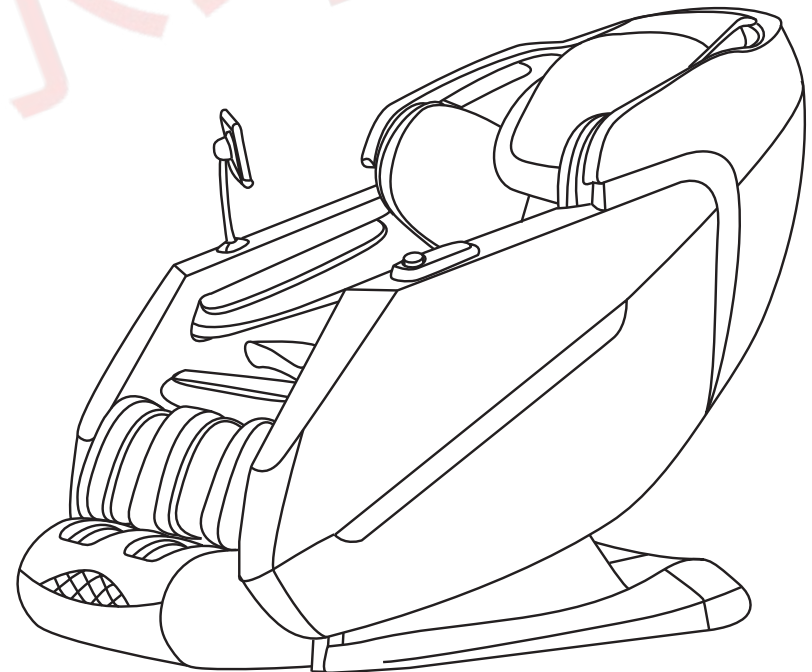


Massage Chair

Model: HM-001

试用水印



Your purchase includes a one-year warranty, which begins on the date shown on your purchase receipt or warranty card. This warranty covers free repairs for any issues that occur during this period. Should you encounter any problems or require technical support for your massage chair, our service hotline is here to help at no additional cost.

Please note, the warranty does not apply in the following cases:

1. Damage caused by improper use, maintenance, or storage by the customer.
2. Damage resulting from unauthorized disassembly or attempts to repair the product.
3. Products without a valid purchase receipt or where the receipt does not correspond with the product.
4. Damage due to force majeure events beyond our control.
5. Damage that occurs after the warranty period has ended.

If you have any questions or concerns, please reach out to us. We hope you enjoy your new massage chair!

23 ◀ Questions & Answers

Q: Why do some massage chairs stop operating after being used a few times?

A: This may be caused by a loose power cord plug or a malfunction of the electrical control system. If you encounter such a situation, please contact us via email. We will replace the power cord or the control panel for you.

Q: What is the space requirement for the massage chair?

A: The massage chair measures approximately 60.4" x 30.31" x 46.46" in an upright position. Ensure there is at least 12" of space behind the massage chair and enough room for the backrest to recline and the footrest to rise.

Q: Does the chair have wheels on the bottom?

A: Yes, there are two wheels equipped at the bottom of the chair. You just need to tilt the backrest down by about 40 degrees, and then you can easily move the massage chair to your desired position.

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Please read this manual carefully before using this massage chair. Since the operation guide contained in this manual is very important, please keep it properly.

1. The massage chair is for indoor use only.
2. When the product is used by or near children, people with physical or mental disabilities, or the handicapped, adult guardians are required to supervise and provide guidance.
3. Please be sure to use this product for the purposes described in the user manual. Do not use parts that are not recommended by the manufacturer.
4. Do not use this product under the following circumstances: the power cord or power plug is damaged, the operation is abnormal, the product has been severely dropped on the ground or otherwise damaged, or it has fallen into water. Please return the product to the service center for inspection and repair.
5. Do not move the product by pulling the power cord, or use the power cord as a handle.
6. The power cord must be kept at a safe distance from the heating surface.
7. Do not operate the product when the air outlet is blocked. Please keep the air outlet unobstructed and avoid blockage by cotton lint, hair, etc.
8. Do not insert objects into or let objects fall into any openings of the product.
9. Do not operate the product in places where spray products are being used or where there is a high concentration of oxygen.
10. To cut off the power supply, turn off all operation controls and then unplug the power plug from the socket. It is essential to supervise and ensure that children do not use the massage chair as a plaything to ensure their safety.

Q: Why don't massage chairs heat up significantly?

A: For electrical safety, the massage chair's temperature setting has an upper limit of no more than 40°C. The heating effect may vary depending on the ambient temperature and the size of the space. Generally, the heating effect can be felt after 15 to 30 minutes.

Q: Why do the function buttons not work when the massage chair is initially turned on?

A: The massage chair performs a one-minute body check when it is switched on. During this test period, the buttons of the massage chair will be temporarily disabled, and the system will automatically switch to relaxation mode. After the check is complete, all functions will be restored, and you can choose the appropriate mode based on your personal needs.

Q: Does this chair arrive fully assembled?

A: Yes, our massage chairs come fully assembled and ready to use.

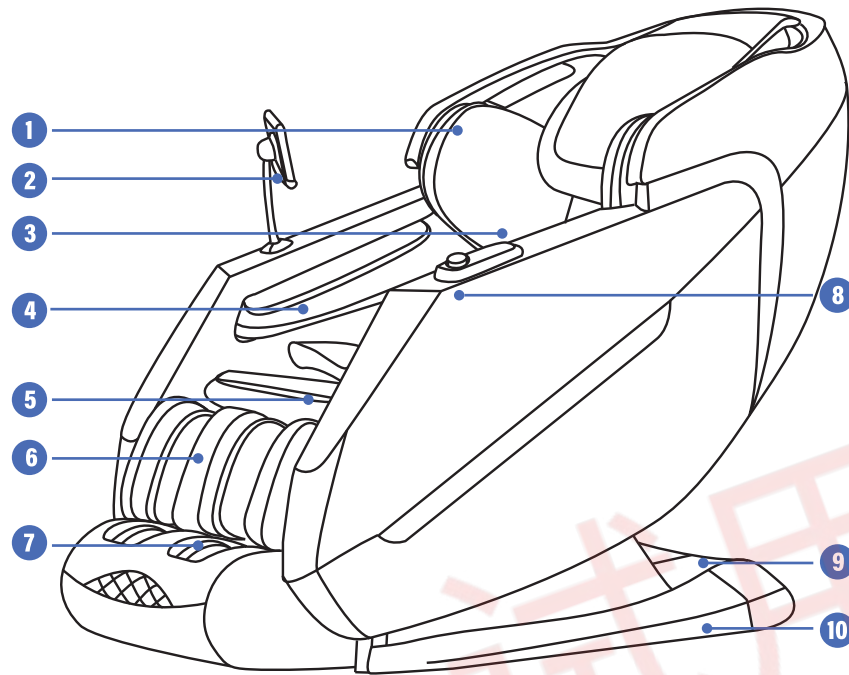
21 ◀ Specifications

Brand	LIULINREST
Product Name	Massage Chair
Model Number	HM-001
Rated Voltage	110-220V
Rated Frequency	50HZ
Rated Power	100W
Package Dimensions	151X76X93CM
Net Weight	92KG
Security Level	Category I
Executive Standard	GB4706.1-2005 GB4706.10-2008

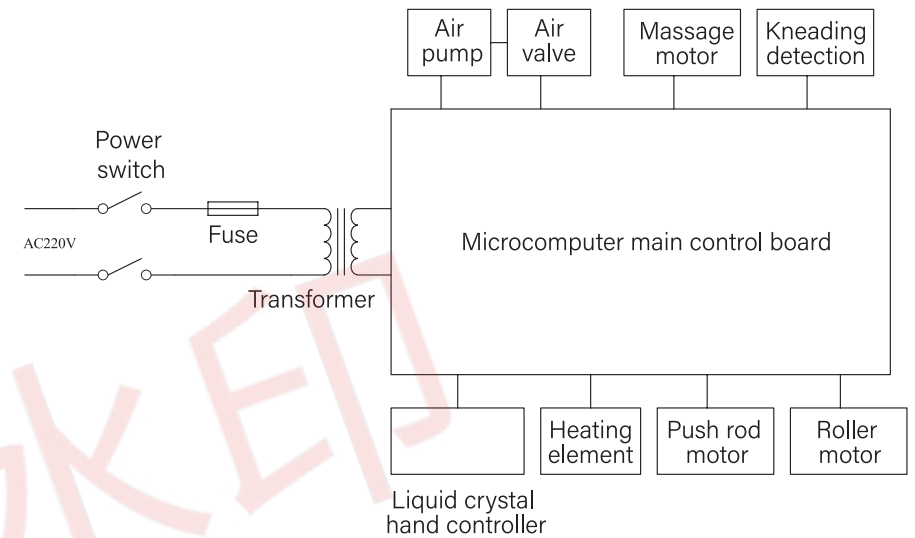
Note: 15min is the default working time of the massage chair. The working time of the massage chair can be adjusted manually.

Cautions and Warnings ▶ 2

11. Do not use the massager in an overly humid or dusty environment to avoid electric shock or mechanical failure.
12. Do not use the massager in places where the room temperature exceeds 40°C.
13. Do not place the massager near heaters, stoves, or in direct sunlight.
14. The massager is designed for personal use and is not suitable for any commercial purposes.
15. When using the massager in a low - temperature room, do not suddenly increase the temperature. It is recommended to gradually adjust the temperature to the normal range before use.
16. If the massager is moved from a low - temperature storage area to a warm environment for use, water vapor may accumulate inside the machine, affecting its normal operation and even causing mechanical failure. It is recommended to let the product sit at normal room temperature for 1 hour before starting to use it after the move.
17. To ensure safe and proper use of the massager, please carefully read the operation manual before use.
18. Do not use the massager if its fabric cover is damaged.
19. To avoid reducing the massage effect or causing harm, do not use the massager simultaneously with other therapeutic devices such as electric blankets.
20. Do not use the massager within 1 hour after eating to avoid adverse effects. Do not use the massager when your hands or other parts of your body are wet.
21. After use, turn off the power switch and unplug the power plug.



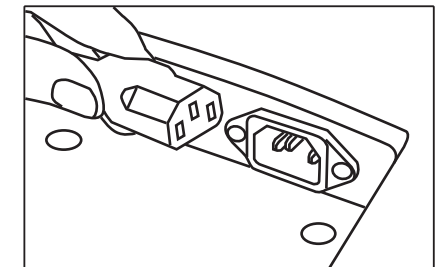
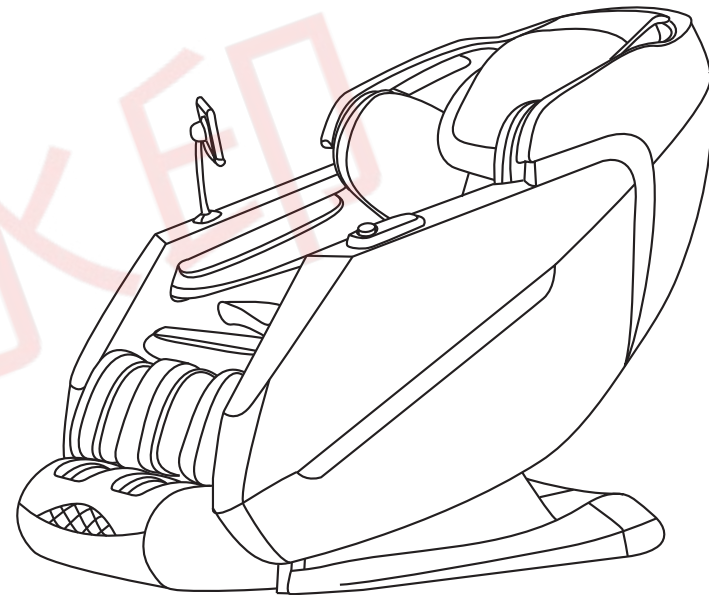
- | | |
|---------------------|----------------|
| 1 Shoulder Airbag | 6 Butt Massage |
| 2 7 inch LED Screen | 7 Foot Massage |
| 3 Back Massage | 8 Armrest |
| 4 Hand Airbag | 9 Power Switch |
| 5 Leg Airbag | 10 Wheels |

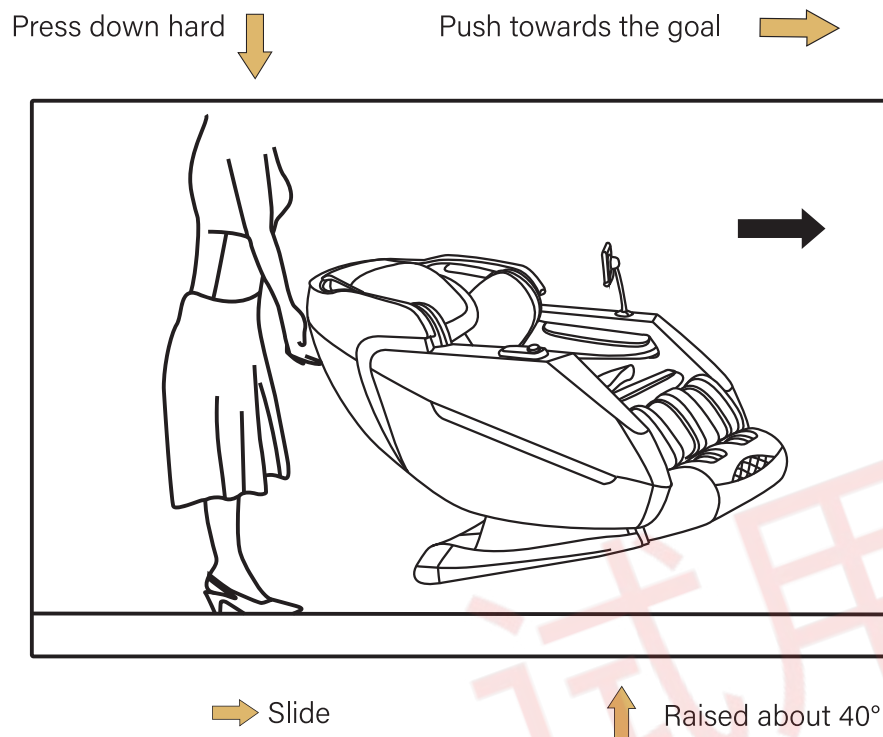


NO	Problems	Analysis	Solution
1	Beeping(sound of operation) *Airbag inflation sound*Airbag deflation sound* Solenoid valves witching sound*Air pump working sound	When the product is working, it makes a sound of mechanical operation.	This sound is normal and needs no processing.
2	The whole machine does not work completely.	The power plug is not inserted into the socket The socket switch is not turned on . Massage button not pressed.	Check the power plug and socket, make sure the plug is in good contact with the socket and press the massage button.
3	The massage stopped suddenly.	This product has just completed the rated working time of 15 mins and automatically switches to stand by mode.	If you want to massage again, please press the stand by button again to turn on the massage function.
		Over rated use time, motor overheating protection.	Shut down, cut off the power supply, and use it after the motor cools down.
4	The massage chair will automatically stop operating after running for a period of time.	The plug is loose or the power cord is not plugged in. There is a problem with the electronic control system.	Check whether the power cord plug is properly connected (judge by whether the power switch button on the trunk lights up). Replace the power cord / replace the control panel.
5	The control panel is not light.	If it is the button area, then it is normal that it is not light. If the LCD display area is not light.	If the plug is properly connected and the LCD display area remains unlight, replace the control panel.

Before Use:

1. No installation is required. It's ready to use right out of the box.
2. Connection and installation method: Connect the plug of the power cord to the power plug, and then connect the other end of the power cord to the electrical outlet.

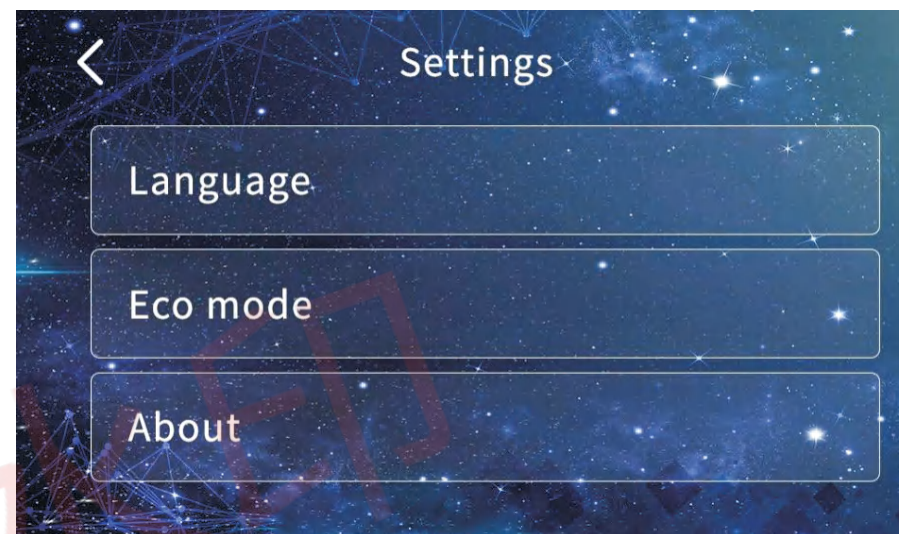




There are two wheels at the bottom of the chair back, which facilitate indoor movement. Stand behind the massage chair, press the chair back, lift the chair back off the ground, and tilt it at a 40 degree angle to move the massage chair easily.

1. Do not use excessive force to avoid the complete tilting of the machine body, which may cause damage.
2. Do not move the massage chair when someone is sitting on it.
3. Moving the massage chair may damage the floor. It is recommended to place a mat under the product.

⌕ Settings



1. Eco Mode: The massage chair is equipped with blue light strips on both sides. If the light strips are not needed, users can turn off the Eco mode, and the light strips will turn off accordingly. If you want to turn on the light strips, simply activate the Eco mode.

17 ◀ Using the Control Panel

🔍 Chair Adjustment



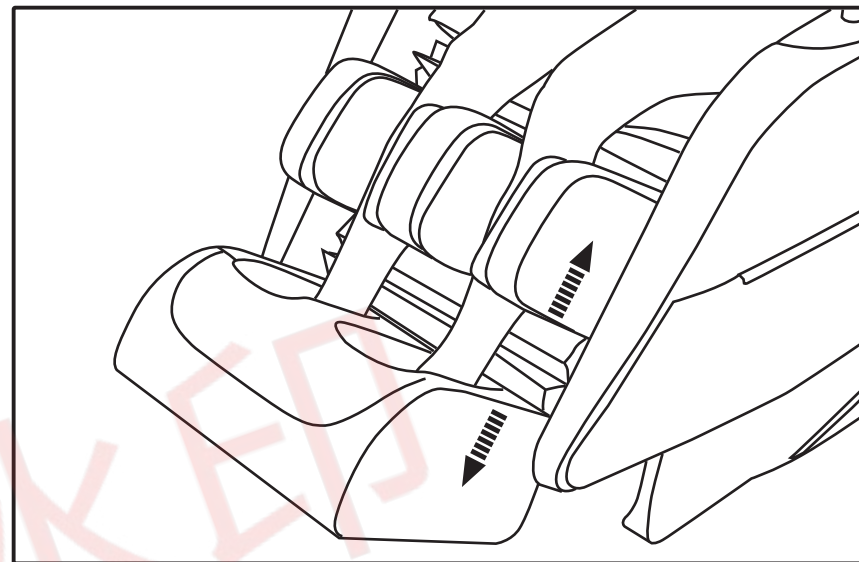
Level 3 Zero Gravity Mode:

1. Click the "OFF" button, and the seat will start the initial zero gravity state with an inclination angle of approximately 90 °.
2. Click the "1" gear zero gravity button, and the inclination angle will be adjusted to approximately 120 °.
3. Click the "2" gear zero gravity button, and the inclination angle will be adjusted to approximately 160 -165°.

Note: All the above mentioned inclination angles are preset values of the system.

Note: If users are not satisfied with the preset inclination angles, they can long press the "∧ V" button to fine tune the angle of the massage chair to achieve the ideal zero gravity position.

How to Improve Leg Extension ▶ 6



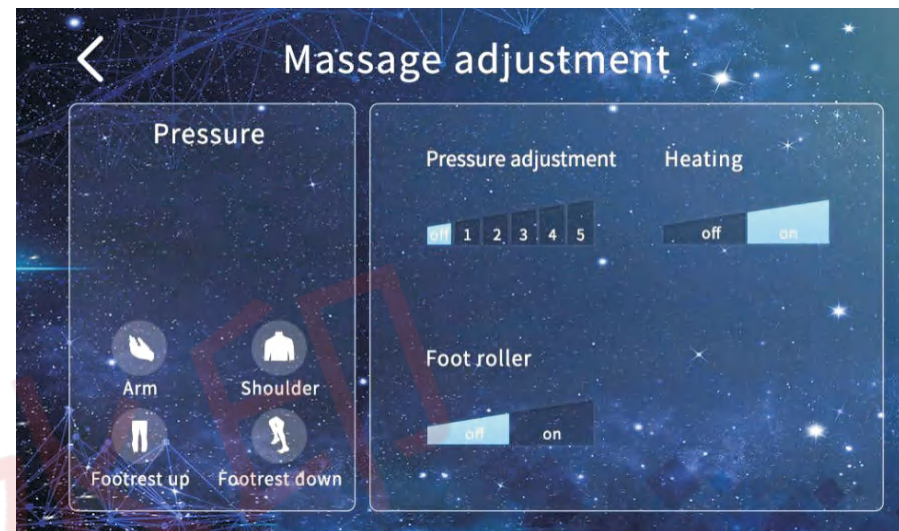
Note: Simply sit back, gently push your feet forward, and let the chair effortlessly extend your legs. This smart feature straightens your legs, boosts circulation, relieves tension, and rejuvenates your body perfect for unwinding after a long day or easing stiffness, elevating your massage experience.

➤ Power On/Off Button



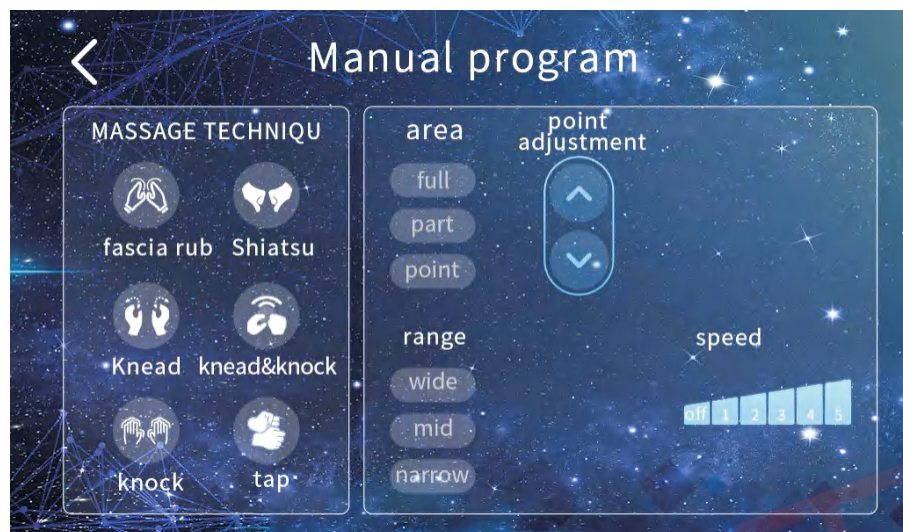
Press the power on button. Touch any position on the screen. After the screen lights up, click "Power off".

➤ Massage adjustment



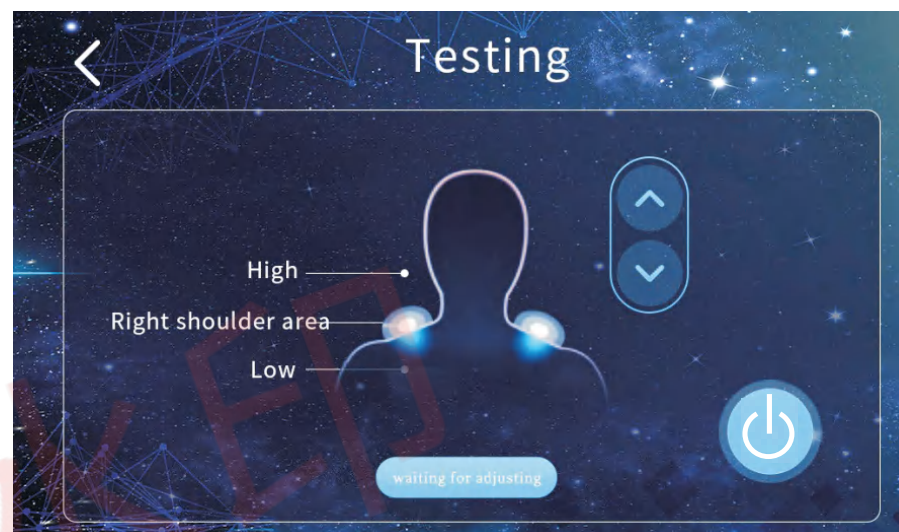
1. Air Bag Massage: On this function page, you can activate or deactivate the airbag massage for specific body parts, including the arms, shoulders, footrest up, and footrest down.
2. Foot Roller: Activate the foot massage function, which provides a rolling massage and comprehensive leg massage. It stimulates acupoints to relieve soreness and rejuvenate tired feet.
3. Heating: Turn on the heating function, and you will feel warmth on your back within 15 to 30 minutes. The heating temperature may vary slightly depending on the weather and the size of the space where the massage chair is placed.

▶ Manual Program



1. Six Massage Techniques: Fascia rub, shiatsu, knead, knead & knock, tap, and more.
2. Customizable Massage Options: During the massage, you can choose from three techniques: shiatsu, knock, and tap. Users can select from three massage amplitudes—wide, medium, narrow based on their needs. These techniques are suitable for full-body, local, or fixed-point massage. By long-pressing the "∧ V" buttons, users can precisely locate their desired massage position.
3. Massage Intensity: The massage chair offers five intensity levels to choose from, allowing users to customize their experience.

▶ Body Scan

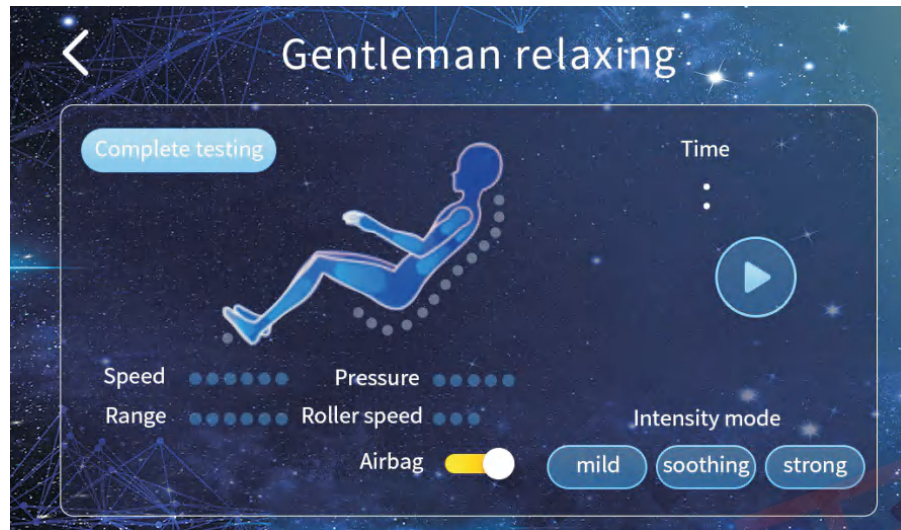


When the massage chair is powered on, the system will intelligently detect the height of your shoulders. It swiftly adjusts the massage position and the width of the massage area on the back to perfectly fit the body's curves, ensuring a precise massage experience.

If you think that the shoulder height position identified by the system is incorrect, you can slightly adjust the shoulder height through the "∧" and "V" keys until the desired position is achieved.



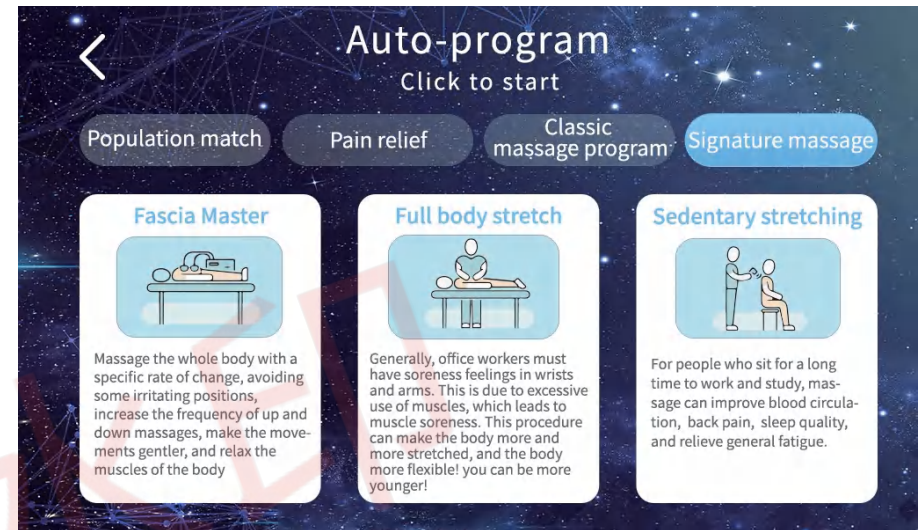
Approximately one-minute form test, during which all functions will be turned off.



After one - minute body scan is completed, the first automatic program "Gentleman Relaxing" will be run by default, and the default working time is 15 minutes.

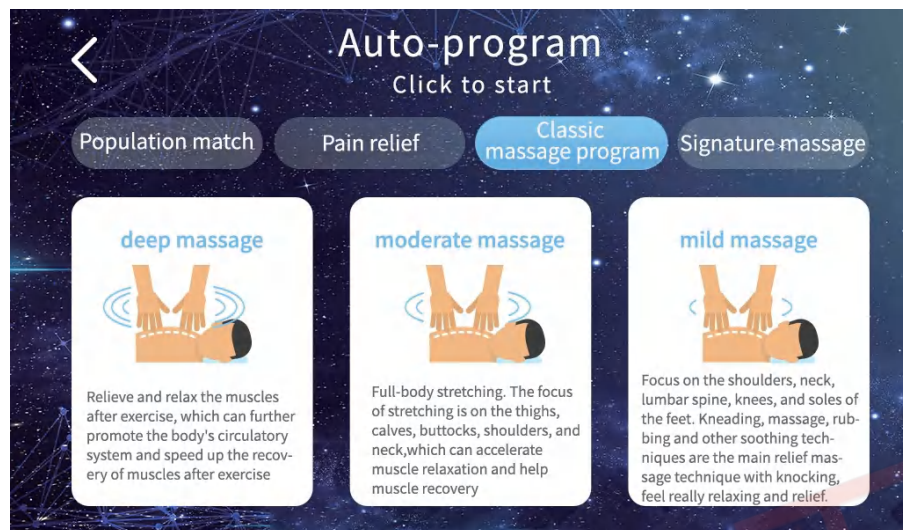
In the "Gentleman Relaxing" mode, users can choose to activate the airbags for a full body massage. Meanwhile, the massage mode offers three massage intensities for selection: gentle, soothing, and intense, to meet the personalized needs of different users.

⌕ Signature Massage



1. Fascia Master: Massages the whole body with a specific rate of change, avoiding irritating positions. It increases the frequency of up-and-down massages, making the movements gentler and relaxing the body's muscles.
2. Full Body Stretch: Office workers often experience soreness in their wrists and arms due to excessive muscle use, leading to muscle fatigue. This program helps stretch the body, increasing flexibility and making you feel rejuvenated!
3. Sedentary Stretching: Designed for people who sit for long hours to work or study, this massage improves blood circulation, relieves back pain, enhances sleep quality, and reduces general fatigue.

▶ Classic Massage Program



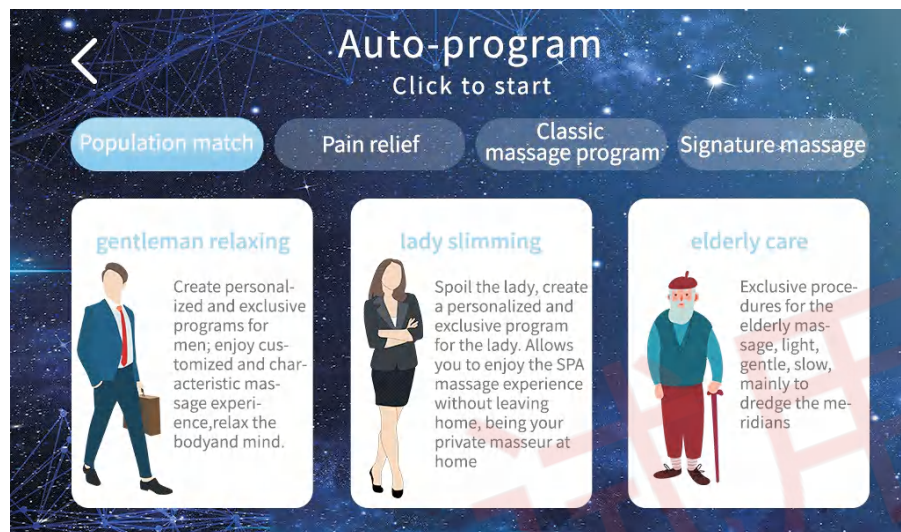
1. Deep Massage: Relieves and relaxes muscles after exercise, promoting the body's circulatory system and speeding up muscle recovery.
2. Moderate Massage: Full-body stretching focuses on the thighs, calves, buttocks, shoulders, and neck, accelerating muscle relaxation and aiding recovery.
3. Mild Massage: Targets the shoulders, neck, lumbar spine, knees, and soles of the feet. Using techniques such as kneading, rubbing, and soothing motions, combined with gentle knocking, it provides a deeply relaxing and relieving experience.

▶ Full Screen Function Overview



🔍 12 Auto-Massage Modes

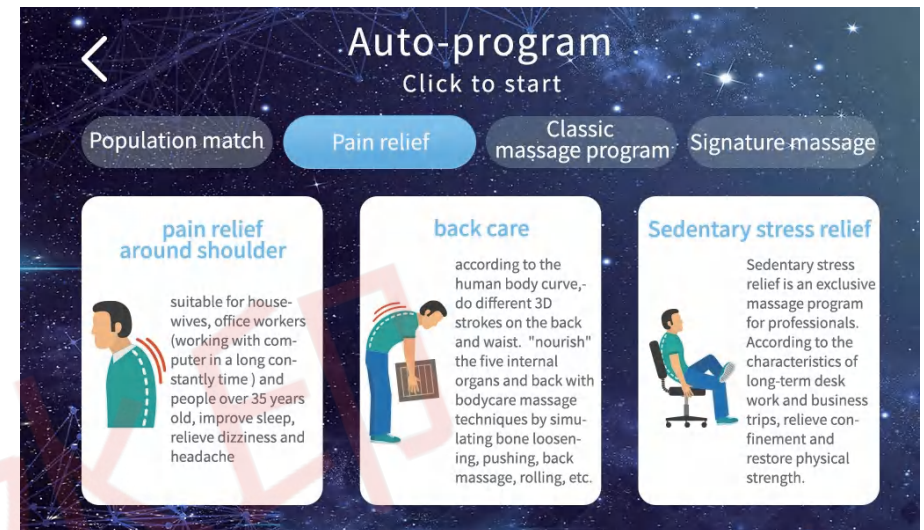
Automatic Massage Program Button: According to your age and physical condition, you can choose any one of the 12 programs under four categories: "Population Match", "Pain Relief", "Classic Massage Program", and "Signature Massage" for targeted massage.



Population match:

1. Gentleman Relaxing: Create personalized and exclusive programs for men, offering a customized and unique massage experience to relax the body and mind.
2. Lady Slimming: Spoil the lady with a personalized and exclusive program designed just for her. Enjoy the SPA massage experience without leaving home, as the massage chair becomes your private masseur at home.
3. Elderly Care: Exclusive massage procedures tailored for the elderly, featuring light, gentle, and slow techniques, primarily focused on dredging the meridians and promoting relaxation.

🔍 Pain Relief



1. Pain Relief Around Shoulder: Suitable for housewives, office workers (who work with computers for long periods of time), and people over 35 years old. It helps improve sleep, relieve dizziness, and reduce headaches.
2. Back Care: Designed according to the human body curve, it performs different 3D strokes on the back and waist. Using body care massage techniques, it "nourishes" the five internal organs and back by simulating bone loosening, pushing, back massage, rolling, and more.
3. Sedentary Stress Relief: This exclusive massage program is designed for professionals. Based on the characteristics of long-term desk work and business trips, it relieves physical tension and restores energy.

FCC WARNING

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

To maintain compliance with FCC's RF Exposure guidelines, This equipment should be installed and operated with minimum distance between 20cm the radiator your body: Use only the supplied antenna.