

# USER GUIDE

## Interface introduction



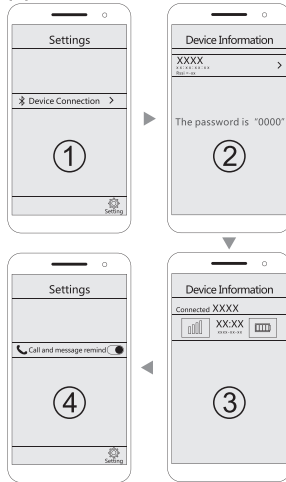
## App download

Scan QR code below:



Requirements: ≥ iOS 7.0 iPhone  
4S/5/5C/5S/6/6plus  
≥ Android 4.3 (default)  
Smart phone with Bluetooth

## App connection



## FAQ

1. How to do when the Bluetooth disconnection? (join/reconnection failure/slow reconnection)  
Answer: Because of the Bluetooth wireless signal interference problems, the connection of each time may not be equal. If disconnection of long time, you can try the following steps:  
A. Ignore the connected devices on the phone, restart APP, then reconnect the bracelet.  
B. If the A method still invalid. Ignore the connected devices on the phone and reboot the phone and the bracelet, and then restart APP and reconnect the bracelet.

2. Can not search to the bracelet  
Answer: Please ensure that phone's Bluetooth activated and bracelet must be powered on and has no other connection, and then put the phone and the bracelet together, and then research the bracelet with APP.

3. Should Bluetooth connection need to always opened? When Bluetooth closed, data still saved?  
Answer: Bracelet can only save recent 3 days data itself. Data in bracelet will be sync as soon as the phone and the bracelet connected

4. How the sleep data is counted?  
Answer: Sleep times start between first day 8:00 am to second day 8:00 am are counted in the first day sleep data. And the total sleep time of one day does not exceed 20 hours, the time more than 20 hours is considered invalid sleep time and shall not be counted in.

5. Why do the lights of heart rate on the back of bracelet flashed by every few minutes?  
Answer: Bracelet measures your heart rate automatic every five minutes within 24 hours and count a average value every thirty minutes.

6. Bracelet has been connected by the APP, why aren't the calls and messages reminded on the bracelet?  
Answer: There is a option 'Call and message Remind' in the setting menu of APP, turn it on and the bracelet will vibrate when the phone has incoming calls or messages.

7. How to do when forget the password that you change by yourself?  
Answer: Long press power key of bracelet 10 seconds can be reseted to the initial password '0000'.

8. How to set up steps goal?  
Answer: Fill height and weight in the APP, and APP will calculate the daily steps goal of user.

9. How to use 'Upgrade' of APP setting menu. ?  
Answer: If software of bracelet has a new version, 'Upgrade' of APP setting menu will be marked. User can update software of the bracelet to the latest version through this function. Bracelet will be power off when you use the 'Upgrade' function, and then it will be power on when the software updating finish. Ensure your bracelet battery at least has one bar left and put the bracelet and your phone together when you start to update software, so that no to update interrupting cause by no power or Bluetooth disconnecting.

10. How long will it take from low to full charging?  
Answer: General charge for 90 minutes, but because of the difference of charging seat, please refer to our bracelets charging icon show full.

11. Long time been wearing a bracelet, will the blue-tooth radiation will cause harm to human body?  
Answer: The radiation of bracelet Bluetooth is far below than the United States FCC standards, can be basically ignored, long term wearing will not cause harm to human body.

## Disclaimer

Warning: this product is not a medical device. Bracelet and related applications should not be used for diagnosis and treatment. Or disease of disease prevention, etc. If you want to change habits, such as movement, sleep, please be sure to first consult qualified medical professionals, so as not to cause serious casualties. Our company reserve the right to modify and update the description of the product without prior notice. Please refer to the actual product.

**Notice: Battery of the product is non-removable. Due to losses of the product itself, starting of it may fail due to electricity shortage of the battery after more than six month of idling. Please charge it every six months while you let bracelet lie idle.**

FCC Caution:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device compliance with FCC's RF exposure guidelines, The device can be used in portable exposure condition without restriction.