

Kairos

Clinical-grade biometrics to monitor your recovery, activity levels, and deliver insights on your sleep.



Measures include:

- Heart Rate Variability (HRV)
- Heart Rate
- Respiratory Rate
- Sleep Analysis
- Activity metrics

1 GETTING STARTED GUIDE

Visit <http://biostrap.link/kairos>

2 INSTALL “VITAL SCIENCE” APP

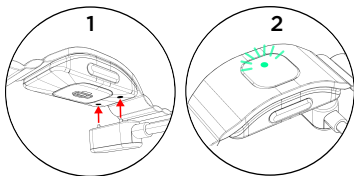


Download the **Vital Science by Biostrap** Mobile App and follow instructions in app to pair your biosensor.

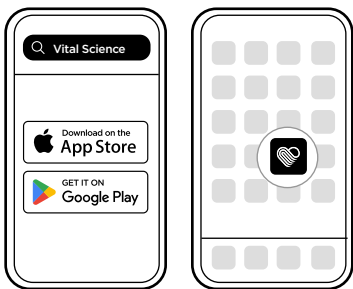
3 NEED HELP?

Contact support at support@biostrap.com or visit help.biostrap.com

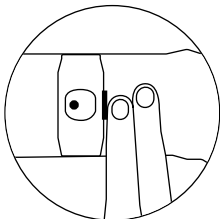
Charging your Kairos



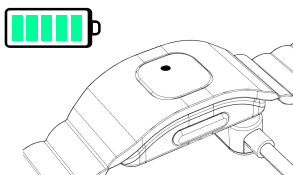
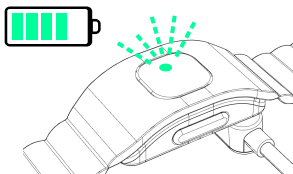
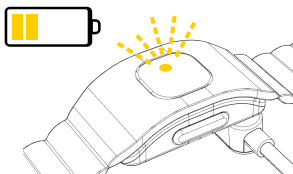
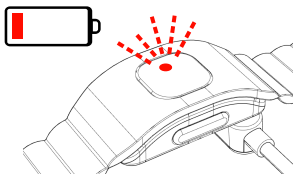
Download “Vital Science” app on Google Play and Apple App Store



Wear your device two fingers above your wrist bone for the best data quality.



Charging LED Status



Once fully charged, the LED will stop blinking.

FCC Compliance

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

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