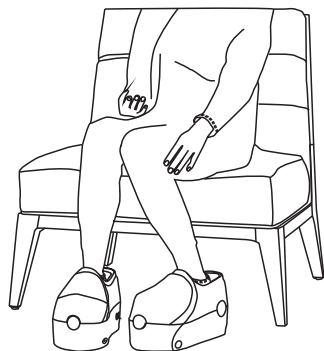


III How to use it

1 How to use C-WALK



2 C-WALK therapeutic shiatsu massage on the feet's acupressure points



Yongquan

Massage on Yongquan can cure high blood pressure, enhance the sexual ability, enrich the kidney essence, improve the hearing and sight, promote physical development normally, enhance vitality, strengthen the waist, knee and walk force, etc.



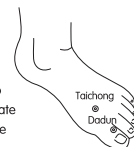
Qixu

Massage on Qixu can regulate meridians and collaterals, soothe the liver and gallbladder, remove neck swelling and pain. It also can help to remit neck soreness, arm swelling, rib and sternal pain, lower limb paralysis, lateral malleolus swelling, malaria, hernia, red eyes and swelling, blurry eyes, etc.



Taixi

Massage on Taixi can relieve insomnia, forgetfulness, cough, asthma, menstrual disorders, toothache, impotence, cold hands and feet, etc. It also can help to remove spot and acne, skin whitening, etc.



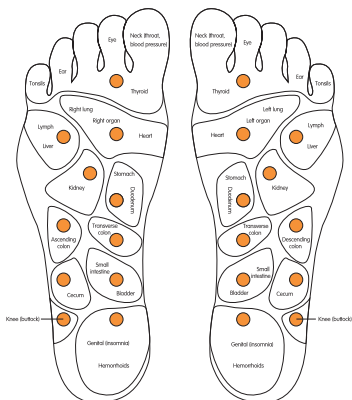
Taichong

Massage on Taichong can help to control the blood pressure, eliminate irascibility, relieve insomnia, relieve dizziness caused by colds.

Dadun

Massage on Dadun can regulate liver and kidney, relieve endogenous dizziness, soothe nerves and epilepsy, regulate blood disorders, which can effectively relieve anxiety.

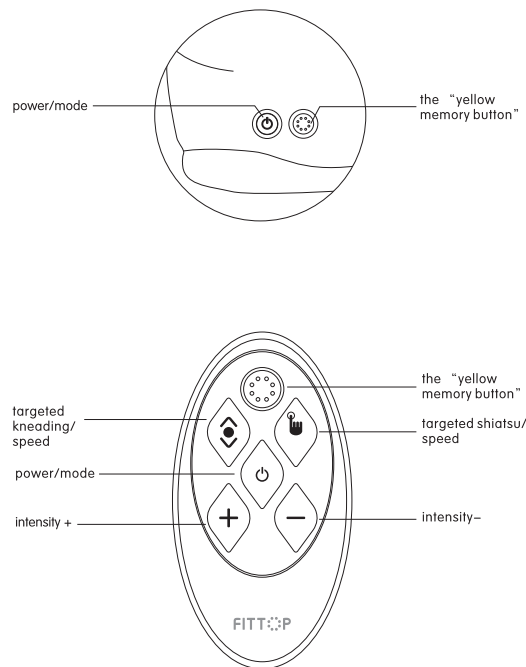
3 Targeted Massage Technology realizes multi-functional massage adjustment to help improve your health:



- 1、Prompt blood circulation, enhance metabolism and improve sleeping quality
- 2、Prevent cervical spondylosis, hypertension, gout, rheumatism and soreness of back and waist
- 3、Relieve edema, varicose veins and leg numbness, Take care your liver and kidney
- 4、Improve physiological magnetic field, eliminate tiredness,etc

4 Operating Instructions

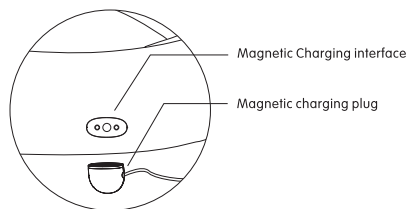
4.1 Button Instructions:



4.2 Charging Instruction (No need charging when the battery is full, go to next operating directly)

Warm Tip: Please connect the C-WALK magnetic charger with the power interface on the side of C-Walk for charging. Please do not use any charger not supplied by this manufacturer.

Charging: Insert the plug of the charger into household outlet, and insert the other end to the charger interface of the base, charging in process. During charging, the LED light is flickering, faster flickering means lower battery; slower flickering means higher battery. The battery is full when charging light is on.



4.3 C-WALK Operating Instructions:

Tip: "Short Press" means quick press.

The two buttons on the side of C-WALK are Power/Mode  and the "Yellow Memory Button ". Button operations are as follows:

4.3.1 Unlock and travel-lock program

a) The product is in travel-lock mode, please unlock it before use. (Note: The shoes should be unlock one by one).

Unlock:

① The product is unlock when in charging process.

② Press the "yellow memory button  " for three times, buzzer gives 3 quick sounds, LED flickers 1 second, the product is unlocked and is off. The product can be used after start it.

b) Lock the product: when the product is off, press the "yellow memory button  " for 3 times, buzzer gives 3 sounds, LED flickers 1 second. The product can not be used in travel-lock mode and its battery is in power-saving mode.

4.3.2 Power/Mode

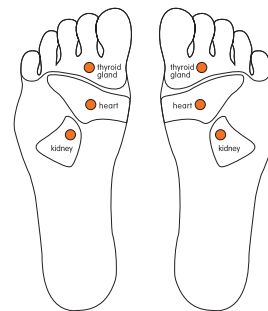
a) When the power is off, short press to turn on the product, buzzer gives one sound and the light is on, then C-WALK in standby mode. After 10-20 seconds it switches to auto-massage mode and buzzer gives 3 sounds.

b) When the power is on, short press to switch the auto-modes, each press switch a different mode and buzzer gives one sound.

The four modes will switch circularly : Relieve Tiredness – Sleep Improvement – Beauty Treatment – Relieve Pressure

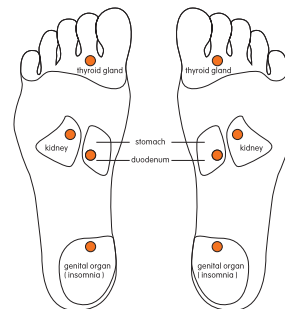
Note: Illustrations of the four modes (Just choose the mode and it will massage automatically)

■ Relieve Tiredness: Massage in sequence on the 3 acupressure points and reflex zones of thyroid gland, kidney and heart, etc. See Pic 1



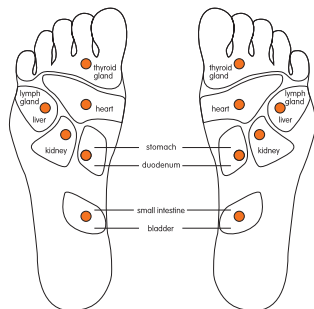
(Pic 1)

■ Sleep Improvement: Massage in sequence on the 4 acupressure points and reflex zones of thyroid gland ,genital organ, duodenum and kidney, etc. See Pic 2



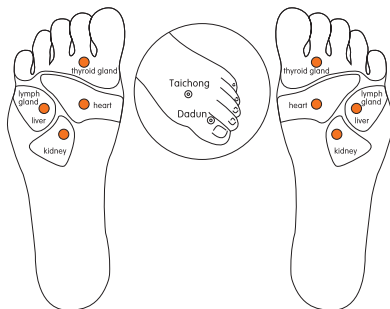
(Pic 2)

■ **Beauty Treatment:** Massage in sequence on the 6 acupressure points and reflex zones of bladder, duodenum, heart, lymph gland and kidney ,etc . See pic 3.



(Pic 3)

■ **Relieve Pressure:** Massage in sequence on the 4 main acupressure points and reflex zones under feet : kidney, lymph gland, heart and thyroid gland ; massage the two important acupressure points of Taichong and Dadun on instep. See pic 4



(Pic 4)

c) When the power is on ,long press over 1 second to turn off the product, buzzer gives 2 sounds and the lights C-WALK is off.

4.3.3 The "Yellow Memory Button" 

a) When the product is on,short press,running the memoried working mode, buzzer gives 1 sound
b) When the product is on, long press over 1 second to delete the last memorized mode and memorize the current working mode,buzzer gives 2 sounds.

4.3.4 air-exhaust button

If the product stops working irregularly and the feet cannot be took out from the shoes ,please press the air exhaust button and wait the air exhausted and put off the shoes.

4.3.5 reset button

If the remote controller or the button cannot control the shoes, please press the "reset" button to reset all program.

4.4.Remote Controller Instruction

Note: When the power is on, the light will be on by press any button; the light flickering once in every 2 seconds when in standby mode.

4.4.1 Remote Controller Power/mode 

a) When power is off, short press to turn on the product, buzzer gives 1 sound and the lights of remote controller and C-WALK are on ;

b) When the power is on ,long press over 1 second to turn off the product, buzzer gives 2 sounds and the lights of remote controller and C-WALK are off.

c) when the power is on, short press to auto-switching mode, each press gives a different working mode, buzzer gives 1 sound. 4 auto-mode working cyclically: Relieve Tiredness

– Sleep Improvement– Beauty Treatment – Relieve Pressure. (See 2.3.2b)

4.4.2 "Targeted Shiatsu/Speed"  button on remote controller.

Warm Tip: you can choose targeted massage on different region and adjust the massage speed by "Targeted Shiatsu/Speed" button.

a) Short press starts targeted massage, each press will switch a massage region and buzzer gives 1 sound.

b) long press over 1 second for speed adjustment of shiatsu, buzzer gives one short sound, cyclic switch of : slow speed – medium speed – high speed – stop When it switches into the first speed (low-speed), buzzer gives 3 sounds.

c) under auto-mode,short press , switch into targeted massage mode.

4.4.3 "Targeted Kneading/Speed"  button on remote controller

Warm tip: The "Targeted Kneading/Speed" button adjust massage and speed on different region.

a) Short press to move the massage position upward and downward, each press change upward or downward, buzzer gives 1 sound.

b) long press over 1 second for speed adjustment of kneading, buzzer gives one short sound, cyclic switch of : high speed – medium speed – low speed – stop When it switches into the first speed (high-speed), buzzer gives 3 sounds.

c) In the auto-mode, short press the "targeted kneading/speed" button and it will switch into targeted massage mode.

4.4.4 The “Yellow Memory” button on remote control

a) When the power is on, short press, buzzer gives a short sound, it will run the memorized working mode.

b) When the power is on, long press over one second, buzzer gives 2 times short sound, it will memorize the current working mode and delete last memorized working mode.

4.4.5 “Intensity +” and “Intensity -” buttons on the remote controller

a) When the power is on, short press “intensity +”, buzzer gives a short sound, intensity ascent one degree

b) When the power is on, short press “intensity -”, buzzer gives a short sound, intensity descent one degree

c) When the intensity get the maximum / minimum, buzzer gives continuous sound.

Total 5 degree of intensity from minimum to maximum, the auto intensity in the third degree.

4.4.6 Remote Controller Operating Instructions

The C-WALK and its controller has been matched, do not need re-match again. The C-WALK and its controller should be re-match when you delete its original matched process

a) Turn off the C-WALK and remote controller

b) Long press “power /mode” over 3 seconds, buzzer gives a long sound and the light flickering quickly, C-WALK in matching mode to the remote controller.

If the matching process over 60 seconds, buzzer gives 2 seconds sound and the massage shoes switch off. Please redo the matching operation.

c) Press “intensity +” and “intensity -”, then press “power/mode” button, wait 3 seconds, the remote controller switches in matching mode and its light flickering quickly. One remote controller can match with 1 pair of C-WALK, please delete the matching information before match other FitTop C-WALK.

d) If massage shoes and the remote controller matched successfully, buzzer of massage shoes gives 3 times quick sounds. C-WALK and its remote controller switch off after “power/mode” and remote controller light flickering 1 second.

4.4.7 Delete the matching information of remote controller

▲ It is for connect C-WALK with another remote controller. If the current remote controller is on but can not control C-WALK, you can also delete the matching information by turn off the remote controller and press the power/mode button to re-connect C-WALK.

a) turn off the remote controller

b) press “targeted shiatsu / speed” and “targeted kneading/ speed” button in the same time, then press the power/mode button of remote controller and wait 3 seconds, the information is deleted successfully after the light of remote controller flickering 1 second.

4.4.8 Disconnect the Bluetooth link of remote controller and the C-WALK

Press “intensity +” and “intensity-” in the same time, the remote controller

disconnects the bluetooth link with C-WALK, and C-WALK keep current working mode, the remote controller will turn off in 5 seconds.

4.4.9 When the remote controller is not connected with any shoes, press “power/mode” button to turn it off, light flickering 5 times.

IV Bluetooth Control

1 Devices Supported

1.1 Smartphone with Bluetooth 4.0 (BLE).

1.2 iOS 6.5 or higher system

1.3 Android 4.3 or higher system

1.4 Bluetooth radio of C-WALK name is: FCW31-xxxxxxx, of which xxxxxxxx is internal ID, used to identify different devices, e.g FCW31-9A3C22

2 Start Phone Bluetooth

1.1 iOS setting -> Bluetooth -> Start Bluetooth

1.2 Android setting -> Bluetooth -> Start Bluetooth

1.3 Phone Bluetooth and C-WALK don't need to be matched, directly connect via FitTop APP program.

3 Install Fittop APP

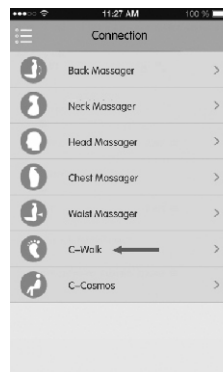
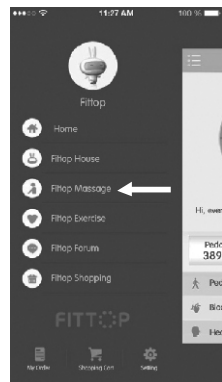
Scan 2D code to install Fittop APP



2D code

4 Start Fittop APP

Find Fittop APP on your cell phone, enter Fittop Massage -> Add device -> C-WALK, start to search nearby massager. If there is only one C-WALK, it will directly enter the corresponding massager remote control interface. If there are more than one, all be displayed, and the user will choose the one to be controlled.



5 Check Message Records

Click the icon on the right top corner of C-WALK remote control interface to check the message records.



V Cleaning and Maintenance

1 Cleaning

- 1.1 Please use damp cloth or neutral detergent to clean the product and wipe dry afterwards.
- 1.2 Before use the product, please put on the foot cover which is washable.
- 1.3 Do not use sharp brush, sharp tool, gasoline and diesel to clean it.

2 Maintenance

- 2.1 Please keep it into a box and keep in a safe, dry and cool place.
- 2.2 Do not keep it in any place with high temperature, near fire or direct sunlight, or it may be faded or damaged.
- 2.3 Do not contact benzene, diluent or any other corrosive liquid.

VI Notes

For safety, please read carefully the following issue before use this device.

1. Please use this device as this user's manual guides
2. Do not use parts not supplied by this manufacturer.
3. When the battery is full, please disconnect the charger and do not over charge it.
4. Do not keep it in any place with high temperature.
5. Using by a child must be supervised by adults.
6. Using by person who limited physical mobility or reduced sensibility must under supervision
7. This product is not to be used for any medical purpose
8. Consult a doctor before use if you are in any of the following cases:
 - a) During Pregnancy or 4 months after delivery
 - b) Using cardiac pacemaker or other medical electronic device implanted
 - c) You have disturbance of blood circulation or thrombi
 - d) You have skin allergy or skin infection
 - e) You have osteoporosis
9. It is recommended to use no more than 15 mins each time (the product stops automatically when it completes its 15 min massage program). Restart in 30 min if you want to use it again.
10. Too long time of use may cause overheating of the product and shorten the service life. Stop using if it is overheating. Do not use until it becomes cool.

VII Trouble-- shooting

Trouble	Reason / Solution
Cannot start the massager	• Battery Low / Please charge it before using • Turned off / please turn on the massager
The massager is not working	• Battery runs out of power/ charge the battery • Self-timed 10 mins is out/ restart the product
Remote Controller does not work	• The battery is low/ please change a new battery • Matching Failure / Please match again as the user's manual guides

Note: If the trouble remains, do not use it and please contact the maintenance center (see back cover). Do not repair it by yourself.

FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: --Reorient or relocate the receiving antenna. --Increase the separation between the equipment and receiver. --Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. --Consult the dealer or an experienced radio/TV technician for help.

"This device complies with FCC RF radiation exposure limits set forth for general population (uncontrolled exposure). This Device must not be collocated or operating in conjunction with any other antenna or transmitter."