



C400 Pocket Series Action Camera User Manual
Manual de la Cámara Deportiva de Serie C400 Pocket
Handbuch für die Aktionkamerader Serie C400 Pocket

Contents

Safety and Usage Guide -----	1
App Connection -----	2
Product Overview -----	4
Detach and Mount C400 Pocket -----	7
Micro SD Card Installation -----	8
Product Operation -----	9
Charging -----	10
Camera Home Screen -----	10
Touchscreen operation -----	11
Control Center Menu -----	12
Shooting Mode -----	13
Video Settings -----	14
Photo Settings -----	16
System Settings -----	19
Live Streaming Setup -----	20
Warranty -----	22

Safety and Usage Guide

1. Waterproof

This camera is not waterproof on its own, double-check that the waterproof case is securely sealed before entering water. After exiting water, dry the waterproof case completely before opening it to remove the camera.

2. Memory Card Requirements

The camera does not include internal memory and requires a high-capacity memory card (supports up to 512GB). Before first use, format the card in the camera to ensure compatibility.

Important: Inserting or removing a memory card while the camera is powered on will automatically shut down the device. This is an intentional safety feature.

3. Overheating

Action cameras may get warm during use—this is normal and will not affect performance.

4. Charging instructions

The camera requires a standard 5V charger (1A-2A output). Do not use fast chargers as they may damage the device.

5. Battery

Battery life varies based on usage conditions and settings. For first-time use, please fully charge the battery before powering on.

6. Shooting Performance

Shooting results can vary based on environment, lighting, camera settings, and personal technique. If you encounter any issues, please contact our customer service for assistance.

7. Lens Protection

When using the camera without a waterproof shell, be careful to avoid scratching the lens, as this will affect image quality. If the lens is damaged or scratched during use, please contact our customer service to purchase a replacement.

8. Others

Please note that due to continuous product improvements, there may be slight differences between the camera's packaging appearance and the operations/functions described in the accompanying manual.

APP Connection

Important Notes:

1. Before connecting your phone to the "SJCAM Zone" APP, ensure your phone's Wi-Fi is turned on.
2. Viewing or downloading photos and videos shot with the camera via the "SJCAM Zone" APP will not consume your phone's mobile data.
3. To prevent connection issues, we recommend updating to the latest version of the app before first connection with your camera.

1. Download and Install the SJCAM Zone APP

Scan the corresponding QR code below based on your device to download the APP. Alternatively, you can search for and download "SJCAM Zone" in your phone's app store/AppStore.



iOS



Android

2. Turn on Camera's Wi-Fi

Turn on your C400 Pcket / C400 action camera, then swipe down from the top edge of the screen to enter the control center menu. Tap the Wi-Fi icon. Wait for a QR code to appear on the camera screen.

Notes: A rapidly flashing green light on the C400 Pocket's button indicator means the camera's Wi-Fi is successfully enabled and ready for connection.

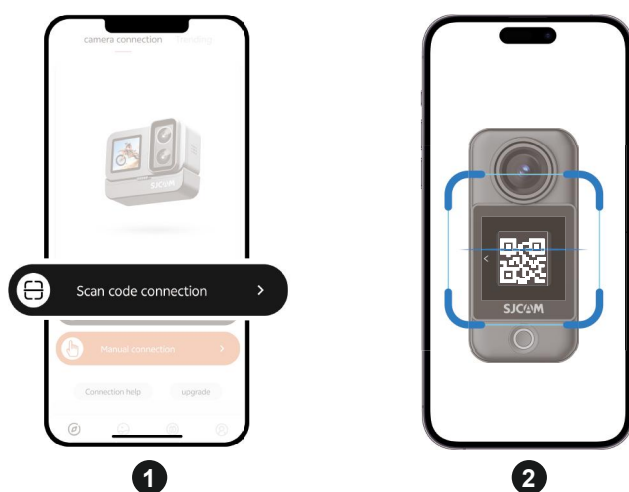


3. Connect Your Phone to the Camera's Wi-Fi

The C400 action camera supports two Wi-Fi connection methods: scan to connect and manual connection. You only need to choose one method based on your situation.

3.1. Scan to Connect

Open the "SJCAM Zone" app, tap the "Scan to Connect" button on the homepage, then scan the Wi-Fi connection QR code displayed on the C400's screen with your smartphone to automatically connect.



3.2. Manual Connection

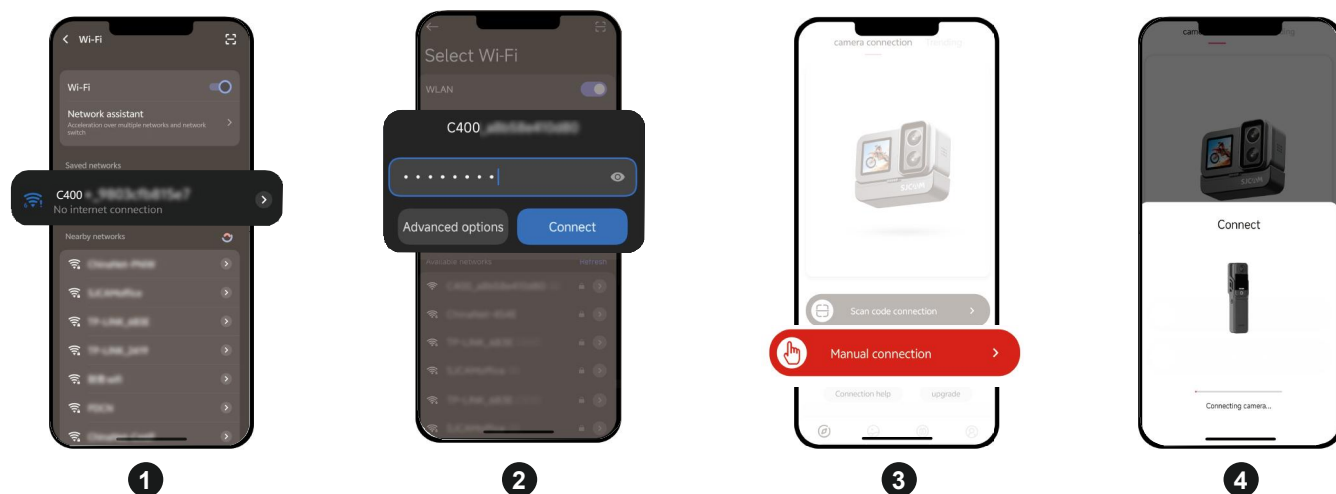
3.2.1 Go to your smartphone's home screen, locate and open the "Settings" app.

3.2.2 In the Settings menu, find and tap the Wi-Fi option.

3.2.3 Select the Wi-Fi network named "C400_XXXX" (e.g., "C400_a8b58e410d80").

3.2.4 Enter the Wi-Fi password "12345678", then tap "Connect" and wait for the connection to be established.

3.2.5 Once successfully connected, return to the "SJCAM Zone" app homepage and tap "Manual Connection" to complete the pairing.



Product Overview

C400 Pocket



NO.	Name	Description	
1	Camera lens	Please be careful not to scratch or dirty the lens when using it, otherwise it will affect the image quality.	
2	Power button	Single-click when the camera is off.	Power on
		Single-click when the camera is on.	Take photos / start recording / stop recording
		Long press for 3 seconds when the camera is on.	Power off
3	Speaker	Play the prompt tone, sounds can be heard when the video is replayed.	
4	Memory card slot	TF card slot, it supports up to 512GB memory cards please choose a legitimate brand of TF card.	
5	Microphone	Collect sounds when recording.	
6	Type-C interface	Charging / Data transmission Voltage / Current: 5V/2A	
7	Camera reset hole	When C400 Pocket freezes, reset it by pressing the reset button with a card pin.	
8	Camera display screen	LCD	
9	The indicator light of the C400 Pocket camera	The blue light is constantly on	Powered on
		The blue light flashes slowly	Recording
		The green light flashes rapidly	Turn on the WiFi and wait for the connection
		The green light is constantly on	The Wifi has been connected
		The red light is constantly on	Be charging

10	Battery handle screen	Rotate the screen 90 degrees to turn on or turn off the camera.	
11	Power button on battery handle	Long press for 3 seconds when the camera is turned off.	Power on
		Long press for 3 seconds when the camera is turned on.	Power off
12	Handle recording button	When the shooting is ready, press it to start recording / take photos / Stop recording	
13	Handle indicator light	The green light is constantly on	Powered on
		The green light flashes slowly	Recording
		The red light is constantly on	Be charging
14	Type-C interface of the handle	Charging Voltage / Current: 5V / 2A	
15	Buckles on battery handle	When attaching or detaching the C400 Pocket from the battery handle, press the buckles on both sides of the handle simultaneously.	
16	1/4 screw	It can be connected to an extension base or accessories such as a MINI tripod	
17	The Type-C interface of the handle	Connects the C400 Pocket with battery handle.	

Mount and Detach C400 Pocket

Mount C400 Pocket

Insert the C400 Pocket into the battery handle until it reaches the bottom while pressing and holding the buckles on both side of the battery handle (make sure the C400 Pocket lens is facing outward). Then, release the buckles on both sides.

Detach C400 Pocket

Press and hold the buckles on both side of the battery handle while pulling out the C400 Pocket.

Micro SD Card Installation

Please insert the microSD card into the slot as shown. If you want to remove the microSD card, gently push it into the camera to make it eject slightly.



Product Operation

1. Power On/Off

C400 Pocket

Power On: When C400 Pocket is off, single-click the power button to turn it on.

Power Off: When C400 Pocket is on, long press the power button for 3 seconds to turn it off.

C400

Power On: When C400 is off, rotate the battery handle's display clockwise, or press and hold the battery handle's power button for 3 seconds to turn it on.

Power Off: When C400 is on, rotate the battery handle's display counter-clockwise, or press and hold the battery handle's power button for 3 seconds to turn it off.



C400 Pocket

2. Start/Stop Recording

C400 Pocket

When the Camera is on, single-click the power button to start/stop recording or taking photos.

C400

When the Camera is on, single-click the C400 Pocket's power button or the recording button on the battery grip to start/stop recording or taking photos.

3. Screen Switching

Tap the inactive display to wake it, and then swipe up on the screen to unlock and complete the screen switch.

Note: To avoid screen switching issues, ensure the camera and handle have sufficient battery power.

4. Reset the Camera

If your C400 Pocket freezes, you can reset it by pressing the reset button with a card pin via the camera reset hole. (Resetting won't affect the camera's performance.) If your C400 Pocket is connected to the charging grip, you can reset it by pressing both the grip's power button and the record button simultaneously.

Charging

Use the USB-A to USB-C cable in the packaging along with your own standard charger (5V, 1A-5V, 2A) to charge the camera.

Camera Home Screen

- ① Recording: Displays whether it is currently in the recording status.
- ② Storage capacity information: Displays the remaining number of photos that can be stored on the MicroSD card or the available shooting duration.
- ③ The battery power of the camera. When the C400 handle is connected, the battery power of both the camera and the handle will be displayed simultaneously.
- ④ Parameter setting: Click the icon to enter the parameter settings of the current shooting mode.
- ⑤ Shooting mode: Click the icon and slide to select different shooting modes.
- ⑥ System Settings: Click it to enter the system settings.

Touchscreen Operation

After the camera is turned on, the camera shooting interface will be displayed on the touch screen, and the menu bar will show the shooting mode, battery level, storage capacity and other information.

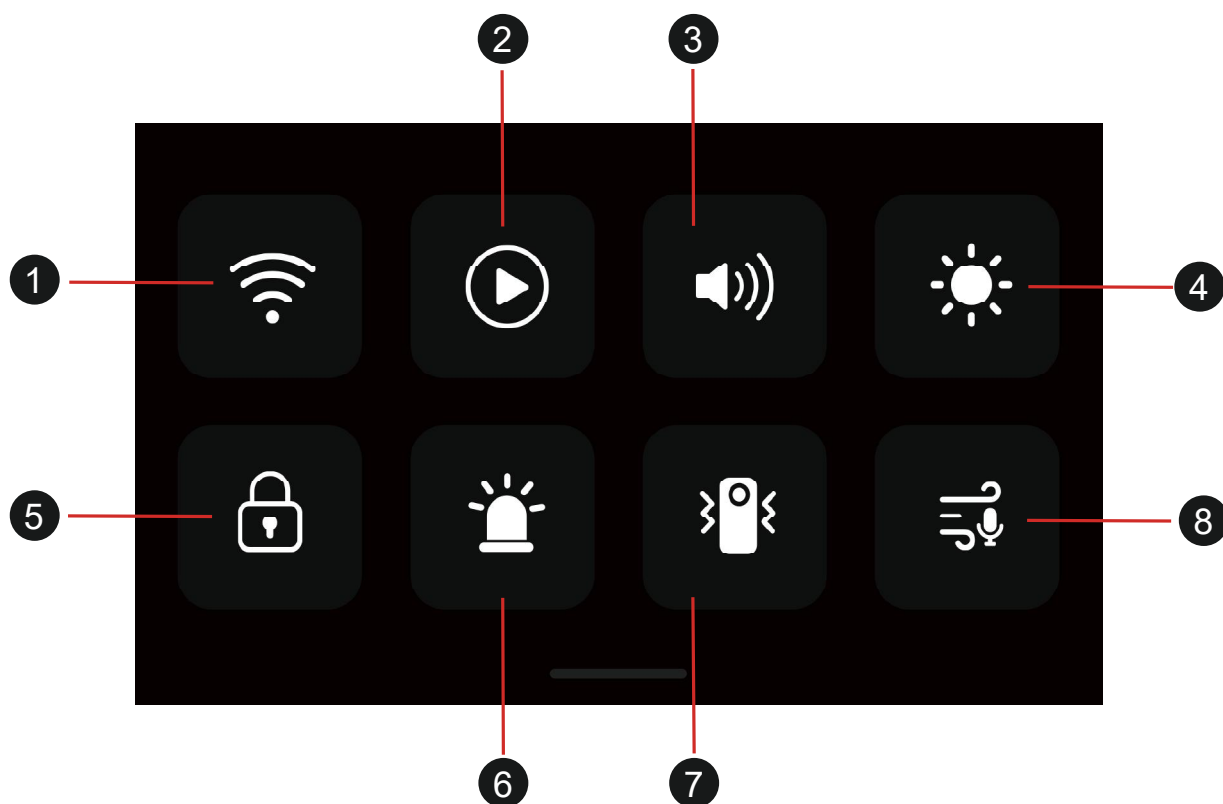
Perform functional operations by clicking or sliding the touch screen.

Swipe down from the top edge of the screen: Enter the Control center.

Swipe inward from the left and right edges of the screen: Switch to photo / video mode.

Swipe up from the bottom edge of the screen: Switch the shooting mode.

Control Center Menu



- ① WIFI : Click the icon to turn on or off.
- ② Playback: Click the icon to enter the playback page.
- ③ Prompt tone: Click the icon to mute or enable the operation prompt tone.
- ④ Brightness adjustment: Click the icon to turn on the brightness adjustment module and slide to adjust the screen brightness.
- ⑤ Screen lock: Click the icon to lock the screen.
- ⑥ Indicator light switch: Click the icon to turn on or off the indicator light.
- ⑦ Stabilization: Click the icon to cycle from off→Stabilization→Horizon Steady.
- ⑧ Audio noise reduction: Click the icon to enable the audio noise reduction function.

Shooting Mode

NO.	Mode	Description
1	Video	Regular video recording
2	Time Lapse Video	Time-lapse video recording means that when the user records a long video, the video will fast forward during playback.
3	Slow Motion	When recording a video in slow motion mode, the camera will record at 2X / 4X / 8X to produce a video with a normal playback speed.
4	Photo	Regular photography
5	Auto Burst Timer	After setting the time, the camera will automatically take photos after the countdown ends.
6	Burst Photo	Continuously capture multiple photos.
7	Grabs from Video	During the video recording process, the camera will automatically save one photo every "1" second
8	Dashcam mode	In Dashcam Mode, the C400 Pocket automatically powers on and begins recording when connected to power. When power is disconnected, the the C400 Pocket automatically saves the video and powers off. Note: 1.The C400 Pocket does not support Dashcam Mode when the charging grip is attached. 2.After power is disconnected, the C400 Pocket will continue to record for approximately 7-8 seconds before automatically shutting down.
9	Live Streaming	Connect the camera to the live streaming APP for RTMP push live streaming.

Video Settings

NO.	Menu	Parameter setting	Parameter setting instructions
1	Resolution	4K (16:9) 3840×2160 30fps 2K (16:9) 2560×1440 60/30fps 1080P (16:9) 1920×1080 120/60/30fp 720P (16:9) 1280×720 120/60/30fps	When the resolution / frame rate is higher, the recorded file will be larger. Video recording at 120fps has no anti-shake function.
2	Video Encoding	H.264 / H.265	H.265 is a new encoding protocol, which is an upgraded version of H.264. The recording effect of H.265 is clearer and the file size is smaller than H.264.
3	Loop Video	3 minutes / 5 minutes 10 minutes / off	It will automatically segment the video according to the set time. When the memory is insufficient, it will automatically clear the first video to achieve a loop recording.
4	Distortion Calibration	Turn off / Turn on	Correction effect for distortion (fisheye)
5	Stabilization	Off / Anti-shake / Horizon Steady	The anti-shake effect is better after it is turned on.
6	Pre-Rec	Turn off / Turn on	It allows the camera to start recording the video before the user presses the video recording button.
7	Angle	Wide / medium / narrow	The angle of view can be adjusted according to the user's requirements.
8	Exposure compensation	+3EV--3EV	The exposure can be adjusted appropriately according to the shooting environment.

9	White balance	Auto / Daylight / Cloudy / Tungsten / Fluorescent / Diving	1. Correct the color temperature, restore the color of the subject being photographed, and make the colors of the pictures taken under different light sources similar to those seen by the human eye. 2. By controlling the color temperature, photos with distinct color effects can be obtained.
10	Color	Normal / B&W / Sepia / Warm / Cold	Different color modes can be adjusted according to personal preferences.
11	Sharpness	Strong / Normal / Soft	Strong: the clearer the image obtained will be, but there will be more noise. Soft: the less noise there will be, but the clarity will be lower and the edge lines will be relatively blurry. The default selection "Normal".
12	Noise Reduction	Strong / Normal / Soft	When the noise of the image is adjusted to Strong, there will be less noise. When adjusted to soft, the noise will increase. The default selection "Normal"
13	ISO	Automatic / 100 / 200 / 400 / 800 / 1600 / 3200	When the ISO setting is higher, the brightness of the shooting will also be higher, and there will be more noise along with it. The default selection "Automatic".
14	WDR	Turn on / Turn off	It can balance the brightness in overly bright or overly dark environments.
15	Record Audio	Turn off / Turn on	You can choose whether to turn on the microphone when recording.
16	Recording Volume	1 / 2 / 3 / 4 / 5 / 6 / 7 / 8	Adjust the recording volume of the microphone.
17	Recording denoising	Turn off / Turn on	There will be a certain degree of noise reduction when recording
18	Date Stamp	Turn off / Turn on Date time	After the time watermark function is enabled, the time will be displayed on the video taken.

19	Logo watermark	Turn off / Turn on	When this function is enabled, the SJCAM Logo watermark will be displayed on the video.
20	Motion Detection	Turn off / Turn on	When enabled, the camera automatically records a 10-second clip upon detecting movement.
21	Time lapse Video	Turn off 5S / 10S / 15S / 30S	When enabled, the camera will continue recording for the selected period after the recording button is pressed to stop recording.
22	Metering	Spot metering, Center metering, Average metering	Select different modes according to different environments.
23	Bit Rate	High, Medium, Low	It refers to the data traffic used by a video file within a unit of time, also known as the code rate. It is the most important part of the image quality control in video coding. At the same resolution, if the code rate of the video file is higher, the compression ratio will be smaller and the image quality will be better.

Photo Settings

NO.	Menu	Parameter setting	Parameter setting instructions
1	Photo Resolution	16M (5376*3024) 12M (4640*2608) 8M (3840*2160) 5M (2592*1944) 2M (1920*1088)	Adjust the pixels
2	Shutter Speed	Automatic / 1/30S / 1S 2S / 5S / 10S / 20S / 30S	Adjust the shutter speed according to different environments. Default by "Auto".

3	Distortion Calibration	Turn off / Turn on	Correction effect for distortion (fisheye)
4	Timer	Off / 3S / 5S / 10S	After setting the time, the camera will automatically take a photo after the countdown ends.
5	Photo Quality	High / Medium / Low	Adjust the quality of the images. High: The image quality is better. Medium: The image quality is average. Low: The image quality is relatively low.
6	Color	Normal / B&W / Sepia / Warm / Cold	Different color modes can be adjusted according to personal preferences.
7	Exposure Compensation	+3EV--3EV	The exposure can be adjusted appropriately according to the shooting environment.
8	White Balance	Auto / Daylight / Cloudy / Tungsten / Fluorescent / Diving	1. Correct the color temperature, restore the color of the subject being photographed, and make the colors of the pictures taken under different light sources similar to those seen by the human eye. 2. By controlling the color temperature, photos with distinct color effects can be obtained.
9	Sharpness	Strong / Normal / Soft	Strong: the clearer the image obtained will be, but there will be more noise. Soft: the less noise there will be, but the clarity will be lower and the edge lines will be relatively blurry. The default selection "Normal".
10	Saturation	Strong / Normal / Soft	Adjust the vividness of the color. Strong: The colors will become bright-colored. Soft: The color is slightly grayish white. The default selection "Normal".
11	Contrast	Strong / Normal / Soft	Adjust the contrast of image. Strong: The image is slightly dark. Soft: The image is slightly white. The default selection "Normal".

12	Noise Reduction	Strong / Normal / Soft	When the noise of the image is adjusted to Strong, there will be less noise. When adjusted to soft, the noise will increase. The default selection "Normal".
13	ISO	Automatic, 100, 200 400, 800, 1600, 3200	When the ISO setting is higher, the brightness of the shooting will also be higher, and there will be more noise along with it. The default selection "Automatic".
14	WDR	Turn on / Turn off	It can balance the brightness in overly bright or overly dark environments.
15	Metering	Spot metering, Center metering, Average metering	Select different modes according to different environments.
16	Date Stamp	Turn off / Turn on Date time	After the time watermark function is enabled, the time will be displayed on the photo taken.

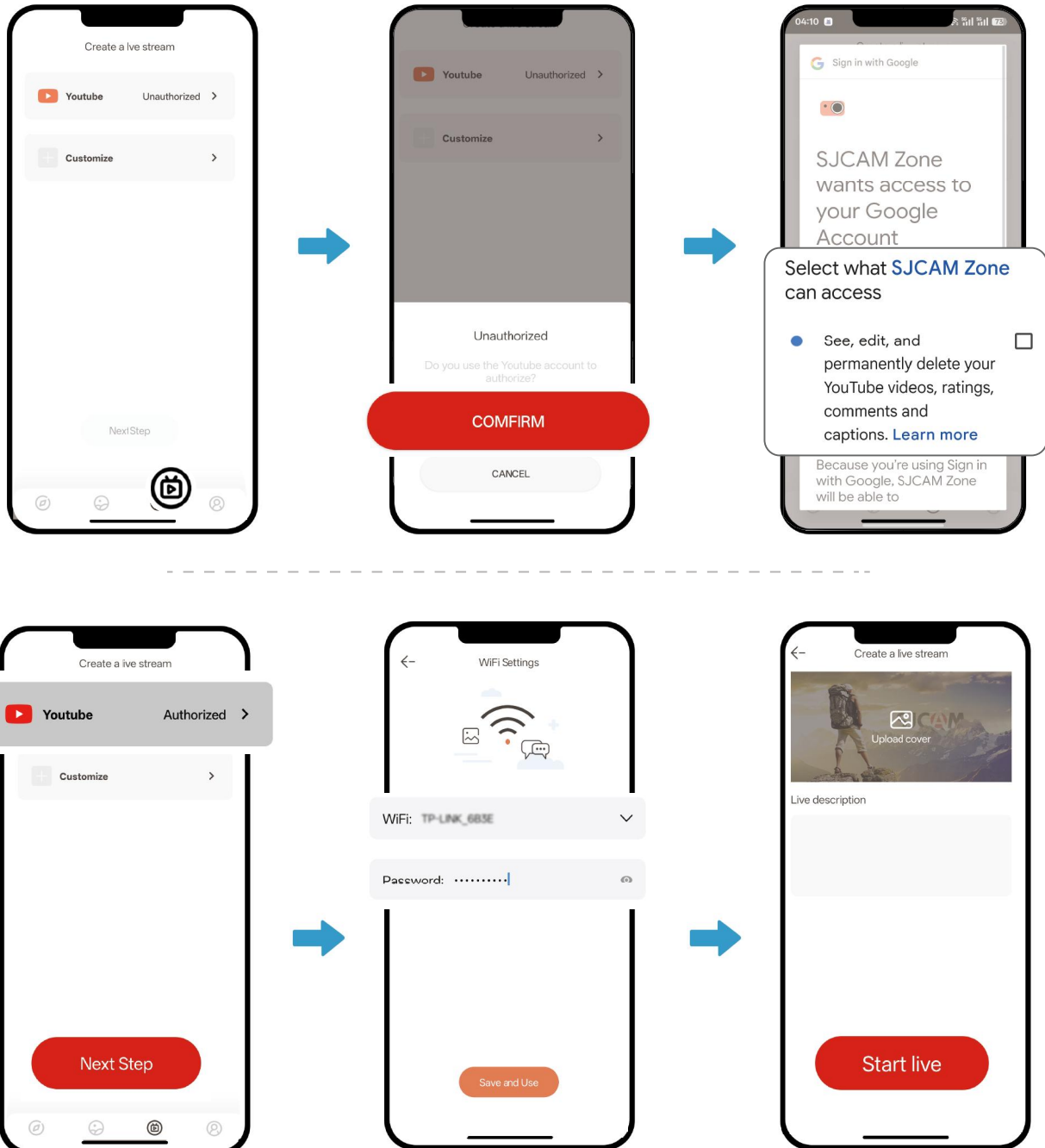
System Settings

NO.	Menu	Parameter setting
1	Language	Set the camera language.
2	Date&Time	Set the date / time.
3	Auto Power Off	The device will automatically shut down if no action is performed within the selected time period.
4	Image Rotation	When enabled, this function automatically rotates the image by 180 degrees—ideal for dashcam use when mounting the camera upside down.
5	Indicator Light	Turn on or off the indicator light.
6	Prompt Tone	Enable / disable prompt tone.
7	Voice Broadcast	Prompt voice during operation.
8	Screen Saver	The screen will automatically sleep if there's no screen activity within the selected time period.
9	Anti flicker	The light source frequency of the camera, 50Hz, is in pla format and is suitable for the China. 60Hz is the ntsc format and is suitable for Taiwan Province or overseas area.
10	WIFI Band	2.4G / 5G, If 5G WIFI can not be found, you can switch to 2.4G.
11	WIFI	Change the WIFI name / password.
12	Format	This command can format the memory card. Operating this command will clear the contents of the memory card Please operate with caution.
13	Reset	Restore factory setting.
14	Version	Check the camera model number / version, etc.

Live Streaming Setup

Important Note:

Before you begin, make sure your account has streaming permissions on the platform you plan to use.





1. Access Live Streaming Settings

Open the SJCAM Zone app and go to the "Live Streaming" settings page.

2. Authorize SJCAM Zone

Click to choose your preferred streaming platform (YouTube as default). And then tap "Confirm" to grant authorization.

Note: After authorization, the platform status will change from "Unauthorized" to "Authorized." This authorization only grants streaming permissions; SJCAM will not access or misuse your personal data. If you've already authorized, you can skip this step.

3. Select An Authorized Streaming Platform

Pick an authorized platform and tap "Next Step".

4. Set up Streaming Wi-Fi

The app uses your phone's current Wi-Fi by default. If that's what you want to use, just tap "Next ". To use a different network, tap "+ Add Network" button and enter the new Wi-Fi name and password.

Note: Your camera will stream video using the Wi-Fi you set up here. This doesn't need to be the same Wi-Fi network your phone is connected to.

5. Generate Streaming QR Code

Tap "Start Live" to create a streaming QR code on your phone.

6. Enable C400's Live Streaming Mode

Power on the C400, swipe up on the screen, and tap the Live Mode icon to enter QR scanning mode.

7. Connect to Streaming Platform

Scan the streaming QR code displayed on your phone screen using your C400 camera. Once successfully connected, your live stream will begin.

Warranty

1. The warranty period for the camera is one year from the date of purchase, or longer as stipulated by local laws. The warranty period for accessories (including batteries) is six months. If any quality issues arise during the warranty period, the user is entitled to free repair services.

2. When providing warranty services, all replaced main units, parts, components, and accessories shall remain the property of SJCAM. Before returning the product for warranty service, be sure to back up any data stored on the product and delete any confidential information or personal data. SJCAM shall not be liable for any losses caused by data loss or personal information leakage.

3. The following circumstances are not covered under the warranty:

3.1 Product malfunctions or defects not caused by SJCAM (including but not limited to improper use, maintenance by the consumer as per the product manual; unauthorized disassembly, repair, or modification by the consumer or unauthorized service centers; use of components or accessories not approved by SJCAM; use for purposes other than photography; liquid or food ingress; use in high-temperature or harsh environments; damage caused by human factors or personal negligence such as squeezing or dropping).

3.2 Natural wear and tear of the product (including but not limited to the casing, display screen, buttons, accessories, etc.), and any periodic inspections, maintenance, repairs, or part replacements resulting therefrom.

3.3 Discrepancies or alterations between the contents of the valid invoice and warranty card and the actual product.

3.4 Unclear, altered, damaged, removed, or illegible product serial numbers, barcodes, SNcodes, etc., or damaged or removed anti-tamper labels or waterproof labels on the main unit.

3.5 Machine malfunctions caused by continued use after battery casing damage or short circuits due to human factors.

3.6 Human-induced damage, including but not limited to accidental drops, liquid ingress, improper use, etc.

3.7 Damage caused by force majeure events such as natural disasters.

4. The following circumstances will void the warranty:

4.1 Failure to use the product correctly in accordance with the product manual.

4.2 Unauthorized disassembly, repair, or modification.

4.3 Intentional damage or misuse of the product.

4.4 Use of the product in violation of relevant laws and regulations.

Important Notes:

During the warranty period, users must keep the product purchase receipt properly and provide it when necessary.



Made by Shenzhen ZhenCheng Technology Co.,Ltd.

3/F Building C, NO.2 Road 1, Shangxue Industrial Area

Bantian, Longgang District, Shenzhen, China

Technical Support Email : support@sjcam.com

Official website : sjcam.com

Made in China

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.