

# Quick Start

## For Sleeping Better



- 1 If you haven't done so yet, download 2breathe App from Apple's AppStore and install it
- 2 Launch the App, create a user account and follow the on-screen instructions
- 3 Breathe well & Sleep Tight

## Syncs with



iPadMini, iPad3 +, iPhone 4S +

# Important Information

## Safety

By using your 2breathe™ device you expressly agree to the Terms of Use detailed on [www.2breathe.com/terms-of-use](http://www.2breathe.com/terms-of-use) and/or the 2breathe mobile App.

2breathe is not a medical device. the 2breathe sensor, its associated mobile app and its website are not intended for and should not be used to diagnose, treat or prevent any disease or medical condition. If you are seeking information on how to treat a medical condition, you should talk to your healthcare provider.

## Precautions

- Do not use 2breathe without consulting your physician if you suffer or have suffered in the past from: active ischemic heart disease/unstable angina, bradycardia, severe congestive heart failure, chronic atrial fibrillation, stroke resulting in permanent impairment, chronic renal failure, severe asthma, chronic obstructive pulmonary disease (COPD), like chronic bronchitis and emphysema, major organ failure, sleep paralysis, have a pacemaker or if you are pregnant.
- Do not use your 2breathe when you need to be alert or to concentrate, or when using heavy equipment.
- Do not use 2breathe while driving.
- If you feel any negative change in your general health or mood, immediately discontinue use of your 2breathe, and contact your physician.
- Breathe effortlessly throughout the exercise. Excessive deep breathing may cause dizziness and palpitations.
- If you are allergic to any substance that comes into contact with your skin or if you suspect an allergic reaction due to using the product check the listed materials in the Technical Specification at [www.2breathe.com/specification](http://www.2breathe.com/specification). In case of any skin reactions, stop using the product and consult with your physician.

## **Limited International Warranty**

2Breathe Technologies Ltd. ("2Breathe") provides a manufacturer's one year limited warranty on its products as follows:

- 2breathe provides a limited one year warranty on its products: We warrant that the products conform to all specifications provided with the products, used in marketing materials or otherwise published, and that the products are free of design, manufacture, material and workmanship defects under normal use for twelve (12) months from the date of purchase.
- This warranty shall not apply to products that have been altered, improperly stored, transported or maintained, or put to a use to which they were not intended, or used other than in accordance with 2breathe's written instructions.
- Except as provided herein, 2breathe disclaims all representations, warranties, and conditions, whether express or implied, including those of merchantability, fitness for a particular purpose, title, non-infringement, system integration, quiet enjoyment, and accuracy.
- 2breathe does not guarantee, represent, or warrant that your use of the 2breathe device will be uninterrupted or error-free. 2breathe's continued provision of its services relies upon the general operation of the internet and world wide web and certain factors necessary for the continuous operation of the internet and world wide web are beyond 2breathe's control.
- In no event shall 2Breathe be liable for any indirect, incidental, special, exemplary, or consequential damages arising out of or in connection with its products, including, without limitation, any damages resulting from loss of use, data, or profits, whether or not we have been advised of the possibility of such damages, on any theory of liability. Except as provided herein, 2Breathe's total cumulative liability to you, whether in contract, tort, or otherwise, shall not exceed fifty U.S. dollars (\$50).

- 2Breathe does not guaranty any results arising from using its services and/or products – and you therefore have no claim, cause and/or demand against 2Breathe, if you do not get the result you were expecting and/or aiming for.
- Further limitations on warranty may apply, as detailed at [www.2breathe.com/terms-of-use/](http://www.2breathe.com/terms-of-use/) and/or the 2Breathe mobile App.

## Use and Storage

- Use the product at temperatures between 10°C and 35°C (50°F and 95°F).
- Product may be stored in a clean, dry location between 5°C and 40°C (41°F and 104°F) when it is not in use.
- Use the product at an altitude of 0 m to 2000 m (0 ft to 6560 ft).
- Do not place the product in direct sunlight for extended periods of time.
- This product is not a toy. Do not allow children to play with it.
- Do not allow the device to come in contact with liquids.

## Compliance

For details see [www.2breathe.com/regulatory](http://www.2breathe.com/regulatory)

FCC ID: 2AGLB-2B101



012-150040



## FCC Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

## Federal Communications Commission Notice

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

FCC Caution: Any Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.