

Smart Watch  Quick Guide	Settings  Settings include: BT setting (including ON/OFF, Visibility), Clock, Sound, Volume, Display (including Main menu style, Brightness, Screen time out, etc.), Motion (including Wake-up gesture, Shaking switch main menu or to answer the call, etc), International (Language), Reset, etc. Settings  Clock type Clock type Background Time zone Date BT settings  BT settings Clock Sound Sleep Monitor  Tap  to enter the function. Tap Start to start timer, tap Pause or Reset when you need. You can check final Sleep Quality when get up. Sedentary reminder  Tap  to enter the function. You can turn on/off this function by selection. After you turn on it, you can set Reminder time (minutes) and Alert type. Tap Save to bring into effect.	Basic Operations 1) Power On / Off Long press Power button to turn ON/OFF the watch. Please charge it if watch cannot be turned on. 2) Screen Off / Awake At Home Screen or Watch Face, press Power button once to turn screen off (Standby), other interfaces, press Power button to back to Home Screen. When screen is off, press Power button to awake. 3) Slide Left / Right At most interfaces, you can slide leftwards to enter next page, or slide rightwards to return to last page. 4) Watch Face After turned on or awaked, it goes to watch face. Press watch face for 3 seconds to change watch faces. Slide to enter Home Screen. Home Screen Here you can see time and date information, or slide to enter Menu interfaces. At other interfaces, press Power button to go to Home Screen. Menu & Other Functions Messages Tap  icon to enter the function, and check inbox & Outbox. Bluetooth Tap  icon to turn on/off, change visibility or name of Bluetooth. Notification Tap  icon to enter the function. You need to install management app on your phone to use it. To download the app, you can use your phone to scan the QR code on this watch.
Notice - Do not use or store the watch in dusty, hot, cold, electric, chemical, or magnetic areas. - Do not drop, shake or knock the watch. Rough handling can break the watch. - Please do not disassemble the watch or change the case personally, as it will void your warranty. - Please turn off the watch in aircraft and follow any restrictions. Wireless devices can cause interference in aircraft. - Never play the watch while driving! Keep your eyes focusing on the road. - Due to different marketing period, product update, regional disparities or such reasons, we may, without notifications to you, change or modify some functions which could be different from the content in this page, please refer to real product received.	Pedometer. Tap  to enter the function. Tap Start to start timer and pedometer, tap Pause or Reset when need. Slip leftwards to see data and options. 60 Steps Steps: 60 Time: 0m 20s Fat: 0.11865g Heat: 0.008940 Speed: 0.0060975 Message: 0.120000 App Download (QR code). Tap  and use your phone to scan the QR code to download and install management app. Or you can download from following link: http://c3.dl.mi/BdF08M Search. Tap  and search phone with BT connection. When finding phone or watch, there is vibration or alarm.	This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Any Changes or modifications not expressly approved by the manufacturer void the user's authority to operate the equipment. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If you are experiencing interference, you may wish to consult the dealer or a radio/television technician for help. This equipment complies with FCC interference requirements which can be determined by tuning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: - Reorient or relocate the receiving antenna. - Increase the separation between the equipment and receiver. - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. - Consult the dealer or an experienced radio/TV technician for help.
FAQ Q: Why the watch cannot be turned on? A: The most likely reason is that the battery is drained. Often, it's a simple problem that is easily fixed after recharging. If still not working, ask qualified seller for repairing. Q: How to restore the factory default setting? A: Tap Settings icon, select Restore settings, input initial password 1122, and tap OK and choose Yes. <i>Tips: If above initial password is not working, please check with qualified sellers.</i>		