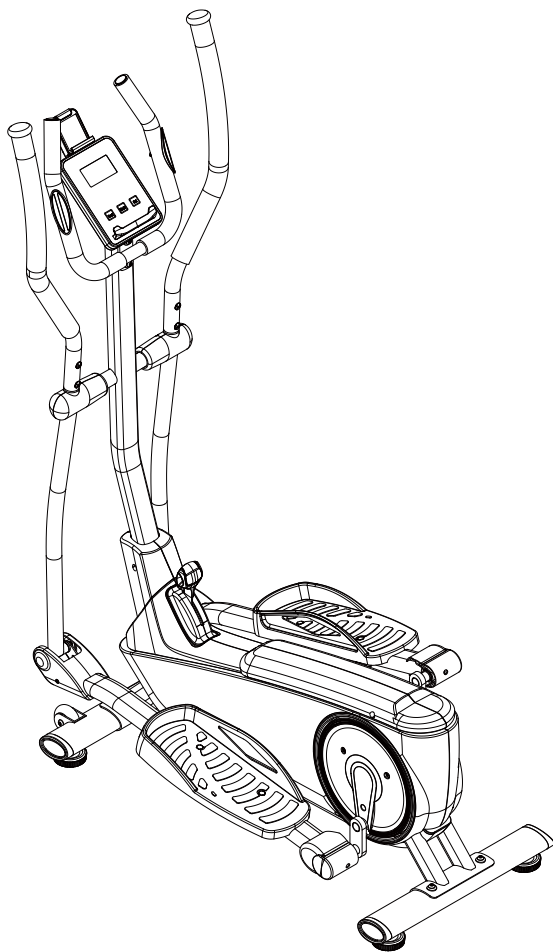


JOROTO[®]

User Manual



JOROTO-JE30

ELLIPTICAL MACHINE

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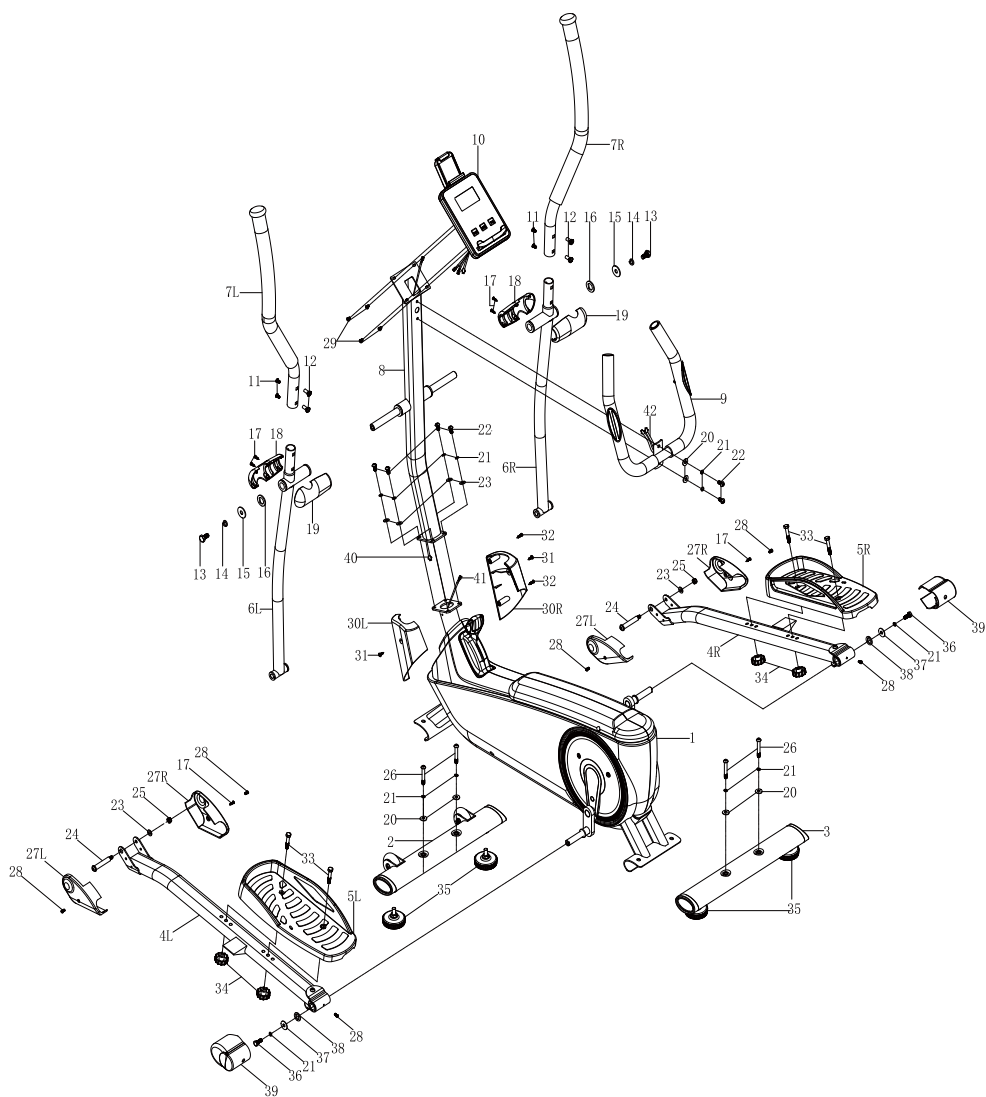
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Read all instructions carefully before using this product. Retain this owner's manual for future reference. If you have any inquiries or require further assistance, please contact JOROTO Customer Support.

Scan the Instagram QR Code to reach us online!

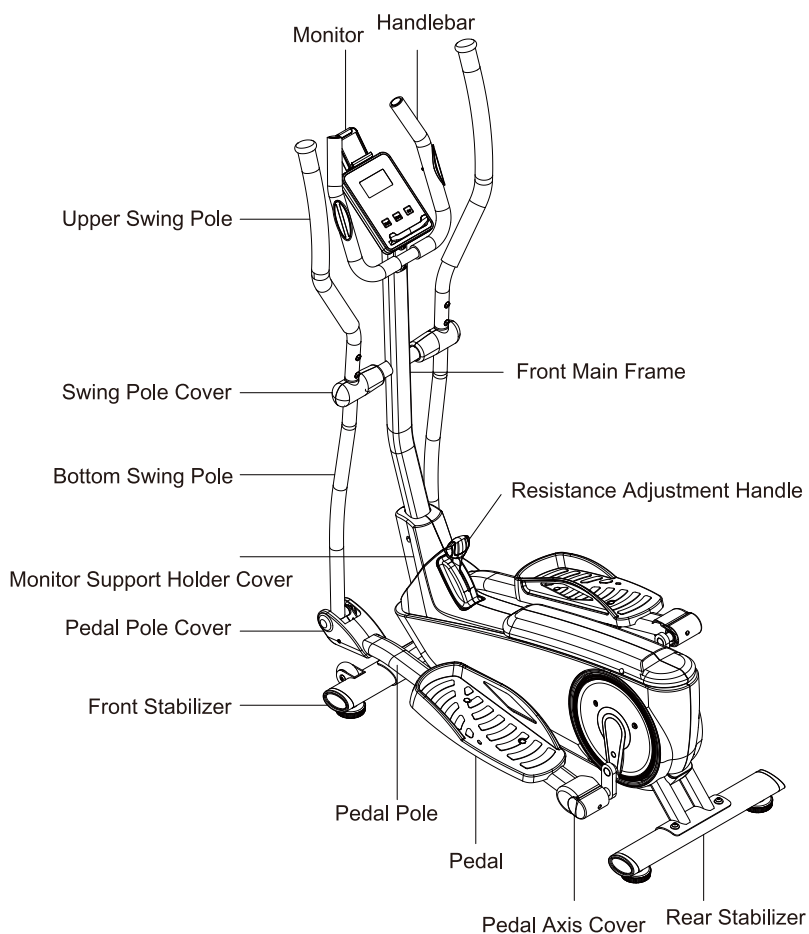
Email: support@jorotofitness.com



NO.	Name	Name	Spec.	QTY.
1	Rear main frame	Hinterer Hauptrahmen	Châssis principal arrière	1
2	Front stabilizer	Vorderes Fußrohr	Stabilisateur avant	1
3	Rear stabilizer	Hinteres Fußrohr	Stabilisateur arrière	1
4	Pedal pole L/R	Pedalstange L/R	Pôle de pédale L/R	1/1
5	Pedal L/R	Pedal L/R	Pédale L/R	1/1
6	Bottom swing pole L/R	Untere Schwenkstange L/R	Poteau basculant L/R	1/1
7	Upper swing pole L/R	Obere Schwenkstange L/R	Poteau pivotant supérieur L/R	1/1
8	Front main frame	Vorderer Hauptrahmen	Châssis principal avant	1
9	Handlebar	Lenker	Guidon	1
10	Monitor	Boardcomputer	Moniteur	1
11	Hexagon Socket Screws	Innensechskantschrauben	Vis à six pans creux	M6*12
12	Screw	Schraube	Vis	M6
13	Hexagon Screw	Sechskantschraube	Vis hexagonale	M10*20
14	Elastic washer	Elastische Unterlegscheibe	Rondelle élastique	ø10
15	Flat gasket	Flache Unterlegscheibe	Joint plat	ø10*32*2.0
16	D-gasket	D-Dichtung	Joint D	-
17	Screw	Schraube	Vis	ST4,2*16
18	Front swing pole cover	Vordere Schwingstangenabdeckung	Couverture de poteau pivotant avant	2
19	Rear swing pole cover	Hintere Schwingstangenabdeckung	Cache-poteau pivotant arrière	-
20	Curved gasket	Gebogene Dichtung	Joint courbé	ø8*20
21	Elastic washer	Elastische Unterlegscheibe	Joint élastique	ø8
22	Hexagon Socket Screws	Innensechskantschraube	Vis à six pans creux	M8*16
23	Flat washer	Flache Unterlegscheibe	Rondelle plate	ø8*17
24	Bottom swing pole screw kit	Schraubensatz für die untere Schwenkstange	Kit de vis pour poteau pivotant inférieur	M12*75
25	Nylon Nut	Nylonmutter	Ecrou en nylon	M8
26	Hexagon Socket Screws	Innensechskantschraube	Vis à six pans creux	M8*55
27	Pedal pole cover L/R	Pedalstangenabdeckung L/R	Couvre poteau de pédale L/R	-
28	Phillips screw	Kreuzschlitzschraube	Vis cruciforme	M5*10
29	Phillips screw	Kreuzschlitzschraube	Vis cruciforme	M5*15
30	Monitor support holder cover L/R	Monitorhalterungsabdeckung L/R	Couverde du support de moniteur L/R	1/1
31	Phillips flat head screw	Kreuzschlitz-Flachkopfschraube	Vis cruciforme à tête plate	ST5*15
32	Phillips round head screw	Kreuzschlitz-Rundkopfschraube	Vis à tête ronde Phillips	ST5*15
33	Hex screw	Sechskantschraube	Vis hexagonale	M8*45
34	Bolt	Mutter	Boulon	-
35	Foot pad	Stopper	Coussin de pied	-
36	Hex screw	Sechskantschraube	Vis hexagonale	M8*20
37	Flat washer	Flache Unterlegscheibe	Rondelle plate	ø8*25
38	Double D-washer	Doppelte D-Dichtung	Rondelle double D	-
39	Pedal axis cover	Pedalachsenabdeckung	Cache axe de pédale	-
40	Middle section of sensor cable	Mitteltteil des Sensorkabels	Section médiane du câble du capteur	1
41	Down section of sensor cable	Unterteil des Sensorkabels	Section inférieure du câble du capteur	-
42	Pulse cable	Impulskabel	Câble d'impulsion	2

NO.	Nome	Name	SPEC.	QTY.
1	Telaio principale posteriore	Marco principal trasero	-	1
2	Stabilizzatore anteriore	Estabilizador delantero	-	1
3	Stabilizzatore posteriore	Estabilizador trasero	-	1
4	Asta del pedale L / R	Tubo de pedal izquierdo / derecho	-	1/1
5	Pedale L / R	Pedal izquierdo / derecho	-	1/1
6	Asta altalena inferiore L / R	Barra oscilante inferior izquierda / derecha	-	1/1
7	Asta oscilante superiore L / R	Barra oscilante superior izquierda / derecha	-	1/1
8	Telaio principale anteriore	Marco principal delantero	-	1
9	Manubrio	Manillar	-	1
10	Tenere sotto controllo	Monitor	-	1
11	Viti a esagono incassato	Tornillo hexagonal	M6*12	4
12	Vite	Tornillo	M6	4
13	Vite esagonale	Tornillo hexagonal interior	M10*20	2
14	Elastico rondella	Arandela elástica	φ10	2
15	Guarnizione piastra	Arandela plana	φ10*32*2.0	2
16	D-guarnizione	Arandela en forma de D	-	2
17	Vite	Tornillo	ST4,2*16	6
18	Copertura del palo oscillante anteriore	Tapa de la barra oscilante delantera	-	2
19	Copertura palo oscillante posteriore	Tapa de la barra oscilante trasera	-	2
20	Guarnizione curva	Arandela doblada	φ8*20	6
21	Elastico rondella	Arandela elástica	φ8	12
22	Viti a esagono incassato	Tornillo hexagonal interior	M8*16	4
23	Rondella piastra	Arandela plana	φ8*17	6
24	Kit viti per asta oscillante inferiore	Kit de tornillo de barra oscilante inferior	M12*75	2
25	Dado in nylon	Tuerca de nylon	M8	2
26	Viti a esagono incassato	Tornillo hexagonal interior	M8*55	4
27	asta pedale L / R	Cubierta de la barra de pedales izquierda / derecha	-	2/2
28	Vite a croce	Tornillo Phillips	M5*10	6
29	Vite a croce	Tornillo Phillips	M5*15	4
30	Coperchio supporto supporto monitor L / R	Cubierta del soporte del monitor izquierda / derecha	-	1/1
31	Vite a testa piastra Phillips	Tornillo de cabeza plana cruzado	ST5*15	2
32	Vite a testa tonda Phillips	Tornillo de cabeza redonda cruzado	ST5*15	2
33	Vite esagonale	Tornillo hexagonal	M8*45	4
34	Bullone	Perno	-	4
35	Cuscinetto per i piedi	Tapón	-	4
36	Vite esagonale	Tornillo hexagonal	M8*20	2
37	Rondella piastra	Arandela plana	φ8*25	2
38	Rondella doppia D	Arandela doble en forma de D	-	2
39	Pedale _ copertura dell'asse	Tapa del eje del pedal	-	2
40	Sezione centrale del cavo del sensore	Sección media del cable del sensor	-	1
41	Sezione inferiore del cavo del sensore	Sección inferior del cable del sensor	-	1
42	Cavo a impulsi	Cable de pulso	-	2

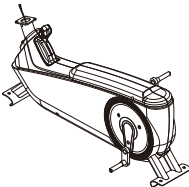
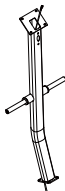
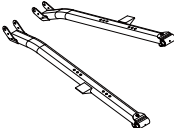
PRODUCT BRIEF



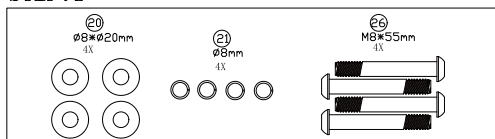
TECHNICAL PARAMETERS

Model	JE30
Dimension	1178*578*1587 mm/46*23*62 inch
Speed Ratio	1:8.5
Flywheel Weight	6KG
Resistance Level	8
Stride Length	380 mm

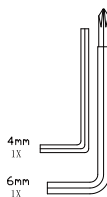
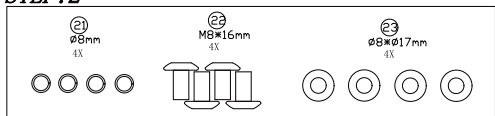
PRODUCT PARTS DIAGRAM

 N0:1	 N0:2	 N0:3	
 N0:6L/R	 N0:8	 N0:30L/R	
 N0:39L/R	 N0:18/19	 N0:7L/R	 N0:9
 N0:10	 N0:4L/R	 N0:5L/R	

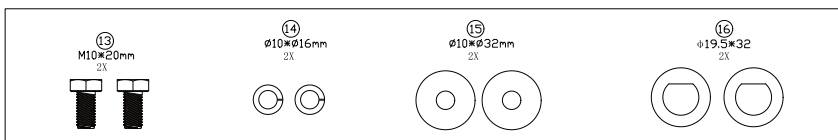
STEP:1



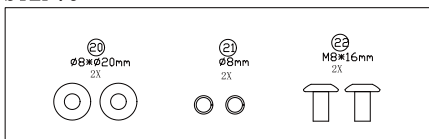
STEP:2



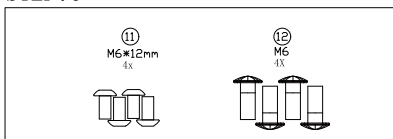
STEP:3



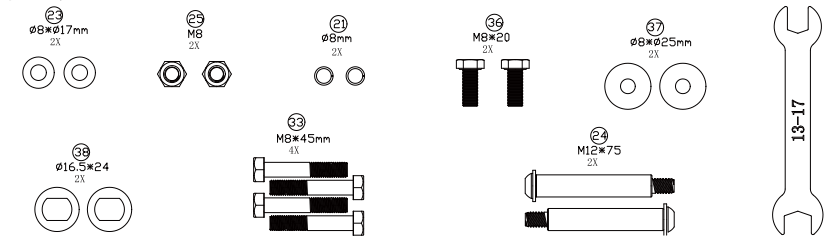
STEP:5



STEP:6



STEP:4



No.	Name	Spec.	Qty.	No.	Name	Spec.	Qty.
11	Hexagon Socket Screws	M6X12	4	26	Hexagon Socket Screws	M8*55	4
12	Screw	M6	4	24	Bottom swing pole screw kit	M12*75	2
13	Hex screw	M10*20	2	25	Nylon Nut	M8	2
14	Elastic washer	Φ10	2	33	Hex screw	M8*45	4
15	Flat gasket	Φ10*32*2.0	2	36	Hex screw	M8*20	2
16	D-gasket	φ19.5*32*2.5	2	37	Flat washer	φ8*25	2
20	Curved gasket	φ8*20*1.5	6	38	Double D-washer	φ16.5*25	2
21	Elastic washer	φ8	12		Hexagon socket wrench	4 mm	1
22	Hexagon Socket Screws	M8*16	6		Open wrench	13 / 17mm	1
23	Flat washer	φ8*17*1.5	6		Hexagon socket wrench	6 mm	1

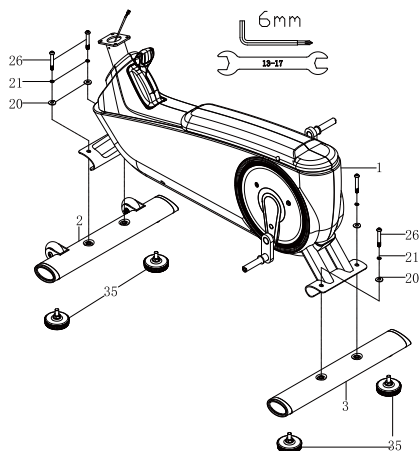
ASSEMBLY INSTRUCTION

STEP 1

1. Assemble 4pcs Foot pads (35) on the Front stabilizer (2) and Rear stabilizer (3).

2. Assemble Front stabilizer (2) on the Rear main frame (1), use 2pcs Curved gaskets (20), 2pcs Elastic washers (21), and 2pcs Hexagon socket screws (26) to fix them.

3. Use the same way to assemble the Rear stabilizer (3).



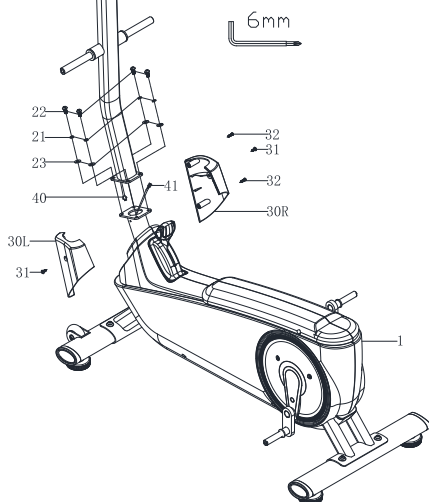
STEP 2

1. Remove 2pcs Phillips flat head screws (31), and 2pcs Phillips round head screws (32) from both the Monitor support holder cover (30L/R) and Rear main frame (1).

2. Connect the Middle section of sensor cable (40) in the Front main frame (8) with the Down section of sensor cable (41) on the Rear main frame (1).

3. Assemble Front main frame (8) on Rear main frame (1), use 4pcs Flat washers (23), 4pcs Elastic washers (21), and 4pcs Hexagon socket screws (22) to fix them.

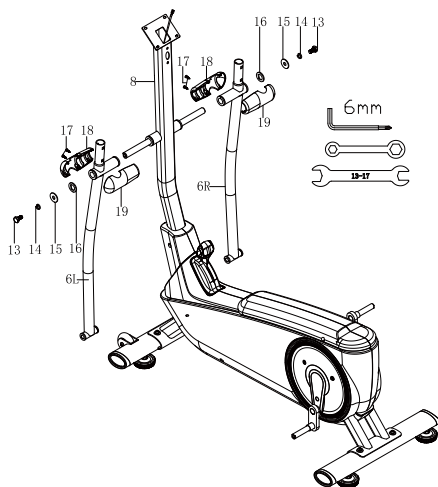
4. Assemble Monitor support holder cover (30L/R) on Rear main frame (1), use 2pcs Phillips flat head screws (31), and 2pcs Phillips round head screws (32) to fix them.



STEP 3

1. Assemble the Bottom swing pole L/R (6L/R) on the Front main frame (8), use 1pc D-gasket (16), and Flat gasket (15), Elastic washer (14), and Hexagon Screw (13) to fix it on both sides.

2. Assemble the Front swing pole cover (18) and Rear swing pole cover (19) on the Bottom swing pole L/R (6L/R), use 2pcs Screws (17) to fix them on both sides.



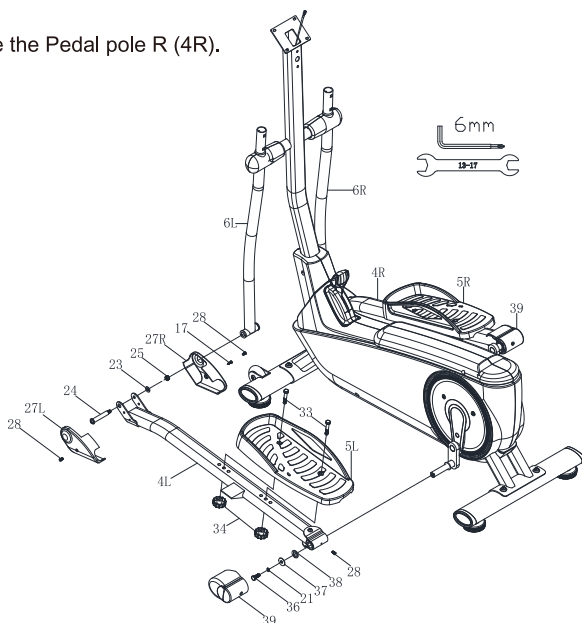
STEP 4

1. Assemble the Pedal L (5L) on the Pedal pole L (4L), use 2pcs Hex screws (33) and 2pcs Bolts (34) to fix it.

2. Assemble the Pedal pole L (4L) on the left side of the main frame, use 1pc Double D-gasket (38), Flat washer (37), Elastic washer (21), Hex screw (36) to fix it. Then assemble the Pedal axis cover (39) on the back of the Pedal pole L (4L), and use 1 Phillips screw (28) to fix it.

3. Assemble the Bottom swing pole L (6L) on the Pedal pole L (4L), use the Bottom swing pole screw kit (24), Flat washer (23), Nylon Nut (25) to fix it. Then, assemble the Pedal pole cover (27 L/R) on the Pedal pole L (4L), use 2pc Phillips screw (28), and 1pc Screw (17) to fix it.

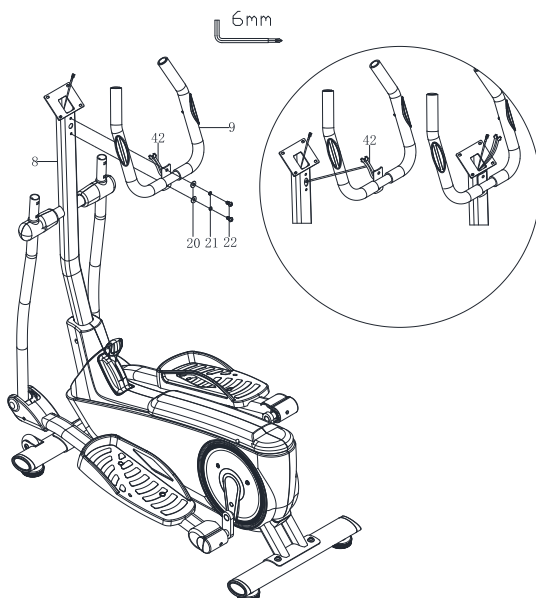
4. Use the same way to assemble the Pedal pole R (4R).



STEP 5

1. Pass the Pulse cable (42) through the round hole on the Front main frame (8).

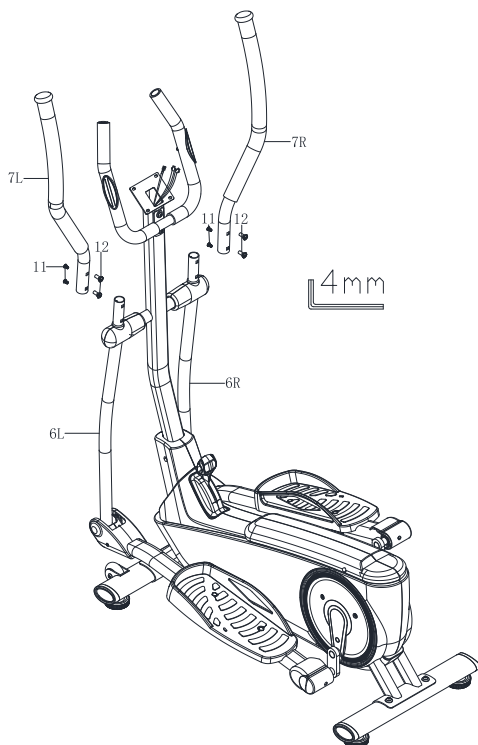
2. Assemble Handlebar (9) on the Front main frame (8), use 2pcs Curved gaskets (20), 2pcs Elastic washers (21), 2pcs Hexagon round head socket screws (22) to fix it.



STEP 6

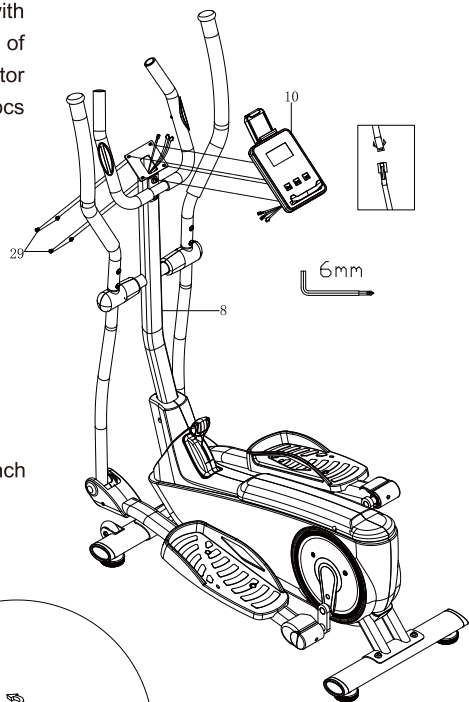
Assemble the Upper swing pole L (7L) on the Bottom swing pole L (6L), use 2pcs Hexagon Socket Screws (11) and 2pcs Screws (12) to fix it.

Use the same way to assemble the Upper swing pole R (7R).

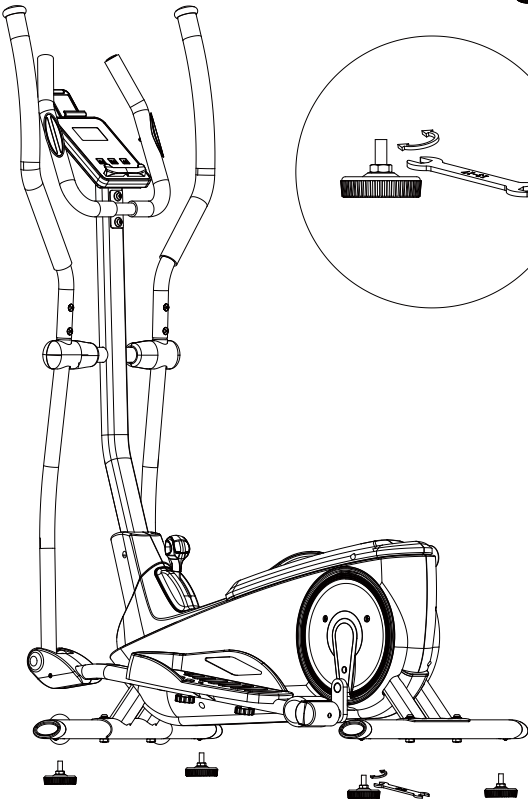


STEP 7

First, connect the cable of the Monitor (10) with the Middle section of the sensor cable (40) of the Front main frame. Then, fix the Monitor (10) on the Front main frame (8), and use 4pcs Phillips flat head screws (29) to fix it.



If the ground is uneven, please use a wrench to adjust the pads.



MONITOR INSTRUCTION MANUAL

DISPLAY FUNCTION

SCAN	The sequence of display when pressing the MODE key: TIME→SPEED→DIST→ODO→CAL→PULSE
TIME	It is used to record the time value when you exercising. Range 0:00 ~ 99:59
SPEED	It is used to record the speed value when you exercising. Range 0~ 999.9 km/h
DISTANCE	It is used to record the distance value when you exercising. Range 0~ 999.9 km
ODOMETE	It is the total mileage range value of the monitor. Range 0~ 9999 km
CALORIES	It is used to record the calorie value you burn during exercise. Range 0~ 999.9
PULSE	——

KEY FUNCTION

MODE	1. Choose each function by pressing MODE key. 2. Press and hold MODE key to reset all functions.
SET	In TIME, DISTANCE, CALORIE mode, press SET key to increase value. Press and hold the key to increase value faster.
RESET	1. In setting mode, press RESET key once to reset the current function figures. 2. Press RESET key and hold to reset all function figures.

TARGET TRAINING SETTINGS

This monitor has three target training modes: TIME, DISTANCE, and CALORIES (When switching to the target function, if the SCAN font flashes on the display, you need to press the MODE button again to make the SCAN word disappear before you can set it.)

1. Time Target Training Mode: First press the "mode" button to switch to the "time" function, then press the "set" button to set the target time (press and hold the set button to speed up the setting speed). When the desired time is reached, stop the button. Then start using the machine and the display will start counting down. When the countdown reaches 0, the time function flashes, indicating that the training goal has been completed. If you continue to train at this time, the monitor will automatically start counting from 0.

2. You can set the Distance Target Training Mode and Calorie Target Training Mode in the same way.

During the setting process or after the setting is completed, if you want to modify the target data, you can directly press the RESET button to clear the current setting, and then reset it according to the previous description.



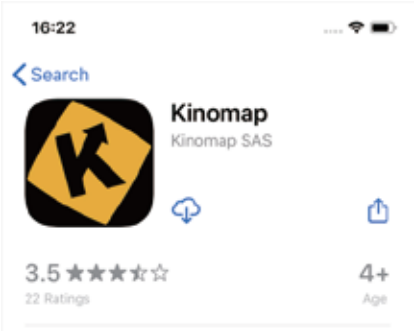
NOTICE

When you stop exercising for 4 seconds, the display will stop calculating, the data will be reset to 0, and "STOP" will be displayed on the screen.

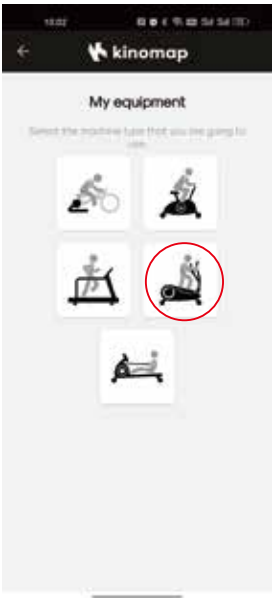
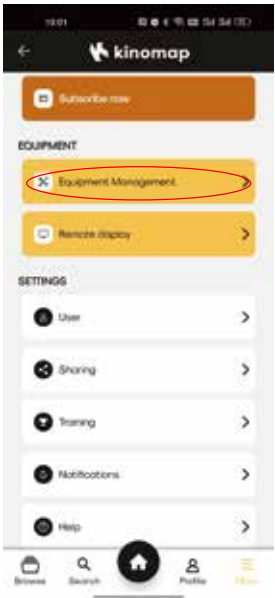
When you start exercising, the display will automatically start counting, and "STOP" will disappear.

APP OPERATION

1) Search "KINOMAP" in the mobile app store to download the app.



- 2) After the download is complete, open the APP and register your personal information, turn on the Bluetooth of your mobile phone, and make sure that the monitor is powered on and awake.
- 3) Add sports equipment, the specific operations are as follows:



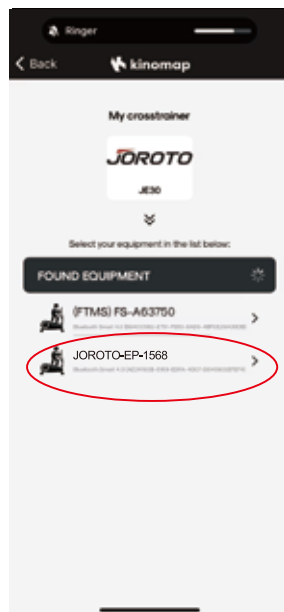
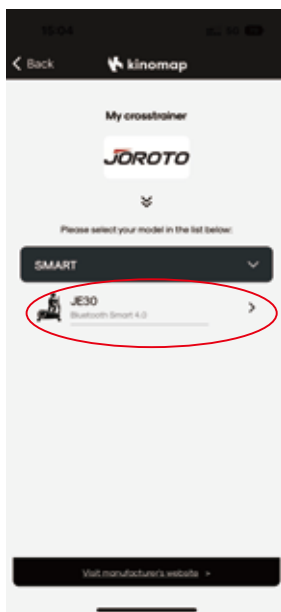
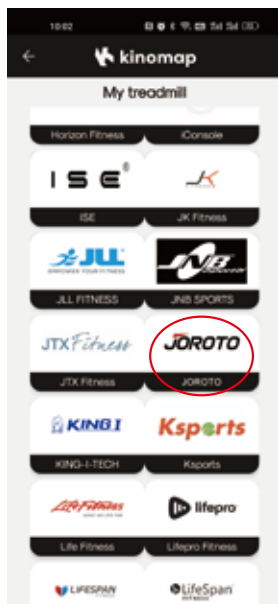
Select "JOROTO"



Select "JE30"



Found Equipment



4) After the equipment is connected, choose the scene you like and start your workout!

FCC WARNING STATEMENT

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

ISED CANADA STATEMENT

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada 's licence exempt RSS(s). Operation is subject to the following two conditions:

- 1) this device may not cause interference and
- 2) this device must accept any interference, including interference that may cause undesired operation of the device.

Radiation Exposure: This equipment complies with Canada radiation Exposure limits set forth for an uncontrolled environment to maintain compliance with IC's RF Exposure guidelines. This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter.

Déclaration du Canada:

Ce dispositif contient un (S) émetteur (S)/ récepteur (S) exempté (S) de licence qui respecte l'innovation,

Science et développement économique Canada a exempté le ou les RSS de licence. L'exploitation est soumise aux deux conditions suivantes:

- 1) cet appareil ne doit pas causer d'interférences et
- 2) ce dispositif doit accepter toute interférence, y compris toute interférence pouvant entraîner un fonctionnement indésirable du dispositif.

Exposition au rayonnement: cet équipement est conforme au rayonnement Canada

Les limites d'exposition fixées pour un environnement non contrôlé afin de maintenir la conformité avec les lignes directrices d'exposition aux RF d'IC. Ce dispositif et ses antennes ne doivent pas être co-localisés ni fonctionner en conjonction avec une autre antenne ou un autre émetteur.



Li ang Health Technology (Beijing) Co. Ltd

Tel: 1-888-828-2521

Scan the Instagram QR Code to reach us online

Email: support@jorotofitness.com