KW06PRO

Smart Watch

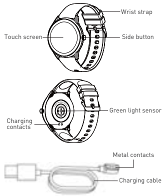
User Manual

You will find the user guide and user manual under the part **Product guides and documents** on the Amazon product page if you need a detailed operation guide.

Please feel free to contact us via Amazon orders if you have any product questions.

◆Product Introduction

1. Appearance Description

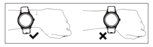


2. Charge Your Watch

- Align the magnetic charging cable included in the package with the contacts on the back of the watch correctly, and plug it into a USB port on a computer, charging base or power bank to charge.
- The output voltage is 5V; The output current is 0.5A and above.
  Note: Please fully charge the watch before initial use to activate the watch; The charging process takes about 2 hours.

◆Use Your Watch

1. Wear Your Watch



- Daily wear: Wear the watch one finger away from the wrist bone and adjust the strap to a comfortable tightness.
  Note: Wearing the watch wrongly or too loosely may affect the accuracy of measurement results.

2. App Installation

The GloryFit app can be downloaded in the App Store on iOS and Google Play on Android, or by scanning the QR code below.

GloryFit app is compatible with:

iOS 9.0 and above	Android 4.4 and above	Bluetooth 5.0 and above

3. Connect Your Watch

- To connect the watch, you need to turn on the phone's Bluetooth and GPS first. Then log in to the GloryFit app, tap 'Device' → 'Select device', search for the KW06 PRO watch to complete the binding. If multiple devices are found in the searched devices list, you can find out your device by checking the MAC address of the watch.
- You can go to the watch 'Setting' → 'Info' to check

the MAC address of the watch.

The specific operation shows as below:

Log in to the GloryFit app and allow all permissions

↓

Switch to the 'Device' page and tap 'Select device'

↓

Tap KW06 PRO in the searched devices list

↓

Binding completed

Note:

- Please confirm that the Bluetooth and GPS of the mobile phone are on to connect the watch with the app successfully.
- If the device cannot be found in the searched devices list, or it is disconnected during use, please go to the watch 'Setting' → 'Reset', and reconnect the watch.

- For iOS users, please forget the watch in the phone's Bluetooth list after disconnection.
- Please do not connect the watch directly in the phone's Bluetooth list. The watch only works with smart phones. It cannot work with iPads, tablets or personal computers.

◆ Operation Instructions

1. Side Button Instructions

	Press	Long press for 3 seconds
Side button	(1) Wake up the screen (2) Return (3) Pause (4) Continue	(1) Power on (2) Power off

2. Gesture Instructions

Tap the screen	Confirm to use this function	Long press the main interface for 3 seconds	Switch watch face
Swipe down on the main interface	Enter the control panel	Swipe up on the main interface	Check the messages
Swipe right on the main interface	Enter the main menu	Swipe left on the main interface	Enter the status interface

◆ Main Functions Introductions

Watch Dial:
Setting on watch: Long press the main interface, the dial selections list will appear after 2 seconds.
Setting in app: Open the GloryFit app, tap 'Device' → 'Dial setting' → 'Dial center', to download dials. (The dials you downloaded will be stored in 'My dial'.) You can also tap 'Dash setting' → 'Custom dial', to choose a photo you like as the watch dial.

Training:
The watch supports 13 sports modes, including Running, Walking, Cycling, Alpinism, Yoga, Skipping, Tennis, Baseball, Basketball, Badminton,Football, Rugby and Table tennis.

Exercise Records:
You can tap the screen to view your exercise data (steps, pace, calories, distance, duration, etc.) in sports modes such as running, walking, alpinism, etc.

Heart Rate Monitor:
Tap the heart rate icon to monitor your HR. After the value is stable, you can view your current heart rate. Tap 'Device' → 'Heart rate monitoring' → 'Auto test' in the app to enable the 24 hours real-time HR monitor. More detailed data can be viewed in the app.
Note: The data is just for reference and cannot be used for medical purposes. The data on the watch will be cleared at 0:00 a.m. everyday.

Status:
The watch can track and display the current steps, distance, and calories.
Note: The data on the watch will be cleared at 0:00 a.m. every day.

Sleep Monitor:
The watch can track and record the users' sleep status including the deep sleep, light sleep and awake.
More detailed data can be viewed in the app.
Note: The watch only tracks sleep data at night. The sleep data on the watch will be cleared at 6 p.m. every day.
Please wear the watch correctly during sleep.

Music Control:
After the watch is connected to the app, users can control the phone's music player on the watch like pause / previous song / next song.
Note: The volume cannot be adjusted on the watch.

Blood Oxygen Monitor:
Tap the SpO2 icon to monitor your SpO2.
After the value is stable, you can view your current blood oxygen. More detailed data can be viewed in the app.
Note: The data is just for reference and cannot be used for medical purposes.

Menstrual Period:
Open GloryFit app, tap 'Profile' → 'Name' → 'Gender' → 'Female' to set gender, tap 'Physiological Cycle', set the date to record the menstrual cycle, turn on 'Reminder' in the bottom.
The watch will display the corresponding reminders of menstrual period, safety period, and ovulation.

Stopwatch:
Count the time. (Tap the pause icon , swipe right to end the timing, and return to the previous menu.)

Message Reminder:
The watch can display text messages, calls and application notifications, such as Facebook, WhatsApp, Twitter, etc., when the 'Call reminder', 'SMS reminder' and 'App reminder' are enabled in the app under connection.
Note: The watch does not support answering calls or replying to text messages.
The messages will be displayed on the watch, only when they are displayed on the phone's notification center. If not, please check whether the watch is allowed to display phone's notifications. This function requires the watch to be connected with the app, and allowed the permissions according to the prompts of the app.

Setting:
The setting interface includes Off, Reset, Info, QR code.

More Functions:
The watch also has more functions such as Sedentary reminder, Smart alarm clock, Raise hand to activate display, Do not disturb and so on.

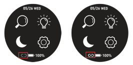
◆ Product Specifications

Specifications			
Model:	KW06 PRO	CPU:	Realtek 8762C
Memory:	RAM160KB + ROM 64KB + FLASH 128MB	Screen type:	1.28 inches TFT screen
Touch screen:	Full touch screen, 240*240 resolution	Heart rate sensor:	VC32s
Button:	Side button	Charging method:	Magnetic charging
Water resistance level:	IP68 waterproof	Step counting:	STK8321
Bluetooth:	BT 5.0	Shell material:	Zinc alloy vacuum plating
Bottom shell material:	Plastic	Strap material:	Silica gel
Battery life:	285mAh lithium polymer battery Stand-by time: 30 days Usage time: 3-7 days		

◆FAQ

Q1: Why can't connect the watch with GloryFit app?

Please check the Bluetooth icon to confirm if the watch is connected first.



Not connected   Connected

1. When the watch is connected:
The watch has been connected with another smart phone, please open GloryFit app → 'Device' → 'Unbind', and go to the Bluetooth list of your phone → KW06 PRO → 'Forgot Device'.
2. When the watch is not connected:
Open GloryFit app → 'Device' → 'Select device' → KW06 PRO → Complete binding.
Note:
1. The watch can only be used with smart phones of iOS 9.0 / Android 4.4 or above, and Bluetooth 5.0+.
It cannot be used with iPads, tablets or computers.

2. Keep the screen of the watch on and close to your phone during connection.
3. Do not connect the watch in your phone's Bluetooth directly.
4. If the watch can't be found or connected to the app, please reset the watch, re-install the app, and repeat the above connection steps.

Q2: What to do if the watch can't receive the message, like WhatsApp?

For iOS:
1. Open Settings of your phone → 'General' → 'Background App Refresh' → turn on the button → turn on GloryFit app, to make sure it can run in the background to receive app alerts.
2. Open Settings of your phone → 'Bluetooth' → Click '!' icon of KW06 PRO → 'Share system Notifications'.
3. Open 'Settings' of your phone → 'Notifications' → 'Show Previews' → 'Always' → Find GloryFit app → Allow Notifications.
4. Open GloryFit app → 'Device' → 'App' → Turn on notification apps.
For Android:
1. Open GloryFit app→ 'Me' → 'Permission Settings' →Background Activity Permissions → 'Go to set'.
2. Open GloryFit app → 'App reminder' → Confirm

manually open the notification permissions → Open notification access of GloryFit app → Turn on notification apps.
Note:
1. You can't answer calls or reply messages on the watch.
2. The watch will only display messages that are shown in the notification center on your phone.
3. Keep the distance between your watch and phone less than 5 meters.

Q3: How to get the step counter more accurate?

1. Wear the watch correctly: the watch should be close to the skin, and the watch should be worn one finger away from the wrist bone.
2. Fill in personal information in GloryFit app, such as height, weight and birth date.
3. The watch will record your steps when you move your arm. If there are less than 10 steps, the number of steps may not be counted.

Q4: How do I change or customize my watch face?

For iOS:
1. Set on watch: Long press the watch face on home page, swipe left and right to view more watch faces, and select the watch face you like.
2. Set in app: Open GloryFit app → 'Device' →

'Dash Board' → 'Dial center' → Select the dial → Synchronous dial.
3. Custom dial: Open GloryFit app → 'Device' → 'Dash Board' → 'Custom Dial' → 'Background setting', select the picture.
For Android:
1. Set on watch: Long press the watch face on home page, swipe left and right to view more watch faces, and select the watch face you like.
2. Set in app: Open GloryFit app → 'Device' → 'Dial setting' → 'Dial center' → Select the dial → Synchronous dial.
3. Custom dial: Open GloryFit app → 'Device' → 'Dial setting' → 'Custom dial' → 'Background setting' → Select image.

Q5: How to set the time and change the time system of the watch?

Set time: Connect the watch to GloryFit app, and the time on watch will be synced automatically.
Change time system: Open GloryFit app → 'Device' → 'Universal settings' → 'Time system'.

Q6: How to switch languages on the watch?

Connect the watch to GloryFit app, and the language on the watch will be synchronized with your phone

automatically. Or you can open GloryFit app → 'Device' → 'Universal settings' → 'Device language', then choose the language corresponding.

Q7: Why is the watch always disconnected from the app?

1. Make sure the GloryFit app can run in the background.
For iOS:
Open 'Settings' on your phone → 'General' → 'Background App Refresh' → 'Wi-Fi' or 'Wi-Fi & Cellular Data' →'Back', turn on the GloryFit app.
For Android:
Open GloryFit app → 'Me' → 'Permission Settings' → 'Background Activity Permissions' → 'Go to set'.
2. Make sure the distance of Bluetooth connection is within 5 meters, and there is no obstacle between the watch and the mobile phone. The human body or metal jewelry can interfere with the stability of Bluetooth connection.
3. Please check if the battery of watch is too low.
4. If your iPhone is connected with too many Bluetooth devices, please ignore a few devices in the Bluetooth list.
Note: If the problem can't be resolved with the above methods, please restart the Bluetooth of your mobile phone.

Q8: How to get more accurate data of heart rate, blood pressure, blood oxygen?

Please make the luminous position of the watch close to your skin, and make sure that the watch will not slide up and down during exercise.
Wearing the watch too loosely or too tightly will affect the measurements. (Avoid light leakage, movement of skin epidermis when light is reflected, etc.)
The luminous position of the watch should not be close to protruding bones on the wrist(radius and ulna), otherwise the watch can't receive the red light reflected by blood vessels correctly, which will influence the measurements.
To get more accurate measurements, please wear the watch 1 finger widths away from your wrist bone.

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FC CE RoHS

Made in China

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
Any changes or modifications not expressly approved by the party responsible for
compliance could void the user's authority to operate the equipment.
This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
—Reorient or relocate the receiving antenna.
—Increase the separation between the equipment and receiver.
—Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
—Consult the dealer or an experienced radio/TV technician for help.
FCC Radiation Exposure Statement:
This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment .