说明书
工艺:装订
材质:80克哑粉
尺寸:129*129mm
颜色:单黑印刷

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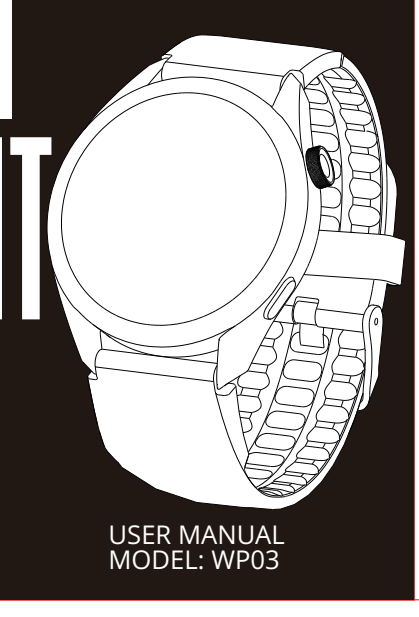
TECNO

Watch Pro 3

# SMART AI ASSISTANT



USER MANUAL
MODEL: WP03

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EN User Manual.....................................01
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**Hereby, TECNO MOBILE LIMITED**
**Declares that this Smart Watch is in compliance with the essential requirements and other relevant provisions of directive 2014/53/EU.**

## CAUTION:

1.Risk of explosion if battery is replaced by an incorrect type, dispose of used batteries according to the instructions.
– disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery, that can result in an explosion;
– leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas;
– a battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.

2.EUT Temperature: -10℃ ~ +45℃(Standalone). 0℃~+40℃(with adapter)

## Frequency Range(RF):

BT: 2400 ~ 2483.5MHz(TX/RX)

## Max. Of Transmit power:

BT(EDR): -0.65dBm
BLE: 1.44 dBm

The full text of the EU delaration of conformity is available at the following internet address:
https://www.tecno-mobile.com/declaration/#/

## FCC Caution:

**Labeling requirements.**

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference.
(2) This device must accept any interference received, including interference that may cause undesired operation.

**Information to user.**

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**Information to the user.**

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consult the dealer or an experienced radio/TV technician for help.

Note: This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter.

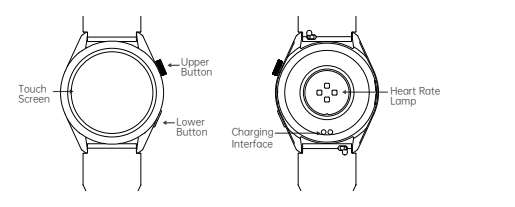
RF Exposure Statement
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

## Welcome to use the smart watch, high-performance wrist strap smart watch to create a caring fitness experience for you.

## Equipment maintenance

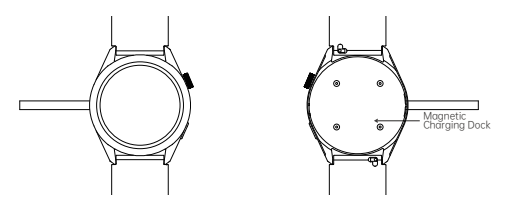
When taking care of your watch, keep the following tips in mind:
1. Clean the watch regularly, especially the inside of the watch, to keep it dry. Adjust the strap tightness to ensure air circulation.
2. The wrist worn on the watch should not use excessive skin care products.
3. If skin allergies or discomfort occur, please stop wearing.

## Diagram mainframe of the watch



## Boot up

Press and hold the side button for 3 seconds or plug in the charging cable to charge.



Download and install the APP:

(1) Use mobile phone to scan the QR code and download the APP.
(2) The iOS system selects the App store, searches for and downloads My Health, or scans the QR code to download.

The Android systems can choose Google Play to download and install My Health, or scan the QR code to download.

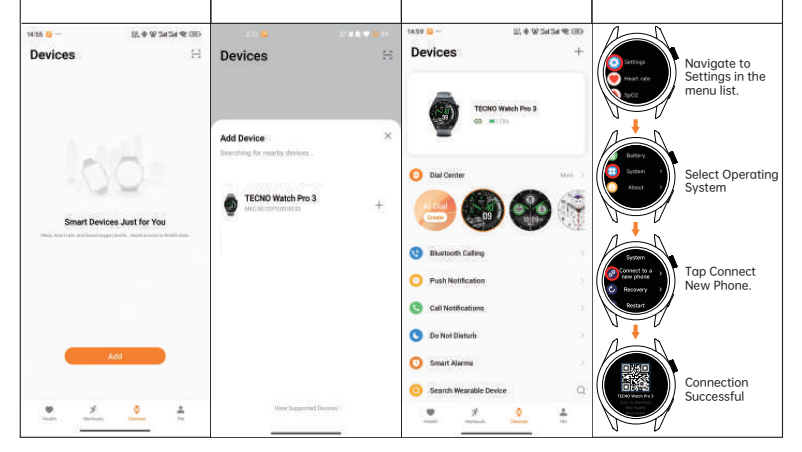
APP QR: My Health

Note: The phone must support Android 8.0 or iOS 12.0 system or above, Bluetooth version 4.0 or above.

*After first-time activation or factory reset, press & hold (3s) when QR code is displayed to revert to watch face.

## 2.How to Pair the Smartwatch and Download the App

| A. Method: Add Device<br>B. Method: Scanning the watch QR code | A. Method: Click on your device in the list of scanned devices | Binding successful | How to Download the APP |
|---|---|---|---|



Navigate to Settings in the menu list.

Select Operating System

Tap Connect New Phone.

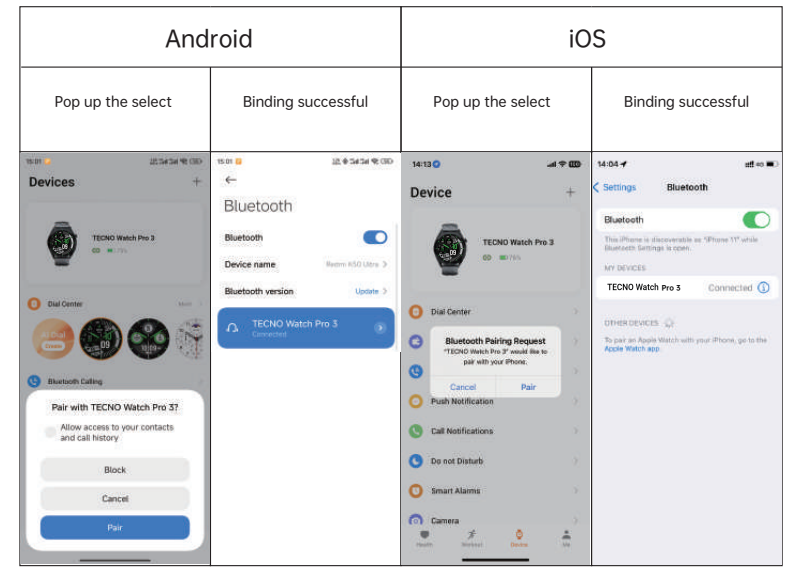
Connection Successful

## Phone Call Binding

① For Android Phones
After the APP is successfully bound, the phone will automatically pop up the select the Bluetooth 'TECNO Watch Pro 3' pairing window, select 'Pair' option, as shown below:

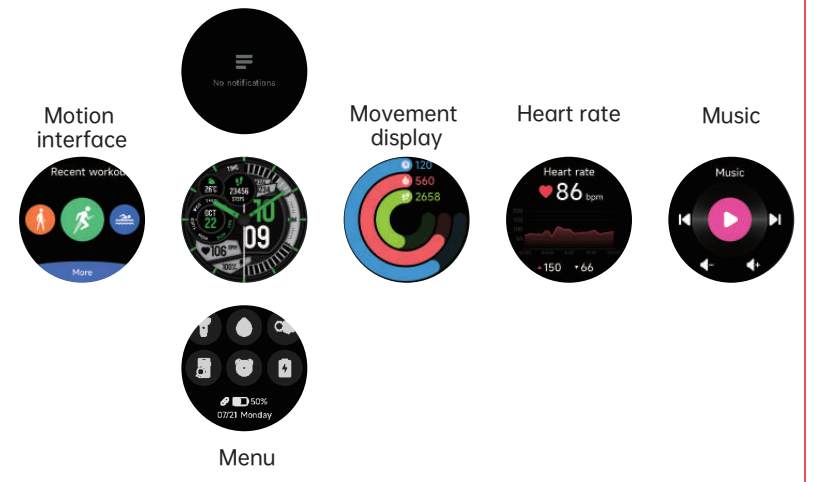
② For iOS Mobile Phones
After the APP is successfully bound, the phone will automatically pop up the pairing window, select 'Pair' option, as shown below:

| Android | | iOS | |
|---|---|---|---|
| Pop up the select | Binding successful | Pop up the select | Binding successful |



## Watch function introduction power on status:

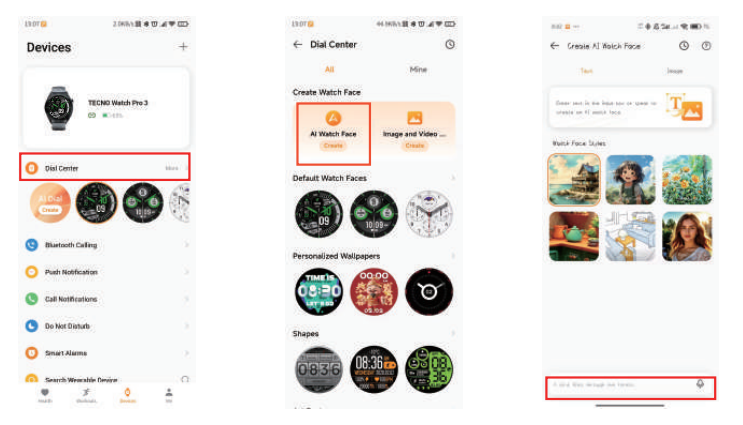
Main screen menu interface switching, as shown below the interface, etc.;



## Replace AI dial

Connect your phone

First, connect to the phone's Bluetooth, open the My Health app, and click on the center of the watch face in the order shown in the figure to create an AI watch face. Enter text to generate the watch face.



Dial center
AI Creation
Enter text

## Common problems

1.1 Make sure that the phone Bluetooth is turned on, and the watch is turned on;

1.2 When searching for Bluetooth, make sure that the watch has not been bound by other accounts;

1.3 When searching for Bluetooth, the watch and the phone should be as close as possible.

2. If the user has installed other software such as mobile phone housekeeper in the mobile phone, in order to ensure the normal operation of the background APP, please open the message push and allow the background running permission on the mobile phone, otherwise the message cannot be pushed.

3. Charging requirements:
Use a charger with a specification of 5V 0.5~1A to charge. If you do not use it for a long time, please be sure to turn off the system and keep the power supply once every month.

## Disclaimer

Warning: This product is not a medical device, watch and its application should not be used to diagnose, treat or prevent diseases. If you want to change your exercise, sleep and other habits, please be sure to consult a qualified medical professional first to avoid serious casualties. The Company reserves the right to modify and improve any of the functions described in this manual without prior notice, and the Company reserves the right to continuously update the product content, and all content shall be subject to physical objects.

## EU DECLARATION OF CONFORMITY

in accordance with
Annex VI of Directive 2014/53/EU of the European Parliament and of the Council
For the following Radio equipment
Model: WP03
Product: Smart watch
Trade name or Brand: TECNO
Software / Hardware number:V1.0/V1.0
2. Name and address of the manufacturer or his authorized representative:
Manufacturer: TECNO MOBILE LIMITED
Address: FLAT N 16/F BLOCK B UNIVERSAL INDUSTRIAL CENTRE 19-25 SHAN MEI STREET FOTAN NT HONGKONG
3. This declaration of conformity is issued under the sole responsibility of the Manufacturer.
4. Object of the declaration (identification of the radio equipment allowing traceability; it may include a colour image of sufficient clarity where necessary for the identification of the radio equipment):
5. The object of the declaration described above is in conformity with the relevant Union harmonization legislation: Directive 2014/53/EU (RED)
6. References to the relevant harmonised standards used or references to the other technical specifications in relation to which conformity is declared:
Article 3.1a Health:
EN 62479:2010
EN 50663:2017

Article 3.1a Electrical Safety:
EN IEC 62368-1:2020+A11:2020

Article 3.1b:
ETSI EN 301 489-1 V2.2.3 (2019-11)
ETSI EN 301 489-17 V3.3.1 (2024-09)

Article 3.2:
ETSI EN 300 328 V2.2.2 (2019-07)

7. Notified Body Name:WORLD STANDARDIZATION CERTIFICATION & TESTING POLSKA Sp. z o.o.
Notified Body Number: 2618
Notified Body Assessment Performed: Module B/C on Article 3.1a, 3.1b and 3.2
Technical File Identification Number: N/A
8. Where applicable, description of accessories and components, including software, which allow the radio equipment to operate as intended and covered by the EU declaration of conformity: User instructions are provided in the User Manual. The Software and Hardware versions are specified above.
9. Additional information:
Referring to Article 10.2 of the Directive, this equipment is so constructed that it can be operated in all Member States, without infringing applicable requirements on the use of radio spectrum. Referring to Article 10.10 of the Directive, there are no restrictions on putting this equipment into service or of requirements for authorization of use. Please refer to the User Manual for details.

On behalf of:

Manufacturer: TECNO MOBILE LIMITED
Address: FLAT N 16/F BLOCK B UNIVERSAL INDUSTRIAL CENTRE 19-25 SHAN MEI STREET FOTAN NT HONGKONG

(place and date of issue):Shenzhen, 2025-03-13

(name, function): YangDaozhuang/ Manager

(signature): YangDaozhuang

(Name and signature of person responsible)

CUSTOMER SERVICE

carlcare

| | |
|---|---|
| Name: | |
| Address: | |
| Tel.No: | |
| Date of purchase: ( dd/mm/aa) | |
| S/N: | |

TECNO MOBILE LIMITED

Other TM and Copyright ©2010-2025 TECNO Corporation. All rights reserved. product and company names mentioned herein may be trademarks or trade names of their respective owners. Specifcations are subject to change without notice.Model names and the availability of particular products may vary by region.

www.tecno-mobile.com
service.us@tecno-mobile.com

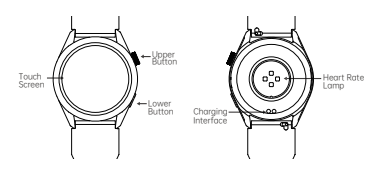
More Products
Multiple Language

## Добро пожаловать в использование умных часов! Высокопроизводительный ремешок создает заботливый фитнес-опыт для вас.

## Обслуживание устройства

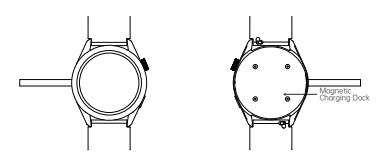
При уходе за часами соблюдайте следующие рекомендации:
1. Регулярно очищайте часы, особенно внутреннюю часть, чтобы сохранить их сухими. Отрегулируйте плотность ремешка для обеспечения циркуляции воздуха.
2. На запястье, где носите часы, не используйте чрезмерное количество средств по уходу за кожей.
3. При возникновении аллергии или дискомфорта прекратите использование.

## Схема основной конструкции часов



## Включение

Нажмите и удерживайте боковую кнопку в течение 3 секунд или подключите зарядный кабель для зарядки.



Скачайте и установите приложение:

(1) Используйте мобильный телефон для сканирования QR-кода и загрузки приложения.
(2) Система iOS выбирает App Store,ищет и загружает приложение My Health или сканирует QR-код для загрузки.

Для Android: выберите Google Play, найдите приложение 'My Health' и установите его или отсканируйте QR-код для загрузки.

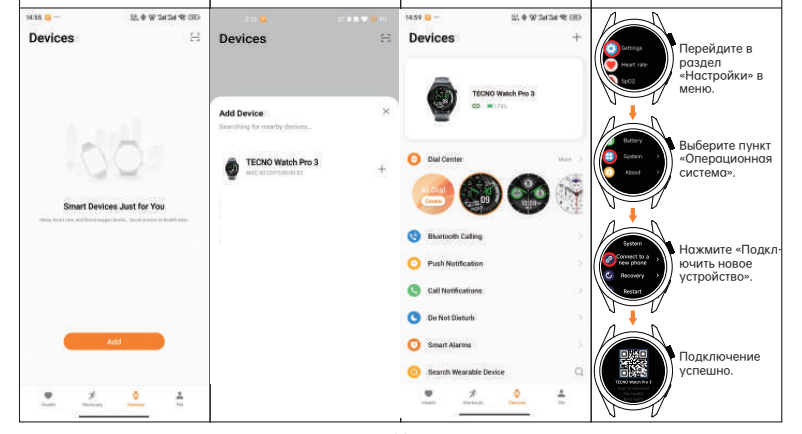
QR-код приложения: Моё здоровье

Примечание: Телефон должен поддерживать систему Android 8.0 или iOS 12.0 и выше, версию Bluetooth 4.0 или выше.

*После первичной активации или сброса к заводским настройкам: при отображении QR-кода удерживайте кнопку 3 секунды для возврата к циферблату часов.

## 2.Как подключить умные часы и скачать приложение

| А. Метод: Добавление устройства<br>В. Метод: Сканирование QR-кода часов | А. Метод: Нажмите на ваше устройство в списке обнаруженных устройств | Привязка успешно | Как скачать приложение |
|---|---|---|---|



Перейдите в раздел «Настройки» в меню.

Выберите пункт «Операционная система».

Нажмите «Подключить новое устройство».

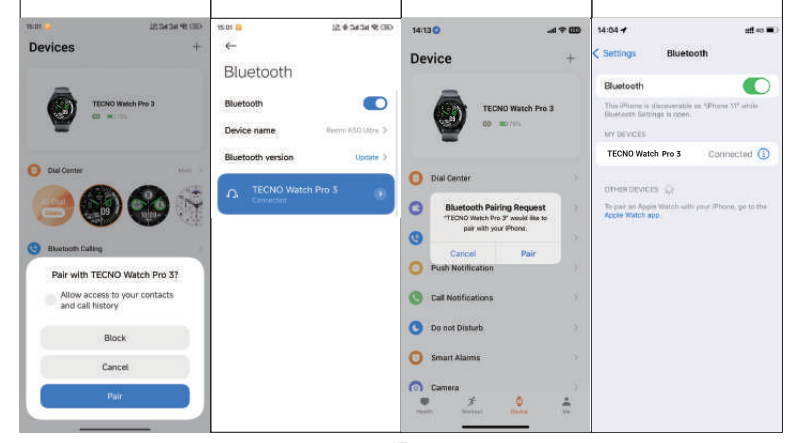
Подключение успешно.

## Телефонный звонок привязка

① Для смартфонов на Android
После успешной привязки приложения на телефоне автоматически появится окно выбора Bluetooth-устройства для сопряжения с 'TECNO Watch Pro 3' . Выберите опцию 'Pair' как показано на изображении ниже:

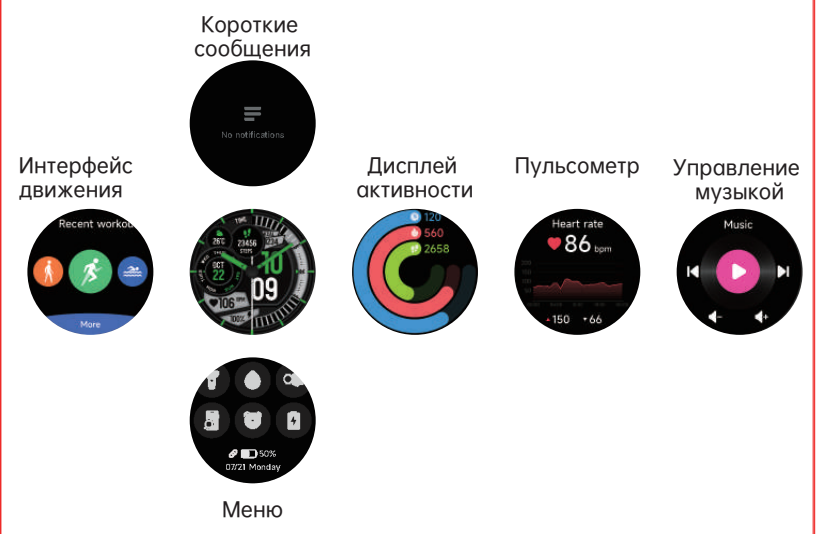
② Для смартфонов на iOS
После успешной привязки приложения на телефоне автоматически появится окно сопряжения. Выберите опцию 'Pair' , как показано на изображении ниже:

| Android | | iOS | |
|---|---|---|---|
| Всплывающее окно выбора | Привязка успешна | Привязка успешна | Всплывающее окно выбора |



## Описание функций часов Состояние включения:

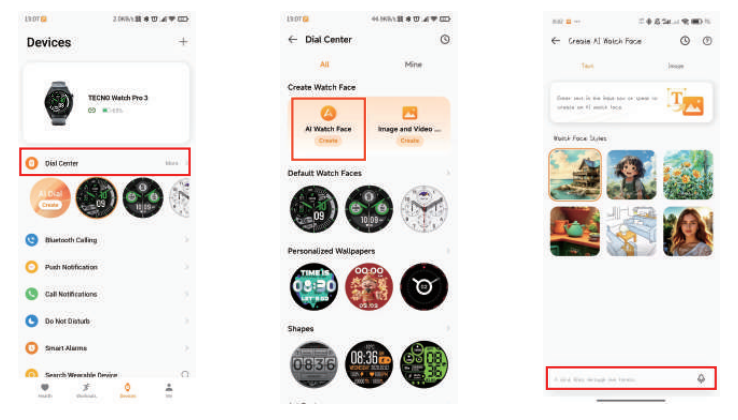
Переключение интерфейсов главного меню на экране, как показано ниже на примерах интерфейсов и т.д.



## Замена AI циферблата

Подключите телефон

Сначала подключитесь к Bluetooth телефона, откройте приложение My Health и нажмите на центр циферблата часов в порядке, указанном на рисунке, чтобы создать AI-циферблат. Введите текст для генерации циферблата.



Центр циферблата
Создание AI
Введите текст

EAC

Продукция соответствует ТР ТС 020/2011 "Электромагнитная совместимость технических средств", ТР ЕАЭС 037/2016 "Об ограничении применения опасных веществ в изделиях электротехники и радиоэлектроники"

## Сервисный центр

Горячая линия: 8-800-707-06-55
Список авторизованных сервисных центров может быть изменен без отдельного уведомления.
Актуальный список авторизованных СЦ можно найти на интернет сайте: https://www.carlcare.com/ru/ или использовав QR код

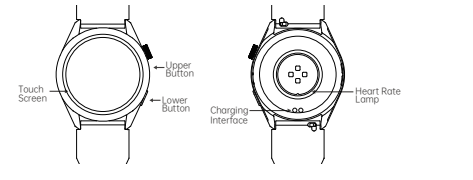
Больше продуктов
Множество языков

## Bienvenido a utilizar el smartwatch de alta performance, un smartwatch con correa de muñeca diseñado para crear una experiencia de fitness cuidadosa para ti

## Mantenimiento del equipo:

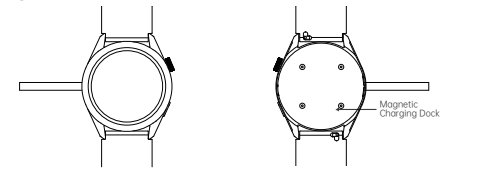
Al cuidar de tu reloj, ten en cuenta los siguientes consejos:
1. Limpia el reloj regularmente, especialmente el interior del reloj, para mantenerlo seco. Ajusta la tensión de la correa para garantizar la circulación de aire.
2. No apliques una cantidad excesiva de productos de cuidado de la piel en la muñeca donde llevas el reloj.
3. Si ocurren alergias cutáneas o malestar, por favor deja de usarlo.

## Diagrama del chasis principal del reloj



## Encendido

Mantén pulsado el botón lateral durante 3 segundos o conecta el cable de carga para iniciar la carga.



Descarga e instala la aplicación:

(1) Utiliza el teléfono móvil para escanear el código QR y descargar la aplicación.
(2)El sistema iOS selecciona la App Store, busca y descarga My Health, o escanea el código QR para descargar.

Los sistemas Android pueden elegir Google Play para descargar e instalar 'My Health' , o escanear el código QR para descargar.

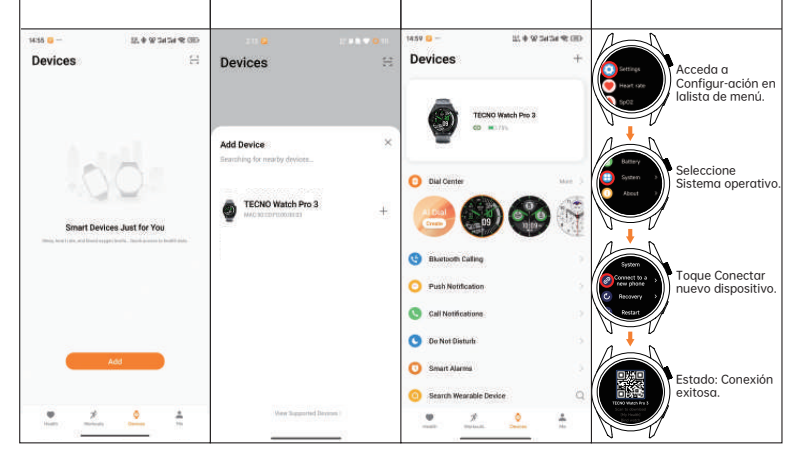
Código QR de la app: Mi Salud

Nota: El teléfono debe admitir sistema Android 8.0 o iOS 12.0 o superior, y versión Bluetooth 4.0 o superior.

Después de la activación inicial o el restablecimiento de fábrica, mantenga presionado (3 segundos) cuando aparezca el código QR para volver a la esfera del reloj.

## 2.Cómo emparejar un reloj inteligente y descargar la app

| A. Método: Agregar Dispositivo<br>B. Método: Escanear el código QR del reloj | A. Método: Haga clic en su dispositivo en la lista de dispositivos escaneados | Vinculación exitosa | Cómo descargar la aplicación. |
|---|---|---|---|



Acceda a Configur-ación en lalista de menú.

Seleccione Sistema operativo.

Toque Conectar nuevo dispositivo.

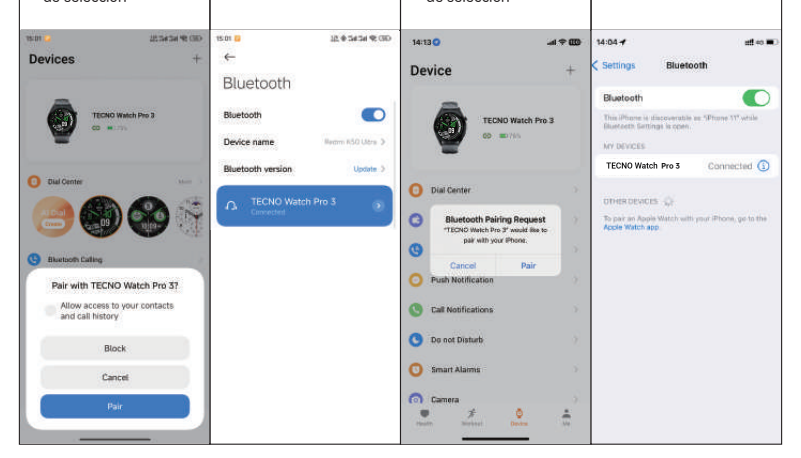
Estado: Conexión exitosa.

## Vinculación de Llamadas Telefónicas

1. Para dispositivos Android
Después de vincular la aplicación correctamente, el teléfono mostrará automáticamente la ventana de selección del emparejamiento Bluetooth 'TECNO Watch Pro 3' Seleccione la opción 'Pair', como se muestra a continuación:

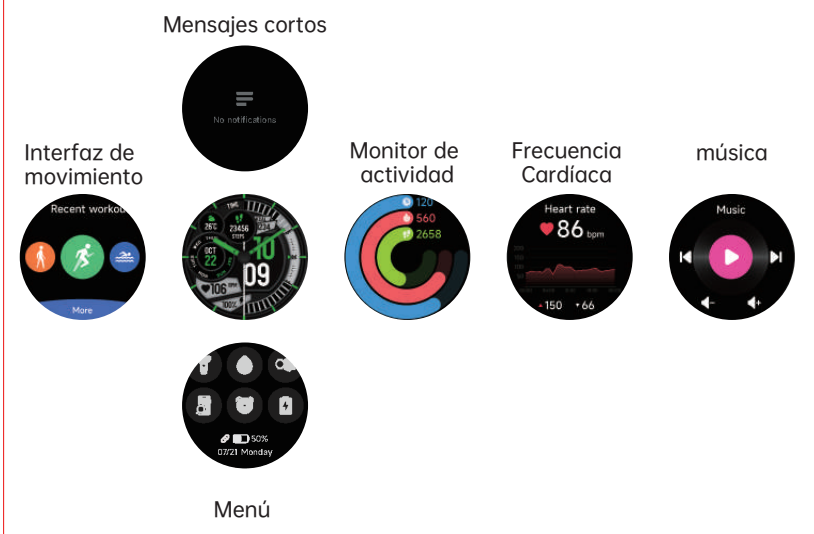
② Para teléfonos móviles iOS
Después de vincular la aplicación correctamente, el teléfono mostrará automáticamente la ventana de emparejamiento. Seleccione la opción 'Pair', como se muestra a continuación:

| Android | | iOS | |
|---|---|---|---|
| Aparecerá la ventana de selección | Vinculación exitosa | Aparecerá la ventana de selección | Vinculación exitosa |



## Descripción de las funciones del reloj Estado de encendido:

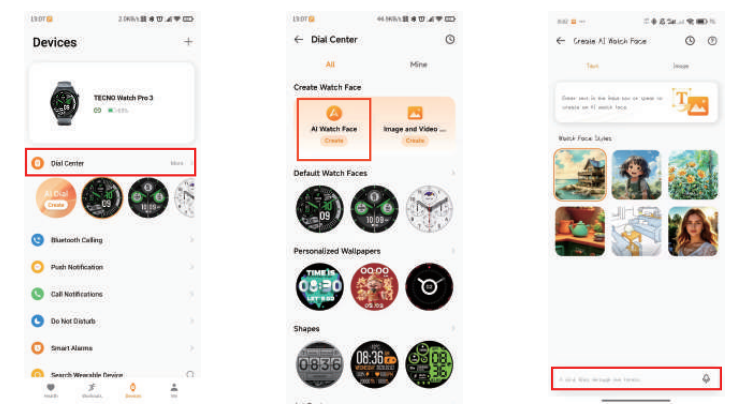
Cambio de interfaz del menú principal, como se muestra en la imagen a continuación, etc.



## Esfera personalizable con IA

Conecte su teléfono

1. Conecte el Bluetooth del teléfono y abra la aplicación 'My Health' .
2. Toque el centro de la esfera del reloj siguiendo el orden indicado en la figura para crear una esfera de IA.
3. Introduzca el texto deseado para generar el diseño de la esfera.



Centro del cuadrante
Creación con IA
Introducir texto

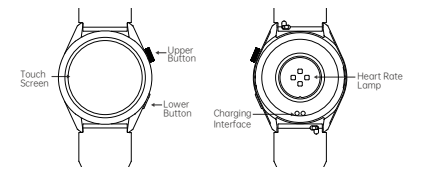
Más productos
Múltiples idiomas

## Bienvenue dans l'utilisation de la montre intelligente, équipée d'un bracelet haute performance.La montre intelligente crée pour vous une expérience de fitness bienveillante.

## Maintenance de l'appareil

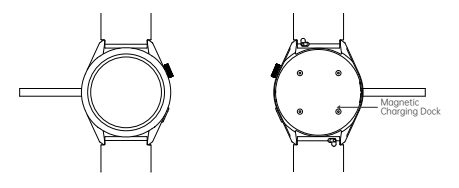
Lorsque vous prenez soin de votre montre, gardez à l'esprit les conseils suivants:
1. Nettoyage régulier, Nettoyez régulièrement la montre, en particulier l'intérieur du boîtier, afin de maintenir sa sécheresse.Ajustez la tension du bracelet pour assurer une circulation d'air optimale.
2.Précautions d'utilisation, Évitez d'appliquer une quantité excessive de produits cosmétiques sur le poignet où est portée la montre.
3.Confort et sécurité, En cas d'allergies cutanées ou d'inconfort, retirez immédiatement la montre et consultez un professionnel de santé.

## Schéma du châssis principal de la montre



## Démarrage de l'appareil

Appuyez et maintenez enfoncé le bouton latéral pendant 3 secondes ou branchez le chargeur pour activer la montre.



Téléchargez et installez l'application:

(1) Utilisez un téléphone portable pour scanner le code QR et télécharger l'application.
(2) Pour les systèmes iOS: sélectionnez l'App Store, recherchez et téléchargez My Health, ou scannez le code QR pour le télécharger.

Pour les systèmes Android: choisissez Google Play pour télécharger et installer My Health, ou scannez le code QR pour le télécharger.

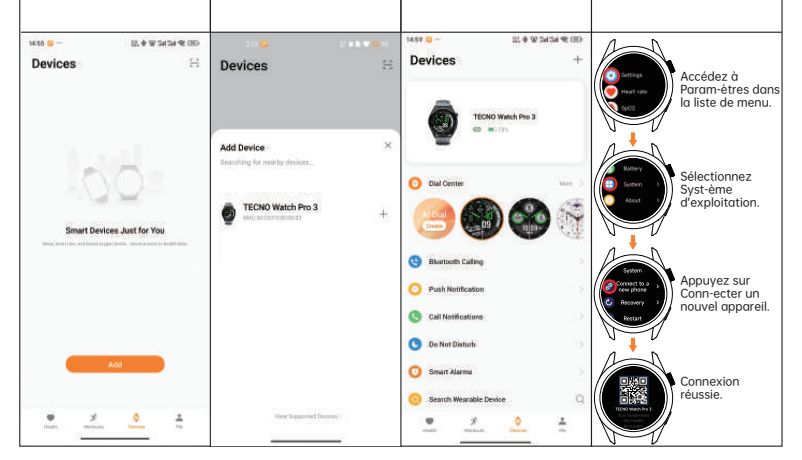
App QR : Ma Santé

Note: Le téléphone doit être compatible avec les systèmes Android 8.0 ou iOS 12.0 (ou versions ultérieures), ainsi que la version Bluetooth 4.0 ou supérieure.

*Après l'activation initiale ou la réinitialisation d'usine, maintenez l'appui (3 secondes) lorsque le code QR s'affiche pour revenir au cadran de la montre.

## 2.Comment associer une montre intelligente et télécharger l'application

| A. Méthode: Ajouter un appareil<br>B. Méthode: Scanner le code QR de la montre | A. Méthode : Cliquez sur votre appareil dans la liste des appareils scannés | Comment télécharger l'application | Association réussie |
|---|---|---|---|



Accédez à Param-êtres dans la liste de menu.

Sélectionnez Syst-ème d'exploitation.

Appuyez sur Conn-ecter un nouvel appareil.

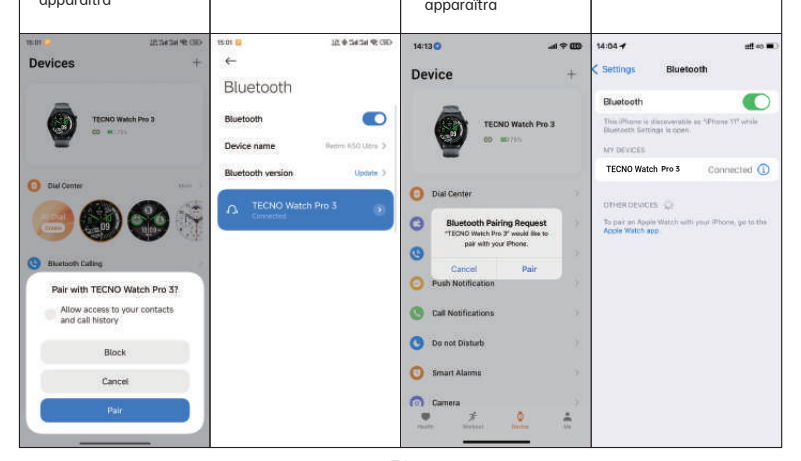
Connexion réussie.

## Association des appels téléphoniques

① Pour téléphones Android
Après la réussite de l'association de l'application, le téléphone affichera automatiquement une fenêtre de sélection pour l'appairage Bluetooth 'TECNO Watch Pro 3' . Sélectionnez l'option 'pair', comme illustré ci-dessous:

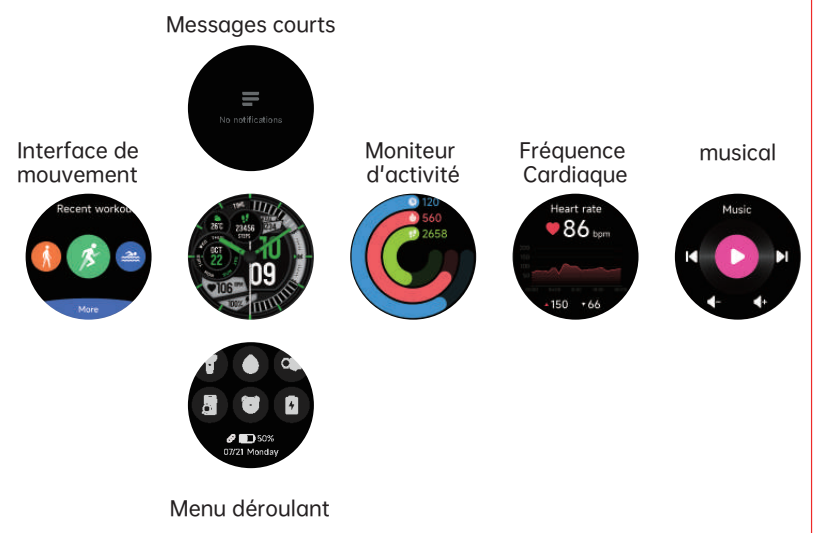
② Pour téléphones iOS
Après la réussite de l'association de l'application, le téléphone affichera automatiquement une fenêtre d'appairage. Sélectionnez l'option 'Pair', comme illustré ci-dessous:

| Android | | iOS | |
|---|---|---|---|
| Fenêtre de sélection apparaîtra | Liaison réussie | Fenêtre de sélection apparaîtra | Liaison réussie |



## Présentation des fonctions de la montre État de fonctionnement:

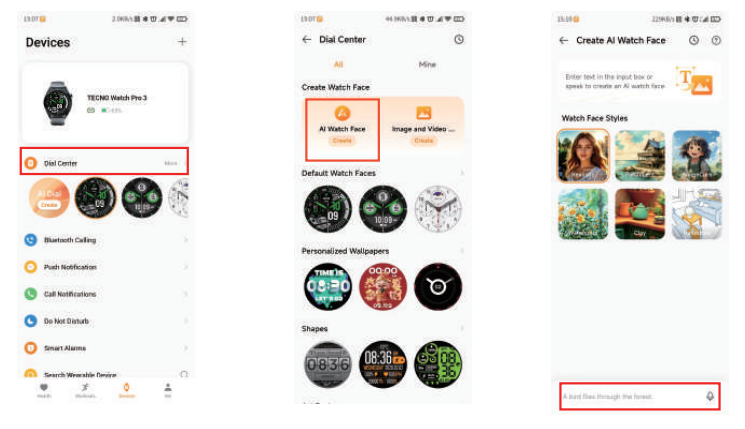
Navigation entre les interfaces du menu principal : Basculer entre les écrans du menu, comme illustré dans les exemples d'interface ci-dessous.



## Remplacement du cadran IA

Connectez votre montre au Bluetooth du téléphone

Assurez-vous que le Bluetooth du téléphone est activé, Ouvrez l'application My Health sur votre téléphone.Création d'un cadran IA personnalisé, Appuyez sur le centre du cadran de la montre, comme indiqué dans l'illustration.Saisissez un texte pour générer un cadran personnalisé basé sur l'IA.



Centre du cadran
Création par IA
Saisir le texte

Plus de produits
Multilingue