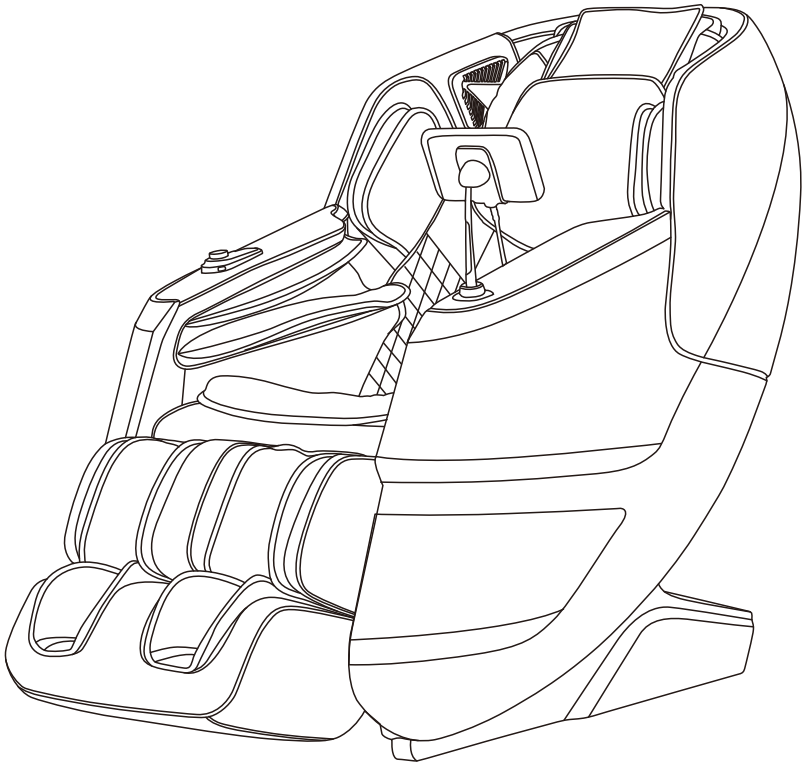
SAVE THESE INSTRUCTIONS

iRest

SL-A339 MASSAGE CHAIR

OPERATION INSTRUCTIONS



Thanks for purchasing this product. Please read this manual instruction carefully to know how to use this product correctly before operation. Please pay more attention to some critical safety warnings and keep this manual book properly for future use.

Note: Our company reserves the right to change and explain the product's design. Suppose there is some difference between the product function in market circulation and the description in the manual. In that case, it is a regular product update, and our company will not inform you otherwise. The specific product function and color shall prevail in kind.

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1.Important Safety Warnings ⚠

•Do not allow children to touch any movable part of this product.
•Use the well-grounded power supply unit suitable for this product.
•Pull out the plug after Use or before cleaning to avoid any physical injury or damage to the product.
•Operate this product as instructed in this manual.
•Do not use any non-recommended parts or accessories.
•Do not use this product outdoors.
•Please read the Operation Instructions carefully before operation.
•Never use this product for any other purpose not listed herein.
•20 minutes of usage each time is recommended.
•Do not use this product if the leather is broken or damaged.
•Do not use this product if the cover or leather is broken or damaged.
•Do not use this product if the radiator hole is covered or blocked.
•Do not drop anything into this product.
•Never fall asleep while using this product.
•Do not use this product if you are drunk or feel unwell.
•Do not use this product within one hour after a meal.
•Do not use this product with excessive force to avoid any injury.
•Do not carry any fragile, explosive, or combustible material in your pocket, such as a mobile phone or lighter, when using the massage chair.

2. Operating Environment

•Do not use this product in a moist environment such as the bathroom.
•Stop using this product immediately when the ambient temperature changes sharply.
•Do not use this product in any heavily-dusty or acidic environment.
•Do not use this product in a small space without good ventilation.
•The average room temperature ranges from 0 °C to 35 °C.
•Do not use this product in an excessively humid room such as a bathroom. Use it at a relative humidity between 20% and 80%.
•Do not use this product outdoors.
•Avoid direct sunlight.
•Keep this product away from any heat source such as a stove and air outlet of an air conditioner.
•Do not use this product during thunder or lightning weather.
•Do not use this product in dusty places.

3. The following populations should not use this product

•Patients with osteoporosis.
•Patients with heart disease or wearing electronic medical devices such as a pacemaker.
•People who have a fever.
•Pregnant women or women on their menstrual period.
•Patients who are injured or have a skin disease.
•When unsupervised, any children are under the age of 14, and those unconscious are not allowed to use this product.
•People who their physicians tell to have rest or who feel unwell.
•People whose bodies are wet are forbidden to use this product.
•This product has a hot surface. Persons insensitive to heat must pay attention when using this product.

4. Safety Precautions

•Check whether the voltage is consistent with the specification of this product.
•Never insert or pull out the plug with a wet hand.
•Do not let water flow into this product to avoid electric shock or cause damage to this product.
•Do not pull the power cord when plugging or unplugging it. Rough handling is forbidden.
•Do not damage the wire or modify the circuit of this product.
•Do not clean live parts of this product with a wet cloth, such as a power switch and plug.
•Stay away from this product during power failure to avoid personal injury caused by sudden power restoration.
•Stop using this product once while it works abnormal, and consult your local supplier.
•Stop using this product if you feel unwell, and consult your health care practitioner. This product is not intended for use by persons (including children) with reduced physical, sensory or mental abilities or lack of experience and knowledge, unless they have been supervised or instructed to use this product by a person responsible for their safety. It should supervised to ensure children do not play with this product.
•If the power cord is damaged, it must be replaced by the manufacturer, its service agent, or similarly qualified staff to avoid hazards.

5. Product Service and Maintenance

•This product should be maintained by the service center designated by the manufacturer only. No user should disassemble or maintain it without permission.
•Do not forget to turn off the main power switch after usage.
•Do not use this product if the power socket becomes loose.
•If this product will be left unused for an extended period, it is necessary to roll up the power cord of this product and store it in a dry and dust-free environment.
•Do not store this product at a high temperature or near an open flame. Avoid prolonged exposure to direct sunshine.
•Please clean this product with a dry cloth. Never use thinner, benzene, or alcohol.
•This product's mechanical components are specially design and manufactured, so no special maintenance is needed.
•Do not use a sharp object to stab at this product.
•Do not roll or pull the product on uneven ground. It should lift before moving.
•Please use this product intermittently. Please do not keep it working continuously for an extended period.

6. Solutions to Ordinary Malfunctions

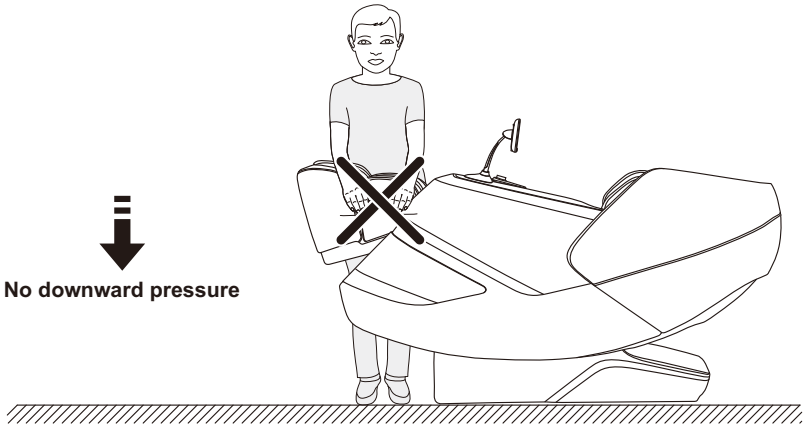
•If the motor sounds during the operation of this product, this is the standard operation sound.
•If the controller does not work normally, check whether the plug and power socket are connected reliably, and whether the power switch is turn on.
•If the rated working time exceeds, the product will automatically activate the shutdown button; if the product runs for a long time, the temperature protector will automatically stop the product, and the product can be used again after half an hour.

7. Storage Conditions

•Storage room temperature: -5 °C to 35 °C.
•Relative humidity (RH) between 20% and 80%; free of corrosive gases, and a well-ventilated room.

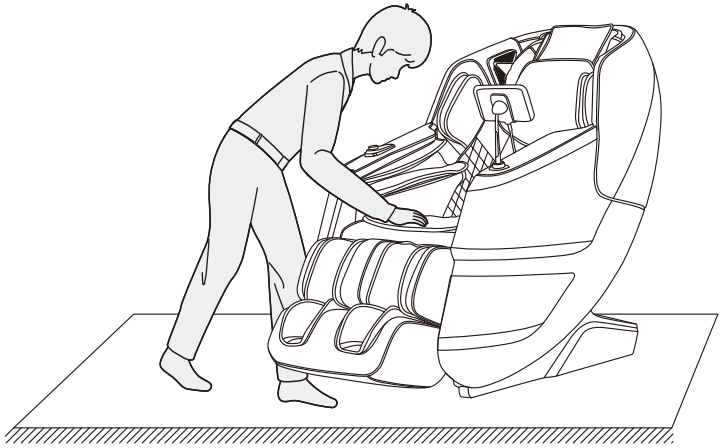
Warning

When the leg rest of the massage chair is lifting, nobody should apply pressure on the leg rest to prevent the massage chair from falling forward, damaging this product, or resulting in personal injuries.



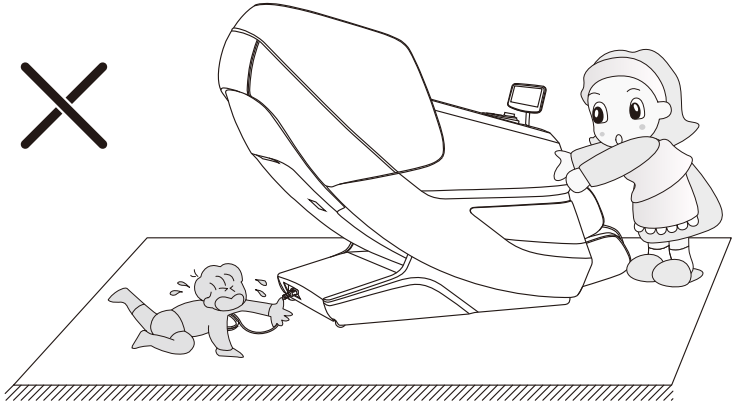
Warning

Before sitting on the massage chair, ensure that the massage chair manipulator does not stay in the seat cushion position to avoid discomfort to the buttocks during the body pressing down and any damage to the massage chair manipulator.



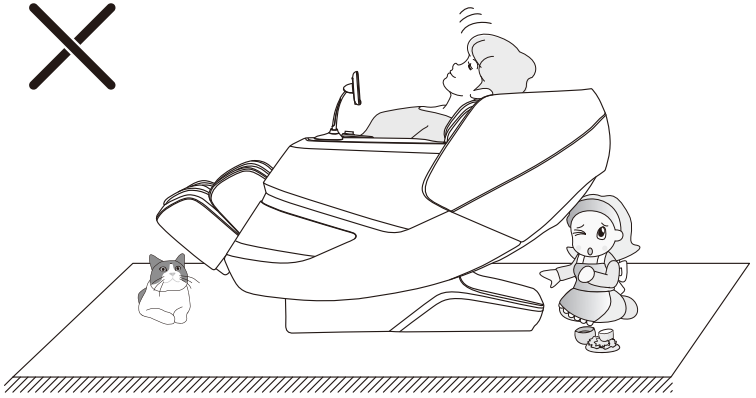
Warning

Do not remove or pull out the remote controller cable or the power cord in the standby or power-on state to avoid any damage to this product or accidental electric shock of a body part. After using the massage chair, unplug the remote control and power cable and put it away.



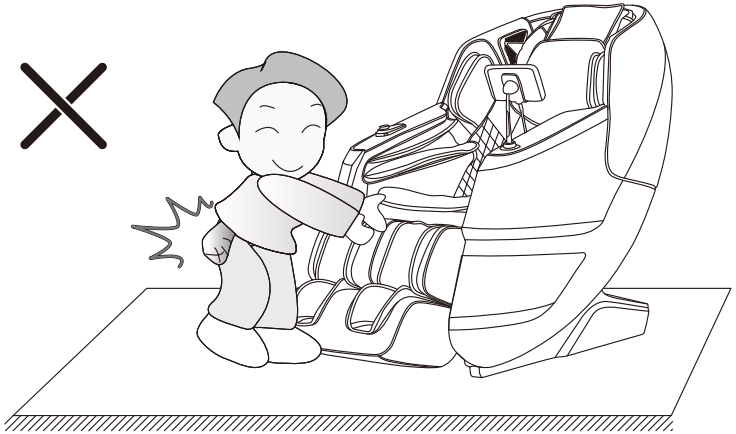
Warning

After enabling the zero-gravity reclining function, check the bottom of the leg rest and backrest for children or pets staying or playing to avoid damage to the product or personal injury.



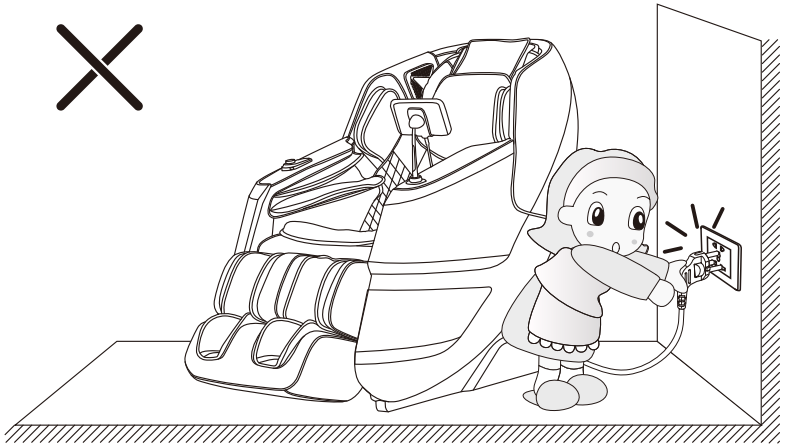
Warning

Before using the massage chair, remove any hard objects in your pocket(s) or any jewelry carried with you (e.g. key, watch, other similar portable hard objects) to avoid any damage to this product or physical injury during massage.



Warning

Do not unplug the power cord, or directly turn off the power switch on the back of the massage chair during massage, in order to avoid any damage to this product or physical injury.

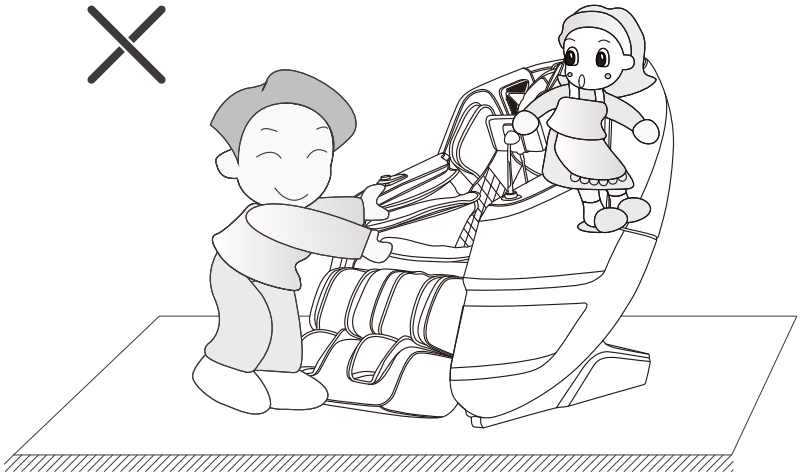


Warning

Please do not fall asleep on the massage chair while using to avoid personal injury caused by unconscious use.

Warning

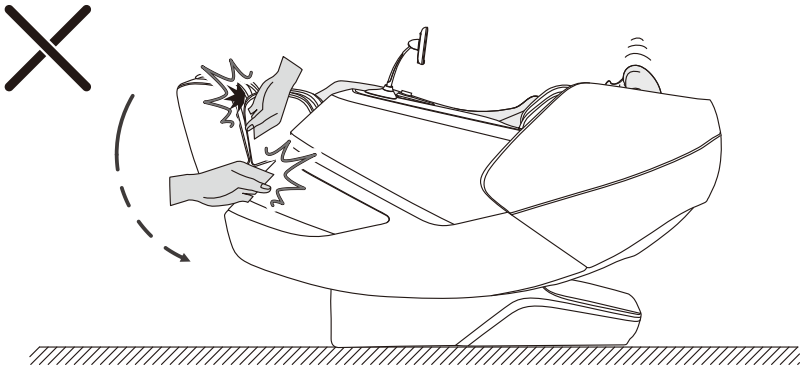
The massage chair should not be used by more than two people at the same time to avoid product failure or personal injury. In addition, do not let children play on the massage chair or climb onto the lower leg, seat cushion, foot, backrest or armrest. Otherwise, accidents or injuries may be caused.



Safety Warning

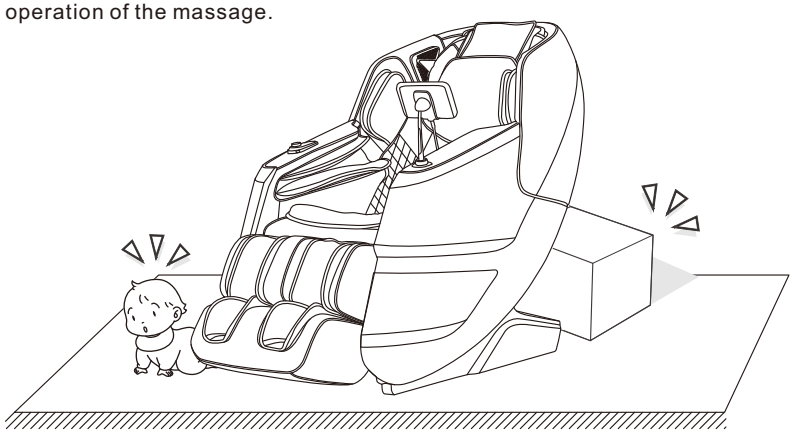
Warning

When adjusting the footrest retractable function or when footrest is declining, please be sure not to put hard objects (such as keys, mobile phones, Etc.) or put the hand into the gap of the footrest, and the intersection with the armrest; To avoid product damage or personal injury caused during the process.

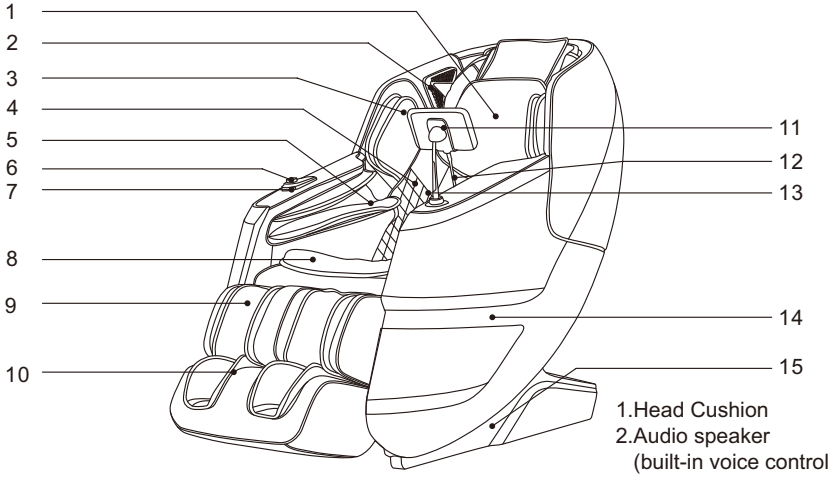


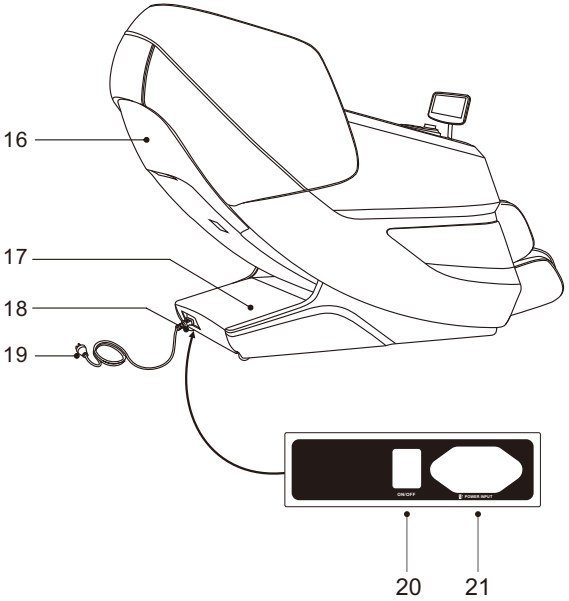
Warning

Before turning on the massage chair, check the surroundings to make sure that there are no people, pets or other objects around the massage chair Avoid damage to the product or other objects or personal injury during the operation of the massage.



Name of Components





1.Head Cushion
2.Audio speaker (built-in voice control microphone at the right side)
3.Upper arm air compression assembly
4.Shawl assembly (with heating function)
5.Arm air compression assembly
6.Armrest Shortcut Keys
7.USB charging jack
8.Seat Cushion
9.Leg Rest
10.Foot Rest
11.Controller
12.Back Cushion
13.Controller rest holder
14.Armrest
15.Side Cover
16.Backrest cover
17.Drive box cover
18.Caster
19.Power Cord and Plug
20.Power Switch
21.Power Input

Function

- This product has been designed as a group of massage mechanism that can walk up and down, drive by four-wheel and are silent in design.
- It is provided with automatic detection and positioning of shoulder
- There are three intelligent memory functions: Custom Storage Ⅰ, Custom Storage Ⅱ, and Custom Storage Ⅲ.
- It is provided with characterized automatic massage functions: 4D Massage, comfort, good-night sleep, relax, neck & shoulder, office regimen, full body, brain refresh, spine care, back & waist, health recharge, treatment, keep fit, bottom toning, stretch .
- Manual massage function can be selected; there are five massage positions such as full back, local, fixed point, upper back, and lower back; there are six simulation massage techniques such as kneading, tapping, kneading&tapping, shiatsu, knocking, and 4D ; Each massage method has five speed adjustable speeds; in the state of tapping, shiatsu, knocking, 4D III, 4D Ⅳ, the massage mechanism has five adjustable widths; 4D intensity can be adjusted in five.
- Equipped with air pressure massage function: upper arm air pressure massage function (4 built-in airbags), arm air pressure massage function (4 built-in airbags), palm air pressure massage function (built-in 4 airbags), calf air pressure massage function (4 built-in airbags), foot air pressure massage function (8 built-in airbags), three-level air pressure intensity can be adjusted.
- Equipped with unique shawl components, innovative shoulder or waist heating function, using graphene heating. Users can place different massage parts according to the massage needs, place the shawl component on the shoulders, and heat the acupoints around the shoulders, back and collarbone by heating the shawl to effectively relieve frozen shoulder and cough. It can relieve the cold and dampness of the shoulder joints; put the shawl components on the abdomen and back respectively (dual use), which can be heated by graphene, and can also relieve low back pain and kidney discomfort.
- It is provided with an intelligent voice control recognition function.
- Slide rail technology is adopted for lying down of the backrest frame to always make the backrest zero distance from the wall thus saving space to the greatest extent.
- The guide rail of the backrest frame adopts curved guide rail technology, which completely conforms to the back of the human body and makes people enjoy a massage from the head to the thigh.
- Music playing system, with built-in digital audio in the left and right space capsules. The Bluetooth function of intelligent devices can be used for wireless connection to play music.
- The footrest is equipped with the function of automatically detecting the length of the legs. When the footrest is raised or down to the appropriate length, the footrest will automatically detect the length of the legs and detect the most comfortable massage part, and you also can adjust the length manually.
- It has the independent lifting adjustment function of the calf frame, the lifting adjustment function of the calf and the backrest frame linkage, and the zero-gravity

automatic lying angle adjustment function.
- The right armrest is provided with shortcut keys including an On/Off key, an Adjustment key, a Pause key, an Auto Mode key, a Voice Control Wake-up key, a Heat key, an Air Pressure key, a leg rest up key, a leg rest down key, a Zero Gravity key, and a Backrest Frame Up key, Foot rest electric telescopic key etc.
- Foot roller massage function. Two massage balls can be rotated left and right to massage the heel. Shiatsu massage is provided on the arch and heel.
- There is a USB charging function on the side of the shortcut keys on the right armrest.
- Equipped with 7 inch touch screen controller.
- Automatic sit-ups function when power off, automatic reset function of mechanism.

FCC Statement:
This device complies with part 15 of the FCC Rules. Operation is subject to the following
two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired
operation.
This equipment has been tested and found to comply with the limits for aClass B digital device, pursuant to part 15 ofthe FCCRules. Theselimits aredesigned to provide reasonable protection against harmful interference in a residential installation. This equipmentgenerates,usesandcanradiateradiofrequencyenergyand,ifnotinstalled andused inaccordance withthe instructions,may causeharmfulinterferencetoradio communications.However,there isno guaranteethatinterferencewill notoccur ina particularinstallation.Ifthisequipmentdoescauseharmfulinterferencetoradioor television reception, which can be determined by turning the equipment off and on, the
user is encouraged to try to correct the interference by one or more of the following measures:
—Reorient or relocate the receiving antenna.
—Increase the separation between the equipment and receiver.
—Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
—Consult the dealer or an experienced radio/TV technician for help.
Caution: Any changes or modifications not expressly approved by the party responsible
for compliance could void the user's authority to operate the equipment.
Thisequipment complies withFCC radiation exposure limits setforth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.
This equipment should be installed and operated with minimum distance 20cm between the radiator&your body.

Introduction to the Touch Screen Remote Controller

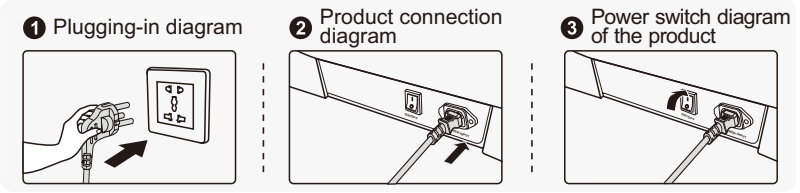
Note: The touch screen controller display color, massage function and the typesetting sequence of massage function icons, please refer to the actual display!

Introduction to the Touch Screen Remote Controller

1. Bluetooth switch and display
2. Time adjustment button and display
3. Status bar
4. Up/down key for shoulder position
5. Massage status information display
6. Airbag massage intensity display
7. Manual, intelligent memory, angle adjustment, settings and other massage function keys
8. Power switch
9. Automatic massage function key
10. Massage switch
11. 4D Intensity adjust key
12. Run/pause button

Method of Usage

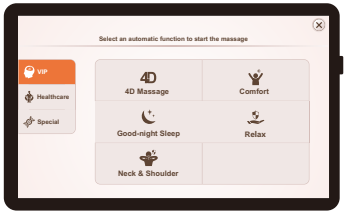
I.Turn on the Power Supply of this Product



II.Massage Function Control Operation

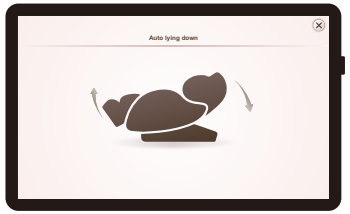
1.Start massage (power switch)

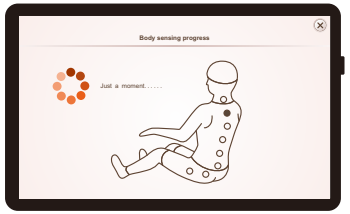
- After the massage chair is powered on or turned off or when it is in standby mode, it cannot enter any mode of operation.
- Press the power switch to start massage. Enter the start-up screen. The backrest will maintain the default position, and the legrest will be slightly raised. Just wait for the automatic mode to start massage. If "AUTO" mode is not selected within 5 minutes, the massage chair will automatically shut down.



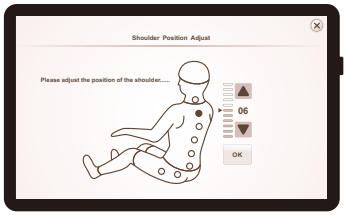
- VIP auto program: 4D Massage, comfort, good-night sleep, relax, neck & shoulder;
- Healthcare: office regimen, full body, brain refresh, spine care, back & waist;
- Special auto program: health recharge, treatment, keep fit, bottom toning, stretch;

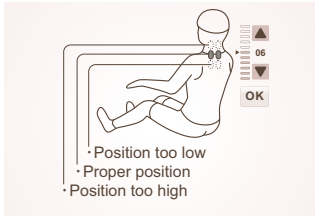
- After selecting any automatic mode, the positions of the backrest and the legrest will be adjusted to the preset angles.
- After the angle is adjusted, the massage chair will automatically perform the body shape detection. Wait for completion of such detection. If the " ⊗ " button is pressed, you can skip the body shape detection step and directly enter massage mode.





- After detecting the shoulder position, the buzzer will beep. If there is any difference from the actual shoulder position, adjust it to the appropriate position by pressing the "UP" or "DOWN" key. The shoulder position has 11 adjustable levels. If there is no shoulder position adjustment within 10 seconds, the massage function will start automatically. Alternatively, press "OK" directly to start massage immediately. If no shoulder position can be detected, massage will be started according to the shoulder height by default.

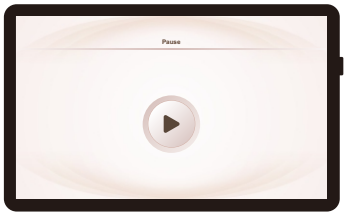




Button	Description
▲	Move the massage balls upward to a suitable shoulder position.
▼	Move the massage balls downward to a suitable shoulder position.

2.Pause button

- While the massage function is running, press the "Pause" button to temporarily stop all the massage functions; press the "Pause" button again to continue the massage function before pause. If the pause time exceeds 20 minutes, all the massage functions will be automatically turned off.



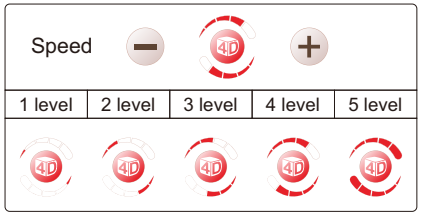
Massage function pause

Massage function operation

Run/pause Button	Description
⏸ Pause	In the running state, press this button to suspend all the current massage functions.
▶ Run	In the pause state, press this button to continue the massage function before pause.

3.Massage intensity(4D key)

- In the massage information interface, click the " − " or " + " button of the 3D icon to adjust the massage intensity for the upper back manipulator. The massage intensity is divided into 5 levels.



Note:

- Massage intensity: 4D massage intensity means that the mechanical hand stretches forward as a whole, or retracts as a whole. The massage intensity adjusts the intensity in a certain massage area. In automatic and manual state, the massage intensity can be adjusted at any time.

4.Automatic function

- In the automatic mode, three different automatic massage scenes are available:
- VIP auto program (4D Massage, comfort, good-night sleep, relax, neck & shoulder);
- Healthcare (office regimen, full body, brain refresh, spine care, back & waist);
- Special auto program (health recharge, treatment, keep fit, bottom toning, stretch); there are totally 15 automatic massage functions. Click the automatic function icon to select automatic massage. During automatic massage, the speed and width cannot be adjusted.
- Select the "More" icon to select the corresponding automatic massage function.

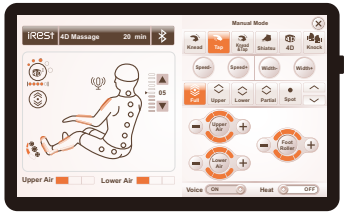
Auto mode	Function	Description
VIP	4D Massage	The body can be completely relaxed through professional 4D massage techniques
	Comfort	A comfortable massage experience.
	Good-night Sleep	Through the massage for the twelve major acupoints for healthcare, it helps the body to adjust balance, quickly improve your sleep and your sleep quality.
	Relax	A gentle and comfortable deep massage to relieve fatigue and relax the body.
	Neck & shoulder	With the unique massage technique for the neck and shoulder, the effective massage for the cervical spine and scapula can be performed to relieve the neck and shoulder pain and improve the blood supply to the brain.

Healthcare	Office Regimen	For sitting in the office for a long period of time, this function can increase physical exercise by massage and improve the body functions.
	Full Body	Make you quickly recover from physical fatigue after exercise.
	Brain Refresh	Relieve the neck and shoulder pain; promote the blood supply to the brain by massaging the YUZHEN and DAZHU points.
	Spine Care	Care for the health of spine and perform improvements for the lack of exercise.
	Back & Waist	Focus on improving the health of the lumbar spine and alleviating the stiffness of the back & waist muscles.
Special	Health Recharge	Improve the quality of nap and work efficiency.
	Treatment	Stimulate the circulation of the blood and cause the muscles and joints to relax; quickly improve the body's micro-circulation and enhance your immunity.
	Keep Fit	Effective massage on the buttocks and thighs to shape the body and reduce the accumulation of excess body fat.
	Bottom Toning	Improve overall blood circulation of body to enhance vitality and immunity.
	Stretch	By adjusting the lifting angle of the calf frame and the backrest frame, the legs and waist can be stretched by imitating yoga.

5.Manual

- Click the "Manual" icon to enter the manual massage function selection interface. The options include: massage technique, massage intensity and width, back extension, air pressure for the upper body, air pressure for the lower body, foot rollers, voice, heat and other massage functions.
- Click the "✕" icon to close the manual massage function selection interface.

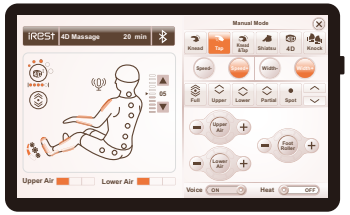
With a manual massage function selected



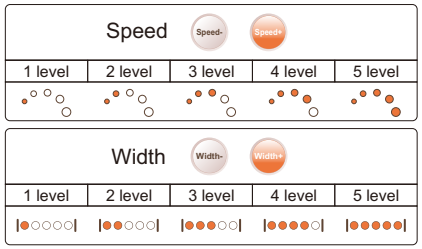
Manual massage function

01).Manual - manipulation

- In this manual massage function interface, you can select the manual massage technique, back extension, speed and width functions.
- Manual (massage technique): six different massage techniques, including kneading, tapping, simultaneous kneading & tapping, shiatsu, 4D, and Knocking. In the massage state of tapping and shiatsu, the massage ball width of each manipulator is adjustable. The massage speed is adjustable in other massage modes except the stop mode. Alternatively, click the "⊗" icon to close the manual massage function selection interface .



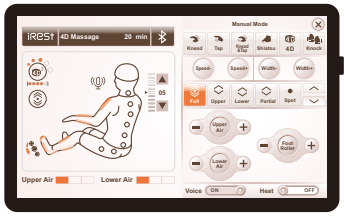
Manual massage function - manual



Manual technique button	Manual method adjustment
4D massage	Adjustable speed, adjustable width of 4DIII and 4DIV. The speed is adjustable.
Kneading	The speed adjustable.
Simultaneous kneading & tapping	The speed adjustable.
Knocking	The speed and width are adjustable.
Tapping	The speed and width are adjustable.
Shiatsu	The speed and width are adjustable.

02).Manual - back massage position

- Manual (massage area): including fixed point, local, full back, upper back, and lower back.
- Click the corresponding extension mode icon to select an individual massage function. Alternatively, click the " ⊗ " icon to close the manual massage function selection interface.

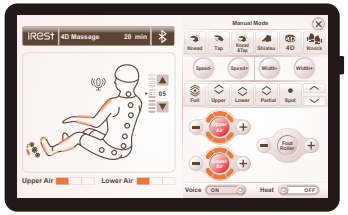


Manual massage function - back extension interface

Function	Description
Fixed point	Massage at fixed points.
Local	Local round-trip massage in a small area.
Upper back	Round trip massage on the upper back.
Lower back	Round trip massage on the lower back.
Full back	Round trip massage on the full back.
Up key	In the fixed point or local mode, the massage position can move upward.)
Down key	In the fixed point or local mode, the massage position can move downward.)

03).Manual - airbag massage

- Manual (airbag massage): including the airbag massage functions for the upper body and the lower body. Click the corresponding air pressure function icons to enable or disable the airbag massage function.Click the " − " or " + " key to adjust the air pressure intensity. Alternatively, click the " ⊗ " icon to close the manual massage function selection interface.



Manual massage function - air pressure selection interface

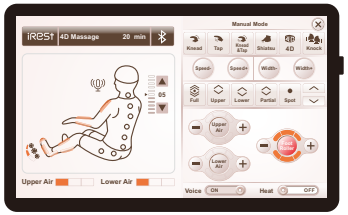
Speed − +		
1level	2level	3level

In the upper body air pressure or lower body air pressure open state, you can adjust the air pressure massage three level strength.

Function	Description
Air pressure for the upper body	Enable or disable the airbag massage function for the upper body.
Air pressure for the lower body	Enable or disable the airbag massage function for the lower body.

04).Manual - foot roller

- Press " Foot Roller " key to enable or disable the foot roller massage function. Click " − " or " + " key to adjust the roller speed; there are three speed levels. Alternatively, click the " ⊗ " icon to close the manual massage function selection interface.



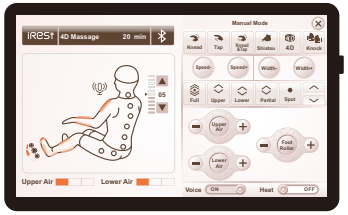
Manual massage function - foot roller selection interface

Speed − +		
1level	2level	3level

Function	Description
Foot Roller	Press the key to enable or disable the foot roller massage function.

05).Manual - voice

- Click the "voice ON " key to enable or disable the voice function. Alternatively, click the " ⊗ " icon to close the manual massage function selection interface.

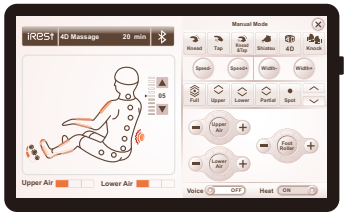


Manual massage function - voice selection interface

Function	Description
ON voice	Click the key to enable or disable the voice function.

06).Manual - heat treatment on the back

- Click the "Heat Treatment ON " button to choose to turn on or off the heating function, and the heating is graphite heating.
- Click the " ⊗ " icon to close the manual massage function selection interface.



Manual massage function - heat treatment selection interface

Function	Description
ON Heat treatment	Click the key to enable or disable the heat function.

6.Customize

- Click the “ Customise ” button icon to enter the custom storage massage function selection interface; there are a series of storage or call functions, such as Custom Storage I, Custom Storage II, and Custom Storage III.
- Click it to select the storage or call of a massage function.
- Storage: Store all the current massage techniques, air pressure, angle, and other massage functions.
- Call: Call the massage techniques, air pressure, angle, and other massage functions previously stored.
- Click the “ ✕ ” icon to close the custom storage massage interface.

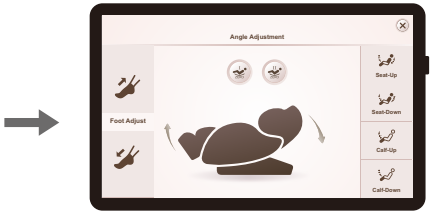
With "Custom Storage" selected

Custom storage interface

7.Angle adjustment

- Click the “ Angle ” button icon to enter the angle adjustment and selection interface; there are a series of functions, such as seat up, seat down, leg up, leg down, zero gravity, foot adjust.
- Click the “ ✕ ” icon to close the angle adjustment interface.

With angle adjustment selected



Angle adjustment interface

01).Lying angle adjustment

Button	Description
Leg up	Leg UP key: Hold down this key, and the legrest will rise slowly; release it, and the legrest will stop rising. After the leg upward movement is completed, the legrest will automatically detect the length of the feet.
Leg down	Leg DOWN key: Hold down this key, and the legrest will move downward slowly; release it, and the legrest will stop downward movement. After the leg downward movement is completed, the legrest will automatically detect the length of the feet.
Seat up	Linkage sitting key: By holding down this key, the backrest will rise slowly and the legrest will move downward slowly; by releasing it, such UP/DOWN action of the backrest and the legrest will be stopped. After linkage sitting is completed, the legrest will automatically detect the length of the feet.
Seat down	Linkage lying key: By holding down this key, the backrest will move downward slowly and the legrest will rise slowly; by releasing it, such DOWN/UP action of the backrest and the legrest will be stopped. After linkage lying is completed, the legrest will automatically detect the length of the feet.

02).Zero-gravity adjustment

Button	Description
I ZERO	Zero-gravity I Key: The positions of the legrest and the backrest can be automatically adjusted to the positions for Zero Gravity I.
II ZERO	Zero-gravity II Key: The positions of the legrest and the backrest can be automatically adjusted to the positions for Zero Gravity II.

03).Adjustment for feet stretching

Button	Description
	UP key: Hold it down to manually adjust the legrest and retract it slowly; if it is released, such action will stop.
	Lower button: Press and hold this button to manually adjust the foot massage assembly to slowly extend, release to stop.

8.Settings

- Click the “ Setting ” button icon to enter the setting selection interface, including brightness, screen off, sound, serial number, and language selection.
- Click the “ ✕ ” icon to close the settings interface.

With setting selected

Settings interface

01).Brightness

- Select the brightness slide bar. Slide it left and right to adjust the backlight brightness.

02).Screen off

- Select the auto-lock button, with options such as 1min, 3min, 10min or 30min, etc.

03).Sound

- Select the sound slider, slide left and right to adjust the sound volume.

04).Language

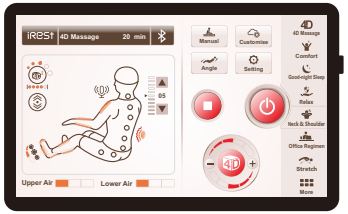
- Select a language.

05).Serial number

- Display current device serial number information.

9.Bluetooth

- Click the “ ” icon to enable or disable the Bluetooth function. “ ” indicates that the Bluetooth is “OFF”;“ ” indicates that the Bluetooth is "ON."
- After a Bluetooth-enabled audio source device (e.g. mobile phone, MID tablet) is connected with the Bluetooth module of the massage chair, the music played by the audio source device can be wirelessly transmitted to the audio system of the massage chair via Bluetooth for music playback.



Bluetooth not enabled

Blue tooth switch	
Blue tooth off state	iREST 3D Massage 20min
Blue tooth on state	iREST 3D Massage 20min

Note: When controlling the Bluetooth switch, you should return to the main information control interface. If you are in the manual, angle adjustment or custom storage control interface, you cannot control the Bluetooth function.

10.Time adjustment

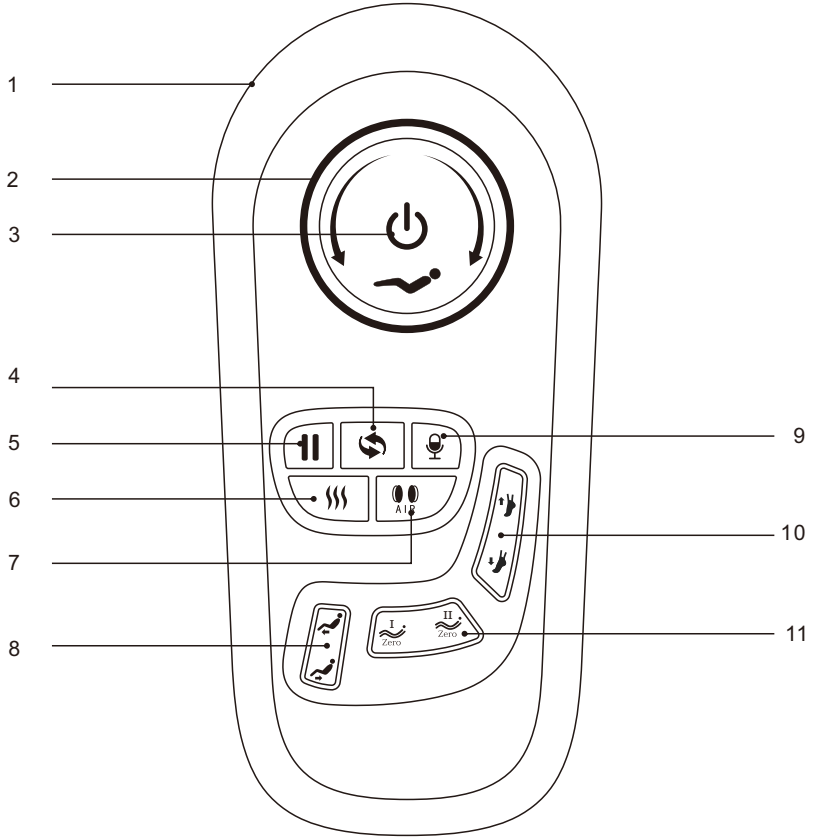
- Click the “ 20 min ” iron for massage time adjustment. After it is pressed every time, the duration will increase by 5 minutes. The total duration cannot exceed 30 minutes; otherwise, such setting will return to the minimum time value.

Time adjustment interface

Time Setting
iREST 3D Massage 20min

Note: During time adjustment, you should return to the main information control interface. If you are in the manual, angle adjustment or custom storage control interface, you cannot control the time.

III. Introduction to Armrest Shortcut Keys



1.USB jack: Or intelligent device charging.
2.Linkage adjustment knob: Adjust the up or down of the backrest frame and the calf frame interactively.
3.Power key: Turn the massage chair on/off.
4.Auto mode key: Switch from/to the automatic massage function.
5.Pause key: Suspend all massage functions.
6.Heat key: Turn the heat function on/off.
7.Air pressure key: Turn the pneumatic massage function on / off.
8.Leg rest up and down key: Adjust the leg rest up or down.
9.Voice Control Wake-up key: Short press this key to wake up the voice control, long press for 3 seconds to turn on/off the voice control function.
10.Foot rest electric telescopic key: Extend or shorten electrically the length of the footrest.
11.Zero-gravity key: adjust massage chair to the zero gravity angle.

Function	Description
	USB jack: USB charging port, you can charge smart devices (such as mobile phones).Open key: short press this key to open key.
	Power key: Short press this key to turn ON/OFF the massage.
	Linkage lying knob: By rotating this knob clockwise, the backrest will move downward slowly and the legrest will rise slowly; by releasing it, such DOWN/UP action of the backrest and the legrest will be stopped.
	Linkage sitting knob: By rotating this knob counterclockwise, the backrest will rise slowly and the legrest will move downward slowly; by releasing it, such UP/DOWN action of the backrest and the legrest will be stopped.
	Press this key during massage, and all the massage actions will be suspended at once. (i.e. the massage chair will turn off after 20min). Then press this key again to restore all the previous massage actions.
	Auto mode key: each time the key is short pressed, it will be switched to next automatic massage function.
	Voice control and wake-up key: Short press to enable the voice control function, long press 3 seconds to turn on or off the voice control function.
	Heat key: Click the key to enable or disable the heat treatment function.
AIR	Air pressure key: Turn on/off air pressure massage function.
	Legrest up key: Pull the button to make the legrest rise slowly. Release it to stop such action.
	Legrest down key: Press the button to make the legrest move downward slowly. Release it to stop such action.
I Zero	Zero-gravity key I : the positions of the legrest and the backrest can be automatically adjusted to the positions I for zero gravity.
II Zero	Zero-gravity key II : the positions of the legrest and the backrest can be automatically adjusted to the positions II for zero gravity.
	Footrest shortening key : Hold it down to manually adjust the legrest and retract it slowly; if it is released, such action will stop.
	Footrest extending key: Press and hold this button to manually adjust the foot massage assembly to slowly extend, release to stop.

IV. Voice Control Instruction

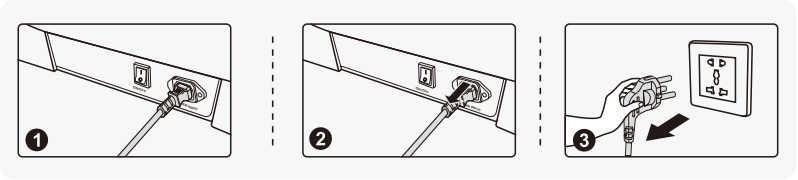
- When the massage chair is turned on or in standby mode, the sound "Hi Alice" or "Hey Alice"will be produced to enable the voice control function. Alternatively, you can press the voice control button on the right armrest to enable the voice control function.
- Long press 3 seconds to turn on or off the voice control function.
- After such function is enabled successfully, the massage chair will reply, "I am here." Please enter your desired action within 6 seconds. After the massage chair responds, you can achieve the massage mode you want; if not, the voice control function will automatically turn off.
- Note: Please use English when the voice control function wakes up. The speech rate is moderate; Voice commands should follow up the Voice entry.

Voice Control Entry		
Entry: “Hi Alice” or “Hey Alice”. Answer: I am here.		
No.	Voice control entry	Answer entry
1	Massage on	Answer: Ok, massage on
2	Massage close	Answer: Ok, massage close
3	Comfort Massage	Answer: Ok, comfort massage
4	Relax massage	Answer: Ok, relax massage
5	Full body massage	Answer: Ok, full body massage
6	Neck and shoulder massage	Answer: Ok, neck and shoulder massage
7	Back and waist massage	Answer: Ok, back and waist massage
8	Stretch massage	Answer: Ok, stretch massage
9	Open the air pressure	Answer: Ok, open the air pressure
10	Close the air pressure	Answer: Ok, close the air pressure
11	Up the seat position	Answer: Ok, up the seat position
12	Down the seat position	Answer: Ok, down the seat position
13	Change the other mode	Answer: Ok, change the other mode
14	Go little down	Answer: Ok, go little down
15	Go little up	Answer: Ok, go little up

Note: commands 14 and 15 can only be used after command 13.

V. Turn off power, stop massage

- When pressing the power button during the massage, it will stop all the massage functions immediately.the backrest and footrest will go back to the default position. And when the massage time up, the massage hands will go back to the default position, all the massage function will stop.The backrest and footrest will not go back to the default position.
- Cut off the power supply of the whole machine, the figure (schematic diagram of the whole machine power cut).



❶ Schematic diagram of the whole machine power turning off.

❷ Schematic diagram of unplugging the whole machine wiring.

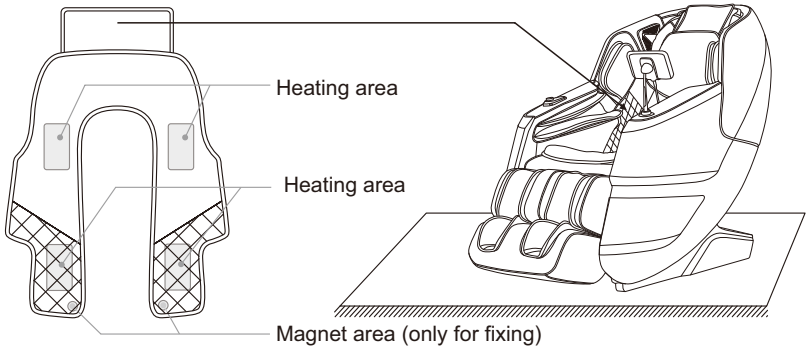
❸ Schematic diagram of unplugging the power plug.

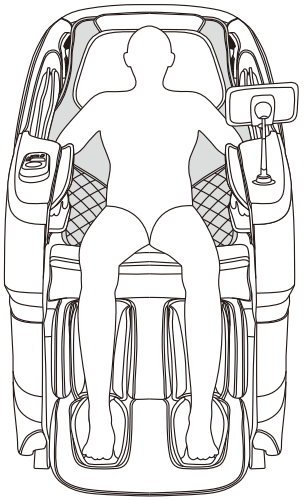
VI. Operation Instructions for Bluetooth Speaker Play

1. Enter the smart device manual and open the Bluetooth function to search the new Bluetooth devices.
2. Will find the bluetooth named like (IMCM-XXXX),choose it to pair with the chair .
3. Turn on the Music Player in the smart device.

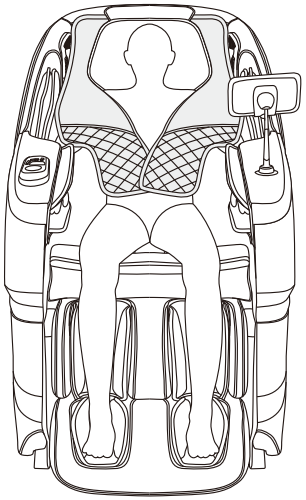
VII. Use of the shawl

- It is provided with a unique shawl assembly, with innovative heating functions on the shoulder, back, waist and abdomen and heating with graphene. Users can place the shawl at different massage positions according to massage requirements. When the shawl assembly is placed at the shoulder position, it will heat the acupoints such as Bingfeng, Tianzong, Yunmen and Qihu around the shoulder and clavicle by graphene heating, effectively relieving symptoms such as scapulohumeral periarthritis and cough, and removing cold and moisture from shoulder joints.
- When the shawl assembly is placed on the abdomen and back (dual-purpose), through graphene heating, it plays the role of dispelling cold and relieving pain, warming channels and removing blood stasis in the back and abdomen, distributing Qi and blood of the back and abdomen meridian, alleviating the symptoms such as irregular menstruation and dysmenorrhea for women, relieving low back pain and kidney discomfort, warming intestines and stomach and clearing intestinal cold, with a good effect on some people with deficiency of qi and deficiency of spleen and stomach.





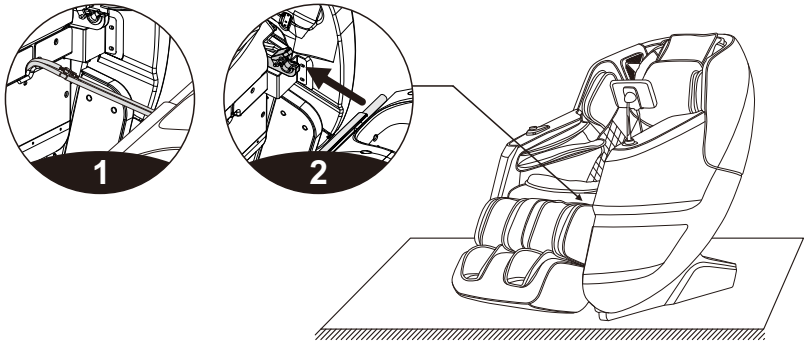
Schematic diagram of back and waist



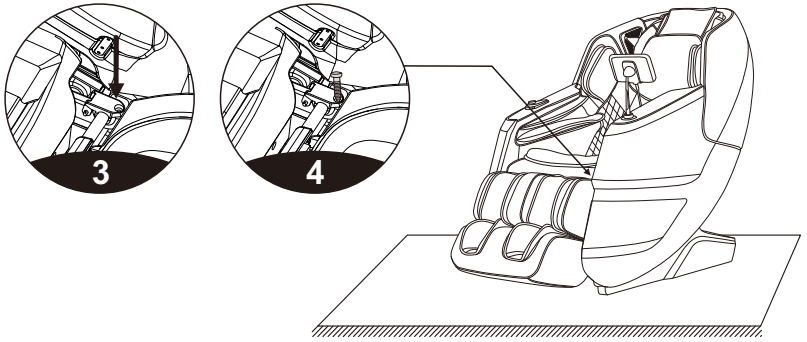
Schematic diagram of shoulder and abdomen

VIII. Calf Installation Instruction

- After connecting the wires and the air hose between the legrest and the massage chair, remove the cable ties and insert the connecting part into the seat (Figure 1).
- Place the round tubes on the left and right sides of the legrest onto the legrest support (Figure 2).

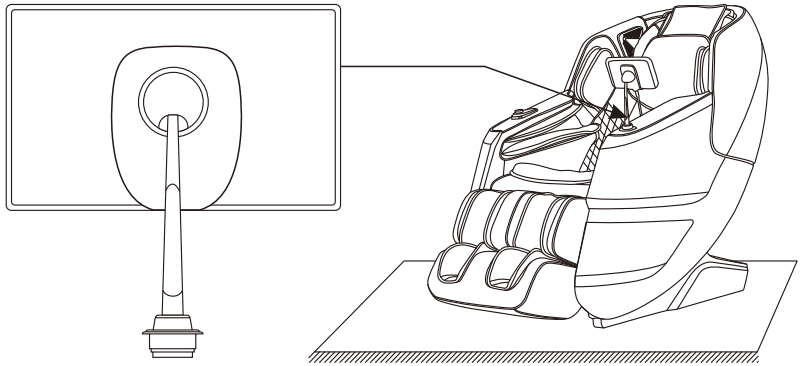


- Next, flip the leg rest cover over to cover the round tubes on either side of the leg rest (Picture 3).
- Secure the leg rest to the massage chair with two M4 screws (one on each side).Check for bends in pipes, cables, wires, or other abnormalities when turning up and down. If all is well, install the leg rests (Figure 4).



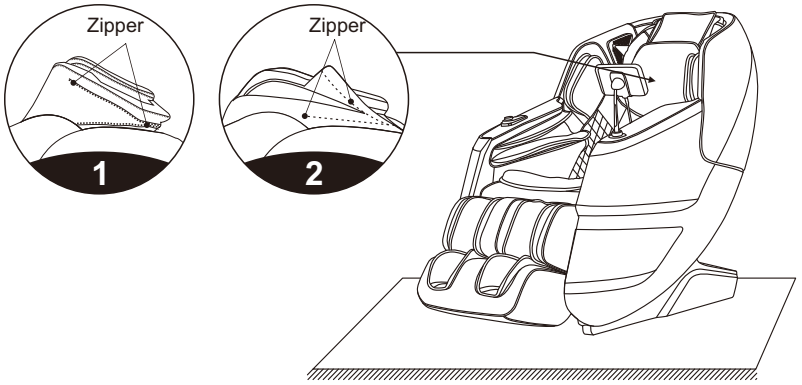
IX. Controller bracket installation instructions

After the screw thread on the support knob of the controller rest assembly aligns to the screw thread position of the support mounting seat on the armrest of the massage chair, just turn clockwise and screw tightly for fixation.



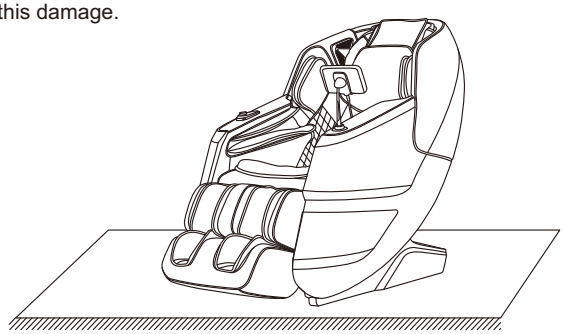
X. Instructions for Removal and Use of Head Cushion and Backrest

- The headrest reduces the intensity of the neck and shoulder kneading massage. You can decide whether to use a headrest (recommended) according to your own needs. The backrest and the cushion are connected by a zipper (1). The headrest and backrest are connected by a zipper (2).



XI. Floor Protection

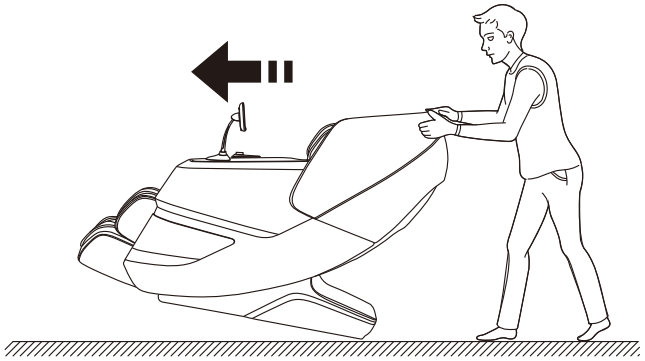
- The prolonged heavy pressure on the massage chair may cause scratches on the floor. Thus, put a carpet or cushion on the floor where the massage chair is placed to avoid this damage.



Note: Do not move the massage chair with its wheels on the rough ground or in a narrow space. At least two persons are required to lift it. During lifting, take the legrest sealing plate and backrest cover grooves as the acting points. (Do not lift the armrest directly.)

XII. Instruction for Movement

- Make sure all wires are pulled away from the surface of the massage chair and press down the backrest to an angle (center of gravity on the wheels); you can push the chair forward, move it to the position you want and then return to standard pitch. (Note: During movement, you must turn off the power button first and then unplug the power cord and the remote controller connection wire.)



Warning: The rear moving wheels of the massage chair are only suitable for a short distance and slow movement. Please use other auxiliary moving tools for long distance transportation to move this massage chair!

Product Specification

Model: SL-A339
Configure: 10
Name: Massage Chair
Rated voltage: 110-120V~ 60Hz ☐
220-240V~ 50Hz/60Hz ☐
Rated power: 120W
Rated time: 20min
Safety structure: Class Ⅰ

Material description: PVC, PA, steel parts, electric and electron components

MATERIAL	PU	LEATHER	CLOTH	WOOD