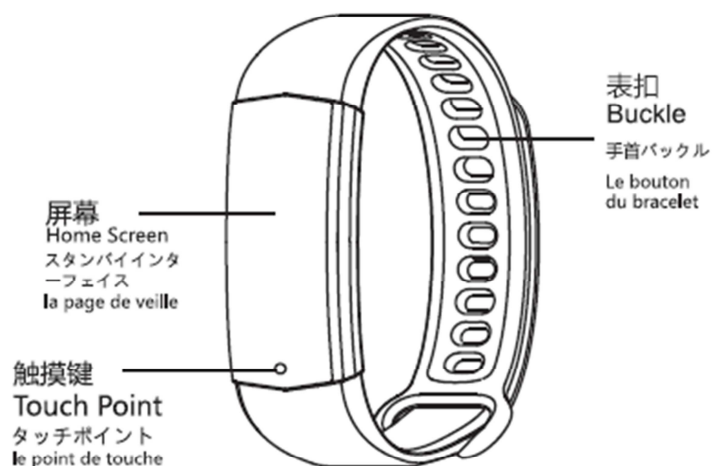


Fitness Band

Model No: D16

快速入门指南
Quick Start Guide
製品の取り扱い説明書
Le mode d'emploi

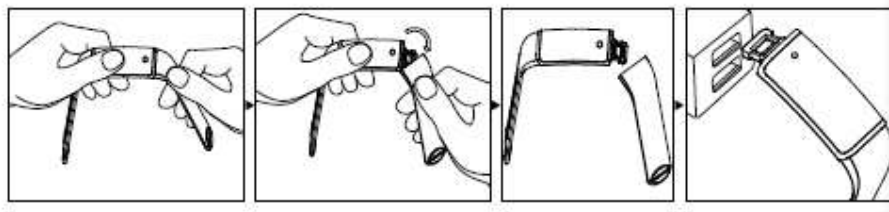


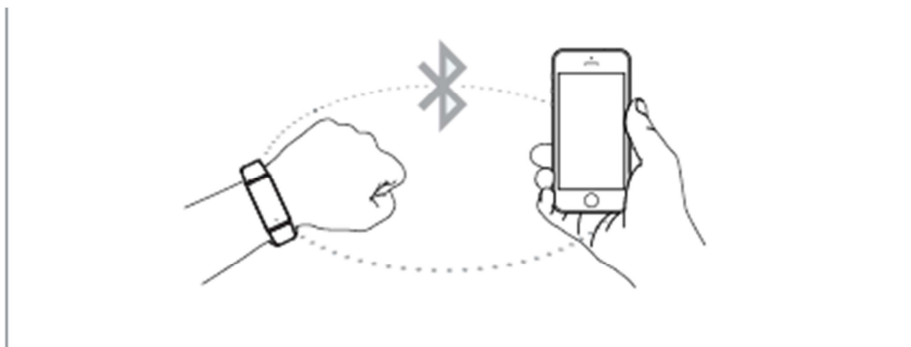
(Start up / Power off)

Power On: Press the touch point over 3 seconds, then the band start up and the screen lights up; if there was no rection, please pull out the band from the wristband and plug it into the computer's USB port to charge as below picture shown.

Power Off: On the Home Screen, press touch point over 3 sconds to enter the shutdown Screen,

press key to select , then hold key for 3 seconds to shut down the band.





(Install APP)

Search and download “Lenovo Healthy” in the APP store or the “Google Play”, or scan the QR Code below to download and install APP.

Request: Android 4.4, IOS 8.0 above, Bluetooth 4.0



(Main functions)

Time (displaying raising hand)	Sleep monitoring
Message / Facebook / Twitter / Email Reminder	Smart alarm
Setting sports goal, sharing sports information	Upgrading the OTA
Reminder when sitting long	Pedometer (step, mileage, calorie)
Multi-display mode	Synchronize the data to APP/APK

(Build-in Function)

Build-in function of the band: date and time, step calculation, mileage, calorie, looking for the mobile phone; when the band is connected to the APP, the date will be synchronized, and the first synchronization will last for 1 to 2 minutes.

(Reminder Setup)

Open the reminder and notification of the APP, and open the corresponding access in the phone set-up, allow APP to visit phone call, message, Email, Facebook and Twitter, then the reminder of

call and message can be achieved.

(Synchronizing the data)

Firstly, connect the bracelet with your mobile phone, then pull-to refresh on the main interface of APP, and the date will be synchronized and the bracelet time will be corrected automatic. Date synchronized includes: steps, calorie, distance, sleep time, heart rate, etc. After synchronizing successfully, you can check it in the main interface of APP. The first synchronization will last for 1-2 minutes.

(Notes)

1. The bracelet is not suggested to wear when taking a shower or swimming.
2. It is not allowed to replace the battery at random.
3. The bracelet must be charged by the build-in charging wire.
4. Please connect the bracelet when synchronizing the bracelet.
5. Do not exposure the bracelet to the place of extreme high or low temperature for a long time.

(Declaration)

1. Recharge voltage: 5V $\overline{\text{---}}$ 1A; " $\overline{\text{---}}$ "The symbol indicates DC voltage.
2. RECYCLING: This device bears the selective sorting symbol for Waste electrical and electronic equipment (WEEE). This means that this product must be handled pursuant to European directive 2012/19/EU in order to be recycled or dismantled to minimize its impact on the environment.
3. This device is in compliance with the essential requirements and other relevant provisions of Directive 2014/53/EU.
4. FCC Statement
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and

used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

WARNING: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

The device must not be co-located or operating in conjunction with any other antenna or transmitter.

This device complies with FCC's radiation exposure limits set forth for an uncontrolled environment

5. Operating ambient temperature: -10-60°C

Frequency bands: 2402-2480MHz

The maximum RF Power: 0.5998mW(Max.Measured)



RECYCLING: This product bears the selective sorting symbol for Waste electrical and electronic equipment (WEEE). This means that this product must be handled pursuant to European directive 2012/19/EU in order to be recycled or dismantled to minimize its impact on the environment.