

# User Manual



## Please read the manual before use.

- The information in this document won't be modified or extended in accordance with any notice.
- The watch should be charged for 2 hours at least before first time use.

## 1. Caution

### 1.1 Waterproof and dust-proof

Please follow below guidelines to maintain the waterproof and dust-proof function. Otherwise, your device might be damaged.

- ★ Do not use watch when diving, snorkeling or other sports in turbulent water.
- ★ Do not use watch in extremely high or low temperature environments.
- ★ Do not use blowers and other heated equipment to dry the watch.
- ★ Avoid the watch is dropped or hit;
- ★ Avoid wearing the device in the sauna and steam room;
- ★ Do not disassemble your watch without permission.
- ★ Please dry your hands or watch fully before operating.

- If the watch is exposed to water or other liquids (such as salt water, pool water, soapy water, oil, perfume, sunscreen, hand sanitizer) or chemicals (such as cosmetics), please clean and dry it fully with a soft cloth. Do not follow these instructions may damage its performance and appearance.

## 1.2 Cleaning and management

Follow the points below to ensure the watch is operating normally and looks good. Otherwise, it may damage you watch and cause skin irritation.

- Protect watch from dust, sweat, ink, oil, and chemical products (such as cosmetics, antibacterial sprays, hand sanitizers, detergents, and insecticides). Otherwise, the internal and external parts may be damaged or cause performance degradation. If watch is stained with the above substances, please clean it with a lint-free soft cloth.

- When cleaning the watch, do not use soap, detergent, abrasive materials, compressed air, ultrasonic waves, or external heat sources. Otherwise, the watch may be damaged. Soap, detergent, hand sanitizer, or detergent residue may cause skin irritation.

- After exercising or sweating, please clean your wrist and strap. Use water to clean the watch and dip a small amount of alcohol to wipe, then dry it thoroughly.

- If the watch is stained or infiltrated with other objects, please use a wet soft toothbrush to clean it.

### 1.3 Allergic person Notice

Manufacturer conducted testing about hazardous materials on watch by the internal and external certification agency, including testing of all materials contact skin, skin toxicity testing, and wearing testing.

## 2. Product specification

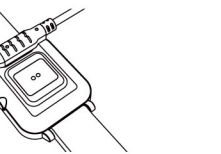
The watch contains nickel. If your skin is very sensitive or you are allergic to the materials on the watch, please take necessary precautions.

|                   |                               |
|-------------------|-------------------------------|
| CPU               | Goodix 5515                   |
| Memory            | RAM:256KB ROM:1MB; Flash:64MB |
| Screen Size       | 1.4 inch                      |
| Resolution        | 240*240                       |
| Bluetooth version | 5.1                           |
| Battery           | Lithium-ion 3.7V 200mAh       |
| Waterproof Level  | IP67                          |

|               |                                                                                                                                                                                                                          |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Main Function | Daily activity, 5 Games, Alarms, Habit Tracker, Sports, Sports Record, Heart rate, Weather, Style, Timer, Customized dial, Notification (Ins-/Facebook/Skype/WhatsApp ect.), Do not disturb mode, Interchangeable straps |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

## 3. Product specification

### 3.1 Charging



Connect watch according to the picture. Activate the watch by charging before the first time use.

### 3.2 Operation

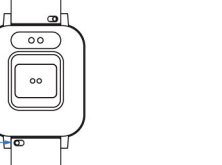
(1) Power on: Press and hold the power button for 5 seconds to turn it on. The home screen of the watch will be displayed after booting.

(2) Touch screen operation: From the home screen, swipe to the right to the menu screen, then tap the function icon to enter the corresponding sub-menu.

(3) Wake up screen: Short press the power button to wake up the screen or turn up wrist to bright the screen if this function was turned on in the APP.

(4) Shutdown: Click the Setting icon, click System - Shut down, click to power off. Or under the bright screen situation, press and hold the side button for 2s to choose power off.

## 3.3 Replace the strap



Remove the strap from the watch by sliding the quick release on the strap.

## 4 Quick Guide

### 4.1 Product quick into

(1) Power on and enter into the home page.

(2) Swipe to the right: Display function list -> Daily activity, Games, Sports, Sport record, Heart rate, Sleep, Weather, Style, Timer, Setting. Tap a function to select.

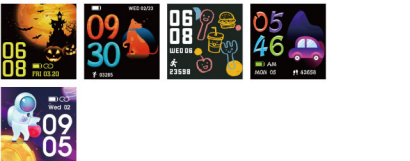
(3) Swipe down: Display Battery, Bluetooth, Date, Brightness, Games, Alarms, Setting.

(4) Swipe up: Storage information, Heart rate monitoring, Daily activity.

(5) Swipe to the left: Display the static icon list, click to enter the corresponding function, right stroke to return to the previous level.

## 4.2 Clock Display

There are 5 watch face for choice and also can be customized.



### Setting method:

When the watch is in clock mode, please long press on the middle screen and set different clock interfaces if you like.

## 5. Product quick use

### 5.1 Download and install App

You can set up the watch through the "Fundo Health" App for IOS or Android devices. You need to download and install the "Fundo Health" App from APP Store or Google Play Store:

Or you can scan the following QR code to download the app:



## 5.2 Bluetooth Connection

- Turn on the Bluetooth and GPS on your mobile phone.
- Turn on your watch, in the app, search the device to bind. After connected successfully, shown as the icon in the watch status bar:

### ★ Notice:

- During the process of opening the APP or binding the watch, please agree to all the permission prompt. During binding process, "Fundo Health" will prompt you to enable GPS and Bluetooth, and authorize "Fundo Health" to get access to the GPS on you mobile phone. If your phone is IOS system, you need agree to pair with you phone and display your iPhone notifications.

- Wrong operation: Pair the watch directly with the Bluetooth in your mobile phone's settings.

## 5.3 Basic functions

- Please don't shut the Bluetooth notify service when you are clearing software by background or close background application software. It will affect the sync function between watch and phone if shut it. If you want your watch to receive third-party notifications, you need to turn on the notification permissions.

### 5.3.1 Daily activity

The watch will display the user's total number of steps, distance and calories consumption and the

data will be cleared at 00 : 00 o'clock (midnight) every day.

### 5.3.2 Sports

In sports mode: the single point function icon allows you to enter sports modes such as Walking, Running, Climbing, Riding, Basketball, and Football.

### 5.3.3 Sports record

If you have done any sports and saved, this function will show the information of sports records.

### 5.3.4 Heart rate

Touch the heart rate icon to start the measurement, the value will be appeared after 20-30 seconds.

### 5.3.5 Games

There are five interesting games on the watch, including Puzzle, Flying Bird, Plane War, Card Match, Basketball you can choose one to play.

### 5.3.6 Sleep

It will record your sleep duration and quality automatically from 21:00 p.m to 9:00 a.m. This

function require to wear the watch to sleep.

### 5.3.7 Weather

After connected with Fundo Health, the watch will show local weather and the updated time.

### 5.3.8 Style

The UI include Layout style and Icon style, you can choose a different style to show.

### 5.3.9. Timer

Swipe left on the main page and click the stop icon static icon to switch to the stopwatch interface. Click to start timing. During the timing, you can pause/start switching with a single touch. Swipe the stopwatch function to the right of the stopwatch interface and return to the static function page.

### 5.3.10 Setting

Screen display: Including change dial, Brightness, Screen time, Turn wrist wake setting.  
Do not disturb: Set enter or exit do not disturb mode.  
Vibration: Set vibration intensity.  
Alarms: You can set alarms in the watch, the watch will show the alarms information, and you can also add the habit tracker table, when the alarm time is up, the watch will pop up a reminder icon. You can also open or close it in the watch.  
System: Including: System version, Shut down, Reset settings.

## 6. Warning

Please follow the doctor's instructions and measure the results of self-diagnosis and treatment. Users with blood circulation disorders and blood diseases should be treated under the guidance of a doctor. The measurement results of this product are for reference only and are not intended for any medical use or basis.

This device contains licence-exempt transmitter(s)/ receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- (1) This device may not cause interference.
- (2) This device must accept any interference, including interference that may cause undesired operation of the device

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

1. L'appareil ne doit pas produire de brouillage;
2. L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

### FCC Statement

This equipment has been tested and found to comply

with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference,
- and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.