



Scale 700

GEONAUTÉ

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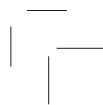
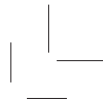
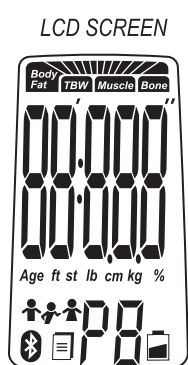
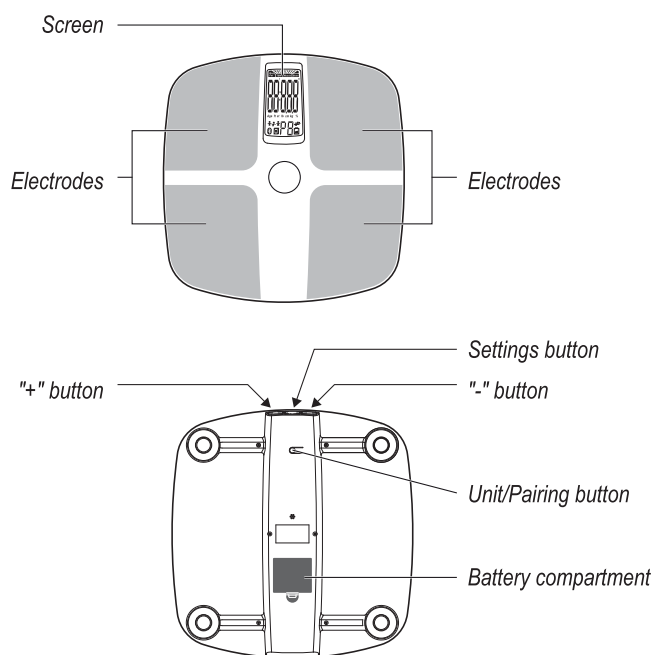


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OVERVIEW



Body Fat	Results of body fat percentage analysis	%	Percentage
TBW	Results of muscle mass percentage analysis		Men
Muscle	Results of body water percentage analysis		Sportsman
Bone	Bone mass analysis result		Women
Age	Age		Sportswoman
ft	Feet	PA	User profile
st lb	Stone		Bluetooth® connection
lb	Pounds		Data transmission/Waiting to transmit to smartphone
cm	Centimetre		
kg	Kilogram		Low battery

PRECAUTIONS FOR USE

Using this impedance analysis scale is not recommended for people fitted with pacemakers or any other kind of implanted medical device.

If you are not sure, ask your doctor for advice.

To ensure an accurate measurement, you must observe the following instructions:

- ➔ Place the scale on a hard, flat surface. Soft surfaces such as carpets could affect the measurements.
- ➔ Do not repeat measurements several times throughout the day as they are not comparable.
- ➔ Do not move the scale between measurements.
- ➔ It is best if you weigh yourself before having eaten anything and if you do not weigh yourself directly after sports.
- ➔ Always weigh yourself at the same time of day in order to ensure consistency when monitoring your body parameters.

USAGE INSTRUCTIONS

INSTALLING THE BATTERIES

- ➔ Open the battery compartment on the back of the scale
- ➔ Insert the batteries (4 x 1.5V AAA) in accordance with the marked polarity (+/-)
 - A welcome message will be displayed. 
- ➔ Close the compartment and place your scale on the floor. After 30 seconds, your scale will turn off automatically.



WARNING:

- When the  symbol appears, the device will shut down. You must then replace all four batteries at the same time. Do not combine used batteries and new batteries.
- Used batteries are hazardous waste. Do not dispose of them in household waste. Refer to local regulations and to recycling instructions for how to dispose of used batteries.

CHOOSING THE UNIT OF MEASUREMENT

Press the "**Unit/Pairing**" button on the underneath of the scale to select the unit of measurement. The default unit of measurement is the "**kilogram**". You can also choose to use "**pounds**" or "**stone**".

FIRST USE

1. Download the **myGeonaute connect** app.
2. Activate Bluetooth® on your phone

iPhone



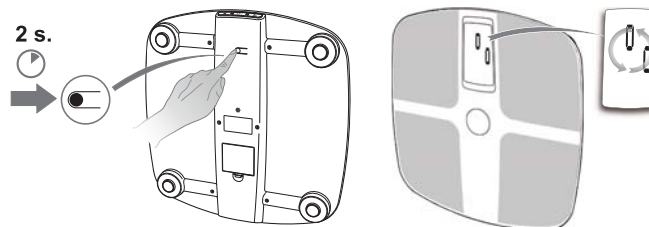
Android™



3. Launch the myGeonaute connect app and follow the instructions.

When asked to put your scale into detection mode, press and hold the "**Pairing**" button located on its underside for 2 seconds.

An on-screen animation indicates that the scale is in "**Pairing**" mode.



4. When the scale is correctly paired to your account, the following will appear on the screen:

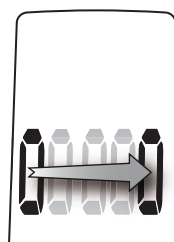
Your scale configures itself automatically by collecting the information from your myGeonaute account (age, height, gender).

Multi-user operation

If the scale is used by several users, each user must follow these steps with their own myGeonaute account. This allows each myGeonaute account to be linked to a unique user profile. In this way, only your personal measurements will be transferred to your account.

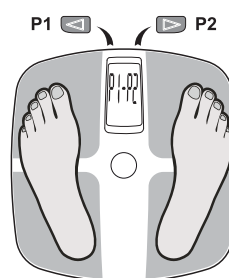
DAILY USE**WEIGHING**

1. Stand barefoot on your scale with your feet placed centrally upon it. Your scale will turn on automatically.
2. Once your weight is stabilised, remain still until the analysis of your body composition is complete. An animation indicates that the analysis is in progress.



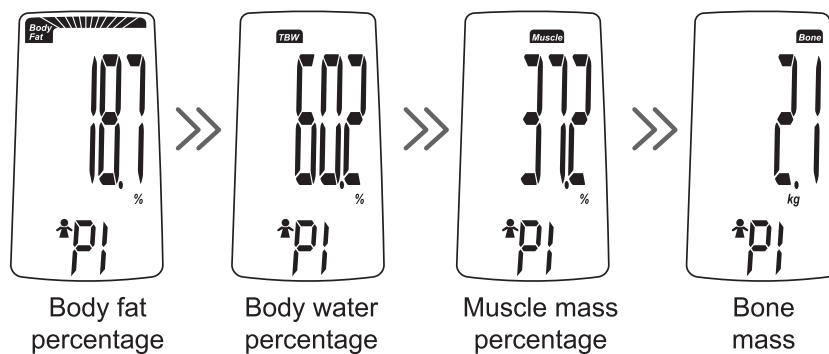
3. Your scale can recognise up to 8 users. If your identity is not clear, it will ask you to choose your profile number.

Select it using the left and right buttons:



If no user is recognised, only the weight will be displayed.

4. When the analysis is finished, the results of your measurements are displayed one after the other:



TRANSFERRING MEASUREMENTS TO YOUR SMARTPHONE

5. Activate Bluetooth® on your smartphone and launch the myGeonaute connect app.

Your measurements will be sent to your smartphone automatically.

Note: If you do not transfer your measurements to your smartphone immediately, they will be saved in your scale's memory and transferred when you next weigh yourself.



LED flashing: searching for smartphone

LED constant: smartphone connected



available data is being transferred.

The graphic disappears when your measurements have been transferred.

6. Your scale turns off automatically after weighing.

Multi-user operation

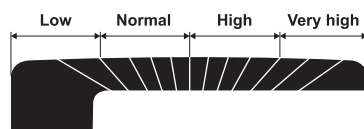
Ensure that you are logged into your myGeonaute account on your smartphone in order to receive the measurements linked to your profile.

BODY MEASUREMENTS

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■ Body fat

The bar at the top of the screen indicates your body fat level.



Standard values for men

Assessment	Age				
	20 - 29	30 - 39	40 - 49	50 - 59	60 +
Low	< 13	< 14	< 16	< 17	< 18
Normal	14-20	15-21	17-23	18-24	19 - 25
High	21-23	22-24	24-26	25-27	26 - 28
Very high	> 23	> 24	> 26	> 27	> 28

Standard values for women

Assessment	Age				
	20 - 29	30 - 39	40 - 49	50 - 59	60 +
Low	< 19	< 20	< 21	< 22	< 23
Normal	20-28	21-29	22-30	23-31	24-32
High	29-31	30-32	31-33	32-33	33-35
Very high	> 31	> 32	> 33	> 34	> 35

■ Body water

	Body fat percentage	Optimal body water percentage
Men	4 to 14%	70 to 63%
	15 to 21%	63 to 57%
	22 to 24%	57 to 55%
	25% and above	55 to 37%
Women	4 to 20%	70 to 58%
	21 to 29%	58 to 52%
	30 to 32%	52 to 49%
	33% and above	49 to 37%

■ Muscle mass

Men: around 40% of total weight.

Women: around 30% of total weight.

■ Bone mass

For both men and women, average bone mass accounts for around 4-5% of body weight.

TROUBLESHOOTING

Error	Description	Solution
	Overload. The device turns off.	Do not use the scale to perform this measurement.
	Low battery. The device will turn off in a few seconds.	Replace all 4 batteries.
	Pairing fault	Check that: - Bluetooth® is activated - the app is open - the two devices are within Bluetooth® transmission range.

■ When weighing

Problem	Cause	Solution
Abnormal measurement results: - Too high; or - Too low; or - Large difference between two recent measurements.	Incorrect posture.	Stand on the scale with bare feet and remain in place.
	The device is placed on a soft surface such as a carpet or on a rough surface.	Place the device on a hard, smooth surface.
	Your body is cold, which results in poor blood flow.	Warm your hands and feet to restore good blood flow and measure again.
	Cold electrodes	Place the device in a warm room for a time then measure again.
	Your hands or feet are too dry.	Wipe your feet with a wet cloth so that they are slightly damp when you begin the measurement.
Nothing is displayed on the screen when you turn on the device.	The batteries have not been installed.	Install the batteries. (see the Installing the batteries section)
	Low battery.	Replace all 4 batteries.
Body fat, body water, muscle mass and bone mass analysis does not take place.	You are wearing socks or shoes while standing on the scale.	Stand barefoot when being measured, keeping full contact with the electrodes.
The device turns off automatically.	Low battery.	Replace all 4 batteries.

■ When transmitting data

Problem	Cause	Solution
Data transmission failed.	Bluetooth® has not been activated.	Activate Bluetooth® via " Settings > General > Bluetooth "
	The app is not open.	Tap the app icon on your smartphone.
	Out of Bluetooth® transmission range.	Bring your smartphone closer to the scale.
	No user profile is assigned.	Assign a user profile by following your profile's configuration instructions.

TECHNICAL SPECIFICATIONS

Product name	Geonaute Scale 700
Dimensions	310 x 310 x 28.5 mm
Weight	Approximately 1.75 kg (without batteries)
Units of measurement	Kilogram/Pound/Stone
Measurement range	5 kg to 180 kg/0 st: 11 lb to 28 st: 5 lb/11 lb to 397 lb
Graduation	0.1 kg/0.2 lb
Accuracy	50 kg: ± 0.3 kg 100 kg: ± 0.4 kg 150 kg: ± 0.5 kg 180 kg: ± 0.7 kg
Operating conditions	Temperature: 10°C to 40°C Humidity: 15% - 90% RH
Storage conditions	Temperature: -20 °C to 55 °C Humidity: ≤ 90% RH
Power supply	6V (four AAA batteries)

EC DECLARATION OF CONFORMITY

DECATHLON hereby declares that the Geonaute **Scale 700** device complies with essential requirements and with other relevant stipulations of the 1999/5/EC Directive.

Compliance with these conditions is expressed by the marking: **CE**

The CE declaration of conformity is available at the following link:
<https://www.geonaute.com/en/ec-declaration-conformity>



WARRANTIES

DECATHLON guarantees the original buyer that this product is free from material or manufacturing defects. This product is guaranteed for two years from the date of purchase. Please keep your receipt as proof of purchase.

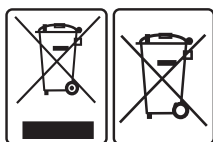
The guarantee does not cover:

- Damage resulting from misuse, a failure to comply with the precautions for use, accidents, improper maintenance or commercial use of the product.
- Damage resulting from repairs carried out by persons not authorised by **DECATHLON**.
- Batteries, or panels that are cracked or broken or that show signs of impact damage.

During the warranty period, the item will either be repaired free of charge by an authorised repair service or replaced free of charge (depending on the distributor).



RECYCLING



This product and the batteries it contains cannot be disposed of with household waste.

They must be disposed of via selective waste sorting. The product and batteries must be recycled at a collection point at end of life.

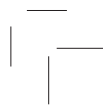
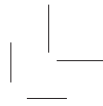
Recycling your electronic waste protects the environment and your health.

CONTACT US

We would like to hear your feedback on the quality, features and use of our products at: <http://support.geonaute.com>

We will reply as soon as possible.







DECATHLON - 735 Market Street, San
Francisco, CA 94103 - +1 415-408-5494



customer.service@decathlon.com

 IMPORTANT

- Decathlon is not liable for accidents or injuries due to improper use of the product, failure to adhere to the instructions given in this guide, or modifications to the product
- To avoid serious injury or death, follow the safety information in this document
- Keep these instructions
- While every effort has been made to ensure that the information contained in the guide is accurate and complete, Decathlon is not liable for any errors or omissions

FCC Regulatory information

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.» CAUTION: changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in ac-

cordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: - Reorient or relocate the receiving antenna. - Increase the separation between the equipment and receiver. - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. - Consult the dealer or an experienced radio/TV technician for help.

RSS Gen., clause 7.1.3

This device complies with Industry Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device. Le présent appareil est conforme aux CNR d'Industrie Canada

applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

FCC RF exposure warning

The equipment complies with FCC RF exposure limits set forth for an uncontrolled environment.
The equipment must not be co-located or operating in conjunction with any other antenna or transmitter.

ISED RF Exposure statement

Radiation Exposure Statement:
This equipment complies with ISED radiation exposure limits set forth for an uncontrolled environment.

Déclaration d'exposition aux radiations:
Cet équipement est conforme aux limites d'exposition aux rayonnements ISED établies pour un environnement non contrôlé.

