

Contact Information

Distributed By:

Taylor, division of Lifetime Brands, Inc.

2220 Entrada Del Sol, Suite A
Las Cruces, New Mexico 88001 USA

1-866-843-3905

www.taylorusa.com

Email: taylorusa@lifetimebrands.com

MADE IN CHINA.

Five (5) Year Limited Warranty

This scale is warranted against defects in materials of workmanship (excluding batteries) for five (5) years for the original purchaser from date of retail purchase. It does not cover damages or wear resulting from accident, misuse, abuse, commercial use, or unauthorized adjustment and/or repair. Do not return to retailer. Should this scale require review (or replacement at our option) while under warranty, please pack the item in the original packaging and return it prepaid, along with store receipt showing date of purchase and a note explaining reason for return to:

Taylor, division of Lifetime Brands, Inc.

2220 Entrada Del Sol, Suite A
Las Cruces, New Mexico 88001 USA

1-866-843-3905

www.taylorusa.com

Email: taylorusa@lifetimebrands.com

There are no express warranties except as listed above. This warranty gives you specific legal rights, and you may have other rights which vary from state to state. For additional product information please contact us through:

www.taylorusa.com

If review is required, do not return to retailer. For information call 1 (866) 843-3905 from 8:00 am to 5:00 pm, Mountain Standard Time, Monday through Friday. To assist us in serving you, please have the model number and date of purchase available.

Not Legal for trade.

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Ref 5297054

4.22 WC



IB5297054A

MODEL # 5297054

TAYLOR®

Smart Scale

with Body Fat, Body Water, Muscle Mass, BMI, Bone Mass, Metabolism, Cal-Max™ and Weight Tracking

INSTRUCTIONS FOR USE & WARRANTY INFORMATION

CUSTOMER SERVICE INFORMATION PLEASE READ!

For questions regarding this product, please contact us at:

TAYLOR, division of Lifetime Brands, Inc.

2220 Entrada Del Sol, Suite A | Las Cruces, New Mexico 88001 USA

1-866-843-3905 | www.taylorusa.com

Email: taylorusa@lifetimebrands.com

We value your thoughts on our product and services. Please post an on-line review to help us continue to meet your needs and expectations.

Please contact us before returning to retailer.

Welcome to the Body Composition Scale

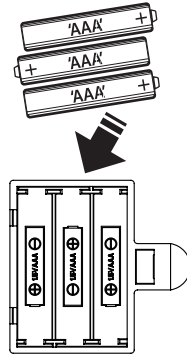
This product is designed to test the body fat, hydration and muscle mass. The scale is to assist with keeping a close eye on the daily change of your body fat, hydration, muscle mass, bone mass, BMI, metabolism, weight and weight tracking. The body composition scale also estimates basal metabolic rate (BMR), which the scale displays as "Kcal". The body composition scale also is equipped with "Athlete Mode" for athletes whose body is built different than non-athletes. Please note that body fat percentages can vary through out the day and day by day. Do not compare your results with other methods. The key is to use one method of calculating composition consistently and track those results with the same device overtime.

Carefully read the instructions before use.

Preparation Before Use

INSERT THE BATTERIES

1. Insert the 3 'AAA' batteries (included).
2. Remove any plastic wrap from the batteries before installing.
3. Place the batteries into the battery compartment according to the "+" and "-" polarity symbols in the battery compartment.
4. Replace the battery compartment cover.
5. If you do not intend to use the scale for a prolonged period of time, it is advisable to remove the batteries before storing.
6. Do not mix old and new batteries.



WEIGHT UNIT SETTING

- Your scale is set at the factory to weigh in pounds (lb).
- Switch on the scale and press the "kg/lb/st" button at back of the scale to convert weight unit if needed.
- Some models have a static cling label on the LCD lens to prevent scratching. Remove before use.



SET THE SCALE IN THE RIGHT POSITION

- Always use the scale on a flat and hard floor surface. Do not use on carpets.



START-UP THE SCALE

- Press firmly on the scale platform to start-up the scale. The display shows "0.0" and then turns off. The scale is ready for use.



Note: If you move the scale at all, please repeat the steps above for best accuracy.



Press on platform to
turn on scale



Allow the scale turn off



Step evenly on
platform



Weight Display

Quick Use & Helpful Tips

HOW TO SET UP SCALE

1. Place your scale on a hard, flat surface, do not use on uneven tile, flooring or carpeting. Try to keep your scale in the same location or position as much as possible.
2. Step on the scale with one foot applying enough pressure to turn the scale on - then remove your foot.
3. The digital readout should show dashes or zeros.
4. The scale will automatically turn off.
5. Now your scale is ready for you to take a weight reading. Step on the scale evenly with both feet. Your weight will display on the scale.
6. If you pick up, move or bump your scale, please repeat the steps above for best accuracy.

DURING MEASUREMENT

- Place your feet in the same position every time you weigh your self. Stand still during measurement.
- Weigh yourself with out clothing whenever possible. Clothes can vary in weight.
- Move the location of the scale where it won't be bumped while being activated or while in use, as an inaccurate reading may occur.
- For the most consistent readings, weigh yourself the same time of day. Allow for weight fluctuations due to food or drink in your system.

⚠ SAFETY WARNING

- The warning signs and icons shown appear in order for you to use this product safely and correctly as well as to prevent product damage, risk and injury to you and others.

⚠ PRECAUTION NOTICE

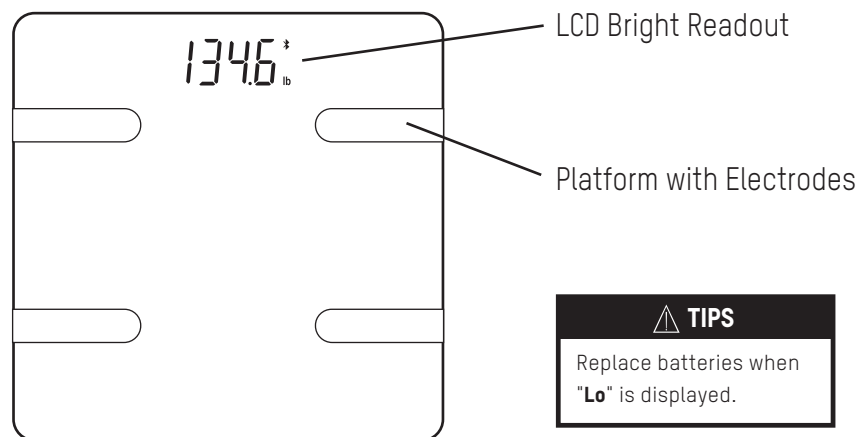
- Do not use the scale on people who have body implants such as a pacemaker, artificial limbs, contraceptive devices, or metal plates or screws. It may cause the device to malfunction or produce an inaccurate result. When in doubt, consult your physician.
- Do not disassemble the scale as incorrect handling may cause injury.
- Do not step on the scale when your body or feet are wet, especially after bathing or showering to prevent slipping.

⚠ IMPORTANT NOTICE TO USERS

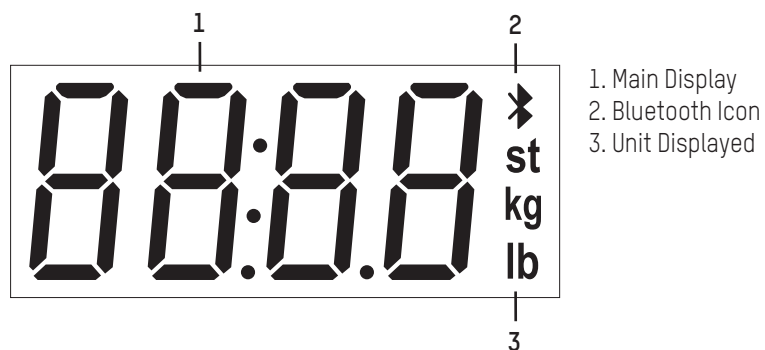
- This product is intended for humans ages 10 to 85.
- Make sure to use only the type of battery stated (see Section "INSERT THE BATTERY").
- The "Athlete" mode is applicable only to people 15-85 years of age.
- Body fat percentage estimates will vary with the amount of water in the body, and can be affected by dehydration or over-hydration due to such factors as alcohol consumption, menstruation, illness, intense exercise, etc.
- Do not use on pregnant women. The result is inaccurate and effects on the fetus are unknown.
- For body fat and body water estimates, always estimate in bare feet.

Features/Specifications

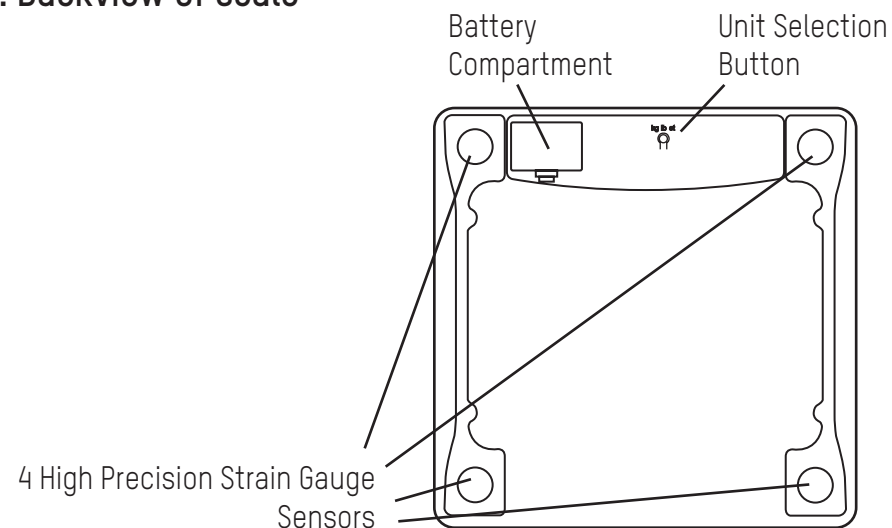
1. Front view of scale



2. LCD readout



3. Backview of scale



4. App Information

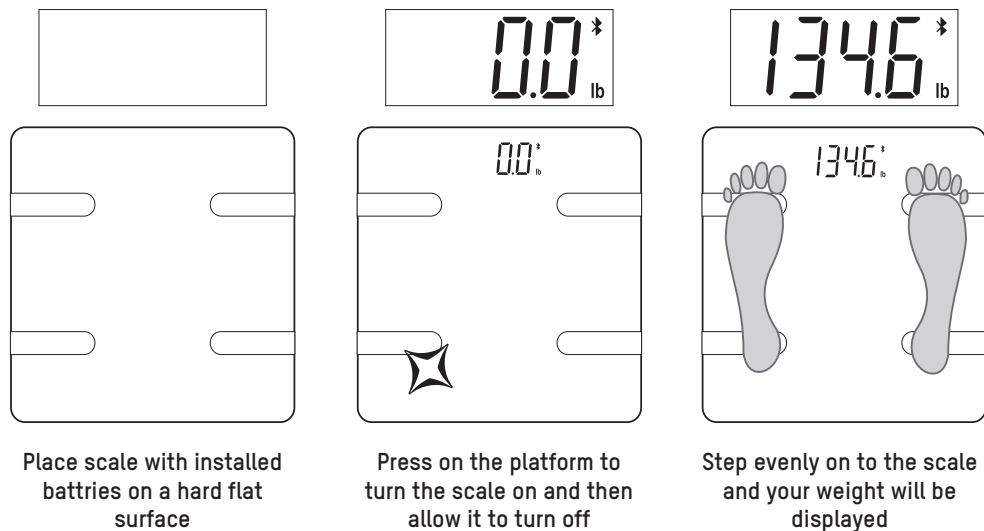
Connecting to the scale by way of Bluetooth and the **AlFit** app is easy to do. The app is available for IOS and android device with IOS version 8.0 or Android version 5.0 and Bluetooth 4.0 (Or higher version).



Download app **AlFit** from the Apple store or Google play online store. Use QR code for quick access.

Weighing-Only Operation

1. Select your desired measurement unit. Your scale is set to default to pounds at the factory but you can switch the measurements to kilograms or stones by pressing the "UNIT" button, located on the bottom of your scale.
2. Place the scale on a hard, flat surface. Carpeted or uneven floors may affect accuracy.
3. Before first use, after battery replacement, or if the scale has been moved or bumped, press firmly on the scale platform. The scale will turn on and automatically turn off. Your scale is now ready for use. At all other times step straight onto the scale.
4. Step onto the scale and stand still while your weight is being measured.
5. The display will flash digits and then your weight. The scale will beep and the display will flash when the weight is locked. The scale will hold the display with the weight showing.
6. The scale turns off automatically after use.

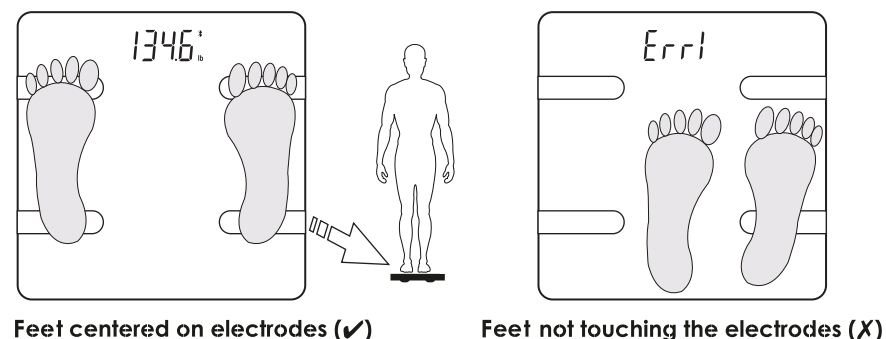


Body Composition Estimating Operation

⚠ IMPORTANT NOTICE TO USERS

- Before starting you must download and install the AIFit app on a smart phone with bluetooth technology and pair it with the scale.
- You will need a user name and will need to input your personal information; such as high, age and gender among others
- With bare feet, turn on the bluetooth feature on your phone, start the app, go to the home screen and step on the scale to measure yourself.

The accuracy of the results depends on how you stand on the scale.
See diagram below.



Before activating your scale

⚠ IMPORTANT NOTICE ABOUT THE APP

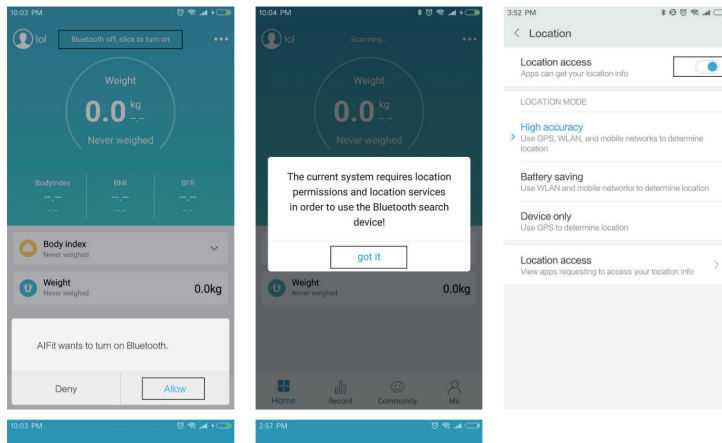
1. Open your app and stay on the home page of app, you can see that the app is scanning and connecting with the device. Then the top of app will display "**Connected:XX:XX:XX:XX:XX:XX**" after connecting.
2. If the user does not close their app after using the scale, and the screen of phone not shut down. The app will always display "**Please board now...**"
3. If the user does not close their app after using the scale, and the screen of phone will shut down automatically or manually. After around 3 minutes, the app will display "**[!] Disconnect from the device, click here to Retry**". After clicking, the app will connect with the scale.

How To Setup App and Register User

1. Find and start the **AIFit** app on your smart phone after downloading the app.

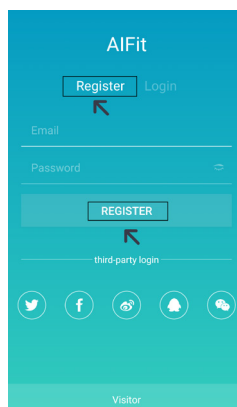


2. Select the "Allow" button to turn on the phones **Bluetooth**.

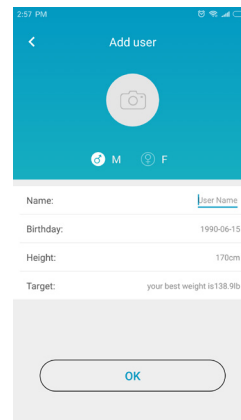


3. The current system requires location permissions: select the "got it" button to set up "location access".

4. Register an account or use the third-party login.

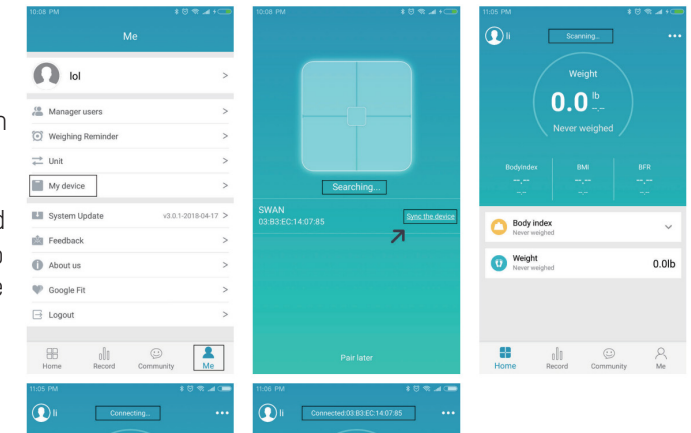


5. Add User and complete user profile information.

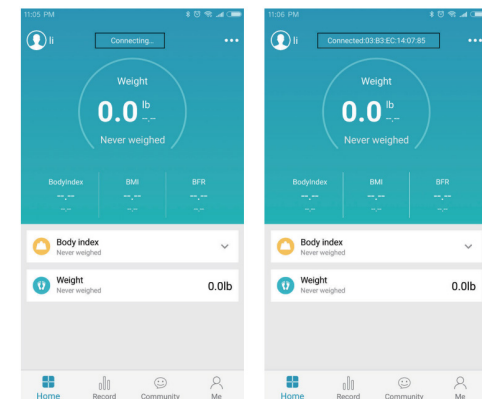


How To Pair the Phone to the Scale

1. Once the app is paired using Bluetooth to the scale, please step on the scale to power it on.
2. Then select "me" and select "my device" to do scan for the scale
3. Then select "sync the device" Select back to "Home" page and you will see the device is: *Scanning* > *Connecting* > *Connected*.

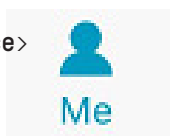


Measuring will begin after the device is connected.



Tips: When pairing the app to the scale the scale must be turned on for it to find it.

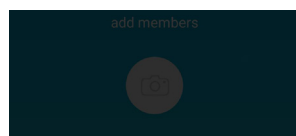
4. If the users wants to pair to another device please select <my device> to unpair another device.



Measuring

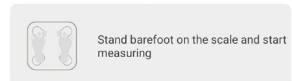
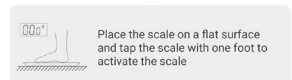
Once the app has been setup and the scale is paired with your smart phone using Bluetooth, you can start to measure your body. Turn on your Bluetooth phone setting, then start the app and go to the home screen. Next the tap your scale to turn it on with our foot, before standing on it.

Your weight will display, and then the scale will begin to estimate your body composition. The screen shows a moving zeros pattern ("ooo") while estimating. Continue to stand still on the scale in bare feet.



The right way to measure

Note: After the user is successfully created, the nickname cannot be modified



Start measuring

Once your weight and body composition have been measured it will be displayed in the app. The app will track your changes in all of your different measurements over time and use of the same scale.

Setting Units

If the users wants to change units, please select <Unit> to change weight units :kg/lb/st or height units: cm/inch.



Care & Maintenance

1. The platform will be slippery when it is wet. Keep it dry! However, do not expose to direct sunlight, extreme hot/cold temperatures or humidity.
2. This scale is designed to read weights 396 lbs / 180 kgs / 28 st 3 lbs. To prevent damage, do not place more than 396 lbs / 180 kgs / 28 st 3 lb on it.
3. DO NOT strike, shock, or drop the scale.
4. Treat the scale with care as it is a precise instrument.
5. Clean the scale with a damp cloth and avoid water getting inside the scale.
6. DO NOT use chemical/abrasive cleaning agents.
7. Always keep your scale in horizontal position.
8. If your scale fails to turn on, check whether battery is installed, or battery power is low. Insert or replace with new batteries.
9. When replacing batteries do not mix old and new batteries. DO NOT mix alkaline, standard (carbon-zinc), or rechargeable (ni-cad, ni-mh, etc) batteries.
10. Do not use for commercial purpose and follow all instructions provided in this manual.

Battery Warnings!

NOTE: Please recycle or dispose of batteries per local regulations.

WARNING: Batteries may pose a choking hazard. As with all small items, do not let children handle batteries. If swallowed, seek medical attention immediately.

PRECAUTION: Do not dispose of batteries in fire. Batteries may explode or leak. Remove the batteries if the scale will not be used for a long period of time.

Problem Solving & Questions

1. If the scale does not turn on or no weight is displayed?

Check if the scale is powered up and started up. If not, please refer to the Section "Preparation Before Use".

2. If the scale is inaccurate or weight varies?

Place feet in center of platform and stand still. Allow weight to lock in before looking down at display. Flooring may be a reason for fluctuation. Use the scale on the hardest floor available for accuracy. Do not move the scale unnecessarily.

3. I have tried all corrective actions, but still can't solve the problem ...

Please contact the Taylor Customer Service Department at 1-866-843-3905 (from 8:00 am to 5:00 pm, Mountain Standard Time, Monday through Friday) or by email to taylorusa@lifetimebrands.com.

4. Why do I get a different body fat reading when I use a different brand of body fat scale?

Different body composition scales take estimations around different parts of the body and use different mathematic algorithm to estimate the percentage of body fat. The best advice is not to make comparisons from one device to another, but to use the same device each time to monitor any change.

Warning Indications!



Low Battery Indication:

The Battery is running low please replace with a new battery.



Measurement error:

Impedance cannot be measured. Please make sure that you are standing still on the scale with bare feet and maintaining maximum contact between your feet and the metal contacts. You may need to moisten your feet to improve the electrical contact.



Over-Load warning:

Remove weight immediately or damage can be caused.

If Error messages continue after following the correct actions above, remove the batteries and reinsert after 1 minute.

Product Specifications

1. Bioelectrical Impedance Analysis (BIA) technology for body fat and body water percentage, muscle mass estimations and daily calorie intake (DCI) estimations
2. High precision STRAIN GAUGE technology for weight measurement
3. Athlete (for ages 15 to 85 years) or Normal Mode selection
4. Slim design
5. Multi user memories
6. 4-button operation
7. Integrated information read out
8. Fast recall function
9. Auto-on and auto-off functions
10. Power saving LCD readout
11. Low battery indicator
12. Capacity: 396lb, 180kg
13. Body fat graduation: 0.1% (in the range from 4% - 60%)
14. Body water graduation: 0.1% (in the range from 29% - 70%)
15. Muscle Mass graduation: 0.1% (in the range from 20% - 56%)
16. Age range from 10 to 85 years
17. Height range from 2'5.5" to 7'4.5" (75 to 225 cm)
18. Body fat range: 4 to 60%
19. Total body water range: 29 to 70%
20. Operates with 3 'AAA' batteries (included)
21. Product dimension: 12.2" x 12.2" x 1.04" (Approx.)
22. Gift box dimension: 13.07" X12.76" X1.7" (Approx.)
23. Product weight: 3.86 lb (Approx.)
24. Total weight (product & gift box): 4.42 lb (Approx.)
25. Accuracy of weight measurement: ± 1.1 lb (11 lb ~ 143.3 lb); ± 1.8 lb (143.3 lb ~ 297.6 lb); ± 2.6 (297.6 lb ~ 440 lb)
26. Output power for Body Fat Analyzer: <300uA

FCC INFORMATION

Party issuing Supplier's Declaration of Conformity & Responsible party – U.S. Contact information:

Taylor, division of Lifetime Brands, Inc.
2311 W. 22nd Street, Suite 200
Oak Brook, IL 60523

Equipment:

Product Name: Body Composition Scale

Model No.: 5297054

Trade Name: Taylor

We declare under our sole responsibility that the above referenced product has been tested according to FCC requirements and this device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Caution: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on. The user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.