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U RF Instructions for Use – EU	RD 28001 A0 Page 1 of 21

U Skin Perfection Therapy **Multi TECH SKIN** **TREATMENTS** **Instructions for Use - EU**

EL Global Trade Ltd	6th Ha-Gavish St., Netanya 4250706, Israel Tel: +972-9-7889069 Fax: +972-9-7734831
U RF Instructions for Use – EU	RD 28001 A0 Page 2 of 21

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Table of Contents

PRECAUTIONS	3
CONTRAINDICATIONS	4
WARNINGS	5
Introducing DRF (Dynamic radio frequency) Technology – How does it work?	6
Intended Use	7
Possible Adverse Effects	7
Device Description	10
User interface description	10
User Instructions	11
Preliminary Test	11
Getting Started	12
Step 1: Prepare Your Skin	12
Step 2: Device Operation	12
Recommended Treatment	14
Post facial treatment care	15
Cleaning & Storage	15
Troubleshooting	16
Disposal	17
Customer Service	17
Device Specification Parameters	18
Labeling	19



Carefully read the information below before you begin your first treatment. If you still have any doubts about the device's safety, consult your physician.

PRECAUTIONS:

- Never use flammable liquids, such as alcohol (including perfumes, sanitizers, or other applications containing alcohol) or acetone to clean the skin in the hour before using the device, as it may cause burning of the skin.
- Do not open or repair the device, as it may expose you to dangerous electrical components.
- Do not place, store or use the device near bathtubs, showers, basins or other vessels containing water, as this may cause severe electrocution.
- Do not leave the device unattended while plugged into the electricity supply, as it may lead to electrocution.
- Keep out of reach of children and pets.
- Not to be used by persons under 18 years of age.
- Children must not play with the device. Cleaning and maintenance must not be carried out by children without supervision.
- Use the device only in accordance with these Instructions for Use and for its intended use.
- Do not use the device if any part of the device is missing, damaged or lost, if the device is not working properly, if you see or smell smoke, or if the device becomes damp or wet.
- Make sure the device is clean, dry and intact before each use. Cleaning instructions are detailed in the **Cleaning and Storage** section below.
- Do not use the device without first applying the Base Gel.
- Do not use the Base Gel after its expiration date.

Note: The Base Gel is for external use only - avoid direct contact with eyes. If such contact does occur, wash the eyes immediately with water.

EL Global Trade Ltd	6th Ha-Gavish St., Netanya 4250706, Israel Tel: +972-9-7889069 Fax: +972-9-7734831
U RF Instructions for Use – EU	RD 28001 A0 Page 4 of 21

CONTRAINDICATIONS

Do NOT use the device if you:

- have an active implant, such as a pacemaker or insulin pumps, or if you have any known severe heart disorder, such as arrhythmias.
- are pregnant or breastfeeding.
- suffer from severe or uncontrolled endocrine or metabolic conditions, such as diabetes or uncontrolled thyroid disease.
- have a damaged immune system or autoimmune disorder, such as AIDS or Lupus, or if you use drugs that influence the immune system.
- suffer from blood clotting disorders, excessive bleeding or bruising, damaged wound healing or if you routinely take blood-thinning medication.
- suffer from a history of deep vein thrombosis.
- have a history of collagen disorders or suffer from keloid scarring (growth of extra scar tissue where the skin has healed after an injury).
- have a general extreme illness, such as hepatitis, liver disease or epilepsy.
- suffer from sensitive or damaged skin, such as in cases of frequent redness or rash, inflammations, breakouts (such as psoriasis), blisters, sores, infections, acne, or extra dry skin.
- have diminished or exaggerated perception of temperature change.
- have taken Accutane in the past 6 months.
- have a heat-induced disease or an active skin disease, such as herpes, eczema, rashes, etc., in the treatment area.
- have skin cancer, areas at risk of malignancy, or if you have received radiation therapy or chemotherapy within the past 3 months.

EL Global Trade Ltd	6th Ha-Gavish St., Netanya 4250706, Israel Tel: +972-9-7889069 Fax: +972-9-7734831
U RF Instructions for Use – EU	RD 28001 A0 Page 5 of 21

WARNINGS

Do NOT use the device:

- If you have any permanent implants in the designated treatment area, including but not limited to silicon or injected chemical materials, metal plates, or other metal materials.
- If you had plastic surgery, such as face lifting or eyelid surgery, or if you had aesthetic injections of fillers such as: Hyaluronic Acid, Collagen, fat or Botulinum Toxin, in the treatment area within the past 3 months.
- If you have had a professional chemical peel within the past 3 months with Alpha Hydroxyl Acids (AHA), such as glycolic acid, or Beta Hydroxyl Acid (BHA), or if you had a professional facial abrasion such as: dermabrasion, facial resurfacing, deep chemical peeling (phenol, Trichloroacetic acid-TCA), and/or ablative laser treatments within the past 3 months.
- Over nostrils, lips of the mouth, ears, breast or genital area, or areas not recommended in this user manual.
- Over the thyroid since it may cause adverse events.
- Over the eyelids, eyes or sides of the eyes (next to your nose), since it may cause eye damage.
- If you have any metal items, such as jewelry or piercings, or tattoos or permanent make up on the designated treatment area/s.
- Over sunburns, dark brown or black spots such as: freckles, birth marks, moles or blisters in the treatment area.
- If you are allergic or sensitive to chrome, nickel or any component of the Base Gel.
- The device may be used by people with reduced physical, sensory or mental capabilities or lack of experience and knowledge provided that they are under supervision or have been instructed in the safe use of the device and that they understand the hazards involved.
- Do not use the device over hairy areas of the body, as this may result in the hairs being burnt.

EL Global Trade Ltd	6th Ha-Gavish St., Netanya 4250706, Israel Tel: +972-9-7889069 Fax: +972-9-7734831
U RF Instructions for Use – EU	RD 28001 A0 Page 6 of 21

- Do not use the device while charging.

Note: If you have undergone any other aesthetic procedures in the designated treatment area, or if you have treated the skin with a prescribed drug within the past 3 months, or if you have any concerns regarding potential adverse effects, please consult your physician before using the device.

Introducing DRF⁺ (Dynamic radio frequency) Technology –

How does it work?

Radio Frequency (RF) is a type of electromagnetic energy designed to reduce wrinkles, tighten skin, and restore skin elasticity. Known for delivering noticeable, long-lasting results, RF technology is suitable for all skin tones and simple to use. It has been used effectively in doctors' clinics for years, proving to be both safe and highly effective.

The Plus device introduces a revolutionary approach to non-invasive skin rejuvenation with continuous heating, adapting seamlessly to every skin type without interruption. Equipped with Sensica's proprietary Dynamic RF+™ technology, it combines clinically proven Radio Frequency, widely used by doctors, with advanced facial speed for enhanced results. This newly engineered, multiplatform device supports four unique treatments through interchangeable heads, available as add-ons for a personalized experience. With its advanced heating and adaptable treatment options, the Plus sets a new standard in at-home skin care technology.

The device uses two electrodes to deliver RF energy deep into the skin, contracting collagen fibers and stimulating natural collagen production, which diminishes with age. When used as directed in the Recommended Treatment Protocol, the device can reduce wrinkles, tighten skin, and restore elasticity, with visible results after just one treatment.



Please make sure to carefully read this user guide before you start

treating with the device. The user guide can also be found at www.sensica.com

Intended Use

The device is intended:

- Suitable for women and men looking to reduce facial wrinkles, tighten facial skin, and restore skin elasticity. Designed for use on the face, cheeks, smile lines, crow's feet, forehead, chin, jawlines, allowed areas of the neck, décolletage, and hands.
- For use on fine to moderate-depth wrinkles.
- To be used with the Base Gel, specially formulated for Sensica RF devices. The Gel ensures optimal RF energy delivery by enhancing contact and conductivity between the device and the skin providing the best possible results.

Note: U SKIN PERFECTION THERAPY device is specially designed for your treatment and is intended for single-user home use only.

Possible Adverse Effects

When using the device according to the Instructions for Use, adverse effects are rare. However, like any aesthetic procedure, using home devices may occasionally cause some adverse effects (listed in the table below).

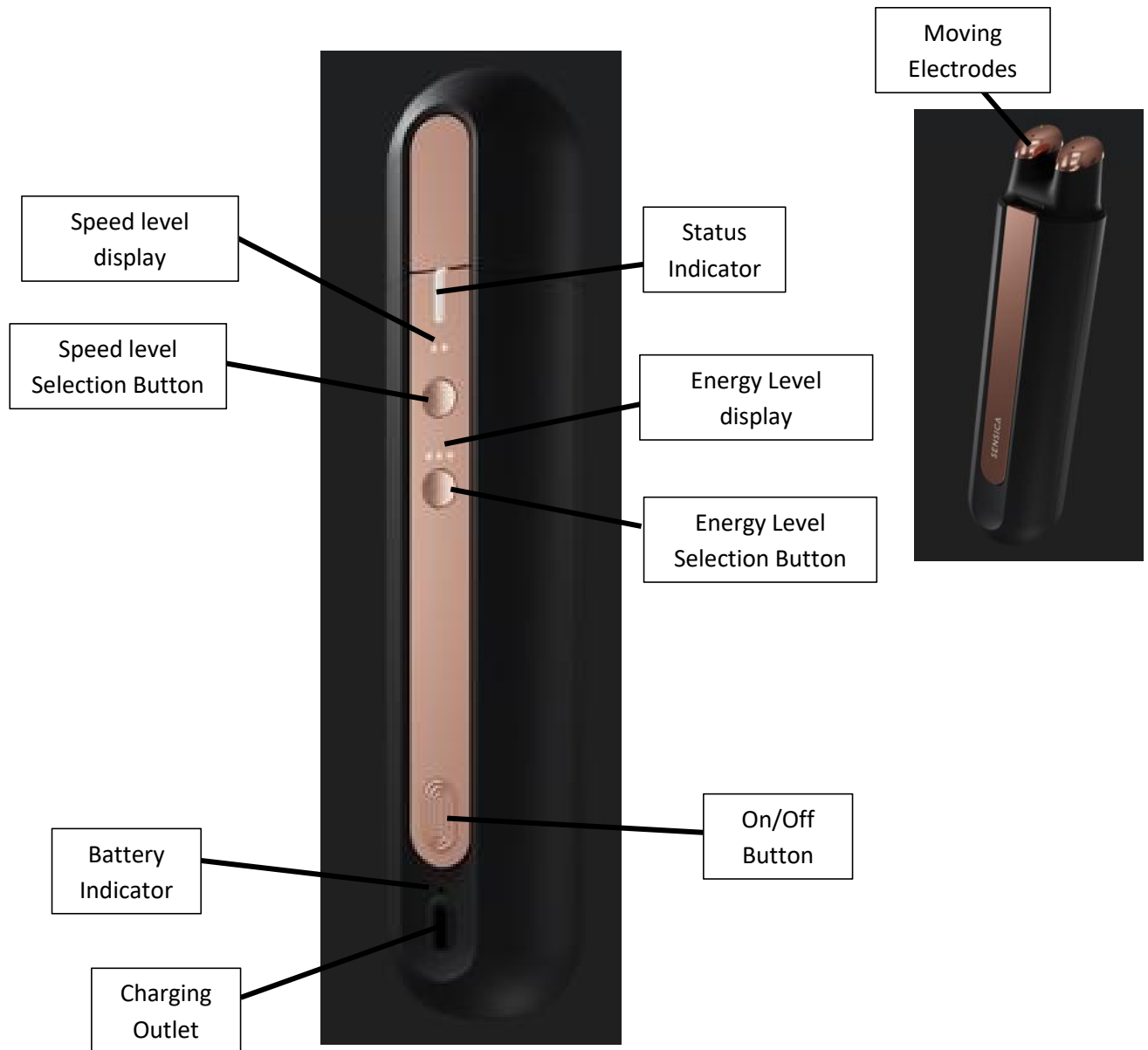
In case adverse effects occur, discontinue use and consult with your physician if needed.

Mild adverse effects should be resolved on their own within a few hours.

Severity of Adverse Effect	Frequency of Adverse Effect	Adverse Effects
Mild	Common	Local pain Skin irritation Skin redness Skin sensitivity Allergies or sensitivity to the Base Gel
Moderate	Rare	Mild skin burns Pigment changes Excessive redness and swelling

EL Global Trade Ltd		6th Ha-Gavish St., Netanya 4250706, Israel Tel: +972-9-7889069 Fax: +972-9-7734831	
U RF Instructions for Use – EU		RD 28001 A0	Page 8 of 21

		Urticaria, purpura or ecchymosis Hematoma
Severe	Extremely Rare	Severe burns Infection Bruising Blistering



Device Description

User interface description

1. ON/OFF button – A short press on the button will turn the device ON at energy level 1. A long press on the button will turn the device OFF. The device will switch to standby mode when left unattended for 45 seconds.

2. Status indicators

Status indicator	Momentary yellow light	This light appears when the device is turned on/off.
	No light	The device is turned off OR the device is turned on with no contact.
	Greenlight	The device achieved contact with the skin.
Battery status indicator	Blinking red light	The battery is low.
	Red light	Battery charging.
	Green	Battery is fully charged.
	No light	Battery charge sufficient.
RF energy level selection button and indicators	1-3 energy levels lights	The device turns on automatically on energy level 1. Press the RF energy level selection button repeatedly until you reach the desired level: 1 (1 lit indicator) → 2 (2 lit indicators) → 3 (3 lit indicators) → back to 1.
speed selection button and indicators	1-2 speed level lights	The device turns on automatically with the speed function off. Press the speed selection button to select speed level 1 (1 lit indicator) → speed level 2 (2 lit indicators) → OFF (no lit indicators).

EL Global Trade Ltd	6th Ha-Gavish St., Netanya 4250706, Israel Tel: +972-9-7889069 Fax: +972-9-7734831
U RF Instructions for Use – EU	RD 28001 A0 Page 11 of 21

User Instructions

The device is intended for use on the cheeks, nasolabial “smile” folds, “crow’s feet” (beside the eyes), forehead, chin, allowed areas of the neck, décolletage, and hands.

What to Expect When Using the U SKIN PERFECTION THERAPY Device?

During your treatment, it is normal to experience:

- Sensations of warmth created by RF energy.
- Some mild red or pink color on the skin – during and just after each treatment.

Preliminary Test

The preliminary test is intended to determine your skin’s reaction to the treatment and help you find the best settings for each treatment area. Perform a preliminary test on each area you intend to treat 48 hours before the full treatment.

- Prepare your skin as described below in "**Step 1: Prepare your skin**". Instructions for operating the device can be found below in "**Step 2: Device operation**".
- Before using the device, apply an even layer of the Base Gel on the treatment area.
- Start your test with energy level 1 and move the device in small circular motions.
- Increase the energy levels according to your comfort. Stop the test if you do not feel comfortable or if you see adverse effects.
- Perform the preliminary test for a total time of about 3 minutes.
- Wait 48 hours and examine the tested area.
- If the skin in the tested area appears normal and no adverse effects are present, you may proceed with a full treatment at the highest comfortable energy level that you tested.

***Note:** The RF energy level determines the rate at which the temperature rises in heating mode. Higher RF energy levels enable faster and more even heating. While all RF energy levels can deliver effective results, lower levels may take more time to reach the desired temperature. Therefore, you can select any RF energy level that is comfortable to you.

EL Global Trade Ltd	6th Ha-Gavish St., Netanya 4250706, Israel Tel: +972-9-7889069 Fax: +972-9-7734831
U RF Instructions for Use – EU	RD 28001 A0 Page 12 of 21

Getting Started

Step 1: Prepare Your Skin

1. Prior to use, make sure your skin is dry, clean and free of topical products such as: moisturizers, liquids or lint.
2. Remove all jewelry from the treatment area and from your hands.
3. Never use flammable liquids such as alcohol (including perfumes, sanitizers, or other applications containing alcohol) or acetone on the skin one hour before using the device as it may cause burning of the skin.
4. The device is suitable for men. However male users should make sure their skin is clean-shaven before treatment.

Step 2: Device Operation

Note: A preliminary test should be conducted separately for each area you intend to treat before proceeding with full treatment in that area. See the “**Preliminary Test**” section above.

Charging Instructions

1. Before your first use and when the battery is empty, fully charge the battery (full charging of the battery takes up to 2 hours).
2. Whenever the battery level is low, indicated by the blinking red light of the battery status indicator, recharge your device. Fully charge the device every 3 to 4 months, even if it hasn't been used.
3. To charge your device, insert the plug of the power cord into the electrical outlet and the other end into the device. When the battery is fully charged, the charging light becomes green.
4. After charging, unplug the power adaptor from both the outlet and the device.

Notes about charging:

- Some warming of the device and power adaptor during charging is normal.

EL Global Trade Ltd	6th Ha-Gavish St., Netanya 4250706, Israel Tel: +972-9-7889069 Fax: +972-9-7734831
U RF Instructions for Use – EU	RD 28001 A0 Page 13 of 21

- Charging should be done in a room temperature or cool environment, never above 40°C. The device is equipped with battery-overheat protection and will not charge if the room temperature exceeds 40°C.
 - Never cover the device and the adapter during charging.
 - The device cannot be used while being charged.
5. Make sure the device is clean, dry, and intact prior to use.
 6. Apply an even layer of “Base Gel” (included in your kit) to the area of your skin intended for treatment.
 7. Set the Radio Frequency (RF) energy level and speed to the level chosen in your preliminary test treatment. Press the RF energy level selection button repeatedly until you reach the desired level: 1, 2, or 3. Press the speed level button repeatedly until you reach the desired level: 1 or 2.
 8. The RF can be turned on by itself or together with the speed function. Both functions will be activated at level 1. Select different levels based on your preliminary test.
 9. The electrodes are equipped with 2 safety sensors that maintain the temperature within an effective and safe range throughout the treatment.
 10. Place the electrodes on the intended area, ensuring full contact with your skin throughout the treatment. The device will indicate proper skin contact with a green status light. If the device is not positioned correctly, the RF energy will not be delivered.
Note: the device will automatically turn off after 45 seconds of no skin contact.
 11. If you do not feel warmth after approximately 10 seconds, try moving the device to a smaller treatment area, and/or increasing the RF energy.
 12. Move the device slowly in a circular or back-and-forth motion over the treatment area, maintaining constant and firm contact with the skin.
 13. See treatment areas, treatment time, and treatment schedule in the "**Recommended Treatment**" section.
 14. After completing the treatment, wipe off the remaining “Base Gel” from the treated area.

15. Cleaning instructions for before and after treatment are depicted in the **Cleaning & Storage** section.
16. At the end of each treatment session, turn off the device.

Recommended Treatment

- Place the electrodes in the area as shown in the picture below, for the selected treatment area.
Continue moving the device as described for the chosen treatment area.
- For long-lasting results, use the device once a week in each desired area for a period of 8 weeks.
- Response to the treatment differs between individuals and depends on environmental and biological factors, heredity and aging.
- To sustain optimal long-term results, maintenance treatments may be performed as needed every 4-8 weeks.

Treatment Area	Recommended Treatment Time	Recommended Device Movement
Forehead 	10 minutes	Slow up and down motion across the forehead
"Eleven" 	5 minutes	Small circular movements or up and down
"Crow's feet" 	5 minutes for each side	Continuous, slow 'side to side' circular motions
Cheeks 	5 minutes for each side	Slow circular motions across the cheek
"Smile folds" 	5 minutes for each side	Slow up and down motions over the "smile folds"

Chin 	5 minutes	Side to side
Jawline 	5 minutes for each side	Slow up and down motions along the jaw
Neck 	5 minutes for each side	Slow up and down motions across the neck
Decolletage 	5 minutes for each 4cm ² sub-area	Slow circular motions across decolletage
Hands 	5 minutes for each 4cm ² sub-area	Slow circular motions across hands

Warning: avoid contact with the eyes, eye cavities, nostrils, and oral cavity, as treatment in these areas may cause adverse effects.

Warning: avoid treatment in the lower third of the neck since this area is more sensitive and avoid treating the thyroid area (marked ).

Post facial treatment care

- We recommend using Sensica's anti-aging cream to enhance treatment efficacy and ensure long-lasting results (available for purchase at www.sensica.com).
- Apply a high-factor sunscreen (at least 30 SPF) and protect the treated area from sunlight for two weeks following treatment.
- After treatment, avoid any usage of hot water on your face and refrain from using of abrasive or harsh products for two days.
- Makeup may be applied immediately after treatment.

Cleaning & Storage

- Make sure to turn off and unplug the device before cleaning.

EL Global Trade Ltd	6th Ha-Gavish St., Netanya 4250706, Israel Tel: +972-9-7889069 Fax: +972-9-7734831
U RF Instructions for Use – EU	RD 28001 A0 Page 16 of 21

- It is recommended to clean the device, especially the electrodes, temperature sensors, and silicone cover, of residual Base Gel with a soft damp cloth or wipes.



Do not rinse the device under running water, as it may cause device malfunction.

- Keep the device dry. Never place, store or use the device near: bathtubs, showers, basins or other vessels containing water as this may cause severe electrocution.

Troubleshooting

If you encounter any issue with your device, please refer to the information below for troubleshooting steps:

- If the device does not turn on:
Make sure that the device is charged.
- If you cannot feel heat:
 1. Verify full contact with the skin (indicated by a green light).
 2. Verify that you applied enough Base Gel.
 3. Remember that the device reacts to your skin and may temporarily reduce heat for safety reasons.

See status indicator table in the **User Interface Description** section.

- In case of dirt or debris on the electrodes, you should clean them in accordance with the **Cleaning & Storage** section. If you can't get the area clean, contact our customer service.
- In case of a general error, reset the device by unplugging the power cord from the electrical outlet on the wall, wait 10 seconds and then reconnect it.

If you still have problems with your device, please contact our customer service.



Disposal

For environmental reasons, do not dispose of the device in the household waste. Dispose it at a suitable local collection or recycling point in accordance with EC Directive – WEEE (Waste Electrical and Electronic Equipment). If you have any questions, please contact the local authorities responsible for waste disposal.

Accessories

For a personalized experience, unique accessory treatments through interchangeable heads (Tips), are available for purchase to enhance the device's versatility, including:

1. Fractional RF Tip
2. Microcurrent Tip
3. LED Tip

For more information, please visit our website.

Customer Service

If your device has broken/stopped working or if you need any further assistance/information, please contact us. You may also contact us to order additional Base Gel, or you can purchase it online at sensica.com.

For customer service, please see the contact details on the inner back cover.

Device Specification Parameters

The RF handheld device is powered by bipolar RF at 6 ± 0.5 [Watt]

Frequency: 1 ± 0.05 [MHz]

Selectable output power levels: 3 levels

Mechanical speed: implemented by moving RF electrodes. Speed: 50-100 RPM

Treatment area: ~ 2.2 [cm²] / 0.34 [In²]

External power supply: Input 100-240 [VAC], 50-60 [Hz], Output 5 [V], 2[A]

Device size and weight:

- 205 [g], 180[mm] X 40 [mm] X 40[mm] HxLxW

Storage Instructions

Storage and transport conditions	
Temperature	-10 °C to 70 °C
Humidity	10% to 90% RH at 55°C/131°F
Pressure	Non-condensing
Operational conditions	
Temperature	10°C to 40°C
Humidity	(41°F to 104°F)
Max operating altitude	20% to 80% RH 3,000 m.

Labeling

Model: ST400

Power: 5 [V], 2 [A], 100-240 [VAC], 50-60 [Hz]



Double insulation



Consult Instructions for use



Waste Electronic and Electrical Equipment



Please read all warnings and safety precautions prior to use



Protect from moisture.



This device must not be used near to water or in water itself (e.g., in a wash basin, in the shower or bathtub) – risk of electric shock!



Our products and packaging are recyclable, do not throw them away!



 Use the device only with the original power supply. For your safety, never use DC adapters which are not approved by the manufacturer.

EL Global Trade Ltd	6th Ha-Gavish St., Netanya 4250706, Israel Tel: +972-9-7889069 Fax: +972-9-7734831
U RF Instructions for Use – EU	RD 28001 A0 Page 20 of 21

Notes on battery handling

- If your skin or eyes come into contact with fluid from the battery cell, rinse the affected areas with water immediately and seek medical assistance.
- Protect batteries from excessive heat.
- Risk of explosion! Never throw batteries into a fire.
- Do not disassemble, open or crush the batteries.
- Some warming of the device and power adapter during charging is normal.
- Do not charge the battery in a room temperature above 40°C (104 °F). The device is equipped with battery-overheat protection and will not charge if the room temperature exceeds 40°C (104 °F).
- Never cover the device and the adapter during charging.
- Only use chargers specified in the instructions for use.
- Batteries must be properly charged before use. Always follow the manufacturer's instructions and charging guidelines provided in these instructions for use.
- Fully charge the battery prior to initial use (see Device Set-up section above).
- In order to achieve maximum battery service life, fully charge the battery at least twice a year.

EL Global Trade Ltd	6th Ha-Gavish St., Netanya 4250706, Israel Tel: +972-9-7889069 Fax: +972-9-7734831
U RF Instructions for Use – EU	RD 28001 A0 Page 21 of 21

FCC Requirement

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.