



Quick Start Guide ▶

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Statement

This device complies with FCC radiation exposure limits set forth for an uncontrolled environment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Caution!

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.



Smart Wristband

The name of Hando is from Kendo and Hand. Kendo is a physically and mentally challenging activity. Hand means wearable device. Hando is a smart wristband with telecare service, activity tracking, and sleep monitoring.



Smart Wristband

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► Inside the Box

Censor
HB1



Bracelet



Buckle



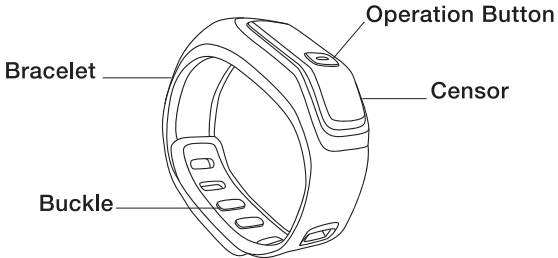
Usb cable



Quick Start
Guide

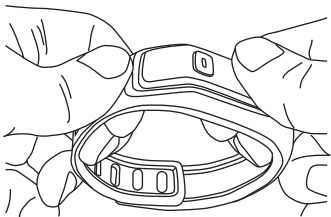


► The Hando Body



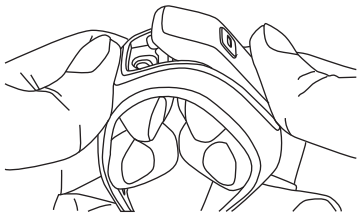
► Remove the Censor

1. Use both hand at the same time.



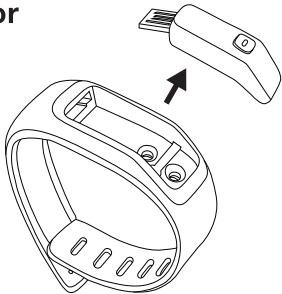
► Remove the Sensor

2. Use both hand to make the bracelet downward and inward.



► Remove the Sensor

3. Remove the sensor from bracelet.



► H4u App

Scan QR code or go to
h4u.foxconn.com to
download h4u app.



iOS 6.0 or later

► Log In

1. Choose category
2. Enter user name
3. Enter password default as date of birth without year
or go to log in at <http://h4u.foxconn.com/pip/pip/>

► **Sync with Hando**

1. Turn on bluetooth and wifi/3G
2. Chose Hando on h4u app
3. Enter PIN number

► **Devices**

Hando work with bluetooth 4.0 such as Apple iPhone4S, iPhone 5 and iPhone 5S

► Function

1. Time | 8:00

2. Steps 

3. Calories 

4. Sleep Mode 

5. Sport Mode [T]

★ For telecare service, use h4u app



► The Guide

1.Switch Mode

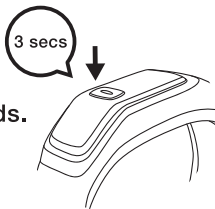
Push the button to change the different fuction.



► The Guide

2. Into Sleep/Sport Mode

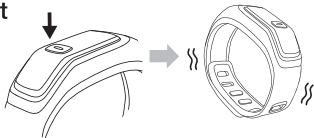
For sleep/sport mode,
push the button for 3 seconds.



► The Guide

3. Leave Sleep/Sport Mode

For stop sleep/sport mode, push the button once then sensor vibrate for confirm.



► **Customer Service**

Tel: (02)7714-0001

Interior Line: 511-6119

Mail: telecare@mail.foxconn.com

★ **One year limited warranty for trouble shooting,
contact customer service**



