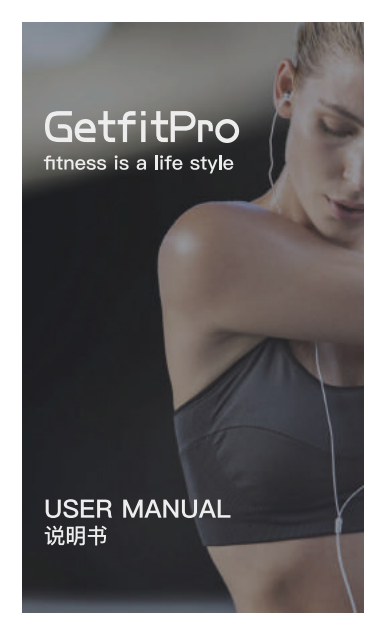




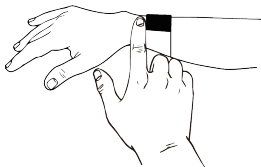
# GetfitPro

fitness is a life style

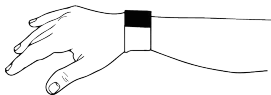
## USER MANUAL

说明书

请如图所示佩戴产品



佩戴在离腕关节一指宽处



## 装箱单

智能手表\*1

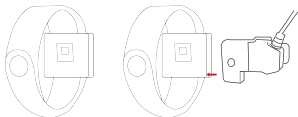
USB充电夹\*1

快速入门手册\*1

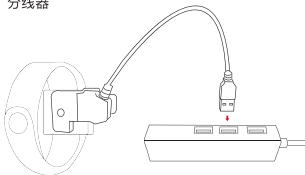
## 激活设备

首次使用前，请激活智能手表

①将USB充电夹对着手表的充电触点并且夹紧.



②设备支持常见的1A手机充电器/电脑USB接口/分线器



\*实际产品与图片展示稍有不同，请以实物为准

- ②连接USB电源（比如适配器，笔记本，移动电源）至少15分钟，手表会自动开机。
- ③ 手表充满电需要大约2小时;待机时间约为7-10天，正常使用时长为2-3天

## 下载App

在App Store和Google Play中下载搜索”GetfitPro”  
或者扫描以下二维码



## 配对手表与手机

在配对前，请确保您的手机系统符合以下标准：

- iOS 9.0以及以上
- Android 4.4以及以上

1. 点击GetFitPro，您可以通过以下三种方式完成用户注册与绑定

- 1.1 邮箱注册
- 1.2 第三方登录（微信/QQ/推特）
- 1.3 游客模式\*

*备注：游客模式下的用户数据，在用户更换手机或卸载APP后数据会丢失且无法找回*

2. 填写正确的个人信息



3.打开手机的蓝牙开关，注意，请不要在手机的蓝牙列表进行配对

进入APP的【设备】页面点击[扫描设备],选择您需要配对的手表即可完成配对。



*\*安卓手机如果搜索不到设备，请尝试打开手机定位服务，如果仍然无法发现设备，请开启再关闭飞行模式*

## 手表的基本操作方式



### 【个性化表盘选择】

在表盘页面 长按以进入表盘选择页面后：

- 继续长按触控按键以切换不同的表盘设计
- 在表盘页面短按触控按键以选定当前表盘并保存退出

*\*12/24小时显示模式会自动与手机设置同步*



## 【查看当前运动信息】

查看今日的实时步数/卡路里消耗/距离

*\*距离单位会自动与手机设置同步*



## 【心率/血氧/血压检测】

设备支持：  
全天候心率检测

【全天候心率追踪】可以在APP的[设备]-[健康设置] 开启或关闭

心率/血氧/血压手动检测：  
· 页面长按以开始心率/血氧/血压检测

· 在测试进行中短按以退出测试



## 【今明天天气预报】

天气功能在手表连接APP后可自动实现更新

*\*天气显示功能需要APP获取GPS权限并且手机GPS功能处于开启状态*

*\*温度单位自动于同步手机设置*



## 【音乐控制】

- 短按触控键以选择需要设置的选项
- 长按触控键以选择当前选项



## 【运动模式】

- 在【运动】页面短按触控键选择健走/跑步/骑行/网球/游泳运动模式
- 长按触控键以开始当前选定运动模式/长按以退出模式，短按触控键暂停当前运动模式



## 【来电管理】

当设备与手机处于配对时：

- 短按-静音当前来电
- 长按-拒接当前来电

*\*此功能兼容iOS和大部分Android手机*



## 【新短信与App信息查看】

短按进入信息详情页查看信息内容

*\*请允许app获取你的短信/APP推送权限，并且保持APP在后台常驻，否则此功能会失效*

## 常见故障排除

### 1.手表连接不上APP怎么办？

A1:请确保在APP中扫描连接手表，不要在系统设置，蓝牙里面连接手环。

- 1.请确认手机是否支持(IOS 9.0系统和Android 4.4系统及以上版本，蓝牙4.0的安卓和苹果设备)
- 2.由于蓝牙无线连接存在信号干扰的问题，可能每次连接的时间会不同，如果长时间连接不上，请确保操作在无磁场或无多蓝牙设备干扰环境下进行。
- 3.关闭手机蓝牙再打开。
- 4.关闭手机后台应用或者重启手机。
- 5.手机不要同时连接其它蓝牙设备。
- 6.APP是否在后台运行，如果不在后台可能连接不上。

\*安卓设备需要打开自启动、高耗电、白名单等保证 APP后台正常运行。

### 2.无法搜索到手表？

- A2.1.因为手表蓝牙广播时没有被手机搜索到，请确保手环处于有电状态，手机蓝牙开启状态，并且手环没有被其它手机连接上。
- 2.将手表靠近手机，如果仍然无效，请关闭手机蓝牙后，间隔20秒左右再重启手机蓝牙，或者手表关机再开机。
  - 3.安卓6.0及以上设备需要打开GPS蓝牙才能工作。

### 3.APP看不到历史记录怎么办？

A3:当APP和手表连接好以后，APP会自动同步数据，或者下划手机屏幕可自动同步数据。如果不能同步，请开关一次手机蓝牙或者重启手机，也可以完全退出APP再重新打开。

### 4.为什么APP设置了消息提醒，手表却没有提醒我？

A4:设置消息提醒需要保持APP一直和手表连接，并且在安卓后台运行，当APP在后台收到消息推送时，才能推送给手环震动提醒。 安卓设备：进入后系统会提示开启访问通知权限，进入后只勾选手环APP，然后打开所要接收提醒APP的开关。（安卓系统管家和一键清理内存程序会清理APP运行，请将手环设置自启动，允许高耗电，白名单等。） 苹果设备：由通知中心统一推送通知内容，只需要在APP连接手表后提示（蓝牙配对）请求时点“配对”即可。

### 5.无法发现手表？

首先，请检查是否有打开手机的蓝牙开关，如果已经打开后重新在APP里扫描还是找不到手表的MAC地址，请将手机重启后重试。

如果手机是为ios系统,而现在需要解除该手表与手机的绑定,请先在APP-设备-解除设备绑定后且去在手机蓝牙配对列表“忽略”该设备.

## 6.手表与APP的数据无法同步?

手表与手机进行数据同步需要一定的时间,如果数据同步时因蓝牙连接不稳定会则会导致数据同步无法完成,请不要担心,手表的同步机制会在连接稳定时开始下一次的连接,并且不会导致数据丢失.

## 7.手表的防水等级和注意事项

手环支持IP67,意味着手环在日常洗手,淋湿,雨水不会造成损坏,但产品的防水性能会随着设备的日常摩擦的增加会有所下降;请不要在热水中使用手环.

## 8.为什么蓝牙连接会偶尔断开?

当手环周围存在较多无线发射设备时(如无线路由器,FM广播,发射塔等)是会有有一定的几率导致设备断连,同时地,手环与手机的距离中如果存在较大的金属或者厚墙壁也会造成无线信号的有效工作范围大幅度衰减.

手表电量非常低时,发射信号也会相应有所下降.

## 产品安全提示

◎ 切勿在驾车或高速运动时查看来电、通知或显示屏上的任何信息；切勿让儿童或宠物把玩产品，本产品包含可造成窒息的小组件；

◎ 切勿擅自更换电池、或打开外壳，或拆开产品，否则，可能带来安全隐患切勿在屏幕破裂的情况下继续使用产品；

◎ 切勿随意处置产品，产品中包含物质可能会危害环境或导致受伤；切勿将产品置于极高或极低的温度下；切勿桑拿或蒸汽浴室内使用产品；切勿使用化学试剂清洗产品，

◎ 切勿将产品置于高温高压环境下，电池可能会爆炸；切勿使用未经授权的充电线；切勿在充电时佩戴产品；

◎ 切勿在产品潮湿情况下充电

## 品质保证

本产品经我司品质检测部门检测，其性能参数符合技术标准，准许出厂

## 保修卡

客户名称:

地址: \_\_\_\_\_

经销单位: \_\_\_\_\_

联系电话:

地址: \_\_\_\_\_

销售日期

### 下列情况不属于质保范围:

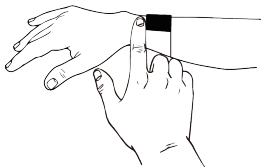
- 使用者的不正确使用导致的损坏
- 因不可抗力造成的损坏

\*本公司保留对产品故障原因进行鉴别与以上所述条款的最终解释权

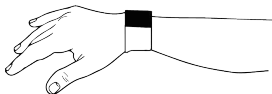
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Please wear the product as shown.



Worn at the width of the 1 fingers from the wrist joint.



## Packing List

Smart watch \*1

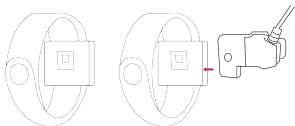
Charge line \*1

Quickly Start\*1

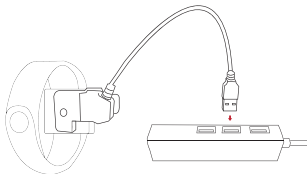
## Activation Device

Please activate the smart watch before using it for the first time

①Put the USB charging clamp on the charging contact of the watch and clamp it.



②Device supports common 1A mobile charger/ computer USB interface/separator



*\*The actual product is slightly different from the picture display, please take the physical object as the standard.*

- ② Connect the USB power supply (such as adapter, notebook, mobile power) for at least 15 minutes, and the watch will start automatically.
- ③ It takes about 2 hours for the watch to be fully charged, 7–10 days for standby time and 2–3 days for normal use.

## Download APP

- In App Store/ Application po /Google play search [GetFitPro] to download app free of charge.
- You can also scan the following two-dimensional code for free access to App.



## Watch For The First Time Paired

Before matching, make sure that your mobile phone system meets the following criteria:

- iOS 9.0 and above
- Android 4.4 and above

1. Click GetFitPro to complete user registration and binding in three ways

- 1.1 Mailbox registration
- 1.2 Third party login (Wechat/QQ/Twitter)
- 1.3 Tourist model

*Note: User data in visitor mode will be lost and cannot be retrieved after users change their mobile phones or uninstall APP.*

2. Fill in the correct personal information



3. Turn on the Bluetooth switch of the mobile phone. Note that please do not pair the Bluetooth list of the mobile phone.

Go to APP's "Device" page and click on "Scanning Device" to select the watches you need to match to complete the matching.



*\*If Android can't find the device, please try to turn on the location service. If you still can't find the device, turn on and turn off the flight mode.*

## How To Use



### 【Pick Your favorite Watchface】

Press touchpad to enter watchfaces selection function:

- Go on press touchpad to view the different watchfaces
- Tap touchpad to pick and quit watchfaces selection function

*\*12/24 hours display mode is synced to your phone setting*



## 【Today Activity】

Display today's real-time steps/calories burn/distance

*\*Distance unit is synced to your phone setting*



## 【Heart Beat/Blood Pressure/ Blood Oxygen Detection】

All-day HR Monitor

- [All-day HR Monitor] could be disable or enable in [Setting]–[HR Auto-Detection] in GetFitPro app

HB/BP/BO Manual Detection:

- Press touchpad to start HB/BP/BO detection manually
- Tap touchpad to quit during detection going



## 【Today/ Tomorrow Weather Forecast 】

The weather data will be synced to phone when being paired with app

*\*This function needs the access to GPS permission and being opened*

*\*Temperature unit is synced to your phone setting*



## 【Music Control】

- Tap the touch pad to select options need to be set
- Press the touch pad to confirm the function



## 【Sport Mode】

- Tap touchpad to view walk/run/tennis/swim/bike sport mode
- Press touchpad to enter and start current sport mode, tap to pause



## 【Incoming Call Management】

When device is paired with phone:

- Tap—mute the incoming call
- Press—reject the incoming call

*\*This feature is compatible with iOS and most Android phones*



## 【SMS And Notification】

Press to enter the [Notification] to check the content

*\*Allow app the access to the permission of SMS/App notification pushing service, and app run in background*

## Common Troubleshooting

### **1.What can we do if the watch can not connected to APP?**

Please ensure that the watch is scanned in APP to connect, do not set in the system, connect the watch in Bluetooth

1.Make sure your phone is supported (IOS9.0 system, Android 4.4 systems and above, Bluetooth 4.0 Android and Apple devices)

2.Due to the signal interference problem in Bluetooth wireless connection, the time of each connection may be different. If the connection is not available for a long time, make sure that the operation is carried out in a magnetic field-free or Bluetooth-free environment.

3.Turn off the phone Bluetooth and then turn it on

4.Turn off the phone's background applications or restart the phone

5.Do not connect other Bluetooth devices at the same time

6.Weather APP is running in the background, if it is not in the background, it may not be connected

\*Android equipment needs to open self start-up, high power consumption and white list to ensure the normal operation of APP

1.Since the watch is not searched by the mobile phone when broadcasting, please make sure the watch is in an electric state, the Bluetooth is on, and the watch is not connected by other mobile phones

2.Put the watch close to the phone. If it still doesn't work, turn off the Bluetooth and then restart the Bluetooth about 20 seconds later, or turn it off and the turn on again

3.Android 6.0 and above devices need to turn on GPS Bluetooth to work

## **2.Can not search to the watch?**

When the APP and the watch are connected, the APP will automatically synchronize the data, or the underlined mobile screen can automatically synchronize the data. If you can't synchronize, please switch one Bluetooth or restart the phone, or you can quit APP completely and reopen it

### **3.what can we do when the APP without the historical record?**

Setting up a message reminder to keep the APP connects to the watch all the time and operating in the Android background. When the APP receives a message form the background, it can be send to the watch.

Android device: After entering, the system will prompt to open the access notification permission, after entering, only select the APP of watch, and then open the switch of APP that you want to receive reminders.

Android Systems Expert and One Key Cleanup Memory program will clean up the APP, please set the watch to self-start, allow high power consumption, white list, etc.

Apple device: receiving notification content by notification center system, only need to tape "pairing" when prompted (Bluetooth pairing) after the APP connect to watch.

### **4.Why did APP set up a message reminder, but the watch didn't remind me?**

Setting up a message reminder requires keeping APP connected to the bracelet all the time and running in the Android background.

When APP receives a message push in the background, it can be pushed to the bracelet vibration reminder. Android Device: After entering, the system will prompt to open access notification permission. After entering, only tick the player ring APP, and then open the switch to receive reminder APP.

Android Systems Manager and one-click memory cleaner will clean up APP. Please set the bracelet to self-start, allow high power consumption, white list, etc.). Apple Device: Unified push notification content by notification center, only need to prompt (Bluetooth pairing) request time point "pairing" after APP connected to the bracelet.

## **5.Can't find device when pairing ?**

Firstly, please check if the Bluetooth function is open or not, try to restart your phone and run App's scan function if still can not find the mac of smart band.

For iPhone, please unbound the pairing between devices and app in GetfitPro firstly, then go to bluetooth list to ignore the band you want to unpair..

## **6.Can not finish pairing when try to sync ?**

The data sync between smart band and phone takes some time, the sync process would fail if the Bluetooth connection unstable, however,you don't worry about

## **7.Which level of waterproof does the smart band supports ?**

Smart band supports IP67, which means the washing hand, shower, raindrop would not cause damage to band function, whose water-resistant ability will lower after daily abrasion. Please not wear the smart band in hot water.

## **8.Why the Bluetooth connection would fail sometime ?**

When there are much wireless sourcedisturbances (such as wireless route, FM radio, signal transmitter tower andetc.) around smart band, which will cause disconnectionhappen maybe. The metal barrier or thick wall between smart band and phone would also cause signal attenuation.The signal strength will decrease when the battery of band is very low.

## **Product Safety Tips**

- Do not view any information on the phone, notification while driving or exercising at high speed. Do not let children or pets play

with the product, this product contains asphyxiating components;

- Do not replace the battery, or open the enclosure, or open the product without authorization, otherwise, it may bring potential safety hazard, and do not continue to use the product in the case of screen rupture;
- Do not dispose of products at will, products containing substances may endanger the environment or cause injury; do not place products at extremely high or very low temperatures; do not use products in saunas or steam bathrooms; do not use chemical agents to clean products;
- Do not place the product in high temperature and high pressure environment, the battery may explode;
- Do not use unauthorized charging wire; do not wear the product when charging;
- Do not charge in damp condition.

## Quality Guarantee

The product has been inspected by QC department and comply with technology standards. The product is allowed to leave the factory

## Warranty Card

Client name: \_\_\_\_\_

Post address: \_\_\_\_\_

\_\_\_\_\_

Reseller name: \_\_\_\_\_

\_\_\_\_\_

Contacts phone: \_\_\_\_\_

Reseller post address \_\_\_\_\_

\_\_\_\_\_

Sales date

### Below cases not belong to protective range

- The product damage caused by inappropriate use from user.
- The product damage caused by force majeure.

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## **FCC STATEMENT :**

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

**Warning:** Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**NOTE:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

- Consult the dealer or an experienced radio/TV technician for help.

## **RF warning statement:**

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.



Model :IT112