USER MANUAL
SMART BRACELET

Downloading the App

Scan the following QR code, download and installl the App.

Scan QR Code and Download

Charging and Active

Charging the device to active before the first time using. To charge your device, plug the charging cable into the adapter or USB port on your computer.

Pairing

Open the App and set up your profile

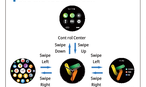
Go to the「Device」,Click「Add a Device」

Choose your device on the scanning list

Finish

The MAC address on the "Setting"-"About" page could help you identify your d evice on the scanning list.

Use the Touch Screen



Smart Watch Features

Sleep
If you keep wearing Smart Watch in your sleep , it can provide the hours ideal and quality of sleep stats on both the screen and the APP.
NOTE: Sleep stats reset to zero at 8:00 pm.

Heart Rate Test
The Smart Watch could record your heart rate all day
You also could tap on the page to start measuring heart rate.

Smart Watch Features

Sports
Smart Watch automatically tracks Snaps taken on the screen.
NOTE: Your movement stats reset to zero at midnight.

Training
Tap the training icon on the menu to start a new training measure recording, there are 123 sport modes to be chosen.
The last training recording will be shown on the training page.

Smart Watch Features

Blood Pressure Test
Tap on the blood pressure page to start measuring your blood pressure.
On the blood pressure page, it can show the blood pressure measured data of the last times.

SpO2 Test
Tap the SpO2 page to start measuring your SpO2.
On the SpO2 page, it can show the SpO2 measured data of the last times.

Smart Watch Features

Weather
It could show the weather info of current and tomorrow on the weather page.
Weather info is synced after connecting with the APP. It will not be updated after a long disconnected.

Messages Reminder
The device can sync incoming notifications from Twitter, Facebook, Whatsapp, Instagram etc.
Recently 5 messages can be stored.
Note: You can switch on/off the incoming notification in the APP.

Smart Watch Features

Remote Shutter
After connecting the device,you can remote control the camera on your phone.

Player Shutter
After connecting the device,you can remote control the music player on your phone.

Smart Watch Features

Other Features
Other features include stopwatch, alarm, timer, brightness,mute on/off, theater mode,factory reset, power off and about.

Stop Watch
Tap the start button on stopwatch page to start timing, and tap the stop button to stop timing.

Smart Watch Features

Silent Alarms
Set up the alarm on the APP, the device will vibrate to remind on time.

DND Mode
The device will turn off the vibration and trun down the brightness when the theater mode is trurned on.
Note: You can trun on/off the theater mode in the control center.

Smart Watch Features

Remind to Move
The device will vibrate to remind you to make a relax after 1 hour sitting.
Note: You can switch on/off the feature in the APP.

Remind to Drink
The smart watch will remind you "Time to Drink Some Water" at the alarmed drinking time.
Note: You can set the feature in the APP.

Smart Watch Features

World Clock
Covering global city time, it supports checking the time difference and date difference of each place to meet all your city needs.

Getting to Know Your Device

1.Using in Wet Conditions
Your device is water-resistant, which means it is rain-proof and splash-proof and can stand up to even the sweatiest workout.
NOTE: Do not swim with your Smart Bracelet. We also don't recommend showering with your wristband; though the water won't hurt the device, wearing it in hot steam or soapy water is a hassle. Wherever you get your bracelet wet, dry it thoroughly before putting it back on.

2.Using Quick View
With Quick View you can check the time or the message from your phone on your Smart Bracelet without taping. Just turn your wrist towards you and the time screen will appear for a few seconds.

General Info & Specifications

1.Environmental Conditions
Operating temperature: 14°F to 122°F (-10°C to 50°C)
Non-operating temperature: -4°F to 140°F (-20°C to 60°C)

2.Size
Fits a wrist between 5.5 and 7.7 inches in circumference.

3.Disposal and Recycling
Please kindly be aware that it is the consumer's responsibility to properly dispose and recycle Smart Bracelet and accompanying components. Do not dispose of Smart Bracelet with common household waste; the Smart Bracelet unit is considered electronic waste and should be disposed of at your local electronic equipment collection facility.
For more information, please contact your local electronic equipment waste management authority or the retailer where you bought the product.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are
designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio
frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Wearable device
BW0953ZP

使用指南
USER MANUAL

手表客户端下载

扫描下方二维码下载并安装手表客户端。

扫码下载手机客户端

手表充电与激活

首次使用手表之前需要充电激活。
使用配备的磁性充电器将您的手表背面的金属触点，充电器另一端插入USB充电头或者电脑USB接口进行。

连接手表

打开手机客户端设置个人信息

切换到「设备」页面，点击「绑定设备」

在扫描到的设备列表点击你的设备

绑定完成

在手表设置菜单—关于界面，将显示手表MAC地址，可以通过设备列表中的MAC地址来匹配您的设备。
手表绑定成功后，与在每次打开客户端，手表会自动与手机连接，在客户端断开连接后，手机可以同步数据。

手表操作指导

手表功能简介

睡眠
手表可记录并显示您昨晚的睡眠质量时长以及深睡眠，浅睡眠的时长。
更多详细信息分析以及数据记录可以在客户端中查看。

心率
手表可以记录并显示全天24小时心率值。
点击心率界面，可测量当前心率值。
更多详细信息分析以及数据记录可以在客户端中查看。

手表功能简介

运动信息
手表可记录并显示每天行走的步数，运动的距离以及里程信息。
更多详细信息分析以及数据记录可以在客户端中查看。

锻炼
打开运动模式可开始跑、划船、走路、骑行、登山、篮球、足球、羽毛球、网球、游泳。
更多详细信息分析以及数据记录可以在客户端中查看。

手表功能简介

血压
点击血压界面，可测量当前血压值。
更多详细信息分析以及数据记录可以在客户端中查看。

血氧
点击血氧界面，可测量当前血氧值。
更多详细信息分析以及数据记录可以在客户端中查看。

手表功能简介

天气信息
天气界面显示当前的天气，空气质量信息，以及明日的状态。
天气信息需要连接客户端进行可以获取数据，如果长时间断开连接，天气信息将无法更新。

消息推送
手表可以接收显示手机上的通知推送，可在客户端中设置推送项目开关。
手表最多支持可以储存最近5条消息记录。

手表功能简介

相机控制
连接手机后，手表可以作为手机相机遥控器。
在手机上打开相机后，在手表相机可触控屏幕点击即可触发手机相机拍照。

音乐控制
连接手机后，手表可以控制手机音乐播放器。

手表功能简介

其他功能
手表的其他功能中包含秒表、闹钟、计时器、亮度调节、静音开关、恢复出厂设置、关机等六大项。

秒表
点击秒表图标，进入秒表功能。

手表功能简介

智能闹钟
在客户端设置个人作息时间，并开启智能闹钟，基本可以设置3个闹钟。
在设定时间时，手表将会至少间钟提醒用户3次。

勿扰模式
打开勿扰模式后，将关闭手机震动，抬腕亮屏幕功能。
可以在手表控制中心设置开关。

手表功能简介

久坐提醒
手表在办公室小时后，会提示你起身活动。
久坐提醒功能可以在客户端中设置开关。

喝水提醒
手表在计划的喝水时间时，会提示你喝水了。
喝水提醒功能可以在客户端中设置。

手表功能简介

世界时钟
手表和Keyrunde 手机APP研发团队，在手机APP里面的世界时钟界面，查看您关注的城市，我们将为您显示手表上面显示对应城区的时间

常见问题与解答

血压数值为什么跟血压计有偏差?

手表和血压计测量数值出现的偏差是由多种因素决定的，血压计测量时是在压动脉，手表测量的位置在腕动脉所用个位置上，正常情况下主动脉血压测量值和腕动脉血压测量值有着三到四十 mmHg的差异手表和血压计同时进行测量，由于动脉壁的弹性基本上与你的血压，血压计测量时将带你的注意中以下部位处于同步状态，我们也无法去保障两台不同的设备分别在同一时间点测量出相同的数值，所谓上下血压测量值偏差是要大。

为什么不能佩戴手表洗热水澡?

洗澡水的温度比较高，水产生很多的水蒸气，而且水蒸气相对，其分子半径小，容易从手表的表缝型等表进，当温度骤下来后又会重新凝结成相的水滴，容易造成手表内部的电短路，损伤手表电路板，进而损坏手表。

常见问题与解答

为什么手表接收不到消息推送?

安卓手机设置:
1.确认当手机客户端开启了消息推送的开关
2.确认消息当手机通知栏被可以正常显示，手表消息推送是通过通知手机通知栏进行转发的，因此手机通知栏没有消息，手表也无法收到消息。
3.确认手机通知栏设置中，没有将手表客户端的通知功能设置为不显示在通知栏。

iPhone手机设置:
1.打开手环客户端的通知功能设置
2.在手机蓝牙找到相应的设备，打开手环客户端的通知功能设置)

苹果手机设置:
1.确认当手机客户端开启了消息推送的开关
2.确认消息当手机通知栏被可以正常显示
(需要在手机设置中将对应通知设置，开启锁屏，QQ，电话，短信，手机客户端的通知开关)

different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

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