



Extendable Wireless Shutter Release Monopod for Android phone & iPhone

Product Manual V 1.0

Thanks for choosing Essentialz extendable wireless shutter release monopod BM-101. This product is based on Bluetooth wireless communication technology. It supports smart phones with iOS 4.0, Android 3.0 and above systems

1. Features

- 1.1 Monopod with Built-in Bluetooth Remote Shutter Button (2 in 1);
- 1.2 Phone holder with a stand behind, which enables you to use the holder independently on table to watch TV or video.
- 1.3 Non-slip soft silicon handle;
- 1.4 One size adjustable phone adapter fit all phones width between 5.5-8.5 cm;
- 1.5 Adjustable ball head and thumb screw of monopod locks for multiple angle shooting with 180 degree position;
- 1.6 Compatible Phones: iPhone 5S 5C 4S 4, Samsung Galaxy S5 S4 S3 Note 3/2, Motorola Moto G, Huawei Ascend, LG Optimus, Amazon Fire, Google Nexus 4/5/7/8, HTC One M8 Sony Xperia BLU Studio and other Android Smart Phones;
- 1.7 Supports both photo and video shooting. A good assistant to take photos by yourself when you alone or take photos with all members;
- 1.8 Universal 1/4 inch screw, can also be used for Digital Film Camera;
- 1.9 Perfect for: Traveling, Video diaries, Hiking/camping, Parties, etc

2. Package contents

- 1 x Extendable Wireless Shutter Release Monopod
- 1 x Phone clamp bracket
- 1 x USB charging cable
- 1 x User manual

3. Specifications

Max loading weight: 500g
Net Weight: 160g
Length Flex of the holder: 225-1090 mm
Main material: stainless steel
Battery capacity: 45 mAh
Charging voltage: DC 5V
Charging time: 1 hour
Standby time: 100 hours
Supports: iOS 4.0, Android 3.0 and above systems
Working temperature: -10 to 40 C
Working humidity: 10%—90%

4. Instructions

- 4.1 Bluetooth pairing
 - 4.1.1 Switch the power button on the tail end of the monopod. The blue LED light inside the holder start to flash for 3 minutes, indicating the monopod is sending out Bluetooth signal.
 - 4.1.2 While the blue LED light is flashing, go to Bluetooth menu on your smart phone, turn on Bluetooth, and start to search for Bluetooth device. Your phone will find "selfie".
 - 4.1.3 Select "selfie". When the phone asks if you want to pair with it, confirm by selecting Yes or OK
 - 4.1.4 When the pairing is completed, the blue LED light will stop flashing, and goes off.

Note: If you want to use the monopod with another phone, please switch off the monopod and turn off the Bluetooth of the phone currently in use. Then repeats the steps from 4.1.1 to 4.1.3

- 4.2 Put the mobile phone into the phone clamp bracket
- Note: the clamp bracket can be extended vertically to hold bigger smart phones.

- 4.3 Fix the mobile phone clamp bracket on the screw. Turn the thumb screw on the right side of the clamp bracket to lock for multiple shooting angles
- 4.4 Enter smart phone camera application
- 4.5 Stretch the monopod
- 4.6 Focus on yourself and push the "press" button

Note: when the smart phone is in video application, the "press" button can start and stop the video shooting

5. Battery charging

If the blue LED light does not flash after switching on

or the phone does not respond to the "press" button after paired, it means the battery has run out. Please connect the monopod to the USB port of a PC with the micro USB charging cable to charge the battery. The LED light in the monopod turns red while charging, and will go off after battery is fully charged. The charging time is about 1 hour.

6. Cautions

- 6.1 After paired with smart phone, the monopod "press" button can increase the volume of the phone when the phone is in the standby state
- 6.2 After use, please switch off the monopod to save power and avoid unintended operation
- 6.3 The Bluetooth remote shutter monopod does not support Windows phones at present, but you can use it as an extendable monopod and use the self timer function of the phone (if this function is available) to take selfies.

7. Safety

- 7.1 Don't dismantle the product
- 7.2 Don't use corrosive solvent to clean the product
- 7.3 Don't use or charge the product under high temperature or strong light
- 7.4 Don't use it in the rain
- 7.5 Don't throw it into fire
- 7.6 Don't squeeze or smash it by force

8. Produce available colors



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FCC Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the

user's authority to operate this equipment.

This device complies with Part 15 of the FCC Rules.

Operation is subject to the following two conditions:

(1) This device may not cause harmful interference,

And (2) this device must accept any interference

received, including interference that may cause

undesired operation.

This device and its antenna(s) must not be co-located or

operating in conjunction with any other antenna or

transmitter.

NOTE: This equipment has been tested and found to

comply with the limits for a Class B digital device,

pursuant to Part 15 of the FCC Rules. These limits are

designed to provide a reasonable protection against

harmful interference in a residential installation. This

equipment generates, uses and can radiate radio

frequency energy and, if not

installed and used in accordance with the instructions,

may cause harmful interference to radio communications.

However, there is no guarantee that interference will not

occur in a particular installation. If this equipment does

cause harmful interference to radio or television reception,

which can be determined by turning the equipment off

and on, the user is encouraged to try to correct the

interference by one or more of the following measures:

-- Reorient or relocate the receiving antenna.

-- Increase the separation between the equipment and

receiver.

-- Connect the equipment into an outlet on a circuit

different from that to which the receiver is connected.

-- Consult the dealer or an experienced radio/TV

technician for help.