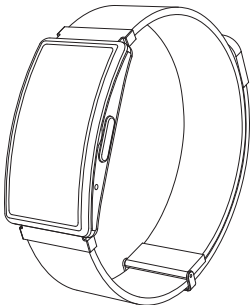


Smart Health Band

V5



User Manual

What's Included in the Box



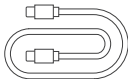
(1) Device



(2) Battery Pack



(3) Wristband



(4) Type-C charging cable

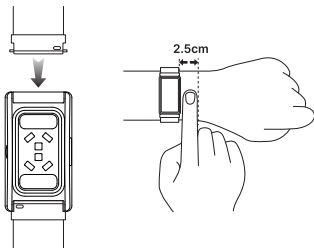


(5) User manual

Positioning the Strap

Attach the spring bar of the wristband to the lug of the wristband. Then wear the band on your wrist.

The Strap should be placed on the wrist, about 2.5 cm above the bone of your wrist. The Strap should be snug, but not too tight - just tight enough to ensure the sensors make solid contact with your skin. As a good rule of thumb, if you can slide your pinky finger under the strap, it is likely too loose.



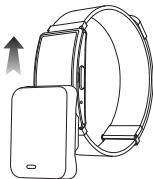
Instruction

1. Charge Before Use

- Please fully charge the device to activate for first use.
- If after factory reset on the App, please charge to power on.

2. Charging the Strap

Simply slide the fully charged Battery Pack onto the Strap in the direction shown. The Battery Pack should slide along the slots on the sides of the device, just under the clasp, and will lock into place so that the Battery Pack engages with the Side Contacts of the Strap.

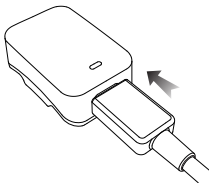


The Battery Pack should be left on the Strap for 90 minutes for a full charge. Once fully charged, the Strap will last approximately 7+ days before needing to be charged again.

3. Charging the Battery Pack

The Battery Pack should be plugged into the Micro USB for 90 minutes for a full charge. The Battery Pack contains LEDs that will indicate when it is fully charged. The LED will change from Red to Green when fully charged.

When attached to the Strap, the Battery Pack will indicate the battery level of the Strap when double-tapped.





Home Button

LED Indicator



HR & SpO2
Sensor



LED Indicator

Charging Instructions

Device charging: Install the device in the charging slot at the bottom of the Battery Pack. The device starts charging. During charging, the green light flashes slowly. When fully charged, the green light remains on constantly. When the device is in sleep mode, simply click the button to wake up the device.

Battery Pack charging: Insert the Type-C charging cable into the Battery Pack, and the Battery Pack will start charging. When the Battery Pack is in sleep mode, double tap the top of the Battery Pack to wake it up. The Battery Pack takes 90 minutes to fully charge. When fully charged, the green light remains on for 3 seconds and then goes out.

The indicator light of the Battery Pack lights up in different colors, indicating different power levels of the main unit: the red light of the Battery Pack flashes, indicating that the main unit's battery

level is 0% to 25%. A yellow flashing light indicates that the main unit's battery level is between 25% and 80%. A flashing green light indicates that the main unit's battery level is between 80% and 100%. When the battery level drops below 5%, the red light of the Battery Pack will flash three times and it will shut down.

It supports normal use for about 7+ days and standby for about 20 days. Battery life depends on the activated function, the type of device used and the frequency.

Download the APP to Start Your Health Journey

- Scan the QR code below or search JCVital on Google Play or iOS App Store to download our JCVital App.
- Make sure the Bluetooth of your mobile device is on.
- Choose device identified in App and connect to your smart band.



 **JCVital**

Note: Please ensure that your Android version is 5.0 or later, iOS version is 10.0 or later. It supports Bluetooth 5.0 connection.

Specifications

Product Name: Smart health band

Model: V5

Warranty: 12 months

BT Version: BLE 5.0

BT Range: 10 meters

Size: 38*21*8.5mm

Battery: 58mAh

Battery Pack: 210mAh

Data Memory: 30 days

Waterproof: IP68

Activity Time: Max 99h59min

Calories Burned: Max 9999.9kcal

Running & Walking Distance: Max 999.99km

Troubleshooting

If the device doesn't pair with your smartphone

1. Make sure your device is turned on.
2. Check your smartphone to ensure Bluetooth is on.
3. Check the app to make sure Bluetooth permissions are turned on.
This should be in your Bluetooth settings.
4. Restart the app and go to the app home screen.
5. The device battery should display on your app device screen.

If the device isn't measuring any data

Please contact our support team.

If the device battery is draining too quickly

1. Calibrate your battery by charging it for at least three hours.
2. Start using your device again as you normally would.
3. Contact our support team if the problem persists.

If the device causes an allergic reaction

Please stop using the device right away. In the rare event of an anaphylactic reaction, seek medical attention immediately.

If the issue isn't mentioned in these tips

Please contact our support team and report the issue in detail.

Safety Notices

Failure to follow these safety instructions could result in fire, electric shock, injury, or damage to the device or other property. Read all the safety information below before using the device.

Not a Medical Device

It's not a medical device and should not be used as a substitute for professional medical judgment. It is not designed or intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment, or prevention of any condition or disease. Please consult your healthcare professional prior to making any decisions related to your health.

Handling

Handle this device with care as it contains sensitive electronic components and can be damaged if dropped, burned, punctured, or crushed. Don't use a damaged Move Wearable

as it may cause injury. Avoid heavy exposure to dust or sand. Children should not be allowed to play with the device without supervision.

Battery

Do not attempt to replace the device battery yourself, you may damage the battery, which could cause overheating and injury. The lithium-ion battery in the device should be serviced only by manufacturer or an authorized service provider. Batteries must be recycled or disposed of separately from household waste. Do not incinerate the battery. Do not dispose of the device in domestic waste. If you have any questions, please contact us.

Operating Temperature

This device is designed to work in ambient temperatures between 32°F and 113°F (0°C and 45°C) and be stored in temperatures between -4°F and 158°F (-20°C and 70°C). It can be damaged and battery life shortened if stored or operated outside of these temperature ranges.

Avoid exposing this device to dramatic changes in temperature or humidity.

Prolonged Heat Exposure

Do not expose the device to extreme temperatures or extreme temperature fluctuations. Protect the device from direct sunlight. While this device is charging or the power plug is plugged into a power source, do not sleep on it or place it under a blanket, pillow, or your body. Take special care if you have a physical condition that affects your ability to detect heat against the body.

FCC Requirement

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with

the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

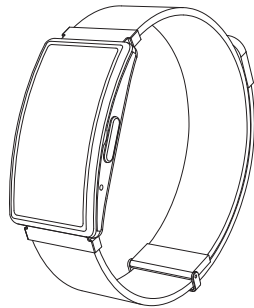
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC RF exposure statement:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

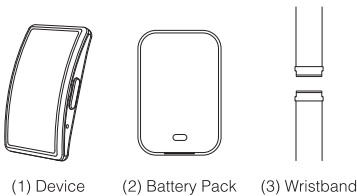
Smart Health Band

V5



User Manual

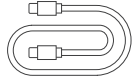
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(1) Device

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(3) Wristband



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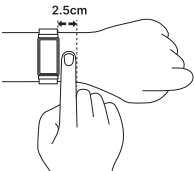


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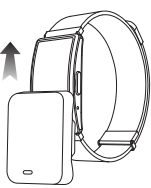
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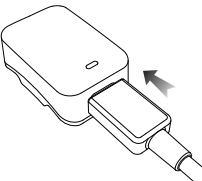
3

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4



Home Button

LED Indicator

HR & SpO2 Sensor



LED Indicator

5

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