· Do not leave your YOORX in direct sunlight for an extended period of time.
· Do not leave your YOORX near open flames.
· Do not attempt to disassemble your YOORX, it does not contain serviceable components.

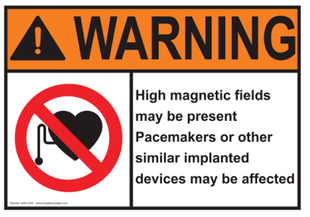
The symbol on the product or its packaging signifies that this product has to be disposed separately from ordinary household wastes at its end of life Please kindly be aware that this is your responsibility to dispose electronic equipment at recycling centers so as to help conserve natural resources. For information about your recycling drop off point, please contact your local related electrical and electronic equipment waste management authority or the retailer where you bought the product.

## Child Safety

YOO and its accessories contain small parts which can be a choking hazard. Please keep away from small children.

## Magnet Warning

YOORX™ contains strong magnets which could cause electronic equipment to malfunction. If you use a medical device of any kind please consult your physician and the manufacturer of your medical device before handling or using the YOORX™.



# YOO®RX User Guide

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Product ID: YX4850
Welcome to YOO. Let's Get Moving!

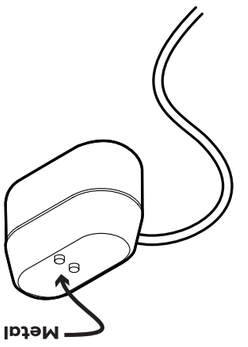


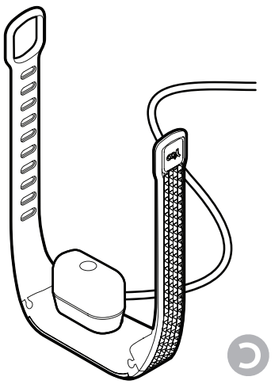
## STEP 1: Charge Your YOO®RX

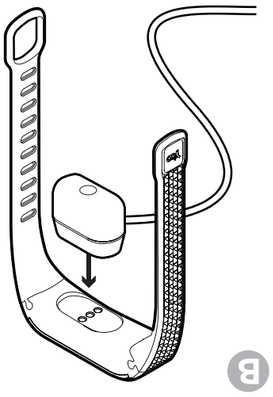
**1.** Your YOORX comes with a custom-designed USB charger that suctions to the underside of your YOORX with magnets. (fig. A)

**2.** To attach simply bring the end of the charging cable that has the two metal points on it close to the underside of your YOORX (fig. B) and the magnets will do the rest. It should nest comfortably inside the oval indentation under your YOORX. (fig C).

**3.** Insert the other end of the USB charger into your computers USB port to charge. or plug into an outlet charger if you own one. (Please note that a wall plug-in accessory is not included with your YOORX purchase).







## Care and Maintenance

Here are some smart things you can do to care for your YOORX.

· Clean YOORX with a soft dry cloth.
· Do not use any abrasive cleansers.
· Do not immerse YOORX in water.
· Store YOORX in a safe and dry location.
· Do not subject YOORX to shock, extreme heat or long-term exposure to direct sunlight.

## YOO®RX Support

If you have any questions or need help with your new YOORX device, please call us Monday - Friday from 9am to 5pm EST at 1-866-241-0276 or email us at Help@YOOChallenge.com. Well do our very best to help!

## Warranty

For purchases made in the U.S and Canada.
If at any time within one (1) year from the purchase date of this product. it fails to perform properly due to defects in material, workmanship or manufacturing. please return it prepaid with your Proof of Purchase to:

YOO Fitness, LLC.
Returns Department
255 Long Beach Boulevard
Stratford, CT 06615

## Replacement

Your YOORX has been carefully designed, manufactured and packaged. If any parts are missing or damaged please return it to the above address and we will replace it free of charge. Please do not return your YOORX to the store where you purchased it.

## FCC Compliance

FCC ID: 2ABPTYX4850

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference. and
2. This device must accept any interference. including interference that may cause undesired operation of the device.

You are cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device. pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and. if not installed and used in accordance with the instructions. may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception. which can be determined by turning the

equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

· Reorient or relocate the receiving antenna.
· Increase the separation between the equipment and receiver.
· Connect to an outlet on a circuit different from that to which the receiver is connected.
· Consult the dealer or an experienced radio/TV technician for help.

This device meets the FCC and IC requirements for RF exposure in public or uncontrolled environments.

### FCC Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End users must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

### Care related to Water Resistance

The YOORX is tested to be water-proof to 5 meters.
NOTE: Environments with steam or extremely high humidity levels could cause water damage.

DO NOT expose the wrist band to sudden changes of temperature by going from a hot tub to cold water. This can make the rubber seals contract and allow water to penetrate.

DO NOT use the wrist band in a hot tub or extremely hot shower / bath.
High temperatures and steam can damage the rubber seals.

DO NOT wear the wrist band in soapy dishwater or bubble baths. The alkali contained in soaps can damage the rubber seals.

DO NOT use cleaning solvents to clean your wrist band. Solvents WILL damage the integrity of the plastic. The wrist band can be wiped clean with a lightly moistened cloth.

Salt is highly corrosive and can damage both the rubber seals and the water case.

**NOTICE TO PEOPLE WEARING PACEMAKERS:** While Bluetooth is a passive system and should have no direct effect on a pacemaker, we strongly recommend anyone fitted with such a device contact their physician or cardiologist before using this product or starting an exercise program.

### Industry Canada (IC) Statement

You are cautioned that changes or modifications not expressly approved by the part responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the



## Get the Latest and Greatest

We improve our devices all the time so to find an updated version of this Instruction Manual please visit:

**http://www.YOOCHALLENGE.com/how-to**



limits for a Class B digital device, pursuant to part 15 of the IC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

· Reorient or relocate the receiving antenna.
· Increase the separation between the equipment and receiver.
· Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
· Consult the dealer or an experienced radio/TV technician for help.

Operation is subject to the following two conditions:

1. This device may not cause interference and
2. This device must accept any interference, including interference that may cause undesired operation of the device.

### Environmental Conditions

· Operating temperature: 32° to 104° F (0° to 40° C)
· Non-operating temperature: -0° to 130° F (-17.7° to 54.4° C)
· Maximum operating altitude: 30,000 feet (9,144 m)

### Battery Safety Information

· Non-rechargeable batteries are not to be recharged
· Do not mix alkaline, standard (carbon-zinc), or rechargeable (nickel-cadmium) batteries
· Exhausted batteries are to be removed.
· Do not dispose of batteries in fire; batteries may explode or leak
· Do not dispose of product in fire; batteries may explode or leak
· The supply terminals are not to be short-circuited
· Batteries are to be inserted with correct polarity
· Clean the battery contacts and also those of the product prior to battery installation
· As always, dispose of batteries in an eco-friendly manner.

### Warnings and Cautions

It is recommended that you consult with a doctor before starting any fitness program. Additionally please be advised of the following:

· Follow all instructions and use only as intended.
· Do not tamper with your YOORX.
· YOORX is not a toy or a medical device.
· Do not use abrasive cleaners to clean your YOORX.
· Do not place your YOORX in a Dishwasher, Washing Machine or Dryer.
· Do not expose your YOORX to extremely high or low temperatures.





## Welcome to YOO! Let's Get Moving!

The YOORX is a wireless activity band that uses a 3-Axis accelerometer to monitor your movements during the day and your sleep patterns at night. When you wear your YOORX you can view your stats in real-time 24 hours-per-day via the OLED high-definition display. You can also sync your progress to the YOO Fitness+ app via Bluetooth Smart where you can view your current and past stats and take the YOO Challenge.

The YOORX enables you to track how many steps you have taken, how much distance you have travelled and your total calorie-burn from exercise. You can also monitor the total amount of minutes you have been moving, the duration and quality of your sleep and view smart notifications right on the RX display.