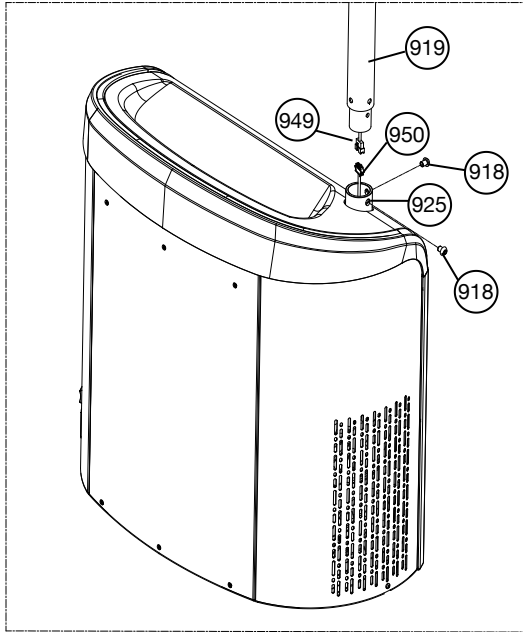


| Product Name                    | Sales Model (EU) | Sales Model (US) |
|---------------------------------|------------------|------------------|
| Chest Press / Shoulder Press    | IS-2001          | CSI-CPSP         |
| Biceps Curl / Triceps Extension | IS-2002          | CSI-BCTE         |
| Leg Extension / Leg Curl        | IS-2003          | CSI-LELC         |
| Low Row                         | IS-1001          | CSI-LROW         |

## Resistance Box Assembly Flowchart (Short Bracket)



918: Hexagon Socket Bottom Head Bolt (M8\*15)

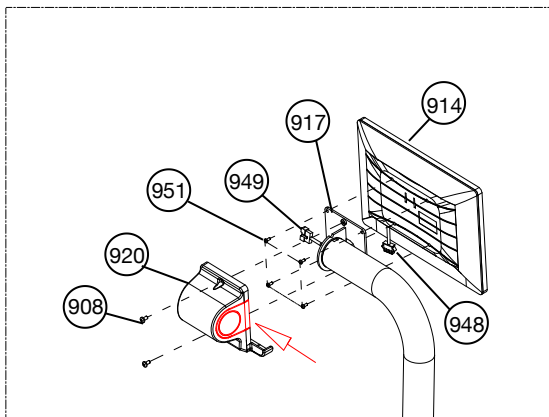
950: Communication Cable Upper Section

949: Communication Cable Middle Section

919: Display Bracket

925: Screen Mounting Bracket

**Step 1:** First, connect the (950) Communication Cable Lower Section and the (949) Communication Cable Middle Section by plugging them together. Next, insert the end of the (919) Display Bracket into the port on the (925) Screen Base. Then, use two (918) M8\*15 Bolts to fasten and secure (919) and (925) together.



908: Phillips Pan Head Screw (M4\*12)

920: Screen Cover

951: Phillips Screw (M3\*6)

949: Communication Cable Middle Section

917: Screen Fixing Base

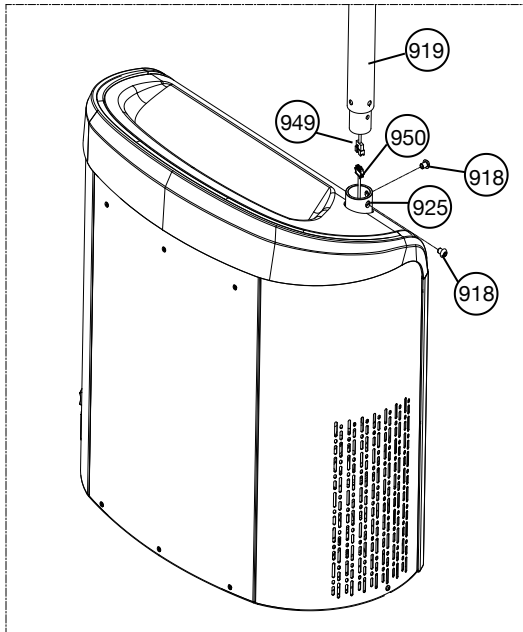
914: Display Screen

948: Communication Cable Lower Section

**Step 2:** First, connect the (949) Communication Cable Middle Section and the (948) Communication Cable Upper Section by plugging them together. Then, use four (951) M3\*6 Bolts to securely fix the (914) Display Screen to the (917) Screen Mounting Bracket. Next, cut out the (920) Screen Cover along the area indicated by the red arrows (Note: Be careful not to choose the wrong side, and wear gloves during the cutting process to avoid the sharp edges of the screen cover and potential hand injuries from the cutting tool). Then, use two (908) M4\*12 Bolts to fasten the (920) Screen Cover onto the (917) Screen Mounting Bracket to complete the assembly.

**Note:** When the resistance box and the track are not fully assembled, the unit can be powered on, but resistance cannot be set and the operation interface should not be used. Furthermore, when pulling the steel cable, do so gently (with a force less than 8 kg). Excessive force is strictly prohibited. Violating these principles may cause the steel cable inside the resistance box to jam or even become damaged. If this occurs, open the rear cover and follow the after-sales guidance to restore functionality.

## Resistance Box Assembly Flowchart (Long Bracket)



918: Hexagon Socket Bottom Head Bolt (M8\*15)

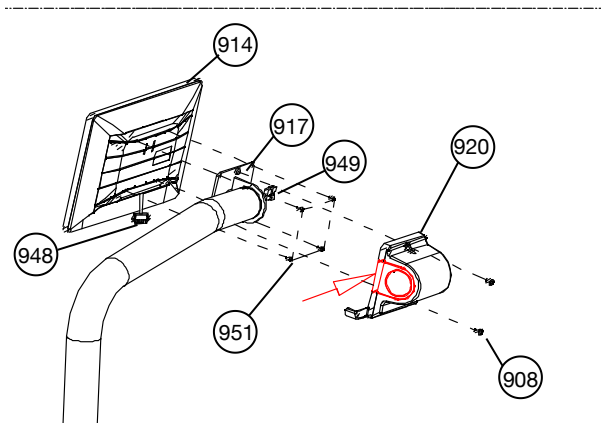
950: Communication Cable Upper Section

949: Communication Cable Middle Section

919: Display Bracket

925: Screen Mounting Bracket

**Step 1:** First, connect the (950) Communication Cable Lower Section and the (949) Communication Cable Middle Section by plugging them together. Next, insert the end of the (919) Display Bracket into the port on the (925) Screen Base. Then, use two (918) M8\*15 Bolts to fasten and secure (919) and (925) together.



908: Phillips Pan Head Screw (M4\*12)

920: Screen Cover

951: Phillips Screw (M3\*6)

949: Communication Cable Middle Section

917: Screen Fixing Base

914: Display Screen

948: Communication Cable Lower Section

**Step 2:** First, connect the (949) Communication Cable Middle Section and the (948) Communication Cable Upper Section by plugging them together. Then, use four (951) M3\*6 Bolts to securely fix the (914) Display Screen to the (917) Screen Mounting Bracket. Next, cut out the (920) Screen Cover along the area indicated by the red arrows (Note: Be careful not to choose the wrong side, and wear gloves during the cutting process to avoid the sharp edges of the screen cover and potential hand injuries from the cutting tool). Then, use two (908) M4\*12 Bolts to fasten the (920) Screen Cover onto the (917) Screen Mounting Bracket to complete the assembly.

**Note:** When the resistance box and the track are not fully assembled, the unit can be powered on, but resistance cannot be set and the operation interface should not be used. Furthermore, when pulling the steel cable, do so gently (with a force less than 8 kg). Excessive force is strictly prohibited. Violating these principles may cause the steel cable inside the resistance box to jam or even become damaged. If this occurs, open the rear cover and follow the after-sales guidance to restore functionality.

## **FCC Warning**

### **Note 1:**

This equipment has been tested and found to comply with the limits for a Class A digital device, pursuant to part 15 of the FCC Rules . These limits are designed to provide reasonable protection against harmful interference when the equipment is operated in a commercial environment. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instruction manual, may cause harmful interference to radio communications. Operation of this equipment in a residential area is likely to cause harmful interference in which case the user will be required to correct the interference at his own expense.

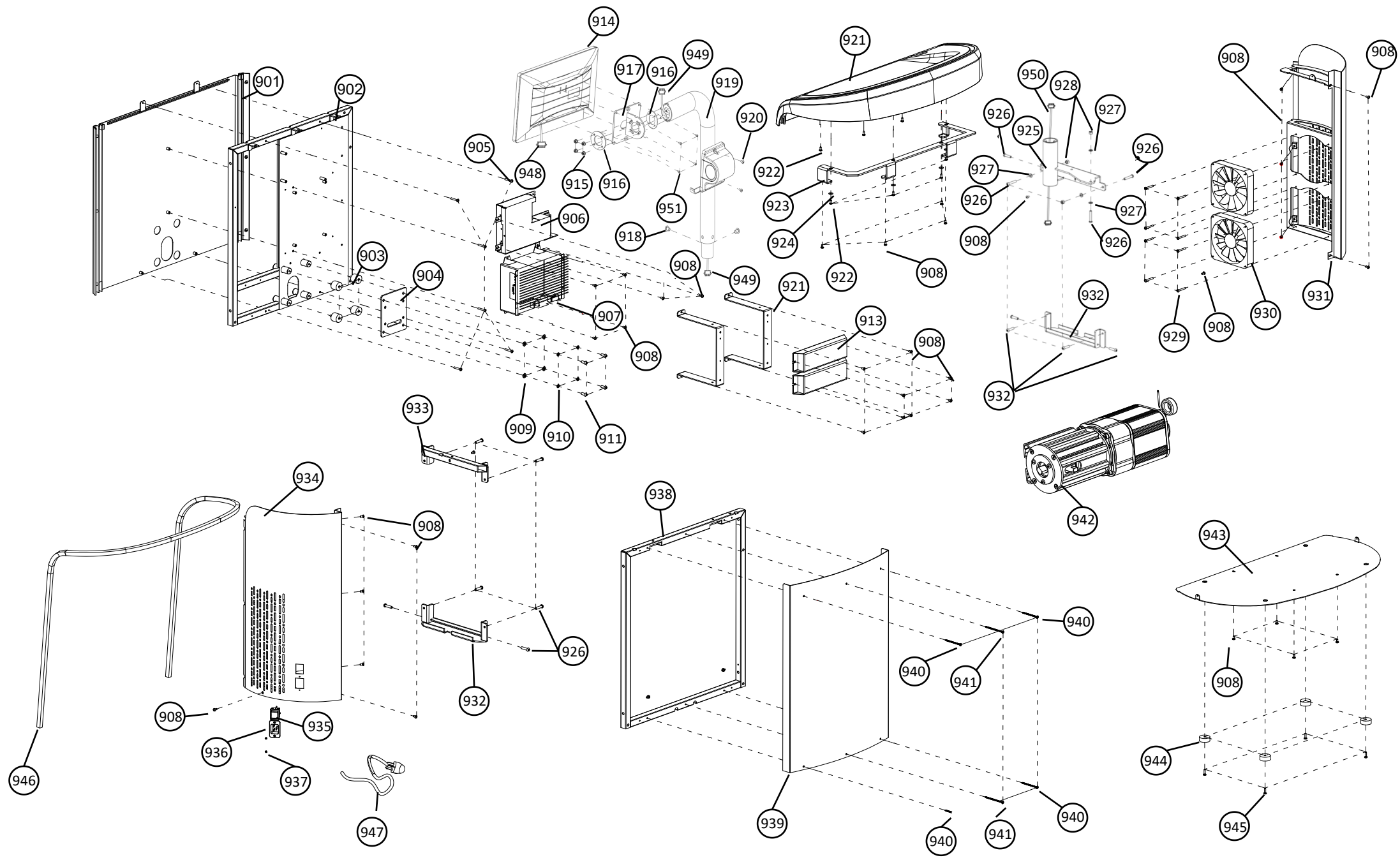
—This equipment should be installed and operated with a minimum distance of 20 cm between the radiator and your body.

### **NOTE 2:**

Any changes or modifications not expressly approved by the party responsible for compliance could void the user ' s authority to operate the equipment.<sup>4</sup>

## Material List

| NO. | DESCRIPTION                        | SPECS | Q'TY |
|-----|------------------------------------|-------|------|
| 908 | Phillips Pan Head Screw            | M4×12 | 40   |
| 914 | Display Screen                     |       | 1    |
| 917 | Screen Fixing Base                 |       | 4    |
| 918 | Hexagon Socket Botton Head Bolt    | M8×15 | 1    |
| 919 | Display Bracket                    |       | 1    |
| 920 | Screen Cover                       |       | 1    |
| 925 | Screen Mounting Bracket            |       | 1    |
| 948 | Communication Cable Lower Section  |       | 1    |
| 949 | Communication Cable Middle Section |       | 1    |
| 950 | Communication Cable Upper Section  |       | 1    |
| 951 | Phillips Screw                     | M3×6  | 4    |



| Resistance Box                | A/E                                     | B                                                           |
|-------------------------------|-----------------------------------------|-------------------------------------------------------------|
| Compatible Models             | Chest Press / Shoulder Press<br>Low Row | Biceps Curl / Triceps Extension<br>Leg Extension / Leg Curl |
| Product Dimensions (mm)       | 1011*496*1112                           | 670*496*1112                                                |
| Packaging Dimensions(mm)      | 790*770*500                             | 790*770*500                                                 |
| Maximum Resistance Output(kg) | 120kg                                   | 120kg                                                       |
| Maximum Power Output(W)       | 1500W                                   | 1500W                                                       |
| Screen Size(inch)             | 10.1                                    | 10.1                                                        |
| Product Net Weight(kg)        | 41                                      | 41                                                          |
| Product Gross Weight(kg)      | 51                                      | 51                                                          |