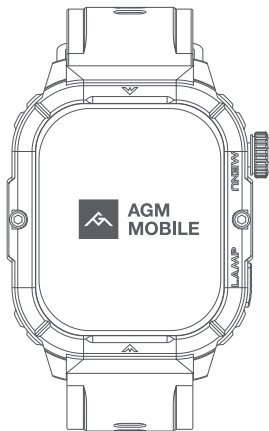


AGM Watch Legion 3



User Manual

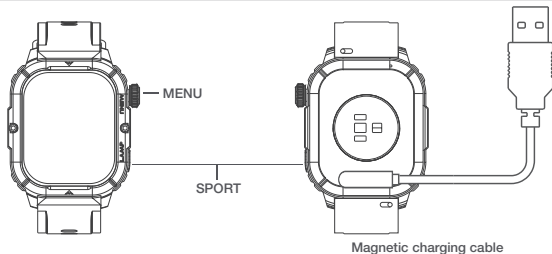
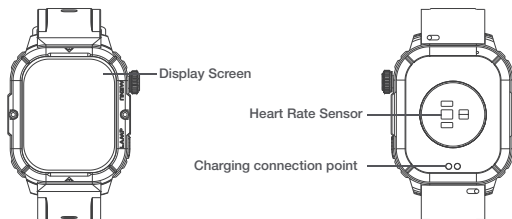
English..... (1~7)

Product Specs

Size (Strap not included)	53 x 45.2 x 13.4 mm
Weight (Strap included)	53.0g
Protection class / Water resistance	IP68 / 5ATM
Battery power	550mAh
Bluetooth frequencies	2402 MHz - 2480 MHz

Package Contents: Watch *1, Magnetic Charging Cable *1, Instruction manual *1

Please read this manual carefully before use, and keep it in a safe place for future reference.

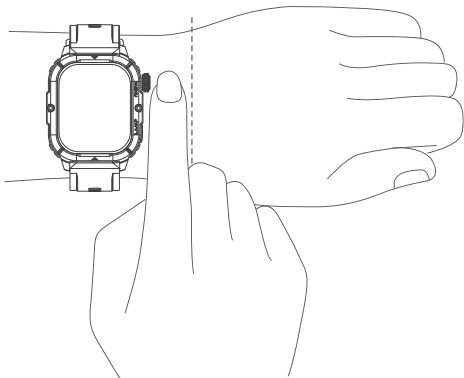


How to Wear It?

In daily use, tie the watch comfortably to your wrist, about one finger width away from the wrist bone.

Adjust the wristband to ensure that the heart rate sensor can collect data normally.

Note: Wearing the watch too loosely may affect the data collection of the heart rate sensor.



How to Connect?

Download and install the exclusive app to better manage your watch, log in to your account, and enjoy more services.

Note: The APP version may have been updated. Please follow the prompts based on the current APP version. Press and hold the function button to turn on the watch. Scan the QR code displayed on the watch with your phone to download and install the APP. or scan the QR code below.

Download and open the APP, then log in to your account. Select "Add Device" and follow the instructions to add your watch.



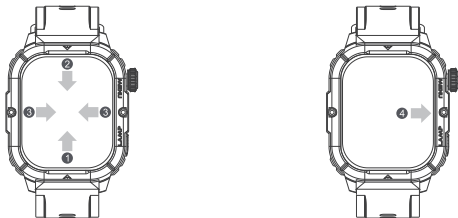
For Android & iPhone OS
Scan the QR code to download the APP

Note: When pairing, please make sure that the phone's Bluetooth is turned on and the watch is well connected to the phone.

If you cannot find the watch when adding the APP, or cannot connect to the phone during use, please press and hold the power button of the watch for 5 seconds to restore the factory settings, and then try again.

How to Use?

1. Open the control panel: swipe up from the bottom of the main screen.
2. View notifications: swipe down from the top of the home screen.
3. Switch widgets: swipe left or right on the home screen page.
4. Back: Swipe from the left edge to the right when you are on other screen pages.

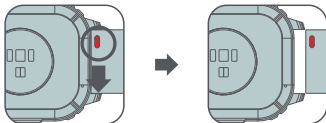


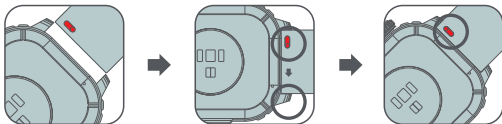
Adjust & Install/Uninstall the Strap

Adjust the position of the buckle according to the circumference of the wrist.

Align the slot of the strap with the watch, and then insert the strap into the watch until you hear a click. You can pull the strap to see if it is firmly installed.

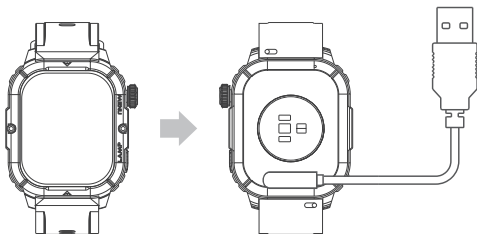
To install or remove the strap, refer to the figure below.





Charging

When the battery is low, please charge the watch immediately.



Safety instructions

- When using the watch to measure your heart rate, keep your wrist still.
- In daily use, avoid wearing too tight. Keep the contact area dry and clean the strap with water regularly. If there are signs of redness and swelling in the skin contact area, immediately stop using the watch and seek medical help.
- It has a 5ATM waterproof rating (A 5ATM protection rating requires it to withstand pressure equivalent to a static water depth of 50 meters for 10 minutes, not actual waterproofing at 50 meters underwater). It does not support wearing during swimming in pools, outdoor swimming, or other water activities. It is not suitable for hot showers, saunas, or diving. The waterproof function is not permanently effective and may weaken over time.
- Please use the included charging stand to charge the watch. Only use the power adapter that meets local safety standards or is certified and provided by a qualified manufacturer.
- When charging the watch, always keep the power adapter and charging stand dry. Do not touch them with wet hands. Do not expose the power adapter and charging dock to rain or other liquids.
- The working temperature of the watch is 0°C to 45°C. If the ambient temperature is too high or too low, the watch may malfunction.
- The watch has a built-in battery. To avoid damage to the battery or the watch, please do not disassemble or replace the battery by yourself. Only authorized service providers can replace the battery; otherwise, if the wrong type of battery is used, it will cause potential danger or even personal injury.
- Disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery, that can result in an explosion;
- Leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas;
- A battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.
- This table is not a medical device, and any data or information provided in this table shall not be used as a basis for diagnosis, treatment and prevention of diseases.

- The watch and its accessories may contain small parts. To avoid suffocation or other hazards or damage caused by children, please keep the watch out of the reach of children. This watch is not a toy and can only be used by children under the supervision of adults.
- Abuse or improper handling of the battery can cause overheating, leakage or explosion. To avoid possible injury, please do the following:
Do not squeeze or puncture the battery. Do not short-circuit the battery or expose it to water or other liquids. Keep the battery away from children.
Keep the battery away from fire. Do not place the battery in an extremely high temperature environment or extremely low air pressure environment. If the battery is damaged, or if you find any discharge or accumulation of foreign objects on the battery wires, stop using it. We recommend charging the battery every three months to prevent overcharging. Do not put batteries in the garbage disposed of in the landfill. When disposing of the battery, please comply with local laws or regulations.

Basic information of manufacturer

Company: AGM MOBILE LIMITED

Address: FLAT/RM 2253 22/F HOI TAI FACTORY ESTATE TSING YEUNG CIRCUIT
TUEN MUN NT, HONG KONG, CHINA

FCC Statement:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Radio Frequency Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.

The content of FCC warning messages is not included in the manual and exists as a warning card.

V1.0



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Download CE Certification



THIS MAUNUAL IS FOR REFERENCE ONLY, THE ACTUAL FUNCTIONS AND
PRODUCT MAY BE SLIGHTLY DIFFERENT FROM THIS MANUAL,
PLEASE REFER TO THE ACTUAL PRODUCT.

