

CYCPLUS

Heart Rate Monitor

Chest Strap

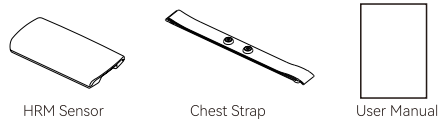
H2



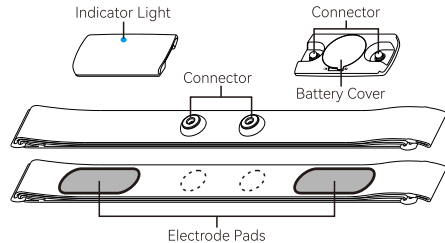
User Manual

Model: H2 V02

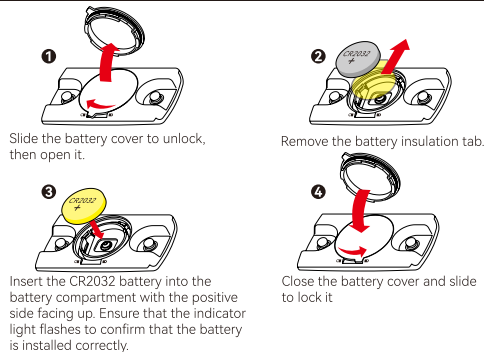
Packing List



Product Details

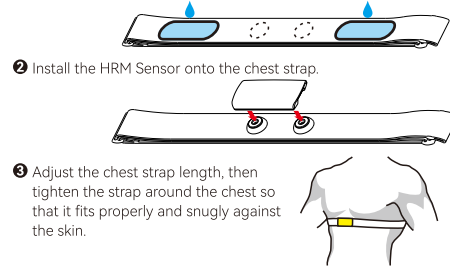


Initial Setup and Battery Replacement



Wear the HRM Chest Strap

- To ensure that the heart rate chest strap can successfully detect heart rate data under any skin condition, it is recommended to wet the electrode pads with water before each use.



Activation and Connection

When both electrode pads of the chest strap contact with the skin, the HRM Sensor automatically activates, and the indicator light flashes to show the current battery level.

The HRM supports both ANT+ and Bluetooth dual protocols, allowing connection to bike computers, sports watches, and fitness apps to receive and display data.

Note: When using the ANT+ protocol, multiple devices can connect simultaneously. When using the Bluetooth protocol, only one device can connect at the same time.

Sleep Mode

The HRM chest strap will automatically enter a low-power sleep mode after removal.

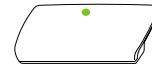
About APP

Please search for "CYCPLUS" in App store or Google Play to download and use the CYCPLUS APP for quick access to the latest firmware updates and additional settings. Firmware updates may include functional changes, so please refer to the update notes in the app for details.



The Indicator Light

- The indicator light will turn on and flash for 10 seconds under the following situations.
 - Each time the battery is correctly installed.
 - When the heart rate chest strap is properly worn.
- During the firmware upgrade, the indicator light will stay solid red and turn off once the upgrade is complete.
- The color of the indicator light indicates the battery level.
 - Green light: Battery level $\geq 5\%$
 - Red light: Battery level $< 5\%$



Maintenance and Storage

- Rinse the chest strap with clean water and hang or lay it flat to dry every time after you use it.
- If washing the chest strap outdoors is not possible, wipe the sweat from the electrode pads, connector, and surface of the HRM Sensor after use. Separate the HRM Sensor from the chest strap and place them in a well-ventilated area. Clean and dry the chest strap as soon as you can.
- It is recommended to remove the HRM Sensor from the chest strap to extend battery life for storage.

Notes

- In cold and dry environments, the HRM may take a few minutes to provide accurate and stable data. To ensure the precision of your training data, it is recommended to start recording your workout after a thorough warm-up.
- When wearing the chest strap, avoid overstretching to prevent damaging the electrode pads.
- Sweat accumulation can affect data accuracy, so it is recommended to remove the HRM Sensor after each use, rinse the chest strap with water, and hang it to dry.
- Avoid placing a damp heart rate chest strap in airtight containers, as this may cause oxidation of the connector, affecting measurement accuracy and shortening its lifespan.
- Do not use chemical cleaners, as they may impact the accuracy of the heart rate chest strap and reduce its lifespan.
- Store the heart rate chest strap flat or hung after use, avoiding bending or rolling it, and keep it out of direct sunlight for extended periods.

- The heart rate chest strap is not a medical device; the data is for reference only. If you experience any discomfort, please seek medical attention promptly.

Specification

Size	70-95 × 3.0 × 0.9 cm
Weight	55 g
Length of the chest strap	70-95 cm
Communication protocol	ANT+, BLE
Battery	CR2032 200mAh
Using time	500 hours
Working temperature	0 - 50 °C
Waterproof	IPX7

Manufacturer Information

Company

Chengdu Chendian Intelligent Technology Co., Ltd.

Address

No.88, Tianchen Road, Chengdu, Sichuan Province, China

Warranty

Free repair or replacement within 2 years for non-user-induced damage.

Contact

steven@cycplus.com



Made in China

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.