

Smart watch User Manual

Welcome to use our high-performance wrist-band smart bracelet which creates thoughtful and health experience for you.

Device maintenance

Please remember the following tips when you maintain your smart bracelet:

- Clean the smart bracelet regularly, especially its inner side, and keep it dry.
- Adjust the smart bracelet tightly to ensure air circulation.
- Excessive skinware product should not be used for wearing the smart bracelet.
- Please cease wearing the smart bracelet in case of skin allergy or discomfort.

Schematic diagram of main body of the smart bracelet

1. The IOS system will show a Bluetooth pairing request and you can click on Connect.

2. Click on your device in the device list scanned.

3. The blood pressure will be measured in a quiet environment and at proper temperature. Have a rest for at least 5 minutes before you make any measurement. Avoid any message during the measurement. The measurement results will be replaced by new messages one by one.

4. The binding is successful.

Power-on status

switch the main functions of main screen, as the interfaces are shown in the following:

Introduction of main interface functions

After the main screen and APP are first paired, the time and date of the mobile phone will be displayed. When the time comes: Press and hold the screen for 2 seconds on the main interface to switch between multiple dash.

Heart rate measurement

The heart rate measurement interface supports real-time dynamic heart rate and understands your own health data. Be sure that there is no dirt at the bottom of the heart rate sensor and that the heart rate sensor is not covered by tattoo and scar may affect the accuracy of the measurement results, in which case please re-measure the heart rate.

Steps

The step-counting interface shows steps. Wear the smart bracelet on wrist, and the smart bracelet can automatically count steps, distance and calories.

Downloading and binding of smart bracelet APP

Download and install APP

Android: Go to Google play store to download APP.

For IOS system, select App Store, and for Android system, select Google Play Store to download and install JyouPro.

Note: The phone must support Android 8.0 or IOS 8.0 or above, Bluetooth 5.0 or above.

Remove device

For the Android mobile phone, the device can be disconnected from the mobile phone by simply clicking on the "Remove" for Apple mobile phone after binding removal, you need to click on the symbol on the right in Setting-Bluetooth, and choose to ignore the device, as shown below.

Find mobile phone

Switch to the Find Mobile Phone interface, shake the bracelet, and the mobile phone can make a ringtone synchronously.

Music

After connecting with the mobile phone, the smart bracelet can control the music played on the mobile phone. The mobile phone plays music, you can use the smart bracelet to control the music played on the phone (play/pause, the previous song and the next song).

More

Set Settings to enter the Settings page, which displays functions such as language, APP download, product information, factory Settings, restoration, shutdown, and restart.

POWER OFF

After clicking "X", the bracelet will start to shut down and go to sleep.

RESET

Click "X" to clear all information on the bracelet and restore it to the default factory Settings.

BRIGHTNESS

Click the icon to select screen brightness, slide to the right to set and save the record.

TIMER

Enter the stopwatch page, click on the icon "Start" below to start timing, then singly click on the icon "Pause" to pause timing, and the icon of the left is for one-key resetting.

Blood pressure

The blood pressure shall be measured in a quiet environment and at proper temperature. Have a rest for at least 5 minutes before you make any measurement. Avoid any message during the measurement. The measurement results will be replaced by new messages one by one.

Blood oxygen

Blood oxygen saturation (SpO₂) is the percentage of the amount of Oxy hemoglobin (HbO₂) which has been oxygenated in the blood and the total amount of hemoglobin (Hb, hemoglobin) in the blood. The blood pressure and blood oxygen data are for reference only and should not be used as a basis in medical speech.

Sport

Sports interface, a total of seven sports, walking, running, cycling, skipping, badminton, basketball, football.

Weather

The weather page will display the current weather of today and tomorrow. Click the weather interface to display the weather forecast for the next 4 days.

The weather information can be obtained only after the client is connected. If the client is disconnected for a long time, the weather information cannot be updated.

3 > Unrestricted background operation. The Android mobile phone installed with APP intelligently restricts the background operation by default, and App should be set manually without any restriction.

1 > Why cannot the smart bracelet receive message push?

1 > Please confirm that you have turned on the switch for message push at the mobile phone client.

2 > Please confirm that message can be displayed normally in the mobile phone notification bar. The message push on the smart bracelet is completed by reading the message from the mobile phone notification bar. The smart bracelet will not receive the message push if there is no message in the mobile phone notification bar. (You need to find notification settings in the mobile phone settings, and turn on the notification switch of We Chat, QQ, Sina, and mobile phone client).

3 > Turn on the mobile phone --> Settings, Enter "Notification area" on the top search box, re-open.

1 > Why can't take a heart beat with the smart bracelet?

Answer: the bath water has a relatively high temperature, and generates a lot of vapor which is in the gas phase with small molecular radius and can easily infiltrate into the smart bracelet from the shell gap. When the temperature drops down, the vapor will condense into liquid phase which will be difficult to easily cause the short circuit inside the smart bracelet and damage the circuit board and then damage the smart bracelet.

Warning:

Please consult your doctor before you take a new sport. The smart bracelet should not be used for any medical purpose though it may dynamically monitor the heart rate at real time.

Frequently Asked Questions (FAQs)

1 > Why does the smart bracelet automatically disconnect from the Android screen?

Answer: The smart bracelet will be disconnected from the mobile phone if the client is disconnected for a long time.

1 > Look background, When the JyouPro process is cleared, the smart bracelet will be disconnected from the mobile phone

2 > Set APP auto-startup

[illegible]