



FCC RF Exposure Evaluation

1. Product Information

FCC ID	2A8B6-CT04
Product name	Smart Treadmill
Model number	CT04
Power supply	Input: AC 100-120V, 60Hz, 12000mA, 750W Output: DC 5V
Modulation Type	GFSK for Bluetooth V5.0(DTS) IEEE 802.11b: DSSS (CCK, DQPSK, DBPSK) IEEE 802.11g: OFDM (64QAM, 16QAM, QPSK, BPSK) IEEE 802.11n: OFDM (64QAM, 16QAM, QPSK, BPSK)
Antenna Type	PCB Antenna
Antenna Gain	3.37dBi(Max.)
Hardware version	/
Software version	/
FCC Operation frequency	2402MHz-2480MHz 2412MHz-2462MHz
Exposure category	General population/uncontrolled environment
EUT Type	Production Unit
Device Type	Mobile Devices

2. Evaluation Method

Systems operating under the provisions of FCC 47 CFR section shall be operated in a manner that ensures that the public is not exposed to radio frequency energy level in excess of the Commission's guidelines. In accordance with 47 CFR FCC Part 2 Subpart J, section 2.1091 this device has been defined as mobile device whereby a distance of 0.2m normally can be maintained between the user and the device, and below RF Permissible Exposure limit shall comply with.

In accordance with KDB447498D01 for Simultaneous transmission MPE test exclusion applies when the sum of the MPE ratios for all simultaneous transmitting antennas incorporated in a host device, based on the calculated/estimated, numerically modelled or measured field strengths or power density, is ≤ 1.0 . The MPE ratio of each antenna is determined at the minimum test separation distance required by the operating configurations and exposure conditions of the host device, according to the ratio of field strengths or power density to MPE limit, at the test frequency. Either the maximum peak or spatially averaged results from measurements or numerical simulations may be used to determine the MPE ratios. Spatial averaging does not apply when MPE is estimated using simple calculations based on far-field plane-wave equivalent conditions. The antenna installation and operating requirements for the host device must meet the minimum test separation distances required by all antennas, in both standalone and simultaneous transmission operations, to satisfy compliance.





3. Limit

3.1 Refer Evaluation Method

[ANSI C95.1-1999](#): IEEE Standard for Safety Levels with Respect to Human Exposure to Radio Frequency Electromagnetic Fields, 3 kHz to 300 GHz.

[FCC KDB publication 447498 D01 General 1 RF Exposure Guidance v06](#): Mobile and Portable Devices RF Exposure Procedures and Equipment Authorization Policies.

[FCC CFR 47 part1 1.1310](#): Radiofrequency radiation exposure limits.

[FCC CFR 47 part2 2.1091](#): Radiofrequency radiation exposure evaluation: mobile devices

3.2 Limit

Limits for Maximum Permissible Exposure (MPE)/Controlled Exposure

Frequency Range(MHz)	Electric Field Strength(V/m)	Magnetic Field Strength(A/m)	Power Density (mW/cm ²)	Averaging Time (minute)
Limits for Occupational/Controlled Exposure				
0.3 – 3.0	614	1.63	(100) *	6
3.0 – 30	1842/f	4.89/f	(900/f ²)*	6
30 – 300	61.4	0.163	1.0	6
300 – 1500	/	/	f/300	6
1500 – 100,000	/	/	5	6

Limits for Maximum Permissible Exposure (MPE)/Uncontrolled Exposure

Frequency Range(MHz)	Electric Field Strength(V/m)	Magnetic Field Strength(A/m)	Power Density (mW/cm ²)	Averaging Time (minute)
Limits for Occupational/Controlled Exposure				
0.3 – 3.0	614	1.63	(100) *	30
3.0 – 30	824/f	2.19/f	(180/f ²)*	30
30 – 300	27.5	0.073	0.2	30
300 – 1500	/	/	f/1500	30
1500 – 100,000	/	/	1.0	30

F=frequency in MHz

*=Plane-wave equivalent power density

4. MPE Calculation Method

Predication of MPE limit at a given distance

Equation from page 18 of OET Bulletin 65, Edition 97-01

$$S=PG/4\pi R^2$$

Where: S=power density

P=power input to antenna

G=power gain of the antenna in the direction of interest relative to an isotropic radiator

R=distance to the center of radiation of the antenna

5. Antenna Information

PCB Antenna can only use antennas certificated as follows provided by manufacturer;

Internal Identification	Antenna type and antenna number	Operate frequency band	Maximum antenna gain	Note
Antenna	PCB Antenna	2400MHz-2500MHz	3.37dBi	BT WIFI Antenna
Antenna	PCB Antenna	13.56MHz	0dBi	NFC Antenna



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6. Conducted Power

< BT LE Max Conducted Power >

Mode	Channel	Frequency(MHz)	Max Conducted Power (dBm)
GFSK	0	2402	-5.02
	19	2440	-4.11
	39	2480	-3.71

<2.4GWLAN Max Conducted Power >

Mode	Channel	Frequency(MHz)	Max Conducted Power (dBm)
IEEE 802.11b	1	2412	14.27
	6	2437	14.71
	11	2462	14.93
IEEE 802.11g	1	2412	15.08
	6	2437	15.24
	11	2462	15.4
IEEE 802.11n HT20	1	2412	15.01
	6	2437	15.09
	11	2462	17.11
IEEE 802.11n HT40	3	2422	15.93
	6	2437	16.14
	9	2452	16.23

7. Manufacturing Tolerance

<BT LE>

GFSK (Peak)

Channel	Channel 0	Channel 19	Channel 39
Target (dBm)	-5.0	-4.0	-3.0
Tolerance $\pm$ (dB)	1.0	1.0	1.0



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<2.4G WIFI>			
11B (Peak)			
Channel	Channel 1	Channel 6	Channel 11
Target (dBm)	14.0	14.0	14.0
Tolerance ±(dB)	1.0	1.0	1.0
11G (Peak)			
Channel	Channel 1	Channel 6	Channel 11
Target (dBm)	15.0	15.0	15.0
Tolerance ±(dB)	1.0	1.0	1.0
11N20SISO (Peak)			
Channel	Channel 1	Channel 6	Channel 11
Target (dBm)	14.0	15.0	17.0
Tolerance ±(dB)	1.0	1.0	1.0
11N40SISO (Peak)			
Channel	Channel 3	Channel 6	Channel 9
Target (dBm)	15.0	16.0	16.0
Tolerance ±(dB)	1.0	1.0	1.0

< NFC >

Mode	Frequency(MHz)	Field Strength(dBuV/m@3m)
ASK	13.56	47.64

Note: NFC: dBuV/m = 20log uV/m

8. Measurement Results

As declared by the Applicant, the EUT is a wireless device used in a fix application, at least 20 cm from any body part of the user or nearby persons; from the maximum EUT RF output power, the minimum separation distance, $r=20\text{cm}$, as well as the gain of the used antenna refer to antenna information, the RF power density can be obtained.

[Antenna]

<BT LE>

Band/Mode	RF output power		Antenna Gain (dBi)	MPE (mW/cm ²)	MPE Limits (mW/cm ²)
	dBm	mW			
GFSK	-2.0	0.6310	3.37	0.0003	1.0000





<2.4G WIFI>

Band/Mode	RF output power		Antenna Gain (dBi)	MPE (mW/cm ²)	MPE Limits (mW/cm ²)
	dBm	mW			
IEEE 802.11b	15.0	31.6228	3.26	0.0133	1.0000
IEEE 802.11g	16.0	39.8107	3.26	0.0168	1.0000
IEEE 802.11n HT20	18.0	63.0957	3.26	0.0266	1.0000
IEEE 802.11n HT40	17.0	50.1187	3.26	0.0211	1.0000

<NFC>

Band/Mode	Field Strength(dBuV/m@3m)	Antenna Gain (dBi)	MPE (V/m)	MPE Limits (V/m)
ASK	47.64	0	0.000241	60.7670

Mode	MPE1 Max.	MPE2 Max.	Σ MPE ratios	Limit	Results
BT LE+NFC	0.0003	0.000004	0.000304	1.000	Pass
2.4GWIFI+NFC	0.0266	0.000004	0.026604	1.000	Pass

Remark:

1. Output power including tune-up tolerance;
2. MPE evaluate distance is 20cm from user manual provide by manufacturer;

9. Conclusion

The measurement results comply with the FCC Limit per 47 CFR 2.1091 for the uncontrolled RF Exposure of mobile device.

.....THE END OF REPORT.....

