

ID155

Operation Manual



Thanks for purchasing this product.
Please read this Manual carefully before use.

Model	ID155	Screen Type	TFT+LCD
Battery Capacity	110mAh	Charging Voltage	5V±0.2V
Charging Time	2hours	Battery Life	7 Day
Waterproof level	IP68	Weight of Product	25g
Operating temperature	0°C-60°C	Bluetooth version	BLE5.1
Product Frequency	2402-2480MHz	Max. transmission Consumption	405m



Scan the QR code
for more function information



4.SMD165XX000-V1.0

This number is for internal use only

Quick Start

1. Know the Device

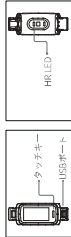


Functions of the Touch key:

- Return to the previous screen
- Turn on the screen

クイックスタート

1. ウォッチの説明



タッチキーの機能:

- タッチキーをリッックする:
 - 戻る、または
 - 画面をオンにする。

Kurzanleitung

1. Smartwatch kennenlernen



Tastenfunktionen:

Tippen Sie für folgende Funktionen auf die Taste:

- Zurück code
- Display einschalten.

(EN)

2. Power On/Off



Note: the Bracelet must be activated through charging before the first use.

- Pull the strap and remove the main body of the Bracelet;
- Insert the metal charging terminal of the main body into the USB port to charge the Bracelet (please use the specified voltage and current (5V/500mA), and be careful not to reverse the polarity).

Charging and Power-on

Power Off

Shutdown path: [Setup]→[Power Off].



2. 電源オン/オフ



注: はじめて使用する際には充電してからブラゼットを起動する必要があります。
(1) 充電コネクタをUSBポートに接続してブラゼットを充電します (指定した電圧と電流 (5V/500mA) を使用し、プラスとマイナスを反転させないように注意してください)。

充電と電源オン

シャットダウンの手順: [設定]→[電源オフ]。



(DE)

2. Ein- und ausschalten



Hinweis: Das Gerät muss vor dem ersten Gebrauch durch Aufladen aktiviert werden.
(1) Entfernen Sie das Armband und nehmen Sie das Gerät heraus;
(2) Schließen Sie das Ladegerät am USB-Port an, um das Gerät aufzuladen (verwenden Sie die angegebene Spannung und Stromstärke (5 V/500 mA) und achten Sie auf die korrekte Polarität).

Laden und Einschalten

Ausschalten

Herunterfahren:
[Einrichtung]→[Ausschalten].



Downloading and Pairing

1. Download the APP

Scan the following QR code to download "VeryFit" or search for and download "VeryFit" in "App Store" on your phone.



2. Pairing

Turn on the APP and Bluetooth. Search and select the device in the APP.
Finally, bind the device in the APP.

Screen Operations

Swipe the screen up/down

- To switch among pages at the same level; or
- To view long text or details.

Swipe the screen left/right

- To switch among pages at the same level.

ダウンロードとペアリング

1. アプリのダウンロード

次のQRコードをスキャンして VeryFit をダウンロードするか、お好みのアプリストアで VeryFit を検索してダウンロードしてください。



2. ペアリング

アプリを起動し、Bluetooth機能をオンにします。アプリでデバイスを選択し、Bluetoothを接続を行います。最後に、アプリでデバイスを接続完了です。

画面操作

画面を上下にスクワイプ

- 同じ位置でページを切り替える、または
- 長いテキストや詳細を表示する。

画面を左右にスクワイプ

- 同じ位置でページを切り替える。

Download und Kopplung

1. App herunterladen

Scannen Sie den nachstehenden QR-Code, um "VeryFit" herunterzuladen oder suchen Sie "VeryFit" im App-Store und laden Sie die App auf Ihr Smartphone herunter.



2. Kopplung

Schalten Sie das App und Bluetooth ein. Suchen und wählen Sie das Gerät in der App aus.
Zum Schluss verknüpfen Sie das Gerät in der App.

Bedienung über Bildschirm

Aufwärts/abwärts wischen

- Seiten auf gleicher Ebene umblättern oder
- Longe Texte oder Details anzeigen.

Links/rechts wischen

- Seiten auf gleicher Ebene umblättern.

Click the screen

- To go to the sub-page;
- To complete the corresponding action, depending on which on-screen button is clicked.
- To change the watch face wallpaper.



Functions

ID155 supports IP68, full-screen touch, follow-hand operations, 14 sports modes, multiple dials in the cloud, and HR, SpO2, stress and sleep monitoring. For the operating instructions and FAQ, please start the APP and consult the User Guide.

Maintenance

Below are three recommendations on wearing and maintenance:

- Keep the device clean;

画面をスクリク

- 下でページに移動する;
2. どの画面上的ボタンがクリックされたかにより、様々な動作をなす。

クリックして画面を滑らせる

- 文字量の縦横を変更する。



機能

ID155は、IP68、フルスクリーンタッチ、フォローハンド操作、14 スポーツモード、クラウドのマルチダイヤル、および心拍数、SpO2、ストレス、睡眠のモニタリングをサポートします。操作手順とFAQについては、アプリを起動してユーザーガイドを参照してください。

メンテナンス

ウォッチの運用とメンテナンスでは次の3つのことを守ってください。
1. ウォッチを清潔に保つ;

Attippen

- Untersseite aufrufen;
- Entsprechende Aktion beenden, abhängig von der angelegten Schaltfläche.

Attippen und halten

- Zifferblatt umschalten.



Funktionen

ID155 unterstützt IP68, Vollbild-Touch, Handbedienung, 14 Sportmodi, Mehrfachwahl in der Cloud sowie Herzfrequenz-, SpO2-, Stress- und Schlafüberwachung. Zum Erhalt der Bedienungsanleitung und FAQs starten Sie die App, um das Benutzerhandbuch zu konsultieren.

Wartung

Befolgen Sie die nachstehenden Empfehlungen zum Tragen und zur Wartung:

Safety

- To prevent device failure, fire and explosion, never place the device or its accessories in any extremely-high-temperature or extremely-low-temperature area.
- To prevent device damage, accessory damage and device failure, always protect the device against strong impact or shock.
- Do not disassemble or modify the device or its accessories without authorization. Any device failure should be referred to our after-sales service personnel.

2. ウォッチを乾燥させておく;

3. ウォッチを湿気につく暴露しない。

- 家庭用クリーナーを使用し、ウォッチを清掃しないでください。代わに湿気を帯びるクリーナーをお使いください。
- 取っ手の乾燥しつづけた場合は、アルコールで拭き取ることをお勧めします。
- 防水性能: ウォッチは、ダイビング、海水浴、サウナには適していません。スイングプール、シャワー (冷たい水) と洗濯での水泳に耐えています。

メンテナンス

- ウォッチの故障、火災、爆発を防ぐために、ウォッチまたはその付属品を可燃な高温または低温の場所に置かないで下さい。
- ウォッチや付属品の損傷。ウォッチの故障を防ぐために、常に強い衝撃や摩擦からウォッチを保護してください。
- ウォッチまたはその付属品を、湿気なく乾燥または改造しないでください。ウォッチが故障したら、アフターサービスの担当者にお問い合わせください。

Sicherheit

- Um einen Ausfall der Smartwatch, Feuer und Explosion zu vermeiden, verwenden Sie oder das Zubehör nicht in Bereichen mit extrem hoher oder niedriger Temperatur.
- Schützen Sie die Smartwatch stets vor starken Stößen oder Erschütterungen, um Schäden und Ausfälle zu vermeiden.
- Demonitieren oder modifizieren Sie die Smartwatch und das Zubehör nicht. Wenden Sie sich im Schadenfall an unseren Kundendienst.

(FR)

Démarrage rapide

1. Découvrir l'appareil



Fonctions de la touche tactile :

- 1. Réveil ; ou
- 2. Allumer l'écran.

(ES)

Inicio rápido

1. Conociendo el dispositivo



Funciones de la tecla táctil:

- Haga clic en la tecla táctil para:
- 1. Velar; o
- 2. Encender la pantalla.

(IT)

Avvio rapido

1. Conoscere il dispositivo



Funzioni del tasto touch:

- Cliccare sul tasto touch per:
- 1. Andare inaltero; o
- 2. Accendere lo schermo

Téléchargement et association

1. Télécharger l'application



Scannez le code QR suivant pour télécharger « Veyfit » ou recherchez et téléchargez « Veyfit » dans « APP Store » sur votre téléphone.

2. Association

Allumez l'application et le Bluetooth. Recherchez et sélectionnez l'appareil dans l'application. Enfin, liez l'appareil dans l'application.

Utilisation de l'écran

Balayez l'écran vers le haut ou le bas

- 1. Pour basculer entre les pages du même niveau, ou
- 2. Pour afficher un texte long ou des détails.

Balayer l'écran vers la gauche ou la droite

- 1. Pour basculer entre les pages du même niveau.

Descarga y emparejamiento

1. Descarga de la aplicación



Digitalizar el siguiente código QR para descargar «Veyfit» o buscar y descargar «Veyfit» en la «Tienda de aplicaciones» en su teléfono.

2. Emparejamiento

Encienda la aplicación y Bluetooth. Busque y seleccione el dispositivo en la APP/ACCIÓN. Finalmente, vincule el dispositivo en la APP/ACCIÓN.

Operaciones de la pantalla

Deslizar la pantalla hacia arriba/abajo

- 1. Cambiar entre las páginas en el mismo nivel; o
- 2. Visualizar el texto largo o los detalles.

Deslizar la pantalla hacia la izquierda/derecha

- 1. Cambiar entre las páginas en el mismo nivel.

Scaricamento e appaiamento

1. Scaricare la APP



Effettuare una scansione del seguente QR code per scaricare «Veyfit» o cercate e scaricare «Veyfit» nell' « APP store » sul proprio telefono.

2. Appaiamento

Attivare l'APP e il Bluetooth. Cercare e selezionare il dispositivo nell'APP. Infine, appaiare il dispositivo all'APP.

Operazioni a schermo

Far scorrere lo schermo su e giù

- 1. Per passare tra pagine dello stesso livello; o
- 2. Per vedere un testo lungo o dettagli.

Far scorrere lo schermo a destra e sinistra

- 1. Per passare tra pagine dello stesso livello.

Cliquez sur l'écran

- 1. Pour aller à la sous-page;
 - 2. Pour terminer l'action correspondante, en fonction de la touche sur l'écran sur laquelle vous avez cliqué.
- Cliquez et maintenez appuyé sur l'écran
- Impérmissible: l'appareil n'est pas adapté à la plongée. Il peut être porté dans la mer ni pour une utilisation dans un sauna. Il peut être porté dans une piscine, sous la douche (eau froide) et pour les baignades en eaux peu profondes.

Fonctions

Le bracelet ID155 en charge IP68, la fonction tactile plein écran, les opérations par suivi de la main, 14 modes sportifs, des cadrans multiples dans le nuage, ainsi que la surveillance de la fréquence cardiaque, de la SpO2, du stress et du sommeil. Pour le mode d'emploi et la FAQ, veuillez lancer l'application pour consulter le guide de l'utilisateur.

Entretien

Voici trois recommandations sur le port et l'entretien :

Hacer clic en la pantalla

- 1. Ir a la subpágina;
 - 2. Completar la acción correspondiente, según el botón en pantalla sobre el cual haga clic.
- Hacer clic y sostener la pantalla
- Renderimiento impermissible: el dispositivo no es adecuado para bucear, nadar en el mar o en el sauna; no es adecuado para oleadas de natación, para la ducha (agua fría) para la natación en aguas poco profundas.

Funciones

ID155 es compatible con IP68, funciones táctiles a pantalla completa, funciones de seguimiento, 14 modos deportivos, relojes de la nube, así como la supervisión de la frecuencia cardíaca, de la SpO2, el estrés y el sueño. Para obtener instrucciones de funcionamiento y preguntas frecuentes, inicie la aplicación para consultar la guía del usuario.

Mantenimiento

A continuación se detallan tres recomendaciones acerca del uso y del mantenimiento:

Cliccare sullo schermo

- 1. Per accedere alla sotto-pagina;
 - 2. Per completare l'azione corrispondente, a seconda di quale tasto a schermo si è cliccato.
- Tenere premuto lo schermo
- Imperscrutabile: il dispositivo non è adatto a tuffi, nuotate in mare o saune; è adatto a piscine, docce (acqua fredda) e nuotate in acqua bassa.

Funzioni

ID155 sopporta IP68, è dotato di tocco a schermo intero, utilità follow-hands, 14 modalità sportive, sull'cloud sono disponibili diversi sfondi, ed è dotato delle funzioni di monitoraggio di FC, SpO2, stress e sonno. Per le istruzioni di utilizzo e le domande frequenti, avviare l'APP per consultare la guida all'utente.

Manutenzione

Sotto sono riportate tre raccomandazioni per indossare lo smartwatch ed effettuare la manutenzione:



The device meets the EU RoHS criterion. Please refer to IEC 62321, EU RoHS Directive 2011/65/EU and revised directive.

This device complies with Part 15 of the FCC Rules.Operation is subject to the following two conditions:

- 1. this device may not cause harmful interference, and
- 2. this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna;
- Increase the separation between the equipment and receiver;
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected;
- Consult the dealer or an experienced radio/TV technician for help.

CAUTION

This device has been evaluated to meet general FCC exposure statement.

This device can be used in portable exposure condition without restriction.

- Risk of explosion if this battery is replaced by an incorrect type;
- disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery that can result in an explosion;
- leaving a battery in an extremely high temperature surrounding environment, or subjecting it to an explosion or the leakage of flammable liquid or gas;
- a battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and the treatment of toxic substances.

If you experience discomfort or skin irritation when wearing your smartwatch, we recommend you to remove your device. Smartwatch is not recommended for use in the shower. If you are not wearing the watch correctly, we recommend making sure to clean and adjust your watch regularly for a more comfortable fit.

Caution:

- If you experience skin irritation when wearing your watch, please refrain from wearing, and wait two to three days to see if your symptoms ease. If symptoms persist or worsen, please consult a physician.
- If you have eczema, allergies or asthma, you may be more likely to experience a skin irritation or allergy from a wearable device.

This device was tested for operations. To comply with RF exposure requirements, a minimum separation distance of 0mm must be maintained between the user's body and the handset, including the antenna. Third-party belt-clips, holsters, and similar accessories used by this device should not contain any metallic components. Body-worn accessories that do not meet these requirements may not comply with RF exposure requirements and should be avoided. Use only the supplied or an approved antenna.

This device in compliance with the essential requirements and other relevant provisions of UKCA. All essential radio test suites have been carried out.

1. CAUTION : RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

2. The device complies with RF specifications when the device used at 0mm from your body.



Function	Operation Frequency	Max RF outputpower	Limit
BT	2405~2480 MHz	-2.62dBm	10dBm.

爱 都 科 技		名称	ID155说明书	材质	80G哑粉
		尺寸	展开尺寸: 420X200mm 成品尺寸: 100X70mm	装订方式	6折页
		颜色	四色印刷	公差	±1mm
		版本号	4.SM.ID155XX000		