User Guide

•Read indications carefully

•please read details before using the smart band for avoiding unnecessary bothers.

•this indication is based on initial settings of the smart band.

•if those images are out line with real objects, we sincerely beg your understanding.

•please save the indications for subsequent repair.

•appearance explanations

•Accessories

Principal machine *1

Waist band *1

Charge wire *1

User guide *1

•Function explanations

•working voltage

•time counting:0-9999

•distance presence:0-99.9km(the metric system)

•calorie consumption:0-9999

•permanent presence:in 24-hour time system

•Heart Rate Monitor

•photograph

•sleeping quality checking

•a reminder of long-time sitting

•caller identification

•data memorizing for seven days

•ultra-low power consumption and shutdown in 5s automatically

•Bluetooth

•Clock

•preventing losing system

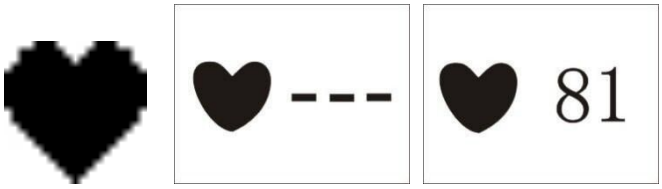
•Operations

【click the button: light up screen,change modes】

时间模式（TIME MODE）

心率监测（heart rate monitor）

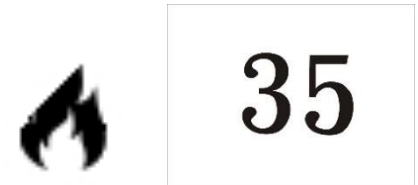
Please keep quite which benefits heart rate monitor。Once you enter into the mode, the band will start this function。



计步模式（step mode）

距离模式（distance mode）

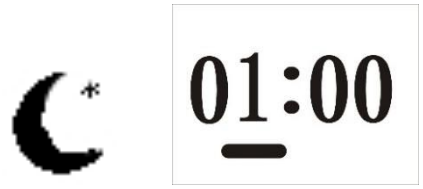
卡路里模式（calories mode ）



【long press button (band will vibrate): enter into or exit sleep mode】

睡眠监测模式（sleep monitor mode）

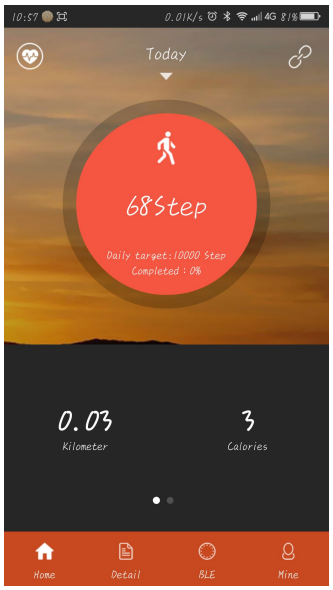
Attention: The cursor will move around when it is seep mode。Steps、distance and calorie won’t change until it exits sleep mode。It will continue heart rate monitor and store the relevant data in sleep mode.

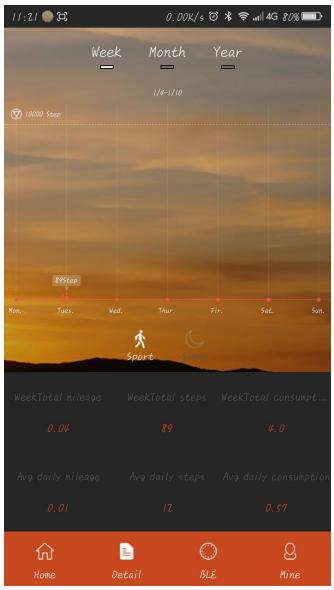


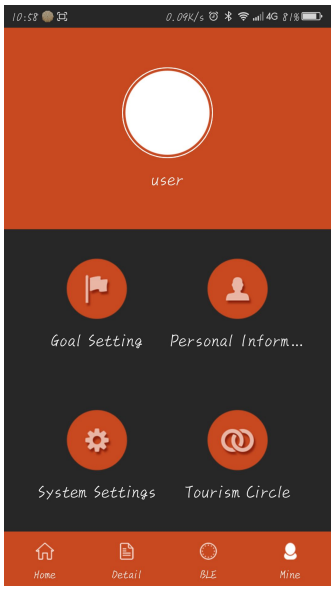
Client explanations:

•Charge the smart band before first use, then scan the below two-dimension code and download mobile APP. Present android mobile can show how to use gitfit software, and IPHONE is the same as android.

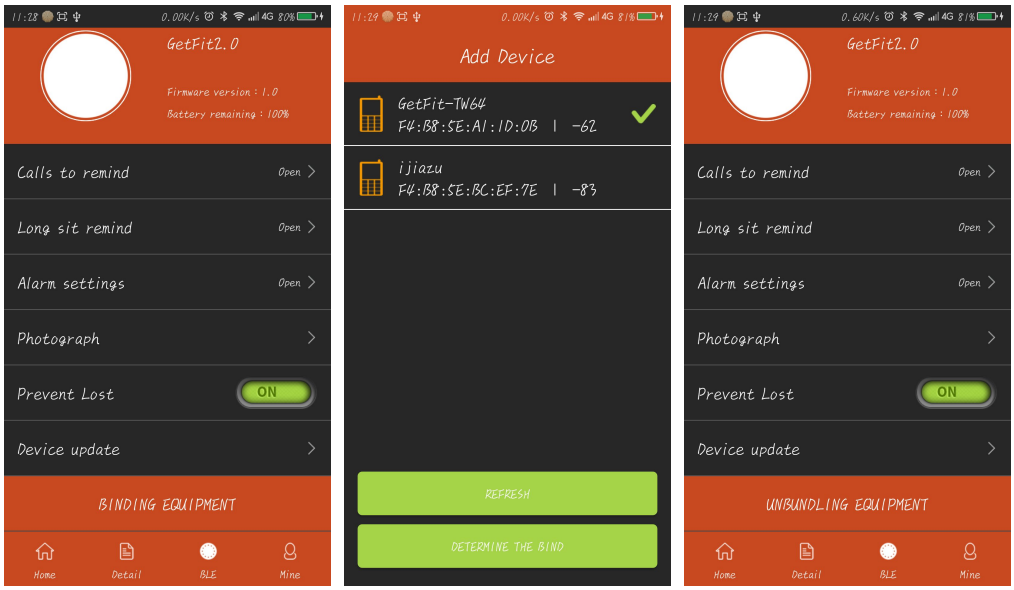
•make sure Bluetooth is open, start the software, enter into main interface.



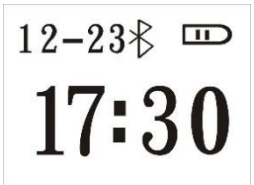




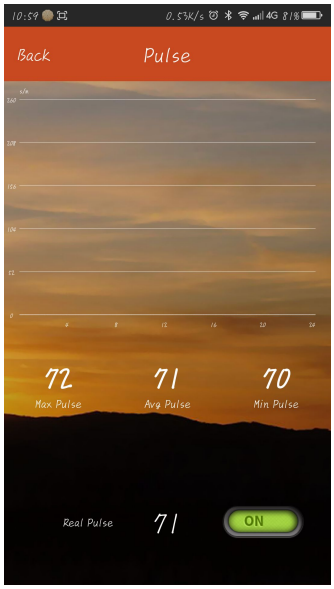
3、click items , bind and add to device.



If it connects successfully, a mark of Bluetooth will emerge on TIME MODE。Then, the band is sure to load accordingly data automatically to mobile, so please wait patiently.



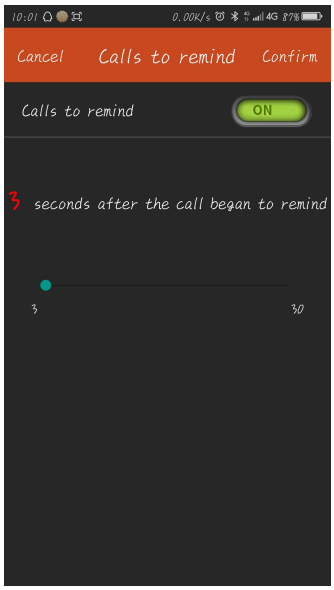
•Get the homepage and click the mark of heart rate, then get into heart rate monitor.you can open or close this function.

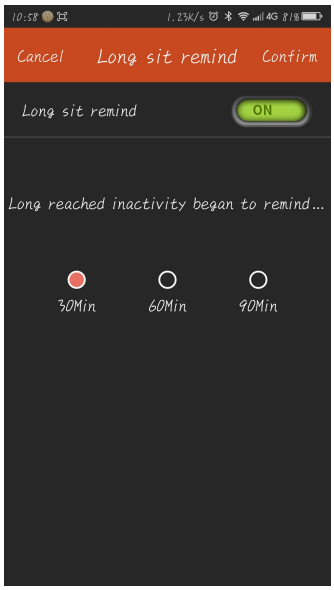


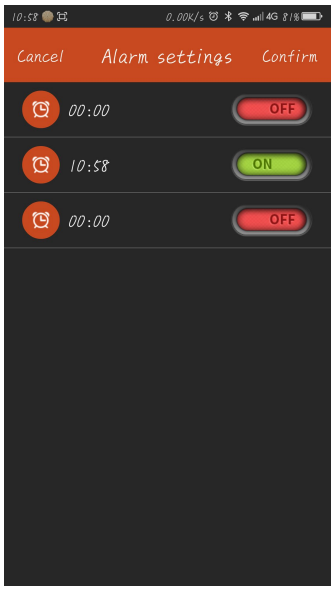
•Get photograph function through the device of mobile APP

Once you enter into photograph mode and click the button, you can take photos. If you want timing photo, the photograph function is a better choice for you.

•Choose the device through mobile APP to start call reminder, long-time sitting reminder and alarm clock.







When the band satisfies scheduled conditions and then vibrates, a notice will emerge, next, press the exiting instruction with a long time.

•Get the function of preventing losing through the device of mobile APP.

When the band satisfies scheduled conditions and then vibrates, a notice will emerge, next, press the exiting instruction with a long time.

Warm prompt:

Necessary conditions for hardware of mobile:

iOS 7.1and higher edition Android 4.3and higher edition allowing Buletooth4.0

Too clingy or loose is not good for heart rate monitor, therefor, wear smart band in a right way does well in error reducing.Here is an example image below.

Smart band will clear itself in every morning and record new data. Besides, it can memorize 7 days' data, and if you connect your mobile, the data will update automatically.Can't connect the device in Bluetooth:some mobiles will be abnormal when reboot;please reboot the Bluetooth or reboot smart phone for pairing device.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept
any interference received, including interference that may cause undesired operation.

changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consult the dealer or an experienced radio/TV technician for help.

FCC RF warning statement: The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.