

RF Exposure Evaluation
For
Hangzhou Ruze E-commerce Co., Ltd
Treadmill
Test Model: CT09R

Prepared for	:	Hangzhou Ruze E-commerce Co., Ltd
Address	:	Room 801-3, building 5, information port phase 6, hangzhou, China
Prepared by	:	Guangzhou LCS Compliance Testing Laboratory Ltd.
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Date of receipt of test sample	:	September 08, 2025
Number of tested samples	:	2
Sample number	:	C250904003-1, C250904003-2
Serial number	:	Prototype
Date of Test	:	September 08, 2025 ~ September 25, 2025
Date of Report	:	September 26, 2025

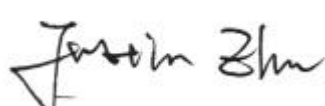
RF Exposure Evaluation	
Report Reference No.	LCSC09055016EC
Date of Issue	September 26, 2025
Testing Laboratory Name	Guangzhou LCS Compliance Testing Laboratory Ltd.
Address	No.44-1, Qianfeng North Road, Shiqi, Panyu District, Guangzhou, Guangdong, China
Testing Location/ Procedure	Full application of Harmonised standards ☒ Partial application of Harmonised standards ☐ Other standard testing method ☐
Applicant's Name	Hangzhou Ruze E-commerce Co., Ltd
Address	Room 801-3, building 5, information port phase 6, hangzhou, China
Test Specification	
Standard	FCC KDB publication 447498 D01 General RF Exposure Guidance v06 FCC CFR 47 part1 1.1310 FCC CFR 47 part2 2.1091
Test Report Form No.	TRF-4-E-214 A/0
TRF Originator	Guangzhou LCS Compliance Testing Laboratory Ltd.
Master TRF	Dated 2011-03
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EUT Description	Treadmill
Trade Mark	N/A
Test Model	CT09R
Ratings	Please Refer to Page 6
Result	Pass

Compiled by:



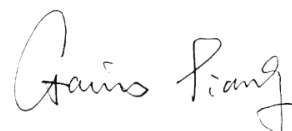
Lifeng Le/ Administrator

Supervised by:



Justin Zhu/ Technique principal

Approved by:



Gavin Liang/ Manager

RF Exposure Evaluation

Test Report No. :	LCSC09055016EC	<u>September 26, 2025</u> Date of issue
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EUT.....	: Treadmill
Test Model.....	: CT09R
Applicant.....	: Hangzhou Ruze E-commerce Co., Ltd
Address.....	: Room 801-3, building 5, information port phase 6, hangzhou, China
Telephone.....	: /
Fax.....	: /
Manufacturer.....	: Hangzhou Ruze E-commerce Co., Ltd
Address.....	: Room 801-3, building 5, information port phase 6, hangzhou, China
Telephone.....	: /
Fax.....	: /
Factory.....	: Hangzhou Ruze E-commerce Co., Ltd
Address.....	: Room 801-3, building 5, information port phase 6, hangzhou, China
Telephone.....	: /
Fax.....	: /

Test Result	Pass
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The test report merely corresponds to the test sample.

It is not permitted to copy extracts of these test result without the written permission of the test laboratory.

Revision History

Report Version	Issue Date	Revision Content	Revised By
000	September 26, 2025	Initial Issue	---

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1. Product Information

EUT	: Treadmill
Test Model	: CT09R
Ratings	: Input: AC 100-120V, 60Hz, Max 2237W
Hardware Version	: /
Software Version	: /
Bluetooth	:
Frequency Range	: 2402MHz~2480MHz
Channel Number	: 40 channels for Bluetooth V5.0 (DTS)
Channel Spacing	: 2MHz for Bluetooth V5.0 (DTS)
Modulation Type	: GFSK for Bluetooth V5.0 (DTS)
Bluetooth Version	: V5.0
Antenna Description	: PCB Antenna, 1.05dBi(Max.)
WIFI(2.4G Band)	:
Frequency Range	: 2412MHz~2462MHz
Channel Number	: 11 Channels for 20MHz bandwidth (2412~2462MHz) 7 Channels for 40MHz bandwidth (2422~2452MHz)
Channel Spacing	: 5MHz
Modulation Type	: IEEE 802.11b: DSSS (CCK, DQPSK, DBPSK) IEEE 802.11g: OFDM (64QAM, 16QAM, QPSK, BPSK) IEEE 802.11n: OFDM (64QAM, 16QAM, QPSK, BPSK)
Antenna Description	: PCB Antenna, 1.05dBi(Max.)
NFC function	: Support and only RX
Exposure category	: General population/uncontrolled environment
EUT Type	: Production Unit
Device Type	: Mobile Devices
Note: For a more detailed antenna description, please refer to the antenna specifications or the antenna report provided by the customer.	

2. Evaluation Method

Systems operating under the provisions of FCC 47 CFR section shall be operated in a manner that ensures that the public is not exposed to radio frequency energy level in excess of the Commission's guidelines. In accordance with 47 CFR FCC Part 2 Subpart J, section 2.1091 this device has been defined as mobile device whereby a distance of 0.2m normally can be maintained between the user and the device, and below RF Permissible Exposure limit shall comply with.

In accordance with KDB447498D01 for Simultaneous transmission MPE test exclusion applies when the sum of the MPE ratios for all simultaneous transmitting antennas incorporated in a host device, based on the calculated/estimated, numerically modelled or measured field strengths or power density, is ≤ 1.0 . The MPE ratio of each antenna is determined at the minimum test separation distance required by the operating configurations and exposure conditions of the host device, according to the ratio of field strengths or power density to MPE limit, at the test frequency. Either the maximum peak or spatially averaged results from measurements or numerical simulations may be used to determine the MPE ratios. Spatial averaging does not apply when MPE is estimated using simple calculations based on far-field plane-wave equivalent conditions. The antenna installation and operating requirements for the host device must meet the minimum test separation distances required by all antennas, in both standalone and simultaneous transmission operations, to satisfy compliance.

3. Limit

3.1 Refer Evaluation Method

[ANSI C95.1-2019](#): IEEE Standard for Safety Levels with Respect to Human Exposure to Electric, Magnetic, and Electromagnetic Fields, 0 Hz to 300 GHz

[FCC KDB publication 447498 D01 General 1 RF Exposure Guidance v06](#): Mobile and Portable Devices RF Exposure Procedures and Equipment Authorization Policies.

[FCC CFR 47 part1 1.1310](#): Radiofrequency radiation exposure limits.

[FCC CFR 47 part2 2.1091](#): Radiofrequency radiation exposure evaluation: mobile devices.

3.2 Limit

Limits for Maximum Permissible Exposure (MPE)/Controlled Exposure

Frequency Range(MHz)	Electric Field Strength(V/m)	Magnetic Field Strength(A/m)	Power Density (mW/cm ²)	Averaging Time (minute)
Limits for Occupational/Controlled Exposure				
0.3 – 3.0	614	1.63	(100) *	6
3.0 – 30	1842/f	4.89/f	(900/f ²)*	6
30 – 300	61.4	0.163	1.0	6
300 – 1500	/	/	f/300	6
1500 – 100,000	/	/	5	6

Limits for Maximum Permissible Exposure (MPE)/Uncontrolled Exposure

Frequency Range(MHz)	Electric Field Strength(V/m)	Magnetic Field Strength(A/m)	Power Density (mW/cm ²)	Averaging Time (minute)
Limits for Occupational/Uncontrolled Exposure				
0.3 – 3.0	614	1.63	(100) *	30
3.0 – 30	824/f	2.19/f	(180/f ²)*	30
30 – 300	27.5	0.073	0.2	30
300 – 1500	/	/	f/1500	30
1500 – 100,000	/	/	1.0	30

F=frequency in MHz

*=Plane-wave equivalent power density

4. MPE Calculation Method

Predication of MPE limit at a given distance

Equation from page 18 of OET Bulletin 65, Edition 97-01

$$S = PG / 4\pi R^2$$

Where: S=power density

P=power input to antenna

G=power gain of the antenna in the direction of interest relative to an isotropic radiator

R=distance to the center of radiation of the antenna

5. Antenna Information

EUT can only use antennas certificated as follows provided by manufacturer;

Internal/External Identification	Antenna type and antenna number	Operate frequency band	Maximum antenna gain	Notes
Internal	PCB Antenna	2400-2500MHz	1.05dBi	BT LE/WIFI Antenna

6. Conducted Power

[BLE1M]

Mode	Channel	Frequency (MHz)	Peak Conducted Output Power (dBm)
GFSK	0	2402	0.57
	19	2440	0.38
	39	2480	0.24

[BLE2M]

Mode	Channel	Frequency (MHz)	Peak Conducted Output Power (dBm)
GFSK	0	2402	0.57
	19	2440	0.38
	39	2480	0.24

[2.4G WIFI]

Mode	Channel	Frequency (MHz)	Max Conducted Power(dBm)
11B	1	2412	15.83
	6	2437	15.11
	11	2462	15.27
11G	1	2412	14.24
	6	2437	14.62
	11	2462	14.84
11N20 SISO	1	2412	13.64
	6	2437	13.66
	11	2462	12.99
IEEE 802.11n HT40	3	2422	12.23
	6	2437	12.05
	9	2452	12.94

7. Manufacturing Tolerance

[BLE1M]

GFSK(Peak)			
Channel	Channel 0	Channel 19	Channel 39
Target (dBm)	0	0	0
Tolerance $\pm$ (dB)	1.0	1.0	1.0

[BLE2M]

GFSK(Peak)			
Channel	Channel 0	Channel 19	Channel 39
Target (dBm)	0	0	0
Tolerance $\pm$ (dB)	1.0	1.0	1.0

[2.4G WIFI]

11B (Peak)			
Channel	Channel 1	Channel 6	Channel 11
Target (dBm)	15.0	15.0	15.0
Tolerance $\pm$ (dB)	1.0	1.0	1.0
11G (Peak)			
Channel	Channel 1	Channel 6	Channel 11
Target (dBm)	14.0	14.0	14.0
Tolerance $\pm$ (dB)	1.0	1.0	1.0
11N20 (Peak)			
Channel	Channel 1	Channel 6	Channel 11
Target (dBm)	13.0	13.0	12.0
Tolerance $\pm$ (dB)	1.0	1.0	1.0
IEEE 802.11n HT40 (Peak)			
Channel	Channel 3	Channel 6	Channel 9
Target (dBm)	12.0	12.0	12.0
Tolerance $\pm$ (dB)	1.0	1.0	1.0

8. Measurement Results

8.1 Standalone MPE Evaluation

As declared by the Applicant, the EUT is a wireless device used in a fix application, at least 20 cm from any body part of the user or nearby persons; from the maximum EUT RF output power, the minimum separation distance, $r=20\text{cm}$, as well as the gain of the used antenna refer to antenna information, the RF power density can be obtained.

[BLE 1M]

Modulation Type	Output power		Antenna Gain (dBi)	Antenna Gain (linear)	MPE (mW/cm ²)	MPE Limits (mW/cm ²)
	dBm	mW				
GFSK	1.0	1.2589	1.05	1.2735	0.0003	1.0000

[BLE 2M]

Modulation Type	Output power		Antenna Gain (dBi)	Antenna Gain (linear)	MPE (mW/cm ²)	MPE Limits (mW/cm ²)
	dBm	mW				
GFSK	1.0	1.2589	1.05	1.2735	0.0003	1.0000

[2.4GWLAN]

Modulation Type	Output power		Antenna Gain (dBi)	Antenna Gain (linear)	MPE (mW/cm ²)	MPE Limits (mW/cm ²)
	dBm	mW				
IEEE 802.11b	16.0	39.8107	1.05	1.2735	0.0101	1.0000
IEEE 802.11g	15.0	31.6228	1.05	1.2735	0.0080	1.0000
IEEE 802.11n HT20	14.0	25.1189	1.05	1.2735	0.0064	1.0000
IEEE 802.11n HT40	13.0	19.9526	1.05	1.2735	0.0051	1.0000

Remark:

1. Output power including tune-up tolerance;
2. Output power was adjust to duty cycle at 100% if measured duty cycle less than 98%;
3. MPE evaluate distance is 20cm from user manual provide by manufacturer.

8.2 Simultaneous Transmission MPE Evaluation

Not Applicable

9. Conclusion

The measurement results comply with the FCC Limit per 47 CFR 2.1091 for the uncontrolled RF Exposure of mobile device.

10. Description of Test Facility

Site Description
EMC Lab.

:

CNAS Registration Number is L11555
A2LA Certificate Number: 5099.01
FCC Designation Number is CN1379
Test Firm Registration Number: 729882

11. Measurement Uncertainty

BLE&2.4GWIFI

Test Item		Frequency Range	Uncertainty	Note
Output power	:	1GHz-40GHz	±0.57dB	(1)

(1). This uncertainty represents an expanded uncertainty expressed at approximately the 95% confidence level using a coverage factor of k=2.

-----THE END OF REPORT-----