Product name	BODEEPSLEEP IOT LAMP
Model	VTBD-2002
Power	12V 2A
Frequency	Blutetooth 4.2 BLE 2.4GHz
Manufacturing date	Marked seperately
Manufacturer/ Manufacturign Country	Dongguan RYSEN Electronic Technology Co., Ltd / China
Official Sales	VT Corporation

Precautions

1. Only certified technicians should modify, disassemble, or repair the product.
2. Use the product only on a flat and stable surface.
3. Do not use other adapters that do not match the voltage, and do not touch the adapter with wet hands.
4. Be careful not to let the main unit come into contact with water.
5. Do not drop or bump the product.
6. Do not stare directly at the light source at maximum brightness.
7. It is recommended for use at a distance of roughly 30-100cm.
8. If you require testing or repair, please contact the customer center.

BODEEPSLEEP IoT LAMP

Bodeepslepp Iot lamp is for those who are tired in the morning and can't sleep at night. It has been proven to balance circadian rhythms through clinical trials. Circadian rhythm is a biorhythm that repeats the cycle of sleep and awakening every 24.4 hours.

The hormone melatonin changes according to the circadian rhythm. It helps you stay sleepy when you need to sleep and stay alert when you need to stay awake.

Bodeepsleep aims for 'non-pharmaceutical sleep care'. Reset the biorhythm damaged by various social and seasonal factors with Bodeep Sleep IoT Lamp.

BODEEPSLEEP
IoT LAMP Manual

bodeepsleep

Initial Setup

Connect the product and perform first time setup in the following order.

1 Download the 'Bodeepsleep light' app from the Apple App Store/Google Play Store.

2 Connect the power adapter to the product and plug in the power.

3 Turn on ✻Bluetooth on the smartphone and start the app right away. (Wait! Start the app right away, before Bluetooth settings connection. If you accidentally connect via Bluetooth, disconnect and connect through the app.)

4 Click the ✻Bluetooth connection button on the top right of the app to connect to the product. The initial connection takes about 15 seconds.

5 When connected, check whether the product is working properly by turning the product on/off and adjusting the brightness.

Main App Features

1 **Wireless control**
On the [Smart Control] tab, you can adjust the lighting ON/OFF, color temperature, and brightness.

2 **Timer function**
On the [Smart Control] tab, you can set when (15 minutes/30 minutes/60 minutes) the product will turn off with the 'Off timer' function.

3 **Motion control**
On the [Smart Control] tab, you can turn the product ON/OFF by simply shaking the smartphone using the 'Motion Control' function. This function memorizes the last setting (brightness, front and back ON/OFF). After using the app once (running in the background), even if the app screen is not on, simply press the home button and shake until it vibrates. (However, for iPhone users, the app screen must be turned on to do this.)

4 **Sleep notification**
You can set the product to automatically turn off according to your sleep cycle (7 hours and 30 minutes before wake-up time) by setting the 'notification for sleep' setting in the [Alarm Tab].

5 **Alarm setting**
You can set the time for the alarm to sound and the time it takes for the light to gradually become brighter. (ex. When it was set 30 minutes, if the alarm is set to AM07:00, it gradually begins to turn on and brighten beginning at AM06:30 and the alarm goes off at AM07:00.) Only one alarm can be activated.

FCC Information to User

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

• Reorient or relocate the receiving antenna.
• Increase the separation between the equipment and receiver.
• Connect the equipment into an outlet on a circuit different from that to which the receiver is con-nected.
• Consult the dealer or an experienced radio/TV technician for help.

Caution

Modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC Compliance Information : This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation