

Remote control Installation manual

V1.0

- “Remove and immediately recycle or dispose of used batteries according to local regulations and keep away from children. Do NOT dispose of batteries in household trash or incinerate.”
- “Even used batteries may cause severe injury or death.”
- “Call a local poison control center for treatment information.”
- “The compatible battery type: CR2032”.
- “The nominal battery voltage: DC 3V”
- “Non-rechargeable batteries are not to be recharged.”
- “Do not force discharge, recharge, disassemble, heat above 60°C or incinerate. Doing so may result in injury due to venting, leakage or explosion resulting in chemical burns.”
- “Ensure the batteries are installed correctly according to polarity (+ and -).”
- “Do not mix old and new batteries, different brands or types of batteries, such as alkaline, carbon-zinc, or rechargeable batteries.”
- “Remove and immediately recycle or dispose of batteries from equipment not used for an extended period of time according to local regulations.”
- “Always completely secure the battery compartment. If the battery compartment does not close securely, stop using the product, remove the batteries, and keep them away from children.”

Tools



Screwdriver x 1pcs



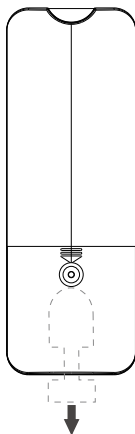
Screws x 1pcs

Back cover installation

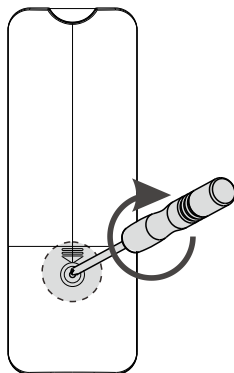
As shown in Figure ①, take out the insulation sheet as per the arrow direction.

As shown in Figure ②, use the screwdriver and put the screws into the holes on the back of the remote control and then tighten the screw clockwise to fix the remote control battery cover.

①



②



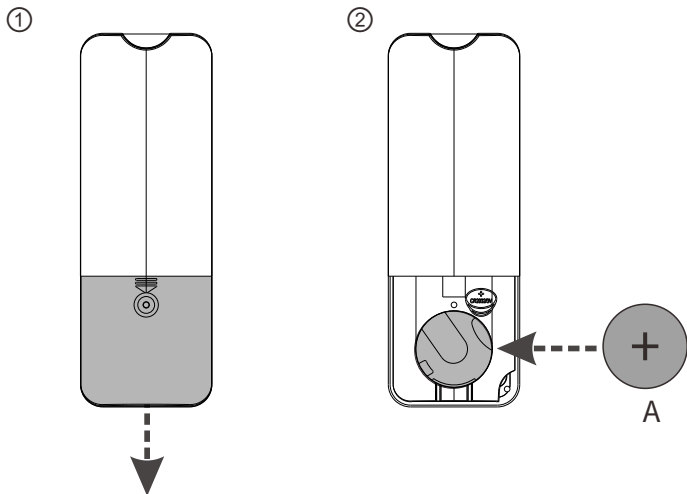
Battery Installation

As shown in Figure ①, take out the battery cover as per the arrow direction;

As shown in Figure ②, place the button battery with the positive side facing up (shown in Figure A) flatly into the round shape of the remote control.

As shown in Figure ③, fit the battery cover to the groove on the back of the remote control ;

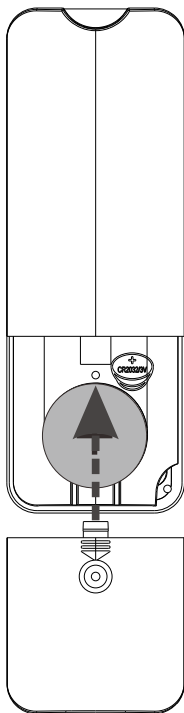
As shown in Figure ④, use the screwdriver and place the screws in the holes on the back of the remote control and then tighten the screw clockwise to fix the remote control battery cover.



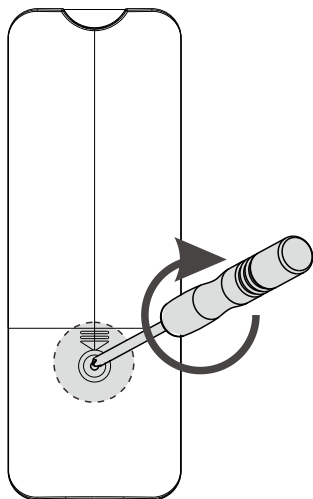
As shown in Figure ③, fit the battery cover to the groove on the back of the remote control ;

As shown in Figure ④, use the screwdriver and place the screws in the holes on the back of the remote control and then tighten the screw clockwise to fix the remote control battery cover.

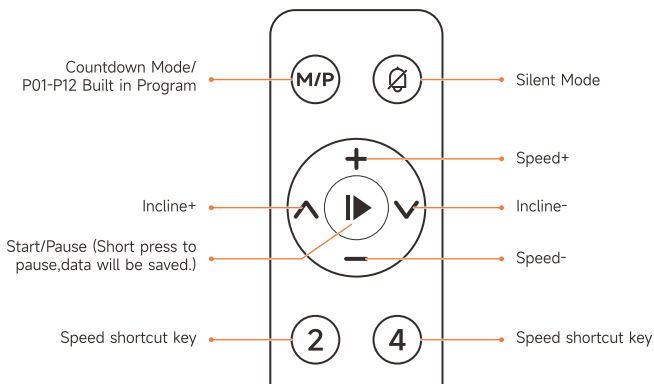
③



④



Remote Control



Note:

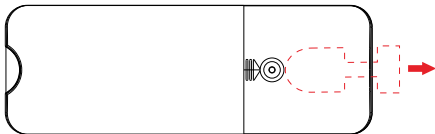
The remote control is pre-paired at the factory; no re-pairing is required.

If you replace the remote control or the remote becomes unpaired, please follow the steps below to re-pair:

Within 5 seconds after powering on, press and hold the "▶" button on the remote control to initiate pairing. When a "beep" is heard from the treadmill, pairing is successful, and the remote control can be used to operate the treadmill. Once paired, the connection is retained and does not require re-pairing after power-off.

Button	Function
M/P	Press this key to set the countdown targets for time, distance and calorie, along with the P01-P12 programs. When P12 is displayed, press the button again to reset all values to zero. Press it once more to begin the cycle again. -Window Display "30:00" is "TIME" Countdown -Window Display "3.00" is "DISTANCE" Countdown --Window Display "300" is "CAL." Countdown
	Buzzer On/Off: In any state, briefly press this button on the remote control to mute the buzzer and the meter displays "OFF." Short press again to restore the buzzer and display "ON."

	Start: In standby mode, press the remote control's "START/STOP" button. The treadmill will start counting down in 3 seconds and run at 0.6 mph. Continue: While the treadmill is paused, press the remote control's "START/STOP" button. The treadmill will start counting down in 3 seconds and run at 0.6 mph. Stop: While the treadmill is running, press the remote control's "START/STOP" button to stop the treadmill and enter standby mode. After 10 minutes of inactivity in standby mode, the electronic meter will enter sleep mode. You can wake the treadmill from sleep mode by pressing any button.
	Speed Increase: While the treadmill is running, briefly press the remote control's "+" button for slow acceleration. Press and hold for faster acceleration, and the speed will increase continuously in increments of 0.2 mph.
	Speed Decrease: While the treadmill is running, briefly press the remote control's "-" button for slow acceleration. Press and hold for faster acceleration, and the speed will decrease continuously in increments of 0.2 mph.
	Increase incline: While the treadmill is running, briefly press the "Λ" key to increase the incline in increments of 1 level per time.
	Decrease incline: While the treadmill is running, briefly press the "V" key to decrease the incline in increments of 1 level per time.
	Speed Shortcut: 2
	Speed Shortcut: 4



Note:

Please remove the insulating tabs from the battery when using the remote control for the first time.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Caution: The user is cautioned that changes or modifications not expressly approved by

the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which

can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
-

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co

-located or operating in conjunction with any other antenna or transmitter.

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s).

Operation is subject to the following two conditions:

(1) This device may not cause interference.

(2) This device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

(1) l'appareil ne doit pas produire de brouillage, et

(2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

IC Radiation Exposure Statement:

This equipment complies with Canada radiation exposure limits set forth for an uncontrolled environment.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Déclaration d'IC sur l'exposition aux radiations:

Cet équipement est conforme aux limites d'exposition aux radiations définies par le Canada pour des environnements non contrôlés.

Cet émetteur ne doit pas être installé au même endroit ni utilisé avec une autre antenne ou un autre émetteur.