

Quiet Space™ Headphones

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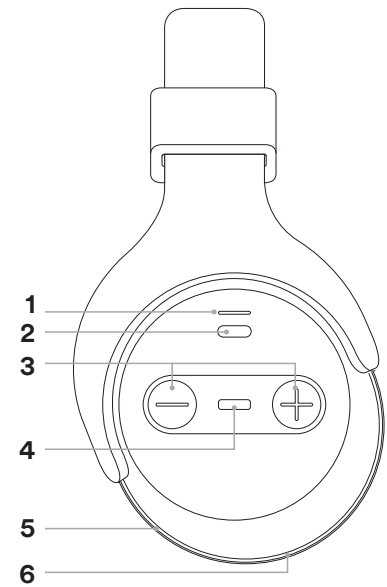
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Quick Start Guide

1 Indicator light

- Off Headphones off
- White Quiet Space™ mode
- Blue Bluetooth® mode
- Red Low battery
- Yellow Charging
- Green Fully charged



2 Mode button

On/Off
Press and hold for 3 second

Switching modes

Press to switch between Quiet Space™ and Bluetooth™ mode

3 Volume controls

Press – to decrease volume and + to increase volume

4 Action button

In Quiet Space™ mode

When the indicator light (1) is white, you are in Quiet Space™ mode. Quiet Space™ mode provides three levels of sounds that are engineered to mask unwanted noises and allow you to get your work done. Press to cycle through low, mid and high Quiet Space™ sounds

In Bluetooth® mode

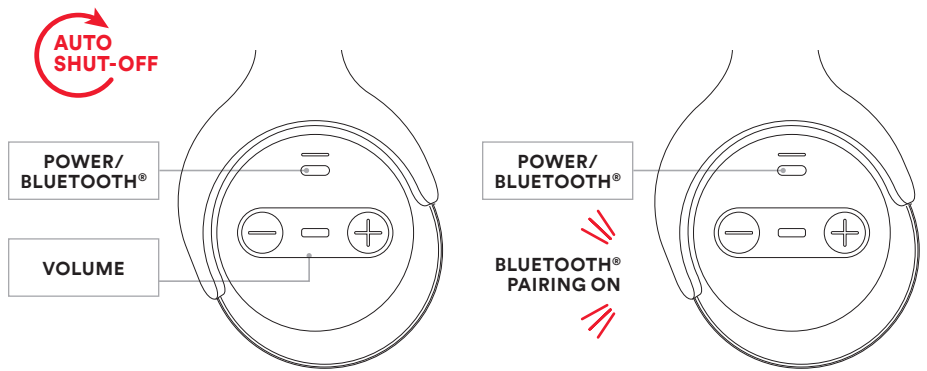
Press to play/pause music
Quickly press twice to advance track
Quickly press three times to skip back
For phone calls, press to answer or hang up; hold to decline an incoming call

5 3.5 mm Audio Input

6 Microphone

For phone calls and teleconferencing

Getting Started



Auto Shut-off

Bluetooth® / Audio Input mode:

5 minutes after either Bluetooth® or the audio input is disconnected, the headphone automatically powers down.

Quiet Space™ mode:

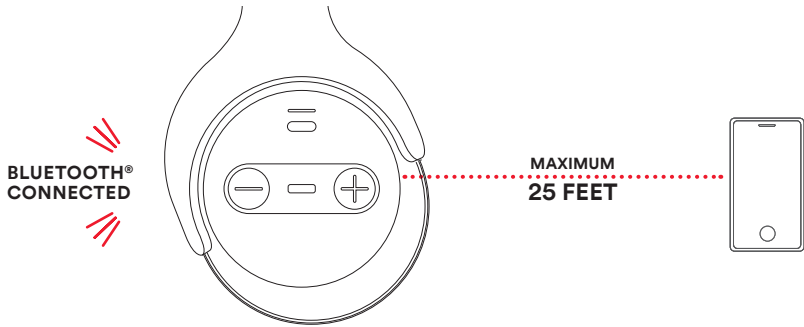
After 4 hours of inactivity in Quiet Space™ mode, the headphone automatically powers down.

After Auto Shut-off, press and hold the power button for 3 seconds to turn the headphones on.

Pair Device

In Bluetooth® mode, press and hold the action button for 3 seconds. You will hear “Bluetooth® Pairing.” Make sure your Bluetooth® enabled device is scanning/ searching for devices. Check your device to make sure it has discovered 3M™ Quiet Space. Select to connect to the headphones.

Getting Started



Once Paired

Once paired, you will hear, “Pairing Successful”.

Once Connected

Once connected, each time you turn on the headphones, it will automatically link to your device and say, “Bluetooth® Connected”.

Bluetooth® Range

The typical range between a Bluetooth® enabled device and the 3M™ Quiet Space™ Headphones is approximately 25 feet. This distance depends on the device. As the distance between the Bluetooth® enabled device and the headphones increases the risk of the signal dropping also increases.

For best results, keep the audio device on your body or within an arm’s length of the 3M™ Quiet Space™ Headphones while using Bluetooth® mode.

QuietSP-SIOC
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Additional Info

Quiet Space™ mode

When the indicator light (1) is white, you are in Quiet Space™ mode. Quiet Space™ mode provides three levels of sounds that are engineered to mask unwanted noises and allow you to get your work done.

Bluetooth® mode

When the indicator light (1) is blue, you are in Bluetooth® mode.

To play your first song:

- Press and hold the action button (4) to pair a new device
- Select **3M™ Quiet Space Headphones** in your device's Bluetooth® menu
- Play a song from your favorite music app on your device

Voice and Video Calls

Integrated microphone lets you make and take phone calls hands-free. Quiet Space™ Headphones are compatible with most video-conferencing platforms

Charging

To comply with the regulatory guidelines, your headphones have been shipped to you with only a partial charge on its integrated lithium ion battery.

To charge the headphones

Insert the supplied USB-C connector cable into the USB-C jack located on the bottom of the left cup of the headphones.

Connect the other end of the cable to a suitable USB-C +5 Volt power source such as a computer or third party certified (UL, Intertek, etc.) AC to USB-C +5 Volt wall adapter.

The indicator light will be yellow while charging and change to green when complete
Product takes approximately 4 hours to charge fully

Note: Do not attempt to use product while charging or while the charging cable is connected

IC regulatory conformance

This device complies with CAN ICES-003 (B)/NMB-003(B). This device contains license-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's license-exempt RSS(s). Operation is subject to the following two conditions:
(1) This device may not cause interference.
(2) This device must accept any interference, including interference that may cause undesired operation of the device.
Cet appareil est conforme à la norme CAN ICES-003 (B)/NMB-003 (B)
Cet appareil contient des émetteurs / récepteurs exempt (s) de licence qui sont conformes aux RSS exemptes de licence d'Innovation, Sciences et Développement économique Canada. Son fonctionnement est soumis aux deux conditions suivantes:
(1) Cet appareil ne doit pas provoquer d'interférences.
(2) Cet appareil doit accepter toute interférence, y compris les interférences susceptibles de provoquer un fonctionnement indésirable de l'appareil.
RF Exposure
This equipment complies with IC radiation exposure limits set forth for an uncontrolled environment.
Cet équipement est conforme aux limites d'exposition aux radiations de la IC définies pour un environnement non contrôlé.

取得審驗證明之低功率射頻器材，非經核准，公司、商號或使用者均不得擅自變更頻率、加大功率或變更原設計之特性及功能。低功率射頻器材之使用不得影響飛航安全及干擾合法通信；經發現有干擾現象時，應立即停用，並改善至無干擾時方得繼續使用。前述合法通信，指依電信管理法規定作業之無線電通信。低功率射頻器材須忍受合法通信或工業、科學及醫療用電波輻射性電機設備之干擾。

Safety & Warnings

Safety Information

Please read, understand, and follow all safety information contained in these instructions prior to the use of these 3M™ Quiet Space™ Headphones. Retain these instructions for future reference.

Intended Use

3M™ Quiet Space™ Headphones are intended to mask background distractions in home and office environments, and low to moderate noise environments. 3M™ Quiet Space™ Headphones are not hearing protectors and are not intended to be used in loud noise environments. Use in any other application has not been evaluated by 3M and may lead to an unsafe condition.

EXPLANATION OF SIGNAL WORD CONSEQUENCES	
 WARNING:	Indicates a hazardous situation which, if not avoided, could result in serious injury or death.
 CAUTION:	Indicates a hazardous situation which, if not avoided, could result in minor or moderate injury and/or property damage.

WARNING

To reduce the risks associated with fire and explosion:

- Do not wear product while charging battery.

To reduce the risks associated with explosion:

- Remove headphones immediately if you experience a warning sensation or unexpected loss of audio.

To reduce the risks associated with hazardous voltage and fire:

- Only charge using a 3rd party certified (such as UL, Intertek, etc.) +5Volt USA power source.
- Only charge the device with a 3rd party certified charging cable.
- Do not immerse in water. Do not use in rain or other damp conditions.
- Do not disassemble, modify, or service the device. The unit contains no user serviceable parts.
- Never use this product, or charge batteries, in an explosive or hazardous environment.
- Discontinue use if product is damaged, not working correctly, or is exposed to water or moisture.

To reduce the risks associated with fire:

- Do not store the headphones in direct sunlight or at temperatures above 131°F (55°C). For example, behind a windshield or in a window.
- With Lithium ion batteries, there is a risk of fire and burns. Do not open, crush, heat above 131°F (55°C), or incinerate.
- Do not charge batteries in temperatures above 113°F (45°C).

To reduce the risks associated with hazardous noise:

- Do not use product as hearing protection

To reduce the risks associated with reduced situational awareness:

- Stay alert and adjust the audio volume to the lowest acceptable level. Product may reduce your situational awareness and ability to hear warning signals. The audibility of warning signals at a specific workplace may be impaired.

Safety & Warnings

- Do not use headphones at any time the inability to hear surrounding sounds may present a danger to yourself or others (e.g. driving a vehicle or riding a bicycle or walking in or near traffic, a construction site or a railroad).
- Follow all applicable local laws and regulations regarding headphone use.

CAUTION

To reduce the risks associated with environmental contamination: Dispose of electronic waste in accordance with local laws and regulations.

NOTICE

To prevent damage to the device:

- Clean with a dry cloth only. Do not use harsh or abrasive chemicals.
- For best performance, the ear cushions should seal firmly against your head. Anything that interferes with the seal such as long hair (pull back to the extent possible), thick or poorly fitting eyeglass temples, pencils or caps will lessen the product performance.
- Do not bend or reshape the headband.

IMPORTANT SAFETY INSTRUCTIONS

This product contains magnetic material. Consult your physician on whether this might affect your medical device.

FCC REGULATORY CONFORMANCE

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference.
(2) This device must accept any interference received, including interference that may cause undesired operation.

FCC ID: 2AFHL-QUIET

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

NOTE: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Unauthorized modifications may void the authority granted under Federal Communication Rules permitting the operation of this device. Modifications to this device shall not be made without the written consent of 3M Company.

RF Exposure:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.

