian ICES-003. Cet appareil numérique de la classe [B] est conforme à la norme NMB-003 du Canada.

Innovation, Science and Economic Development Canada (ISED) regulatory information

This device complies with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Ce dispositif est conforme à la norme CNR 'Innovation, Sciences et Développement économique Canada applicable aux appareils radio exempts de licence.

Son fonctionnement est sujet aux deux conditions suivantes: (1) le dispositif ne doit pas produire de brouillage préjudiciable, et (2) ce dispositif doit accepter tout brouillage reçu, y compris un brouillage susceptible de provoquer un fonctionnement indésirable.

Radiation exposure statement / Déclaration d'exposition aux radiations

This device complies with ISED radiation exposure limits set forth for an uncontrolled environment.

Cet équipement est conforme aux limites d'exposition aux rayonnements ISED établies pour un environnement non contrôlé.

Contact information

NOWATCH B.V.

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