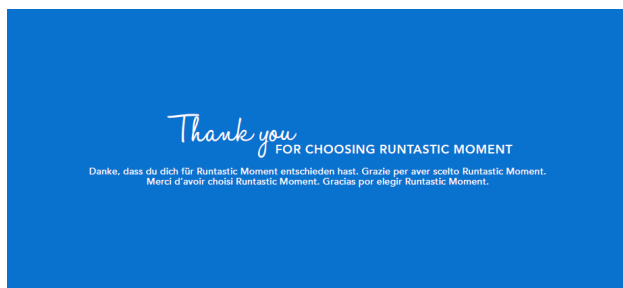


## 1.6 User Manual & Datasheet

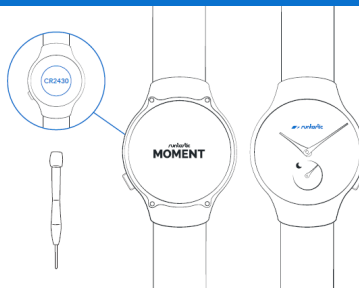
# runlastic MOMENT

## QUICK INSTRUCTIONS



### Content

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**EN** Your purchase includes:

- Runlastic Moment
- Lithium battery (CR2430)
- Tools for battery exchange
- 4 extra screws

**DE** Verpackungsinhalt:

- Runlastic Moment
- Lithium-Batterie (CR2430)
- Werkzeug für Batteriewechsel
- 4 extra Schrauben

**FR** Votre achat inclut :

- Runlastic Moment
- Pile au lithium (CR2430)
- Outils pour changer la pile
- 4 vis supplémentaires

**IT** La confezione include:

- Runlastic Moment
- Batteria al litio (CR2430)
- Strumenti per il cambio batteria
- 4 cacciaviti extra

**ES** Tu compra incluye:

- Runlastic Moment
- Batería de litio (CR2430)
- Herramientas para cambiar la batería
- 4 tornillos extra

**PT** A sua compra inclui:

- Runlastic Moment
- Bateria de lítio (CR2430)
- Ferramentas para troca de bateria
- 4 parafusos extras

**DK** Dit køb inkluderer:

- Runlastic Moment
- Lithium batteri (CR2430)
- Redskaber til skift af batteri
- 4 ekstra skruer

**NL** Jouw aankoop bevat:

- Runlastic Moment
- Lithium batterij (CR2430)
- Hulpmiddelen voor batterijwissel
- 4 extra schroeven

**RU** Комплект поставки включает:

- Runlastic Moment
- Элемент питания (CR2430)
- Инструмент для замены элемента питания
- 4 дополнительных винта

**SE** Ditt köp inkluderar:

- Runlastic Moment
- Litium-batteri (CR2430)
- Verktyg för batteribyte
- 4 extra skruvar

**FI** Ostoonne sisältyy:

- Runlastic Moment
- Litium-patteri (CR2430)
- Työvälineet patterin vaihtoon
- 4 lisäruuvia

**NO** Kjøpet inkluderer:

- Runlastic Moment
- Lithium batteri (CR2430)
- Verktøy for batteribytte
- 4 ekstra skruer

PRODUCT CONTENT | 05



**EN** Download the free Runlastic Me app from your preferred app store. Make sure that your Bluetooth® Smart is activated. Start the Runlastic Me app and follow the instructions.

**DE** Lade die kostenlose Runlastic Me App im App Store deiner Wahl herunter. Stelle sicher, dass du Bluetooth® Smart aktiviert hast. Starte die Runlastic Me App und folge den Anweisungen.

**FR** Téléchargez l'application gratuite Runlastic Me dans votre App Store préférée. Assurez-vous que votre Bluetooth® Smart soit activé. Démarez l'application Runlastic Me et suivez les instructions.

**IT** Scarica l'app gratuita Runlastic Me dal tuo app store preferito. Assicurati che Bluetooth® Smart sia attivo. Avvia l'app Runlastic Me app e segui le istruzioni.

**ES** Descarga la app gratuita Runlastic Me de tu app store preferida. Asegurate que tu Bluetooth® Smart está activado. Inicia la app Runlastic Me y sigue las instrucciones.

**PT** Baixe o aplicativo gratuito Runlastic Me em sua loja preferida. Certifique-se de que o Bluetooth® Smart está ativado. Execute o aplicativo Runlastic Me e siga as instruções.

**DK** Download den gratis Runlastic Me app fra din foretrukne app store. Sørg for at Bluetooth® Smart er aktiveret. Start Runlastic Me appen og følg instruktionerne.

**NL** Download de gratis Runlastic Me app vanaf jouw favoriete Appstore. Activeer Bluetooth® Smart. Start de Runlastic Me app en volg de instructies.

**RU** Установите бесплатное приложение Runlastic Me из любого доступного источника. Убедитесь, что функция Bluetooth® Smart активна. Запустите приложение Runlastic Me и следуйте инструкциям на экране.

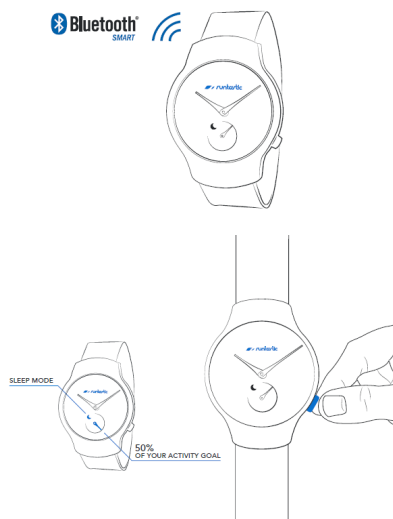
**SE** Ladda ner Runlastic Me-app gratis från valfri App Store. Se till att din Bluetooth® Smart är aktiverad. Starta Runlastic Me-appen och följ instruktionerna.

**FI** Lataa ilmainen Runlastic Me -sovellus mieluisasta sovelluskaupasta. Katso, että Bluetooth® Smart on aktiivisena. Aloita Runlastic Me -sovellus ja seuraa ohjeita.

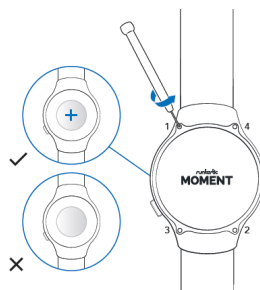
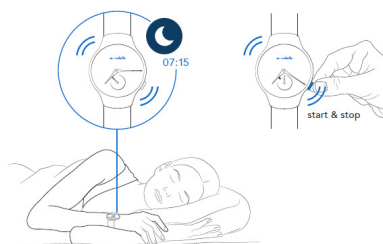
**NO** Last ned den gratis Runlastic Me-appen. Aktiver Bluetooth® Smart. Start Runlastic Me-appen og følg instruksjonene.

FIRST STEPS | 07

Model: 7320-007



-  Steps & Distance
-  Sleep Tracking
-  LED Notification
-  Calories Burned
-  Set & Reach Goals
-  Bluetooth® Smart Technology
-  Monitor Daily Progress
-  7-Day Memory
-  Long-Lasting Lithium Battery
-  Vibration Alerts



- |                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                           |
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| <p><b>EN</b> Runtastic Moment automatically syncs time and tracked data with your smartphone through Bluetooth® Smart.</p> <p><b>DE</b> Runtastic Moment synchronisiert die Uhrzeit und deine aufgezeichneten Daten automatisch über Bluetooth® Smart mit deinem Smartphone.</p> <p><b>FR</b> Runtastic Moment met l'heure automatiquement à jour et enregistre les données avec votre smartphone à travers Bluetooth® Smart.</p> | <p><b>IT</b> Runtastic Moment sincronizza automaticamente l'ora ed i dati rilevati con il tuo smartphone attraverso Bluetooth® Smart.</p> <p><b>ES</b> Runtastic Moment sincroniza automáticamente la hora y los datos registrados con tu smartphone a través de Bluetooth® Smart.</p> <p><b>PT</b> O Runtastic Moment sincroniza automaticamente o horário e os dados de monitoramento com seu smartphone através do Bluetooth® Smart.</p> | <p><b>DK</b> Runtastic Moment synkroniserer automatisk tid og data med din smartphone via Bluetooth® Smart.</p> <p><b>NL</b> Runtastic Moment updatet automatisch de tijd en synchroniseert data naar jouw smartphone via Bluetooth® Smart.</p> <p><b>RU</b> Runtastic Moment автоматически синхронизирует время и загружает данные в смартфон по средствам Bluetooth® Smart.</p> | <p><b>SE</b> Runtastic Moment synkroniserar automatiskt tid och registrerad data med din smartphone genom Bluetooth® Smart.</p> <p><b>FI</b> Runtastic Moment synkronoi automaattisesti aika- ja rekisteröidä dataa sinun älypuhelimmeesi Bluetooth® Smartin kautta.</p> <p><b>NO</b> Runtastic Moment synkroniserer automatisk tid og data med smart-telefonen via Bluetooth® Smart.</p> |
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CONNECTION | 09

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| <p><b>EN</b> Navigation button &amp; progress indication information:</p> <ul style="list-style-type: none"> <li>• Press for 2 seconds to initially start your Runtastic Moment</li> <li>• Press for 2 seconds to enter and exit sleep mode</li> </ul> <p><b>DE</b> Menüknopf &amp; Fortschrittsanzeige:</p> <ul style="list-style-type: none"> <li>• 2 Sekunden gedrückt halten, um Runtastic Moment in Betrieb zu nehmen</li> <li>• 2 Sekunden gedrückt halten, um den Schlafmodus ein- bzw. auszuschalten</li> </ul> | <p><b>FR</b> Informations concernant le bouton de démarrage &amp; déroulement :</p> <ul style="list-style-type: none"> <li>• Appuyez 2 secondes pour allumer votre Runtastic Moment</li> <li>• Appuyez 2 secondes pour activer et désactiver le mode sommeil</li> </ul> <p><b>IT</b> Informazioni sul tasto di navigazione e sull'indicatore di progresso:</p> <ul style="list-style-type: none"> <li>• Premi per 2 secondi per accendere il tuo Runtastic Moment</li> <li>• Premi per 2 secondi per attivare e disattivare la modalità sonno</li> </ul> | <p><b>ES</b> Información sobre botón de navegación e indicador de progreso:</p> <ul style="list-style-type: none"> <li>• Presiona durante 2 segundos para iniciar tu Runtastic Moment</li> <li>• Presiona durante 2 segundos para acceder y salir del modo de sueño</li> </ul> <p><b>PT</b> Informações sobre o botão de navegação e o progresso:</p> <ul style="list-style-type: none"> <li>• Pressione por 2 segundos para iniciar o seu Runtastic Moment</li> <li>• Pressione por 2 segundos para entrar e encerrar o Modo de Suspensão</li> </ul> |
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NAVIGATION | 11

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| <p><b>EN</b> Track your days and monitor personal achievements on the Moment's progress indicator, based on your daily Step, Active Minutes and Calories Burned goals – which can be set within your Runtastic Me app. What's more? A gentle vibration alert (idle notification) will remind you when it's time to get moving again!</p> <p><b>DE</b> Verfolge deine Leistungen und deinen täglichen Fortschritt bezüglich deiner Schritte- &amp; Kalorienziele sowie deine Aktiven Minuten mit dem der Fortschrittsanzeige auf Runtastic Moment. Individuelle Ziele kannst du dir in</p> | <p>deiner Runtastic Me App setzen. Und es kommt noch besser: Ein sanfter Vibrationsalarm (Inaktivitätsanmeldung) erinnert dich daran, dass es Zeit ist, mal wieder in Bewegung zu kommen!</p> <p><b>FR</b> Suivez vos journées et gérez vos accomplissements personnels sur l'indicateur de progrès de Runtastic Moment, basés sur vos objectifs quotidiens de pas, de minutes actives et de calories brûlées – qui peuvent être déterminés dans votre application Runtastic Me. Quoi d'autre ? Une légère alarme vibrante (appel d'activité) vous rappellera qu'il est l'heure de se mettre en mouvement !</p> | <p><b>IT</b> Registra e visualizza i tuoi giorni e i tuoi risultati con l'indicatore di progresso di Moment, basata sul tuo obiettivo di Passi quotidiani, i Minuti Attivi e Calorie Consumate che puoi impostare all'interno della tua app Me. In più, una delicata vibrazione (notifica di inattività) ti ricorderà quando è il momento di fare un po' di movimento!</p> <p><b>ES</b> Monitoriza tus días y tus logros personales con el indicador de progreso en Moment, basado en tus objetivos de pasos diarios, minutos activos y calorías quemadas, que puedes establecer en tu app Runtastic Me.</p> | <p>¡Además una suave alerta vibratoria (notificación de inactividad) te recordará ponerte en movimiento de nuevo!</p> <p><b>PT</b> Monitore os seus dias e gereencie suas realizações pessoais com base em suas metas diárias de passos, minutos ativos e calorías queimadas no indicador de progresso Runtastic Moment – todas as definições podem ser feitas dentro do seu aplicativo Runtastic Me. O que mais? Um alerta de vibração suave (notificação idle) irá lembrá-lo quando é a hora de se exercitar novamente!</p> |
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FEATURES | 15

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| <p><b>EN</b> Monitor your sleep with Runtastic Moment. Set an alarm in the Runtastic Me app and your Moment will wake you up with a gentle vibration alarm.</p> <p><b>DE</b> Tracke deinen Schlaf mit Runtastic Moment. Stell dir einen Wecker in der Runtastic Me App und Moment weckt dich mit sanften Vibrationen.</p> <p><b>FR</b> Gérez votre sommeil avec Runtastic Moment. Mettez en place une heure de réveil dans l'application Runtastic Me et votre Moment vous réveillera avec une légère vibration.</p> | <p><b>IT</b> Controlla il tuo riposo con Runtastic Moment. Imposta la sveglia sull'app Runtastic Me e il tuo Moment ti sveglierà con una delicata vibrazione.</p> <p><b>ES</b> Monitoriza tu sueño con Runtastic Moment. Establece una alarma en la app Runtastic Me y tu Moment te despertará con una sutil alarma vibratoria.</p> <p><b>PT</b> Monitore o seu sono com Runtastic Moment. Programe o alarme no Runtastic Me e o Moment irá acordá-lo com uma vibração leve.</p> | <p><b>DK</b> Hold styr på din søvn med Runtastic Moment. Sæt en alarm i Runtastic Me-appen og din Moment vil vække dig med en blid vibrerende alarm.</p> <p><b>NL</b> Controleer jouw slaap met de Runtastic Moment. Zet een alarm met de Runtastic Me app en jouw Runtastic Moment zal je ontwakken met een zacht trillarm.</p> <p><b>RU</b> Сопровождайте сна с Runtastic Moment. Установите будильник в приложении Runtastic Me и часы Moment пробудят вас лёгким вибрирующим.</p> | <p><b>SE</b> Kontrollera din sömn med Runtastic Moment. Ställ ett alarm i Runtastic Me-appen och din Moment kommer att väcka dig med ett diskret vibrationsalarm.</p> <p><b>FI</b> Säättele untasi Runtastic Moment:ilasi. Aseta herätys Runtastic Me-sovelluksessa ja Moment herättää sinut kevyellä värähtelytyksellä.</p> <p><b>NO</b> Få kontroll på søvnen din med Runtastic Moment. Angi en alarm i Runtastic Me-appen og din Moment vil vekke deg med svake vibrasjoner.</p> |
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SLEEP TRACKING | 19

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| <p><b>EN</b></p> <ol style="list-style-type: none"> <li>When exchanging the battery, be sure hands are clean &amp; dry</li> <li>Next, unscrew the four screws as depicted in the image on the left</li> <li>Then, remove the back panel of your Moment</li> <li>Remove the battery</li> <li>Insert replacement battery, ensuring the plus sign is facing upwards</li> <li>Ensure that the sealing ring is perfectly aligned with the back panel</li> <li>Set the back panel in place and position the four screws, as depicted in the image on the left</li> <li>Ensure the screws are properly positioned and secure the four screws</li> <li>Grab your Moment and refer to instructions on Page 6 to, as necessary</li> </ol> | <p><b>DE</b></p> <ol style="list-style-type: none"> <li>Tausche die Batterie nur mit sauberen, trockenen Händen aus</li> <li>Entferne dazu die vier Schrauben in der Reihenfolge, wie auf dem Bild links beschrieben</li> <li>Nimm dann den Gehäusedeckel der Moment ab</li> <li>Entferne die Batterie</li> <li>Setze eine neue Batterie ein und stelle sicher, dass der Pluspol nach oben zeigt</li> <li>Versichere dich, dass der Dichtungsring sauber am Rand des Gehäusedeckels aufliegt</li> <li>Lege den Gehäusedeckel wieder auf und befestige die vier Schrauben in der Reihenfolge wie auf dem Bild links beschrieben</li> </ol> | <p><b>DK</b></p> <ol style="list-style-type: none"> <li>Stelle sicher, at du holder skruerne i den rigtige position, inden du sætter dem på, ellers kan du skade dem</li> <li>Advarsel: fjern de fire skruer i den rækkefølge, som er vist på billedet til venstre</li> <li>Fjern derefter bagpanelet på din Moment</li> <li>Fjern batteriet</li> <li>Sæt nyt batteri ind, og sørg for, at plus-tegnet er vendt opad</li> <li>Sørg for, at tætningsringen er perfekt justeret med bagpanelet</li> <li>Sæt bagpanelet på plads og sæt de fire skruer på plads, som er vist på billedet til venstre</li> <li>Sørg for, at skruerne er korrekt positioneret og fastgør de fire skruer</li> <li>Tag din Moment og se til instruktionerne på side 6 til, hvis nødvendigt</li> </ol> | <p><b>SE</b></p> <ol style="list-style-type: none"> <li>Ställ säkerhet att du håller skruarna i rätt position innan du sätter på dem, annars kan du skada dem</li> <li>Varning: avbryt de fyra skruarna i den ordning som visas på bilden till vänster</li> <li>Ta sedan bort bakschöldet på din Moment</li> <li>Ta bort batteriet</li> <li>Sätt nytt batteri och se till att plus-tecknet är vänd uppåt</li> <li>Säkerställ att tätningsskivan är perfekt justerad mot bakschöldet</li> <li>Sätt bakschöldet på plats och positionera de fyra skruarna, som visas på bilden till vänster</li> <li>Säkerställ att skruarna är korrekt positionerade och stramt åt de fyra skruarna</li> <li>Tag din Moment och se till instruktionerna på sida 6 för, om nödvändigt</li> </ol> |
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BATTERY EXCHANGE | 21

7. Sätt tillbaka bakstycket och skruva fast de fyra skruvarna i den ordning som visas på bilden till vänster.
8. Se till att skruvarna sitter korrekt, innan du skruvar åt skruvarna ordentligt.
9. Nu kan du använda din Moment igen. Om du behöver, följ instruktionerna på sida 6.

#### FI

1. Käseisi tulisi olla puhtaat ja kuivat, kun valitset kellonasi pariston.
2. Ruuvaa seuraavaksi neljä ruuvia auki vasemmalla olevan kuvan osoittamalla tavalla.
3. Irrota sitten Moment:isi takalevy.
4. Poista paristo.

5. Sijoita varaparisto paikalleen ja varmista, että plus-merkki osoittaa ylöspäin.
6. Varmista, että tiivisterengas on tarkasti kohdallaan takalevyn kanssa.
7. Aseta takalevy uudestaan paikoilleen ja sijoita ruuvit vasemmalla olevan kuvan osoittamalla tavalla.
8. Katso, että ruuvit ovat oikeissa paikoissa ennen kuin kierrät ne tiukasti kiinni.
9. Tartu Moment:isi ja viittaa tarvittaessa ohjeisiin sivulla 6.

#### NO

1. Hendene må være rene og tørre før utskifling av batteriet.
2. Skru ut de fire skruene som vist på

- bildet til venstre.
3. Fjern bakpanelet på din Moment.
4. Fjern batteriet.
5. Sett inn et nytt batteri. Kontroller at plusstegnet vender opp på plass og følger bakpanelet.
6. Pass på at tetningsringen sitter på plass og følger bakpanelet.
7. Sett bakpanelet på plass igjen og glem ikke å skru fast igjen de 4 skruene som vist på bildet til venstre.
8. Plasser skruene i riktig posisjon og sørg for å stramme alle skruene helt til.
9. Du kan nå bruke din Moment. Følg instruksjonene på side 6, hvis det er nødvendig.

## runtastic MOMENT WARRANTY



#### EN / WARRANTY

We provide a 24 month warranty for this product. The warranty period begins on the date of purchase (based on receipt, purchase voucher, etc.). During this period, you will receive a new or repaired product free of charge. The warranty does not include batteries, improper handling, dropping, shock or the like. In case of a claim, you have the following possibilities:

- a) contact your point of sale or
- b) write us an e-mail: service@runtastic.com

Please note:  
For organizational reasons, we cannot accept any unannounced packages not prepaid.

#### DE / GARANTIE

Für dieses Produkt leisten wir 24 Monate Garantie. Die Garantiezeit beginnt ab dem Verkaufsdatum (Kassabon, Kaufbeleg). Innerhalb dieser Zeit beheben wir sämtliche Mängel, die auf Material- oder Funktionsfehler zurückzuführen sind, kostenlos, ausgenommen: Batterien, unsachgemäße

Behandlung, Sturz, Stoß u.dgl. Im Falle einer Reklamation hast du folgende Möglichkeiten:

- a) schreib uns eine E-Mail an: service@runtastic.com

Bitte beachte, dass wir aus organisatorischen Gründen keine unangemeldeten, unfrei eingeschickten Pakete annehmen!

#### FR / GARANTIE

La garantie de ce produit est valable pour une durée de 24 mois. Elle commence à dater du jour de l'achat (ticket de caisse). Pendant toute cette durée, nous nous engageons à traiter gratuitement toute réclamation relative à un problème de matériel ou à un défaut de fabrication. La garantie ne s'applique pas aux piles et à une mauvaise manipulation, chutes, coups etc. Pour toutes réclamations vous pouvez :

- a) contacter votre lieu de vente ou

b) nous écrire un e-mail à l'adresse suivante: service@runtastic.com

S'il vous plaît, pour des raisons d'organisation, nous ne pouvons pas accepter de colis inattendus et impayés !

#### IT / GARANZIA

Per questo prodotto la garanzia offerta è di 24 mesi. La durata della garanzia decorre dalla data di vendita (scontrino di cassa, ricevuta d'acquisto). Entro questo periodo tutti i guasti riconducibili a difetti

di materiale o di funzionamento saranno riparati gratuitamente; sono esclusi i danni causati da utilizzo improprio, batterie, cadute, colpi e simili. In caso di problemi hai le seguenti possibilità:

- a) rivolgerti al negozio in cui hai acquistato l'oggetto
- b) scrivere un email al seguente indirizzo: service@runtastic.com

Si prega di notare che, per motivi organizzativi, pacchi ricevuti senza preavviso e/o senza affrancatura non verranno accettati!

WARRANTY | 29

## runtastic MOMENT PRODUCT INFO



#### EN

##### SAFETY INFORMATION

Please read this material carefully, and follow all of the instructions stated to ensure reliable operation and a long-life expectancy for your Runtastic Moment.

##### RISKS FOR CHILDREN AND PEOPLE IN NEED OF CARE

This device is not intended for use by children under the age of eight (8) or individuals with limited physical, sensorial or emotional

capacities or limited experience, unless they are supervised by an individual responsible for their safety or receive instructions from the latter as to how the device should be used and understand the risks involved. Children should be supervised in order to ensure that they do not play with the device. Cleaning and maintenance should not be performed by children without supervision.

##### SAFETY NOTES

- In case of skin reactions, stop using your watch and consult

your physician.

- Do not place objects on the watch and do not exert any pressure on the glass, as this may cause the glass to break.
- Do not scratch the glass with sharp objects.

##### ELECTROMAGNETIC COMPATIBILITY

Very strong magnetic fields (e.g. transformers) must be avoided, as variations in the measurement can occur. Non-adherence to these instructions can lead to disturbances or damage to your Runtastic Moment.

##### BATTERY

Below you will find information about your battery. The CR2430 battery cannot be replaced by any other battery type. For battery exchange, you MUST use the battery type described above. You must also follow the described process in the Quick Instructions for changing your battery, otherwise your Runtastic Moment is no longer under warranty.

- Keep your Runtastic Moment away from heat sources and environments with high temperatures, i.e. in direct sunlight in a vehicle.

- Do not drill through or burn the Runtastic Moment in any manner.
- Non-adherence to these instructions can lead to the shortening of the operational life of the battery and/or damages to your Moment.

##### WARNING

- Contains small parts, which may be a choking hazard. Not suitable for children under age three (3).

##### DISPOSAL

Batteries are hazardous waste. For the correct disposal of batteries, appropriate containers are provided at the premises of commercial battery dealers, as well as local council waste disposal facilities. If you want to dispose of your Runtastic Moment, follow the appropriate provisions at that time. Information may be obtained from your local waste disposal facility.

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KRIPL-WATCHES  
Warenhandels GmbH  
Maria-Theresa-Straße 41  
4600 Wels, Austria

Dispose of the packaging in compliance with current standards. Information may be obtained from your local council waste disposal facility.

##### SPECIFICATIONS

Waterproof:  
Runtastic Moment is waterproof up to a depth of 300ft / 100m. Please refer to the table below to view

the suitable activities and conditions under which the device may be used.

| Rain, splash | Washing hands | Shower | Bathing, swimming | Diving with apparatus |
|--------------|---------------|--------|-------------------|-----------------------|
| Yes          | Yes           | Yes    | Yes               | No                    |

Operating temperatures: -4°F to +140°F (-20°C to +60°C)  
Storage temperatures: +14°F to +140°F (-10°C to +60°C)

#### DE

##### SICHERHEITSINFORMATION

Bitte lies diese Informationen sorgfältig durch und befolge alle Anweisungen für einen zuverlässigen Betrieb und eine lange Lebensdauer deiner Runtastic Moment.

##### GEFAHREN FÜR KINDER UND HILFSBEDÜRFTIGE PERSONEN

Dieses Gerät kann von Kindern ab einem Alter von acht (8) Jahren

und von Personen mit eingeschränkten physischen, sensorischen oder geistigen Fähigkeiten oder einem Mangel an Erfahrung unter Beaufsichtigung oder nach Unterweisung bezüglich des sicheren Gebrauchs verwendet werden, wenn die daraus resultierenden Gefahren verstanden wurden. Das Gerät darf nicht als Spielzeug für Kinder verwendet werden. Reinigung und Benutzerwartung dürfen nicht durch Kinder ohne Beaufsichtigung durchgeführt werden.

##### SICHERHEITSHINWEIS

- Achtung:
- Im Falle einer allergischen Reaktion der Haut, nimm deine Uhr ab und suche einen Arzt auf.
  - Platziere keine Gegenstände auf der Uhr und übe keinen Druck auf das Glas aus, da es dadurch brechen könnte.
  - Berühre das Glas nicht mit scharfen Gegenständen.

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les réglementations en vigueur dans votre commune. Vous pouvez obtenir plus d'informations sur le recyclage relatif aux piles en vous adressant directement à votre municipalité.

KRIPL-WATCHES  
Warenhandels GmbH  
Maria-Theresia-Straße 41  
4600 Wels, Austria

♻️ Jetez l'emballage conformément aux réglementations en vigueur dans votre commune.

#### SPÉCIFICITÉ

##### Étanchéité

Runtastic Moment est étanche jusqu'à 100 mètres (300 pieds). Veuillez vous référer au tableau ci-dessous pour voir quelles conditions et quelles activités sont possibles :

| Pluie, Spray | Se laver les mains | Douche | Baigner, Nager | Plongée en eau libre |
|--------------|--------------------|--------|----------------|----------------------|
| Oui          | Oui                | Oui    | Oui            | Non                  |

Température de fonctionnement :  
-20°C à +60°C (-4°F à +140°F)  
Températures de stockage :  
-10°C à +60°C (+14°F to +140°F)

**runtastic**  
**MOMENT**

#### LEGAL INFO



#### EN

##### DECLARATION OF CONFORMITY

R&TTE Directive 1999/5/EC, RoHS Directive 2011/65/EU, EMC Directive 2004/104/EC.  
Short text on declaration of conformity, hereby, Krippl Watches declares, that the Runtastic Moment (Art. No.: RUNMOBA1, Model: 9331-008; Art. No.: RUNMOBA2, Model: 9331-009; Art. No.: RUNMOCL1, Model: 9316-010; Art. No.: RUNMOCL2, Model: 9316-011; Art. No.: RUNMOCL3,

Model: 9316-012; Art. No.: RUNMOEL1, Model: 9320-007; Art. No.: RUNMOFU1, Model: 9328-002; Art. No.: RUNMOFU2, Model: 9328-007; Art. No.: RUNMOFU3, Model: 9328-009; Art. No.: RUNMOFU4, Model: 9328-004) is in compliance with the basic requirements, and the remaining relevant conditions of the guidelines 1999/5/EC, 2011/65/EU and 2004/104/EC. You can find the complete text of the declaration of conformity on our homepage: [hardware.runtastic.com](http://hardware.runtastic.com)

#### DE

##### KONFORMITÄTS-ERKLÄRUNG

R&TTE Richtlinie 1999/5/EG, EMV Richtlinie 2004/108/EG, RoHS Richtlinie 2011/65/EU: Kurztex der Konformitätserklärung: Hiermit erklärt Krippl-Watches, dass sich der Runtastic Moment (Art. No.: RUNMOBA1, Model: 9331-008; Art. No.: RUNMOBA2, Model: 9331-009; Art. No.: RUNMOCL1, Model: 9316-010; Art. No.: RUNMOCL2, Model: 9316-011; Art. No.: RUNMOCL3, Model: 9316-012; Art. No.: RUNMOEL1,

Model: 9320-007; Art. No.: RUNMOFU1, Model: 9328-002; Art. No.: RUNMOFU2, Model: 9328-007; Art. No.: RUNMOFU3, Model: 9328-009; Art. No.: RUNMOFU4, Model: 9328-004) in Übereinstimmung mit den grundlegenden Anforderungen und den übrigen einschlägigen Bestimmungen der Richtlinien 1999/5/EG, 2004/108/EG und 2011/65/EU befindet. Den kompletten Text der Konformitätserklärung kannst du über folgende Homepage abrufen: [hardware.runtastic.com](http://hardware.runtastic.com)

#### FR

##### DÉCLARATION DE CONFORMITÉ

R&TTE Directive 1999/5/CE, RoHS Directive 2011/65/UE, Directive CEM 2004/108/CE : Résumé de la déclaration de conformité : par le présent document, Krippl-Watches déclare que les Runtastic Moment (Numéro d'article : RUNMOBA1, Modèle : 9331-008; Numéro d'article : RUNMOBA2, Modèle : 9331-009; Numéro d'article : RUNMOCL1, Modèle : 9316-010; Numéro d'article : RUNMOCL2, Modèle : 9316-011; Numéro d'article : RUN-

MOCL3, Modèle : 9316-012; Numéro d'article : RUNMOEL1, Modèle : 9320-007; Numéro d'article : RUNMOFU1, Modèle : 9328-002; Numéro d'article : RUNMOFU2, Modèle : 9328-007; Numéro d'article : RUNMOFU3, Modèle : 9328-009; Numéro d'article : RUNMOFU4, Modèle : 9328-004) sont conformes aux exigences élémentaires et aux autres dispositions de la directive 1999/5/CE, 2011/65/UE et CEM 2004/108/CE. Le texte complet de la déclaration de conformité est disponible sur notre site Internet [hardware.runtastic.com](http://hardware.runtastic.com)

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#### FCC COMPLIANCE STATEMENT (FOR US)

\* This device complies with Part 15 of the FCC Rules. Operation is subject to the following: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

WARNING: changes or modifications to this unit not expressly approved by the party responsible

for compliance could void user's authority to operate the equipment.

#### IC STATEMENT (FOR CANADA)

\* This equipment is a portable device. The output power of this device is less than 20mW. The SAR test is not required.  
\* This device complies with Industry Canada licence - exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including inter-

ference that may cause undesired operation of the device.

\* This device complies with Part 15 of the FCC Rules and with RSS-210 of Industry Canada. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

#### IC STATEMENT

Le présent appareil est conforme aux CNR d'Industrie Canada

applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

(1) l'appareil ne doit pas produire d'interférence, et  
(2) l'utilisateur de l'appareil doit accepter toute interférence radioélectrique subie, même si elle est susceptible d'en compromettre le fonctionnement.  
Cet appareil numérique de la classe B est conforme à la norme NMB-003 du Canada.

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*We're here to help!*

>>> <https://help.runtastic.com>

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