

NB系列智能手表

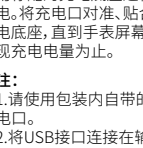
使用说明书





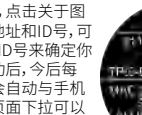
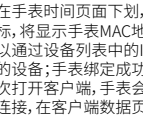
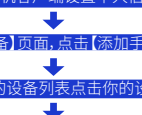
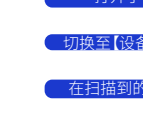
手表客户端下载

扫描下方二维码并安装手表客户端“Vfit”



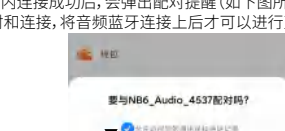
扫码下载APP

外观展示



手表充电示意图

本产品为无线充电,请使用标配的充电底座进行充电。将充电口对准、贴合充电底座,直到手表屏幕出现充电电量为止。



注:
1.请使用包内自带的充电底座进行充电,充电前请擦干充电口。
2.将USB接口连接在输出电流为1A的手机充电器或者电脑USB口进行充电。

手表连接

打开手机客户端设置个人信息

切换至 [设备] 页面,点击 [添加手表]

在扫描到的设备列表点击你的设备

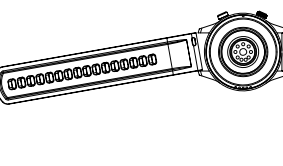
绑定完成

在手表页面下方划动,点击关于图标,将显示手表MAC地址和ID号,可以通过设备列表中的ID号来绑定你的设备;手表绑定成功后,今后每次打开客户端,手表会自动与手机连接,在客户端数据页面下拉可以同步数据。



拆装表带

1.根据您的手腕自行调整卡口位置。
2.如需拆装,请参考图示。



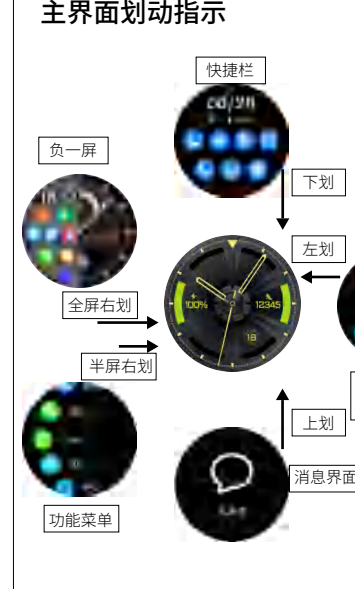
注:
1.安装表带后,请适当拉紧表带,确保表带安装成功。
2.皮质类表带不防水,避免接触液体;游泳等接触水的场景佩戴时,请更换成(金属表带)氟橡胶或硅胶表带。

按键功能



旋转按钮可以切换表盘;点击进入功能菜单,旋转按钮滑动功能菜单。
长按5秒进入选择关机及SOS界面。
进入运动模式选择界面。
长按15秒强制重启手表。

主界面划动指示



手表功能简介

步数

智能手表会自动追踪屏幕上的步数和显示,显示你一整天的卡路里消耗和距离。注意:你的移动数据在午夜会重置为零。

通话

连接状态下,在手表通话界面打开开关,点击键盘,可以进行拨号通话。(手表播放音乐也请打开此开关)

运动信息

手表可以记录并显示你锻炼消耗的热量以及里程和实时心率信息。更多详细信息分析及数据记录可以在客户端查看。

心率

手表的心率界面可以显示你当前的心率值,更多详细信息分析及数据记录可以在客户端查看。

血氧

在手表的血氧界面可以显示你当前的血氧浓度。

密码

可以在菜单里面的功能界面设置您的密码,如您忘记您的密码,可用超级密码8762解锁。

体温

手表可以监测体温,在手表体温界面点击测量,可以显示您当前的体温。(仅限带体温部分机型)

睡眠

手表在你晚上佩戴睡眠后会自动监测你的睡眠,起床后可以在手表和APP端查看你的睡眠数据。

菜单风格

在手表下拉栏视图风格选择功能中可以切换手表菜单UI风格显示效果,目前有三种风格可以选择。

喝水提醒

在APP端打开喝水提醒,手表每半小时会振动提醒你请喝水。

久坐提醒

手表在你久坐1小时后,会提示你起身走走,久坐提醒功能可以在客户端中设置打开。

常见问题与解答

血压数值为什么跟血压计有偏差?

手表测量的是动态血压趋势,手表和血压计测量出现的数值偏差因多种外在因素决定,您平时使用血压计测量部位是主动脉处测量,手表是在微动脉主要的两个分支,正常情况下主动脉测量和微动脉测量数值相差三四十,如果您当时是在同一时间进行的测量,又由于动脉里流动的是离心方向的血液,血压计测量时您的肘正中以下部位由于受压,暂时血液无法顺畅流向下面的动脉分支;血管紧张增加,因此上下血压测量偏差值会更大。

为什么手表接收不到消息推送?

1.确认在手机客户端开启了消息推送的开关,并允许手表APP得到相关控制权限。
2.确认消息是否在手机通知栏都可以正常显示,手表消息推送是通过读取手机通知栏消息;若手机通知栏没有消息,手表是接收不到推送的。
(需在手机设置找到通知设置,开启微信、QQ、电话、短信、手机客户端的停止开关。运行APP读取消息权限)
3.打开手机客户端的辅助功能设置
(在手机设置中找到辅助功能,打开手机客户端的辅助功能设置)

苹果手机设置:

1.确认在手机客户端开启了消息推送的开关
2.打开手机设置-点击通知-点击微信、短信、电话-开启允许通知,确认消息在手机通知栏可以正常显示。
注意:连接后推送不成功,建议在蓝牙设置中点击忽略设备,断开连接,重启手表后重新通过客户端绑定手表。

手表为什么不能洗热水澡?

不建议洗热水澡时佩戴。
主要原因之一:洗热水澡时产生的水蒸气洗澡水的温度比较高,容易产生很多水蒸气,而且水蒸气是气体,其分子半径小,容易从手表的壳体空隙渗透进去,当温度降下来后会逐渐凝结成水滴,从而伤害手表电路板,进而损坏手表。

为什么在APP上显示GPS不可用?

需要先打开手机GPS功能,并且受手机GPS信号影响,在室内是接收不到信号的,需要去开阔的地方才能接收到GPS信号。

为什么没有睡眠记录?

手表记录睡眠时间是从晚上8点开始到第二天早上10点,佩戴手表睡觉会自动监测你的睡眠状态。

蓝牙连接要一直开启吗?如果断开连接手表数据会保存吗?

没有同步数据前,运动和睡眠的数据会保存在手表主机上。当手表与手机APP连接时,手表数据会自动同步上传到手机APP。手表可存储7天左右的数据,空间存满后,系统会循环自动覆盖最早的数据,请注意及时同步数据到手机APP。
*注意:若需要开启用来电、消息提醒功能,必须保持手表蓝牙与APP处于连接状态,闹钟提醒等设置成功后支持离线。

为什么偶尔会出现蓝牙连不上的情况?

部分手机的蓝牙服务在启动时偶尔会出现异常,导致蓝牙连不上的情况,通常重启手机或重新开关蓝牙即可正常建立连接。

特别声明

*系统支持: Android4.4、iOS9.0及以上
*非专业血压测量设备,手表测量血压参数仅供参考,不做医疗用途
*因产品功能不断升级,具体说明以APP用户手册为准

服务邮箱

effie68@163.com,如有任何问题,请及时与我们联系。

FCC Caution:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

→ Increase the separation between the equipment and receiver.

→ Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

→ Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

FCC ID: 2A5DK-NB3

NB Series smartwatch

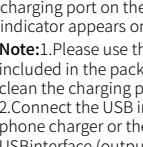
Instructions for use





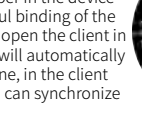
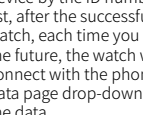
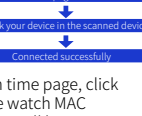
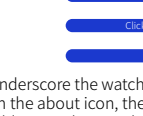
APP download

Scan the QR code below to download and install the bracelet client "Vfit"



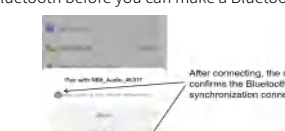
Scan the QR code to download APP to your phone.

Device description



Charging diagram of the watch

This product is wireless charging, please use the attached charging base to charge. Approach and connect to the charging port on the charging base until charging indicator appears on the watch screen.
Note: 1. Please use the charging base included in the package to charge, and clean the charging port before charging. 2. Connect the USB interface to the mobile phone charger or the computer's USB interface (output current is 1A) for charging.



To connect the device

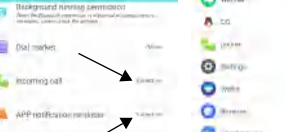
Open the mobile APP to set personal information

Switch to the "Device" page and click "Add watch"

Click your device in the scanned device list

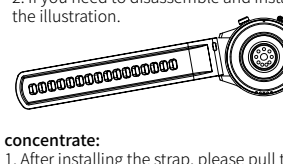
Connected successfully

Underscore the watch time page, click on the about icon, the watch MAC address and ID number will be displayed, you can determine your device by the ID number in the device list, after the successful binding of the watch, each time you open the client in the future, the watch will automatically connect with the phone, in the client data page drop-down can synchronize the data.



Disassemble & assemble the strap

1. Adjust the bayonet position according to your wrist.
2. If you need to disassemble and install, please refer to the illustration.



concentrate:

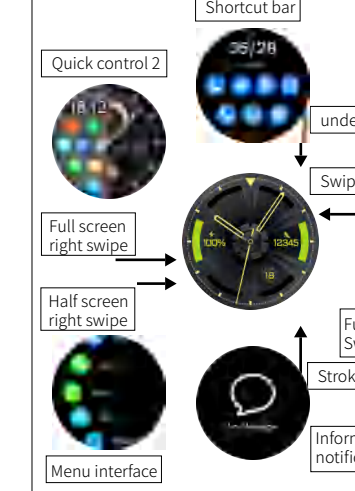
1. After installing the strap, please pull the strap appropriately to ensure that the strap is installed successfully.
2. The leather strap is not waterproof and avoids contact with liquids; when wearing swimming and other scenes that come into contact with water, please replace it with a fluoroelastomer or silicone strap.)

Key function



Rotate the upper button to switch the dial; short press to enter the menu mode. Rotate the menu rotates. Press and hold for 5 seconds to power off and SOS.
Short press the next button, multi-sport mode. Press and hold for 15 seconds to force restart.

The main interface swipes the indication



Main function Description

Steps

The smart watch will track the number of steps and displays on the screen automatically, showing your calorie burned and distance throughout the day. Note: This data will reset to zero at midnight.

Bluetooth call

When connected, turn on the switch in the watch call interface and tap the keyboard to make a dial-up call. (Please turn on this switch if your watch plays music)

Sport information

The smart watch records and displays how many calories you burned during your workout, as well as mileage and real-time heart rate information. More detailed analysis and data, please check in the APP.

Heart rate

The heart rate page on the watch shows your current heart rate. More detailed analysis and data, please check in the App.

Blood oxygen

You can display your current blood oxygen concentration on the blood oxygen interface of the bracelet.

Password

You can set your password in the menu, if you forget your password, you can unlock it with the super password 8762.

Body temperature

The watch can monitor your body temperature and click on the measurement in the watch body temperature interface to show your current body temperature. (Only for some models with body temperature)

Sleep

Your watch automatically monitors your sleep after you wear it at night, and you can view your sleep data on the watch and APP side when you get up.

Menu style

You can switch the watch menu UI style display in the watch drop-down view style selection feature, and there are currently three styles to choose from.

Drink water alert

Open a drinking reminder on the APP side, and the watch vibrates every half hour to remind you to drink water.

Sedentary Alerts

The watch will remind you to get up and take a walk after an hour of sitting. Turn on the sedentary alerts in the APP.

FAQ

Why does the test result of blood pressure deviate from sphygmomanometer?

The watch monitors the trend of ambulatory blood pressure. The test result deviation between the watch and the sphygmomanometer is determined by a variety of external factors. The sphygmomanometer measures at the brachial artery, and the watch is at the two main branches of the micro artery. Under normal circumstances, the aortic measurement and the micro artery measurement will differ by 30 to 40. If you measure blood pressure by watch and the sphygmomanometer at the same time, the blood flowing in the artery is in the direction of centrifugation, when the sphygmomanometer measures, due to the compression of the part below the middle of your elbow, the blood cannot flow smoothly to the lower artery branch temporarily; the sense of vascular tension increases, so the deviation of upper and lower blood pressure measurement will be greater.

Why can't the watch receive notifications?

1. Make sure that you have turn on the message push switch in the APP and allow the watch APP to get the relevant control rights.
2. Please confirm that whether the message can be displayed normally in the notification bar of the mobile

phone, since the message pushing is reading by the notification bar of the mobile phone; if there is no message in the notification bar of the phone, the watch cannot receive the pushing.
(You need to find out the "Notification Settings" in the "Settings" of mobile phone, and turn on the switch of WeChat, QQ, telephone, SMS and the other app, allows the APP to read message permissions.)
3. Open the auxiliary function Settings of the App. (Find the "Auxiliary Function" in the mobile phone "Settings", and open the "Auxiliary Function Settings" in the app of smart watch.)

Apple phone settings:

1. Make sure that you have turn on the message push switch in the APP.
2. Open the mobile phone settings - click Notification - click wechat, SMS and Dia - open the allow notification, and confirm that the message can be displayed normally in the mobile phone.
Note: After connecting, if the push still not successful, it is recommended that you may click "ignore device" in Bluetooth settings, disconnect the connection, restart the bracelet, and then connect the watch through the APP

again.

Why can't this watch take hot showers?

Not recommended for hot showers.
One of the main reasons: water vapor from a hot bath. The temperature of bath water is relatively high, easy to produce a lot of water vapor, and water vapor is a gas, its molecular radius is small, easy to penetrate into the gap from the shell of the watch, when the temperature drops it will gradually condense into water droplets, and the droplets will damage circuit boards of the watch.

Why is GPS not available on the APP?

It is necessary to turn on the GPS function of the mobile phone first, and affected by the GPS signal of the mobile phone, it is impossible to receive the signal indoors. It is necessary to go to an open place to receive the GPS signal.

Why there are no sleep records?

The watch tracks your sleep time from 8p.m. to 10 a.m., and when you wear it, it automatically monitors your sleep.

Should the Bluetooth connection always be on? Will the data be saved if the watch is disconnected?

Without syncing data, exercise and sleep data will be saved on the smart watch. When the watch is connected to the mobile APP, the data of the smart watch will be

automatically synchronized and uploaded to the APP. The watch can store data for about 7 days. When the watch space is full, the system will cycle and automatically covers the earliest data. Please pay attention to synchronize data to the APP in time.
Note: if you need to open call and message reminder function, you must keep the watch and app connected; it supports offline after the clock reminder is set successfully.

Why can't Bluetooth be connected occasionally?

Why can't Bluetooth be connected occasionally? When turn on the Bluetooth, some mobile phones occasionally appear abnormal, and Bluetooth of smart watch cannot be connected. Usually, the connection can be established by restarting the mobile phone or switching on and off Bluetooth again.

Special statement

*System support: Android 4.4, iOS 9.0 and above
*Nonprofessional blood pressure measurement equipment, the smart watch measurement of blood pressure parameters for your reference only, not for medical purposes.
*Due to the continuous upgrading of product functions, the specific instructions are subject to the app user manual.

Service mailbox

effie68@163.com, If you have any questions, please do not hesitate to contact us.

again.

Why can't this watch take hot showers?

Not recommended for hot showers.
One of the main reasons: water vapor from a hot bath. The temperature of bath water is relatively high, easy to produce a lot of water vapor, and water vapor is a gas, its molecular radius is small, easy to penetrate into the gap from the shell of the watch, when the temperature drops it will gradually condense into water droplets, and the droplets will damage circuit boards of the watch.

Why is GPS not available on the APP?

It is necessary to turn on the GPS function of the mobile phone first, and affected by the GPS signal of the mobile phone, it is impossible to receive the signal indoors. It is necessary to go to an open place to receive the GPS signal.

Why there are no sleep records?

The watch tracks your sleep time from 8p.m. to 10 a.m., and when you wear it, it automatically monitors your sleep.

Should the Bluetooth connection always be on? Will the data be saved if the watch is disconnected?

Without syncing data, exercise and sleep data will be saved on the smart watch. When the watch is connected to the mobile APP, the data of the smart watch will be