Cat. **FUSE-001**

CardinalHealth™

InPower™

PERSONAL MEDICATION ASSISTANT

Instructions for Use

CAUTION – Investigational device. Limited by Federal law to investigational use.

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Preface

Purpose

This manual provides directions to help users safely and effectively operate the **InPower™** Personal Medication Assistant. The manual also includes indications for use, contraindications, and trouble-shooting information.

Note: All images of screens are subject to change.

Help Information

Contact Cardinal Health Technical Support at 1-855-946-7697 (1-855-9IN-POWR).
For the online instructions for use and other **InPower™** resources, visit www.iaminpower.com.

System Overview

*This section provides you with general information about the **InPower™** Wellness System.*

System Description

The **InPower™** Wellness System consists of a solid medication dispenser (**InPower™** Personal Medication Assistant), single-use medication pods, control software, and a pharmacy interface application.

- The medication dispenser provides audible and/or visual alerts when it is time to take a medication.
- The medication dispenser communicates with the pharmacy to provide information on how well you are taking your medication.
- The medication dispenser collects data via peripheral devices, such as glucometers, weight scales, etc.

Intended Use

The **InPower™** Personal Medication Assistant is a solid medication dispensing device intended for medical purposes that is used to issue solid (pills) medication. The device is designed solely for oral dosage forms of medication and is also a medication reminder system built to provide alerts for one person's medication dosing schedules. The device incorporates wireless communication.

Contraindications

The **InPower™** Personal Medication Assistant is contraindicated for patients who have been diagnosed with Alzheimer's disease, other dementia or cognitive limitations that prevent them from properly using the device and following instructions from a licensed health care professional. The **InPower™** Personal Medication Assistant also is contraindicated for patients who reside in skilled nursing facilities or in situations where they do not independently take medications (i.e., a caregiver gives medication to a patient). The **InPower™** Personal Medication Assistant must not be used to dispense medications that are not in solid oral dosage form and prescription pain medications that have a high potential for abuse (i.e., medications regulated by the U.S. Drug Enforcement Administration as C-II such as hydrocodone, morphine and oxycodone). Patients who transfer medications from one pharmacy to another must ensure that the prescriber and dispensers at both pharmacies are aware of the transfer to minimize any disruption in using the **InPower™** Personal Medication Assistant.

The **InPower™** Personal Medication Assistant should only be used to dispense solid, oral medications. It should not be used to dispense the following types of medications:

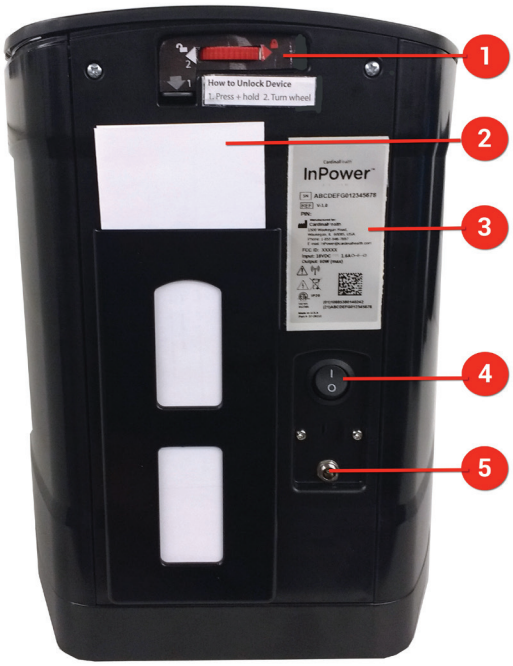
- Controlled substances (a drug or chemical whose manufacture, possession, or use is regulated by a government, such as illicitly used drugs or prescription medications that are designated as controlled drugs)
- Those that must be stored in their original packaging
- Extremely low weight pills that cannot be accurately weighed by the device
- PRN (pro re nata) (take as needed)
- Topicals, injectables, liquids, suppositories
- Inhalers, sprays
- Hygroscopic (attracts and hold water molecules from the surrounding environment)
- Pills to be cut
- Emergency drugs (e.g., nitroglycerin)
- Those with complex dosing schedules

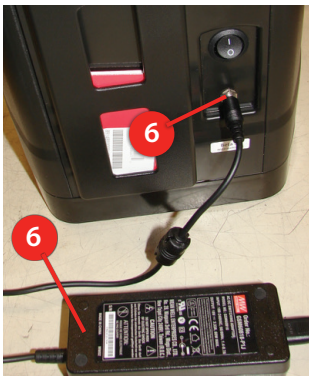
Components

InPower™ *Personal Medication Assistant Front View*

1. **Exterior Screen:** Displays time, alerts, and reminders. For additional information, refer to the User Interface section.
2. **Power Light:** Indicates that the **InPower™** Personal Medication Assistant is powered on.
   - White: AC (alternating current) power adapter plugged in to wall socket.
   - Red: Powered by the internal battery. If this light is blinking from red to white, call Customer Support as there could be an issue with the device.
   - Off: Powered off.
3. **Alarm Lights:** Flash when it is time to take your medication. The alarm lights can be accompanied by an audible alert.
4. **Door:** Pull from the left to access the interior screen and medication pods.

1. **Release Tab and Wheel:** Release the pod trays for manual access to your medications.
2. **Documentation Holder:** Provides a holder for your medications list and other quick references.
3. **Device Label (with PIN information):** Label containing device information, including your PIN. Your PIN is under lined within the serial number (SN). You may have to input your PIN if the device sleeps.
4. **Device Button:** Use only as directed by Cardinal Health Technical Support to reset the device.
5. **Power Connector:** Receives power from the wall socket via the power adapter.
6. **Power Supply:** Connect the one end of the power adapter to wall and other end to device.





InPower™ *Personal Medication Assistant Rear View*

InPower™ Personal Medication Assistant Interior Screen

1. **Pod Trays (6):** Hold the medication pods. Each tray holds two pods and opens to the left or right, depending upon the pod you need to access. The trays contain scales that measure the weight of the medication to determine the number of medications added to or removed from the pod.

2. **Screen Power Button:** Powers the screen on or off. The device should always be left on when in normal use.

3. **Screen:** Allows you to interact with the software.

1. **Pod Lid:** Take this off after you place the pod into the device. Squeeze the tabs and lift to remove the lid.

2. **Medication Pod:** A single-use container for your medication.

3. **Medication Strip Label:** A label placed on the pod that includes patient and medication information. You should not remove this label.

InPower™ Wellness System Medication Pod

Environmental Conditions

The **InPower™** Personal Medication Assistant should be operated under the following conditions:

- Temperature: 15 – 35° C (59 – 95° F).
  - Temperature change should not exceed 5° C per hour
- Relative Humidity: 0 – 85%.

General Warnings and Precautions

*This section lists the general warnings and precautions that provide critical information that should be reviewed before using the **InPower™** Personal Medication Assistant.*

Warnings

To avoid the possibility of injury, death, or other serious adverse reaction associated with the use or misuse of the **InPower™** Personal Medication Assistant:

- Do not use the device for any purpose other than the stated intended use.
- Do not open the top cover. ⚠ **Caution:** Risk of Electric Shock
- Use of accessories other than those specified or provided by the manufacturer of this equipment could result in increased electromagnetic emissions or decreased electromagnetic immunity of this equipment and result in improper operation.
- Do not attempt to service or repair the device.
- Do not use the device if maintenance is required.
- Do not attempt to repair or service the **InPower™** device unless you are qualified to do so.
- Do not use the device near fire, flame, or sparks.
- Do not use the device if it is wet.
- Do not use the device in an environment that is at less than 0° C (32° F) because the device contains a lithium-ion (Li-ion) battery, which can present a fire hazard when charging at low temperatures.
- Do not place a combination of medications into a single medication pod.
- Only use **InPower™** medication pods provided to you by your pharmacist.
- Do not leave the device unattended while the pod trays are open.
- Do not put your fingers near the pill dispenser tray is opening or closing.
- Use of this equipment adjacent to or stacked with other equipment should be avoided because it could result in improper operation.

This device is not intended as a replacement for care-giving. It is meant to be an aid. Cardinal Health will not be held liable for any damages sustained.

If the equipment is used in a manner not specified by the manufacturer, the protection provided by the equipment may be impaired.

DO NOT use the **InPower™** Personal Medication Assistant to dispense medication which is not in compliance with the prescription or directions of your prescribing medical practitioner, pharmacy, or drug manufacturer.

If you need to dispose of the device, please call Cardinal Health Technical Support at 1-855-946-7697, and a technician will come to retrieve your device. Please do not dispose of the device on your own.

Precautions

To avoid the possibility of a problem with the **InPower™** Personal Medication Assistant associated with its use or misuse:

- Once the device is set up, it should remain in place so as not to drop it.
- The device is not childproof; place it in an area that is out of the reach of children.
- The device is meant for indoor use, only.
- The device is not waterproof:
  - Do not place the device in a wet or humid area; for example, a bathroom.
  - Do not allow the device to become wet.
  - Do not immerse the device in water.
- The scales in the trays are very sensitive:
  - Do not place the device in an area where it might be jolted.
  - Do not place the device near an air vent, fan, or open window.
  - Do not place the device near any sources of heat (i.e., stove, etc.)
  - Do not place any item on top of the device.
  - Do not place stickers on the medication pods.
- Do not place anything other than your medications into the device.
- The device may not operate properly if used higher than 3,000 meters above sea-level.
- The device may not operate properly if moved from a cold or hot environment.
- If the device does not operate as intended, contact Cardinal Health Technical Support at 1-855-946-7697 (1-855-9IN-POWR).

User Interface

This section provides an overview of the user interface.

Exterior Screen

The exterior screen always displays the current time. Alert and reminder icons display under specific conditions.

InPower™ *Personal Medication Assistant Exterior Screen*

1. **Clock:** Displays the current time.

2. **Medication Reminder:** Displays at the preferred time to take your medication. This is set up with your pharmacist.

3. **Attention Required:** Displays if the device loses cellular connection. You will not be able to load new or refill medication pods into the device if this occurs. You can continue to take any already loaded in to the device.

4. **Health Information Notification:** Displays when health information is available to you; for example, a glucometer reading.

Home Screen

The home screen displays when you open the door or press the screen power button that is located inside the door. To interact with the device, tap enabled icons and slide buttons.

The screen turns off after five minutes of inactivity. Open the device door or press the screen power button to turn the screen back on. Once on, you may be required to input your PIN. Please refer to the *Components* section to find this information.

1. The current date and time.

2. Messages related to your blood sugar readings, if applicable.

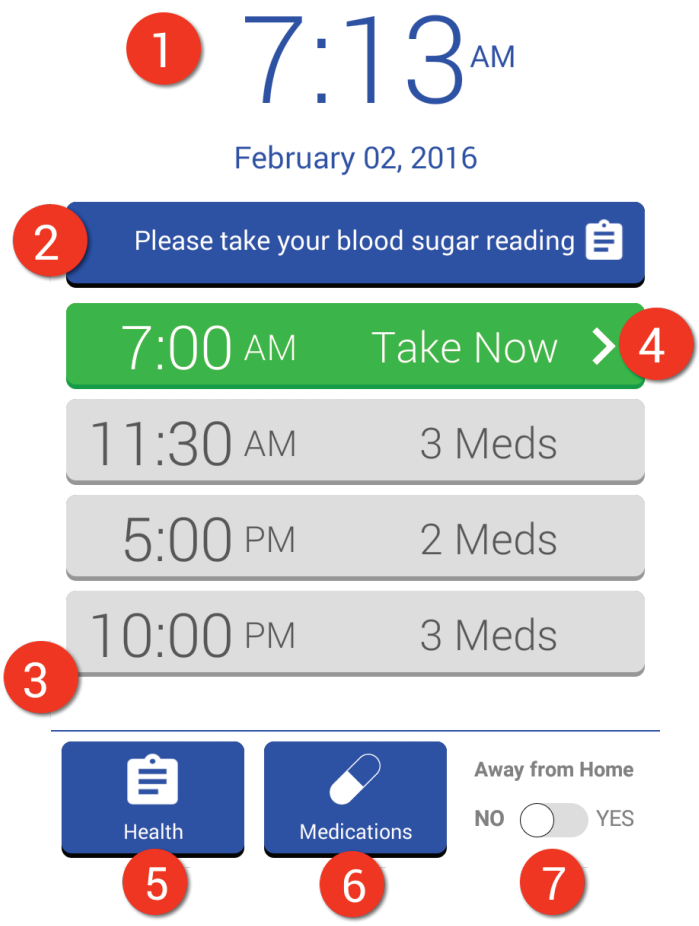
3. A list of scheduled times to take your medication that are set by you and your pharmacist. Also, displays the number of medications to take (this is blank if none are required for that time).

4. Status messages display next to each time to take your medication. For additional information, refer to the *Operating Instructions* > *Take Medication* section.

5. **Health:** Tap to view your health information. For additional information, refer to *Health Information* in this section.

6. **Medications:** Tap to view your medications list and to access your medication off schedule. For additional information, refer to *Medication List* in this section.

7. **Away from Home:** Slide or tap the button to **YES** when you will be away from home when taking your medication. For additional information, refer to the *Operating Instructions* > *Access Medication Anytime* section.



Home Screen

Health Information

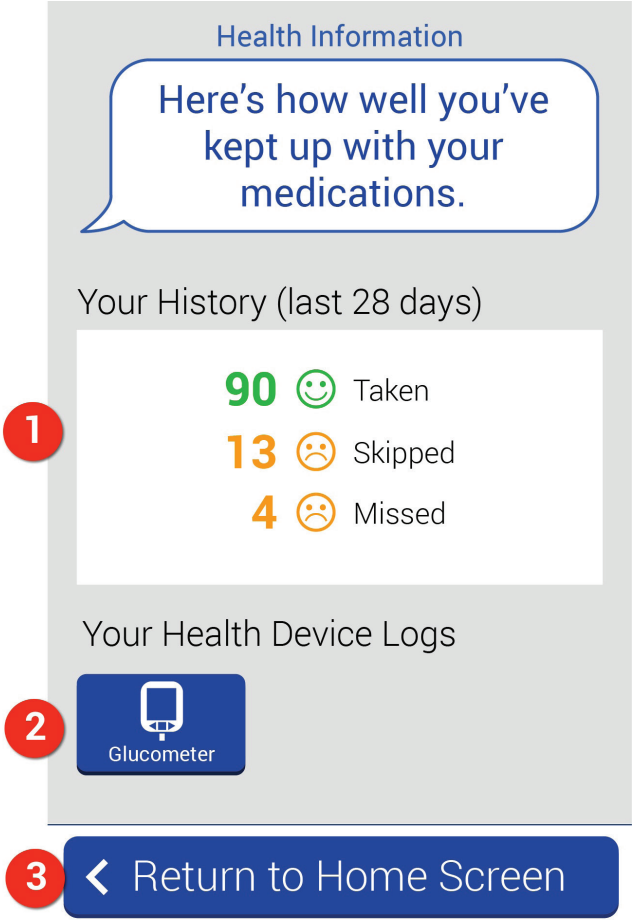
Health Information displays when you tap **Health** on the home screen. From this screen, you can view your health history and manage health device logs.

1. **Health History:** An indication of how well you are keeping up with your medications. For additional information, refer to the *Operating Instructions* > *View Health Information* section.

2. **Your Device Logs*:** Tap to view and manage information received from a connected device; for example, a glucometer. For additional information, refer to the *Operating Instructions* > *Manage the Glucometer Log* section.

3. **Return to Home Screen:** Tap to return to the home screen.

** Health Information is provided for informational purposes only. A diagnosis should not be made using this data. Please use the original medical device for actual data prior to making a diagnosis.*



Health Information Screen

Medication List

The **Medication List** displays when you tap Medications on the home screen. From this screen, you can view your medications.

1. The name of the medication.

2. The last date, time, and amount that the medication was removed from the device.

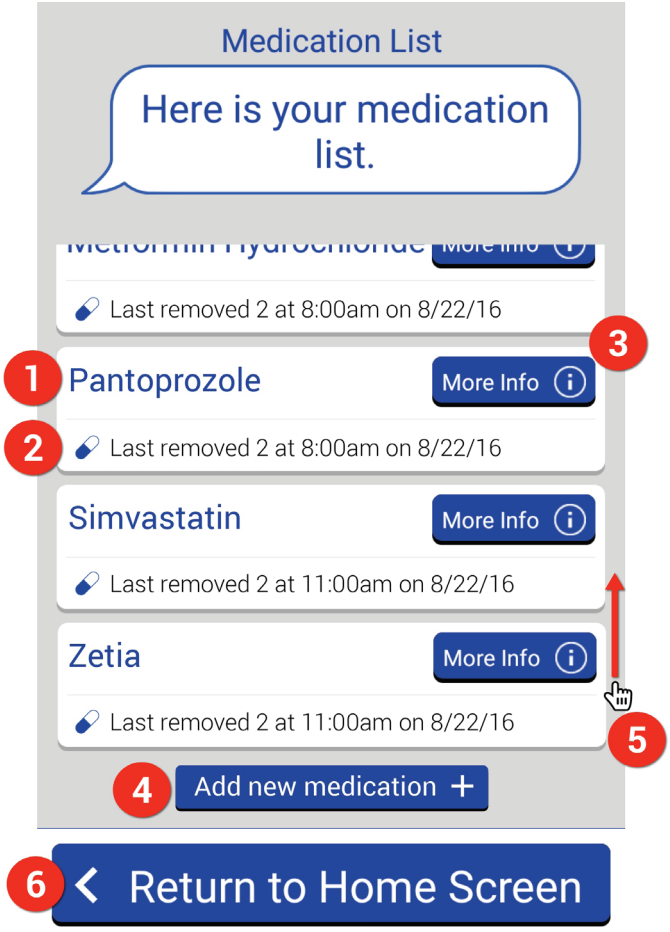
3. **More Info:** Tap to view detailed information about the medication. Also, tap to take medication outside of the preferred scheduled time. For additional information, refer to the *Operating Instructions > Access Medication Off Schedule or Anytime* sections.

4. **Add new medication +:** Allows you to add a new medication pod to the device.

5. You might have to swipe up and down to view the full list of medications and the **Add new medication** + button.

6. **Return to Home Screen:** Tap to return to the home screen.

Note: The **Medication List** contains only those medications that are managed by the ***InPower***™ Personal Medication Assistant.



Medication List Screen

Setup Instructions

*This section describes how to set up the **InPower™** Personal Medication Assistant in your home and load your first medications.*

Device Placement

Allow two hours for the device to acclimate to the temperature and humidity of its new environment after being unpacked and placed in your home. This is to ensure that the sensitive scales in the pod trays can accurately measure the weight of the medications.

Cellular service is required in your area for the device to operate.

The **InPower™** Personal Medication Assistant should be placed:

- in an area of your home where it will not be jolted.
- with enough room to open the door and pod trays.
- on a flat, level, and stable surface that is out of the reach of children.
- near a wall socket since it requires power.

Do NOT place:

- it near an air vent, fan, or open window because the airflow can adversely affect the sensitive scales contained in the pod trays.
- objects on top of the device.
- the device near a ledge or in an area where you might easily drop medication onto the floor.

Once the device is set up in your home, you should avoid moving it.

Device Setup

After you have unpacked and placed the **InPower™** Personal Medication Assistant in an appropriate place in your home, plug the device into a wall socket. Then, follow these instructions to set up communications between the device and your pharmacy, and load your first medications into the device.

Before performing this procedure, you should have with you the medication pods that you need to load now given to you by your pharmacist in a polybag. Keep the pods in this bag until you are ready to load them into the device. Make sure to inspect the bag and its contents prior to loading them.

⚠ **CAUTION:** Do not take or remove any medication from the pod until you have loaded it into the device.

⚠ **CAUTION:** During initial setup, load medication pods into the device immediately when you arrive home.

1. From the front left of the device, open the door, and then press the screen power button.

   The screen turns on and then the setup screen displays.

2. If necessary, input your 4-digit PIN. Refer to the Components section for detail on where to find your PIN.

   You may need to input this PIN to access your device if it has gone to sleep.

3. At the Welcome! screen, tap **Let's Begin Setup**.

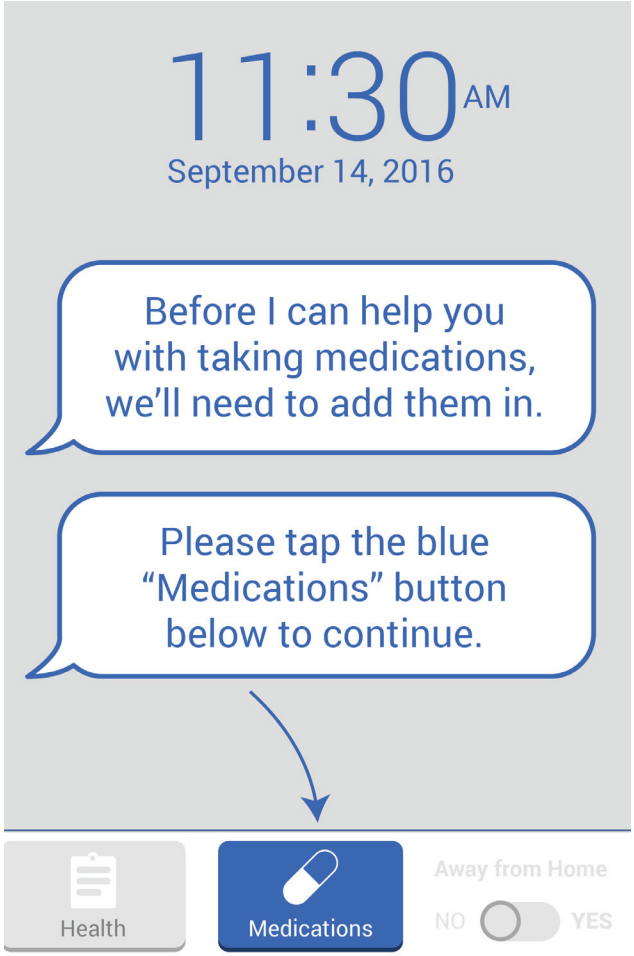
   A series of messages display that the device is pairing and syncing. If an error occurs, you may need to perform this step again.

4. At the Initial Setup screen, tap **Medications**.

5. At the Medication List screen, tap **Add new medication +**.

   The next available pod tray opens.
   A prompt to load the medication displays.

   Note: If you prefer to load your new medication at another time, tap **I'll load a pod later**.



Initial Setup screen

6. Refer to your Medication List that you received from your pharmacist. Place the first medication listed into the pod tray. Then, **remove the lid** from the pod.

   ⚠ **CAUTION:** When placing the medication pod into the device and removing the lid, be careful not to press down on the pod tray. By doing so, you might damage the sensitive scale located at the bottom of the tray.

   ⚠ Do not attempt to manually manipulate the pod trays because you might damage the mechanisms that automatically open and close the trays for you.

   ⚠ **CAUTION:** Keep your fingers away from the device as the door opens and closes so that you do not catch your finger in a door or hinge. This could result in personal injury.

REMINDER: You must **remove the lid** once the pod is placed in the device. Failure to do so could result in damage to the device.

Note: Label the lid with the medication contained in the pod, and then store the lid in an easily accessible location. If there is a problem with the device, you might have to remove the pods from the device and replace the lids.

7. With the pod lid removed, tap **Lid is off, pod is loaded**.

   The pod tray closes. The device reads the information on the medication pod. A confirmation message displays.

8. Tap **Confirm medication**.

   A message displays indicating that your medication has been loaded into the device.

   Note: If the information is incorrect, tap **Remove the pod** and begin again.

9. Tap **Tap to Continue**.

   The Medication List displays. If you wish to add additional medication, repeat Steps 6 – 9 for each medication in the order they appear on the Medication List provided by your pharmacist.

10. Tap **Return to Home Screen**.

    A confirmation screen displays.

11. Tap **Finish**.

    Note: If you have a health device (for example, a glucometer) that can function with the **InPower™** Personal Medication Assistant, you will receive a message that instructs you to connect it with the device. Refer to the *Connect a Health Device with the **InPower™** Personal Medication Assistant* section to complete the process.

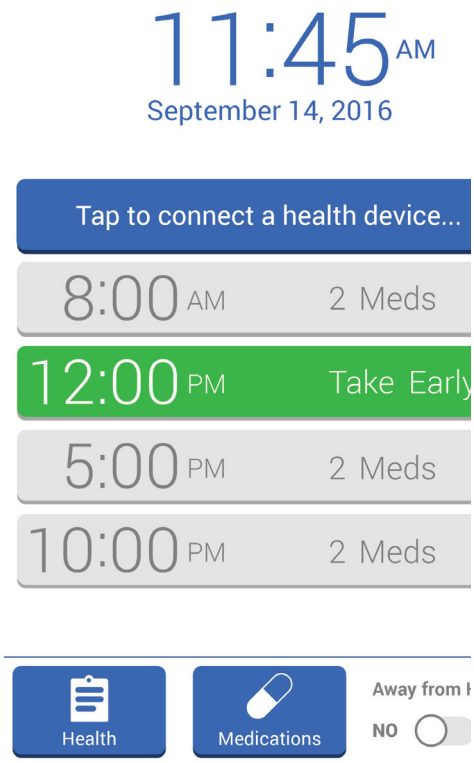
12. Close the device door.

13. Place your medication list in the documentation holder, located at the back of the device. To fit in the holder, fold the list in half, twice.

Connect a Health Device with the InPower™ Personal Medication Assistant

You can pair some Bluetooth-enabled devices with the **InPower™** Personal Medication Assistant. For example, pair a glucometer to maintain a log of your blood glucose readings. Please contact **InPower™** Customer Support for a list of approved health devices.

The following instructions use the CONTOUR® NEXT ONE glucometer as an example.



Home Screen

Setup Screen with Instructions for Connected Device

1. Once you have loaded at least one medication pod and received the message to connect your health device on the Home Screen, tap **Tap to connect a health device**.

   Instructions to connect your glucometer display.

2. Follow the instructions on the screen to connect the device.

   Note: If you prefer to connect your health device at another time, tap **I'll connect this later**.

   Note: If you receive a new glucometer or encounter problems during setup, contact Cardinal Health Technical Support at 1-855-946-7697 (1-855-9IN-POWR).

** Health Information is provided for informational purposes only. A diagnosis should not be made using this data. Please use the original medical device for actual data prior to making a diagnosis.*

Operating Instructions

*This section describes the procedures for using the **InPower™** Personal Medication System on a regular basis, including loading and dispensing medications, discontinuing a medication, taking your medication at any time, and working with your health information.*

Load a New Medication

To load your device for the first time, see the instructions in the Setup Instructions > Device Setup section of this document.

When you are prescribed a new medication, and pick up your new medication pod from your pharmacy, you need to load it into the **InPower™** Personal Medication Assistant.

CAUTION: Do not take or remove any medication from the pod until you have loaded it into the device.

1. From the front left of the device, open the door and input your PIN if necessary.

   The screen turns on. The Home Screen displays.

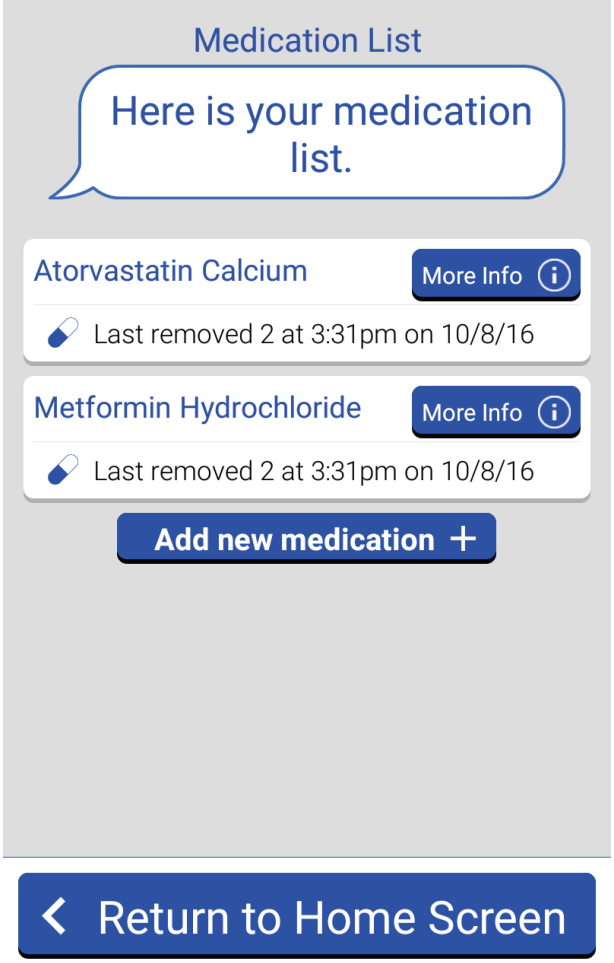
2. Tap **Medications**.

   The Medication List Screen displays.

3. Tap **Add new medication +**. You may need to scroll to the end of your medication list to access this button.

   The next available pod tray opens. A prompt to load the medication displays.

   Note: If you prefer to load your new medication at another time, tap **I'll load a pod later**.



Medication List Screen

CAUTION: When placing the medication pod into the device and removing the lid, be careful not to press down on the pod tray. By doing so, you might damage the sensitive scale located at the bottom of the tray.

CAUTION: Do not attempt to manually manipulate the pod trays because you might damage the mechanisms that automatically open and close the trays for you.

CAUTION: Keep your fingers away from the device as the door opens and closes so that you do not catch your finger in a door or hinge. This could result in personal injury.

REMINDER: You must **remove the lid** once the pod is placed in the device. Failure to do so could result in damage to the device.

Note: Label the lid with the medication contained in the pod, and then store the lid in an easily accessible location. If there is a problem with the device, you might have to remove the pods from the device and replace the lids.

4. Tap **Lid is off, pod is loaded**.

   The pod tray closes. The device reads the information on the pod. A confirmation message displays.

5. Tap **Confirm medication**.

   A message displays indicating that your medication was loaded into the device.

   Note: If the information is incorrect, tap **Remove the pod**. **Then**, remove the pod from the device, tap **I've Removed the Pod**, and begin again. Contact your pharmacist if you need additional help.

6. Tap **Tap to Continue**.

   Note: If you have additional medications to load now, repeat Steps 3 – 6 until you have loaded all your new medications into the device.

   Note: If you have refills to load, a prompt to load the refill displays. In this case, refer to the Reload a Medication procedure in this section.

   Note: If this is the time to take this medication, a prompt to take the medication displays. In this case, refer to the Take Medication procedure in this section.

7. Tap **Return to Home Screen**.

8. Once you have loaded all new medications, close the door.

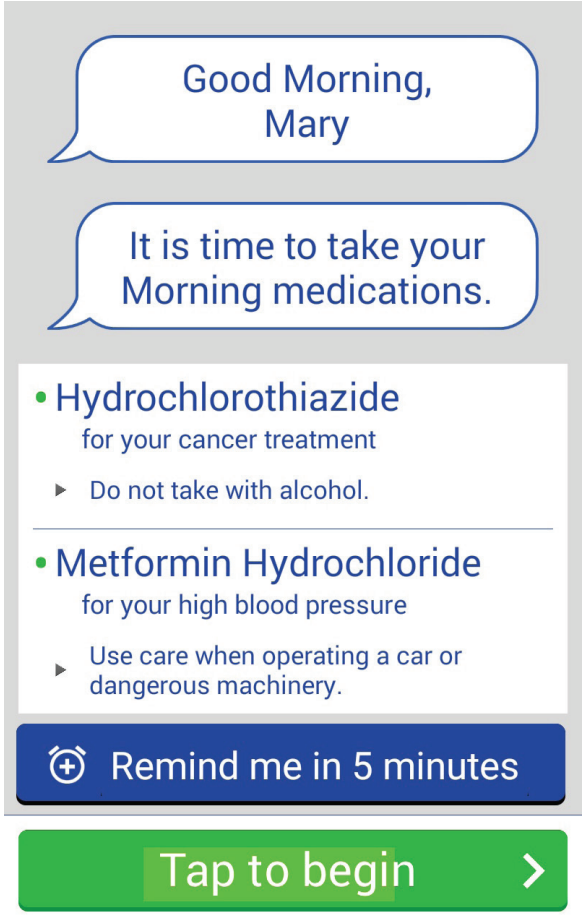
9. Replace or update your medication list, located in the documentation holder at the back of the device.

Take Medication

Before you set up the **InPower™** Personal Medication Assistant and whenever you are prescribed a new medication, you and your pharmacist schedule your preferred times to take your medication. When it is the preferred time to take a medication, the Medication Reminder icon displays on the exterior screen. Also, depending upon what alerts you set up with your pharmacist, alarm lights at the bottom of the device may flash and/or an audible alert may sound. If while you are taking your medication the tray remains open for more than five minutes, an audible alert sounds until you perform an action with the device or dose window closes.

1. When it is at or near the preferred time to take your medication, take the appropriate action:
   - If it is within one hour prior of the scheduled time and you wish to take your medication early, open the door. Then, input your PIN if necessary, and tap **Take Early** from the Home Screen.
   - If it is time to take your medication and you are viewing the Home Screen, tap **Take Now**.
   - If it is time to take your medication and you are viewing the Initial Dispense Screen, tap **Tap to Begin** or tap **Remind me in 5 minutes** to reset the popup message.
   - If it is more than one hour past the scheduled time, refer to the Access Medication Off Schedule procedure in this section to take your medication.

   When your alarm(s) flash and/or sound, the Initial Dispense Screen displays. It contains a list of medications you need to take now, along with any special instructions for taking each medication.



Initial Dispense Screen

2. Tap **Tap to Begin**.

   The appropriate pod tray opens. The screen for the first medication displays. It contains the dosage and name of the medication. It might contain the purpose of the medication and special instructions for taking the medication.

Reminder: If you wish to reset the alarm for a short time, tap **Remind me in 5 minutes**.

3. Remove the appropriate number of medications from the pod.

CAUTION: When removing medications from the medication pod, be careful not to press down on the pod tray. By doing so, you might damage the sensitive scale located at the bottom of the tray

Do not attempt to manually manipulate the pod trays because you might damage the mechanisms that automatically open and close the trays for you.

CAUTION: Keep your fingers away from the device as the door opens and closes so that you do not catch your finger in a door or hinge. This could result in personal injury.

As you remove medications from the pod, the device weighs the pod. It determines how many medications were removed.

- If you remove the correct number of medications from the pod, a message displays indicating that you have taken the correct dosage. Proceed to Step 4.
- If you remove too few medications from the pod, a prompt to remove additional medications from the pod displays. You have the option to skip this medication or indicate that you took the correct amount. See WARNING below.
- If you remove too many medications from the pod, an alarm sounds and a prompt to put the extra medications back into the pod displays. You have the option to indicate that a medication was lost or damaged or that you took the correct amount. See WARNING below.

WARNING: If you removed the correct number of medications from the pod and the device is prompting you to remove or add medications, tap **I took the correct amount**, and then contact Cardinal Health Technical Support at 1-855-946-7697 (1-855-9IN-POWR).

Note: Do not remove the pod from the tray unless you are prompted to do so. If you do remove the pod, a message displays prompting you to place the pod back into the tray. You cannot continue taking your medication until you have done so. Once you return the pod to the tray, tap **I've put the pod back**. The tray closes, the device verifies that the correct pod is in the tray, and then you are prompted to continue taking your medication.

Note: If there is not enough medication in the pod to fulfill the correct dosage, you are prompted to take what is available and reload the medication with a refill, if a refill is available for you. For example, if your dose requires you to take two but only one remains. For additional information, refer to the Reload a Medication procedure in this section.

Note: If there is no medication left in the pod after you take the correct dosage, you are prompted to reload the medication with a refill, if a refill is available for you. For additional information, refer to the Reload a Medication procedure in this section.

Note: If you do not wish to take this medication, tap **Skip this Medication**. A message displays verifying that you skipped the medication and the device continues the process.

4. Tap **Tap to Continue**.

   The tray closes. The final dosage summary screen displays, indicating which medications you took and which you skipped.

   - If you have another medication to take now, the appropriate tray opens and the screen for the next medication displays. Repeat Steps 3 – 4 for each subsequent medication.

5. Tap **Tap to Finish**.

   The Home Screen displays. The status message for this scheduled time is updated:

   - **Taken:** You took all the scheduled medications for the scheduled time.
   - **Partial:** You took some of the scheduled medications for the scheduled time; however, you skipped and/or took a partial dose of one or more medications.
   - **Skipped:** You did not take any of the scheduled medications for the scheduled time.
   - **Missed:** You did not access the device during the dose window to take your medication.

Reload a Medication

When you pick up a refill of a medication from your pharmacy, load it into the **InPower™** Personal Medication Assistant when prompted to do so.

You might be prompted to reload a medication refill during a scheduled time to take your medication. This might occur if there are not enough medications in the pod to fulfill the full dose or if there are no medications left in the pod after you take the full dose.

⚠ **CAUTION:** Do not take or remove any medication from the pod until you have loaded it into the device.

⚠ **CAUTION:** Do not add medications to the pod from another source; for example, another medication pod or bottle.

1. When you need to reload a medication refill, a prompt displays.

2. At the Initial Reload screen, tap **Yes, reload now**.

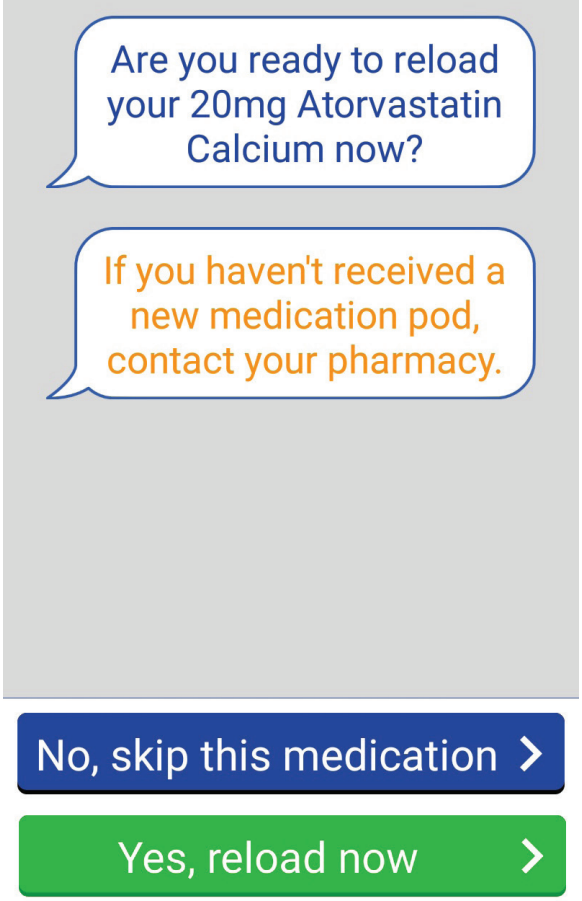
   The appropriate pod tray opens. A prompt to remove the empty pod displays.

   Note: If you do not wish to reload this medication, tap **No, skip this medication**. A message displays verifying that you skipped the medication. You either return to the Home Screen, are prompted to reload another medication, or continue with the procedure to take your medication.

3. Remove the empty pod, and then tap **I've removed the pod**.

   The device verifies that the pod was removed. A prompt to load the new pod displays.

   Note: If you do not wish to reload this medication, tap **I'll reload this pod later**. The pod tray closes. A message displays verifying that you skipped the medication. You either return to the Home Screen, are prompted to reload another medication, or continue with the procedure to take your medication.



Initial Reload Screen

4. Verify that the tray is completely empty. If necessary, remove any foreign substance from the tray.

5. Place the pod that matches the medication name on the screen into the tray, and then **remove the lid** from the pod.

CAUTION: When placing the medication pod into the device and removing the lid, be careful not to press down on the pod tray. By doing so, you might damage the sensitive scale located at the bottom of the tray.

CAUTION: Do not attempt to manually manipulate the pod trays because you might damage the mechanisms that automatically open and close the trays for you.

CAUTION: Keep your fingers away from the device as the door opens and closes so that you do not catch your finger in a door or hinge. This could result in personal injury.

REMINDER: You must **remove the lid** once the pod is placed in the device. Failure to do so could result in damage to the device.

Note: Label the lid with the medication contained in the pod, and then store the lid in an easily accessible location. If there is a problem with the device, you might have to remove the pods from the device and replace the lids.

6. Tap **Lid is off, pod is loaded**.

   The pod tray closes. The device reads the information on the medication pod and a confirmation screen displays.

   Note: If you do not wish to refill this medication, tap **I'll reload this pod later**. The pod tray closes. A message displays verifying that you skipped the medication. You either return to the Home Screen, are prompted to reload another medication, or continue with the procedure to take your medication.

7. Tap **Confirm medication**.

   A message displays indicating that your medication was loaded into the device.

   Note: If the information is incorrect, tap Remove the pod.

8. Tap **Tap to Continue**.

9. Confirm any changes made to your preferred time to take your medication, if applicable.

   If you and your pharmacist have made changes to your preferred times to take your medication, at the Confirm Reload screen, choose from the following:

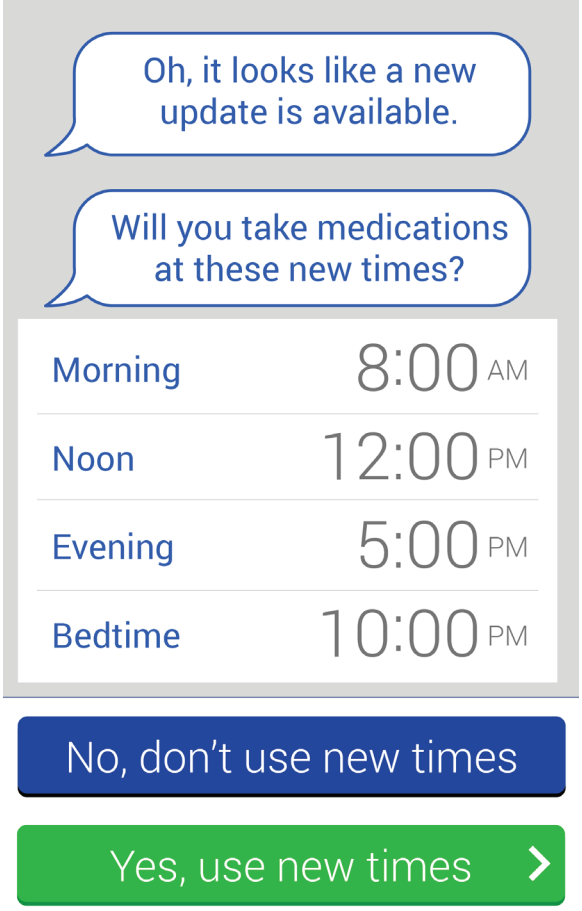
   - If you want to use the new times, tap **Yes, use new times**.
   - If you do not want to use the new times, tap **No, don't use new times**. You will be reminded to use the new times when you load another pod with these changes unless you tap **Don't remind me**.

10. Tap **Tap to Continue**.

    - If there are no other pods to reload and this is not a scheduled time to take the medication, the Home Screen displays.
    - If you have additional refills to load now, a prompt to load your next medication refill displays. In this case, repeat Steps 2 – 9.
    - If this is a scheduled time to take a medication, a prompt to take a medication displays. In this case, refer to the Take Medication procedure in this section.

11. Once you have loaded all refills and, if applicable, taken your medications, close the door.

12. Dispose of the empty pods.



Confirm Reload Screen

Access Medication Off Schedule

There might be times when you need to access your medication outside of the preferred scheduled time:

- If you did not take a medication during the scheduled medication period – from one hour before to one hour after the scheduled time – you can still take the medication before the next scheduled time.
- See the Access Medication Anytime section if you plan on being away from home for an extended period (for example, work or vacation).

1. From the front left of the device, open the door and input your PIN if necessary.

   The Home Screen displays.

2. Tap **Medications**.

   The Medication List displays.

3. Find the medication you wish to take in the list. Then, tap **More Info,** located to the right of the name of the medication.

   The Medications Details screen displays.

4. Tap **Access Medication**.

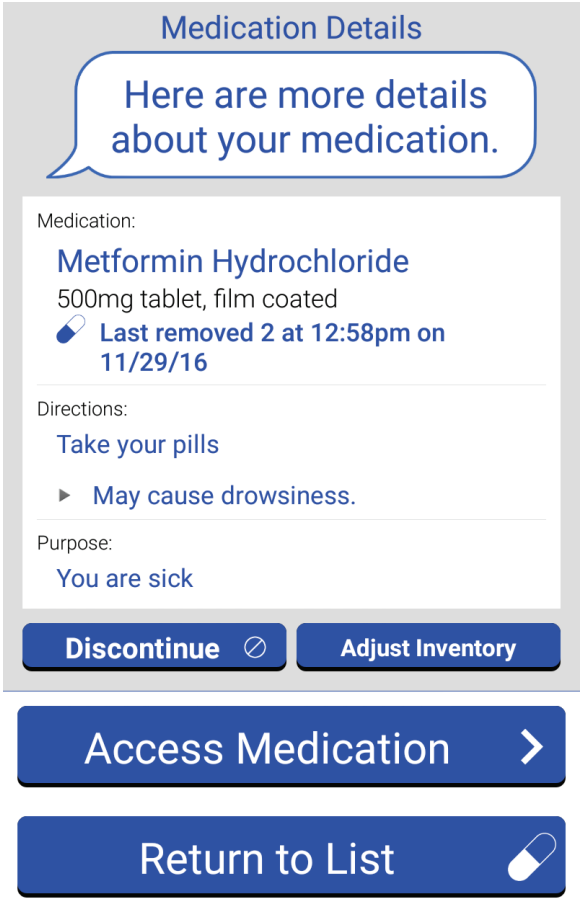
   The appropriate pod tray opens. The screen for the medication displays. It contains the dosage and name of the medication.

5. Remove the appropriate number of medications from the pod.

   A prompt to enter the number of medications you remove from the pod displays.

6. Tap the + and - icons to indicate the number of medications you removed from the pod, and then tap **Tap to Continue**.

   The pod tray closes. A confirmation screen displays.



Medication Details Screen

7. Verify that the number of medications you removed from the pod matches the number on the confirmation screen, and then tap **Yes, confirm & finish**.

The Medication List displays. If you wish to remove additional medications from the device, repeat Steps 3 – 7 for each medication.

Note: If the numbers do not match, tap **No, take me back**. Then, reenter the correct number and/or place the appropriate number of medications back into the pod.

8. Tap **Return to Home Screen**.

   The Home Screen displays with a popup confirmation, prompting you to verify that you have removed all the appropriate medications.

9. Tap **No, I am not ready yet**. Selecting this option keeps your device from functioning in travel mode.

   The popup message closes and you return to the Home Screen.

10. Close the door.

Access Medication Anytime

There might be times when you need to access your medication outside of the preferred scheduled time:

- If you plan on being away from home for one or more scheduled times to take your medication, you can remove the medications that you wish to take with you. This sets up the **InPower™** Personal Medication assistant so that it does not expect you to be present for the scheduled times. During this time, the alarms do not function.

1. From the front left of the device, open the door and input your PIN if necessary.

   The Home Screen displays.

2. Tap **Medications**.

   The Medication List displays.

3. Find the medication you wish to take with you in the list. Then, tap **More Info**, located to the right of the name of the medication.

   The Medications Details screen displays.

4. Tap **Access Medication**.

   The appropriate pod tray opens. The screen for the medication displays. It contains the dosage and name of the medication.

5. Remove the appropriate number of medications from the pod.

   A prompt to enter the number of medications you remove from the pod displays.

6. Tap the + and - icons to indicate the number of medications you removed from the pod, and then tap **Tap to Continue**.

   The pod tray closes. A confirmation screen displays.

7. Verify that the number of medications you removed matches the number on the confirmation screen, and then tap **Yes, confirm & finish**.

   The Medication List displays. If you wish to remove additional medications from the device, repeat Steps 3 – 7 for each medication.

   Note: If the numbers do not match, tap **No, take me back**. Then, reenter the correct number and/or place the appropriate number of medications back into the pod.

8. Tap **Return to Home Screen**.

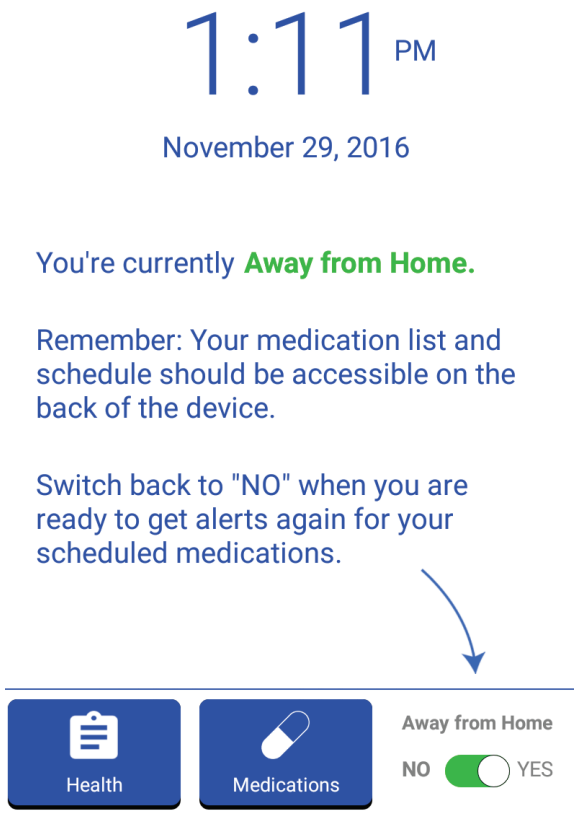
   The Home Screen displays with a popup confirmation, prompting you to verify that you have removed all the appropriate medications.

9. Tap **Yes, I have them already**.

   *The popup closes. At the bottom, right of the home screen, the **Away from Home** button automatically slides to the **YES** position. The device disables the alarms to take your medication. A message indicating that you are currently away from home displays.*

   Note: If you manually slide the button to the **YES** position before removing any medication, you are presented with the option to remove your medications.

10. Close the door.



Away from Home Screen

When you return home, slide the **Away from Home** button to the **NO** position. Then, tap **Yes, I am ready** from the confirmation popup.

Note: If you return home with unused medication, continue taking the medication as prescribed before changing the **Away from Home** setting back to **NO**. Do not return any unused medicine to the device. If you have unused medication and require a different medication from the device at the next scheduled time, you can perform either of the following options:

- Change the **Away from Home** setting to **No**. At the next scheduled time, select **Skip this Medication** for the medication that you returned home with and take the other medication. For additional information, refer to the Take Medication procedure in this section.
- Wait until after the next scheduled time expires (one hour after the scheduled time), and then take the other medication outside the scheduled time.

Discontinue a Medication

If one of your medications is discontinued by your physician, it is recommended that you contact your pharmacist to inform him/her that you are no longer taking this medication. Remove the pod of discontinued medication before taking your other medications.

1. From the front left of the device, open the door and input your PIN, if necessary.

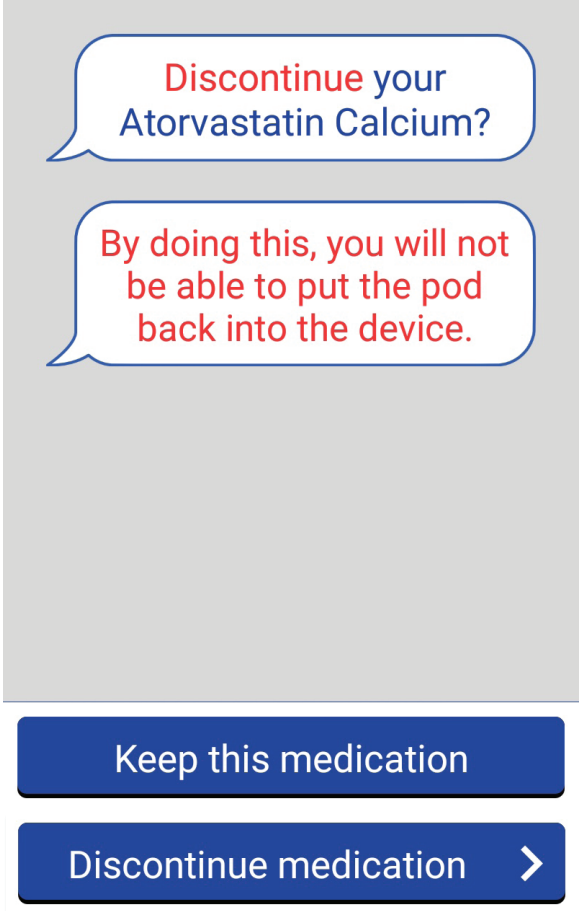
   The screen turns on.

2. From the Home Screen, tap **Medications**.

3. At the Medication List screen, tap the medication that you need to discontinue. You may need to scroll to find your medication.

4. At the Medication Details screen, tap **Discontinue**. You may need to scroll to find the button.

5. At the Discontinue Medication screen, verify the medication that you are removing and tap **Discontinue Medication**.



Discontinue Medication Screen

Note: Tap **Keep this medication** if the medication selected is incorrect.

6. There is another chance to verify the medication to remove from the device.
   Tap **Discontinue Medication**.

   Note: Once you discontinue a medication, you cannot put the pod back in to the device.

   The pod tray opens.

7. Remove the pod from the tray, and then tap **I've removed the pod**.

   The tray closes. The device verifies that the pod was removed. A message displays indicating that you removed the pod from the tray.

   Note: If you did not remove the pod, the tray opens and the device prompts you to remove the pod. Remove the pod, and then tap I've removed the pod.

8. Tap **Tap to Continue**.

   The Medication List screen displays.

Adjust Inventory

There might be a time where the device has a different total calculated than what is contained in the medication pod. If that occurs, you can adjust the inventory number on the device.

1. From the front left of the device, open the door and input your PIN if necessary.

   The Home Screen displays.

2. Tap **Medications**.

   The Medication List displays.

3. Find the medication you wish to take in the list. Then, tap **More Info**, located to the right of the name of the medication.

   The Medications Details screen displays.

4. Tap **Adjust Inventory**.

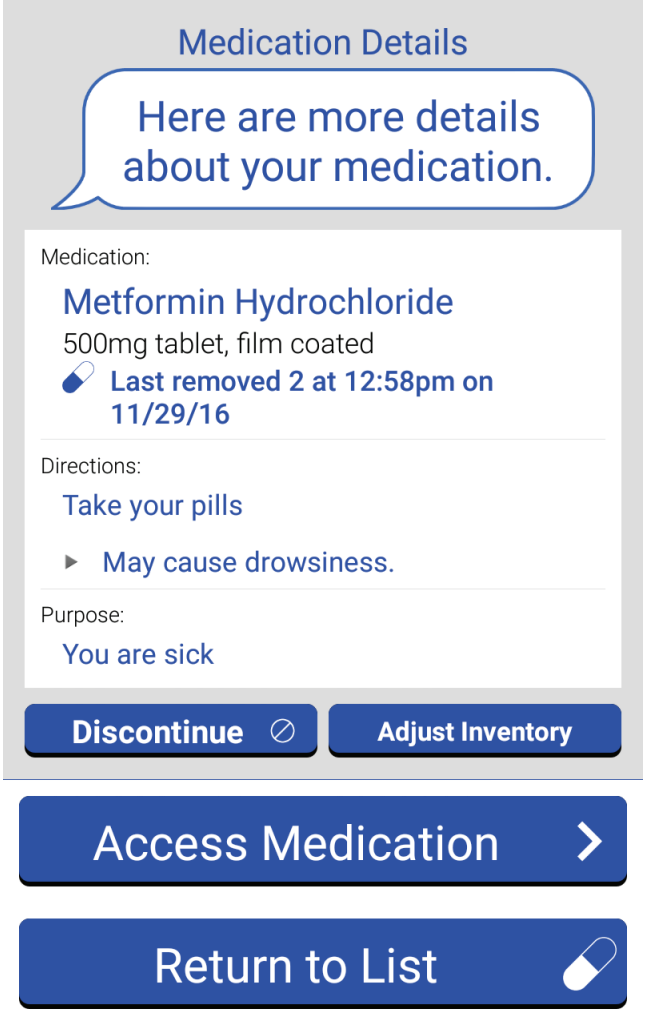
   The appropriate pod tray opens. The screen for the medication displays. It contains the dosage and name of the medication.

5. Tap the + and - icons to indicate the number of medications in the pod. Then, tap **Tap to Continue**.

   The pod tray closes. A confirmation screen displays.

6. Verify that the number of medications you removed matches the number on the confirmation screen, and then tap **Yes, confirm & finish**.

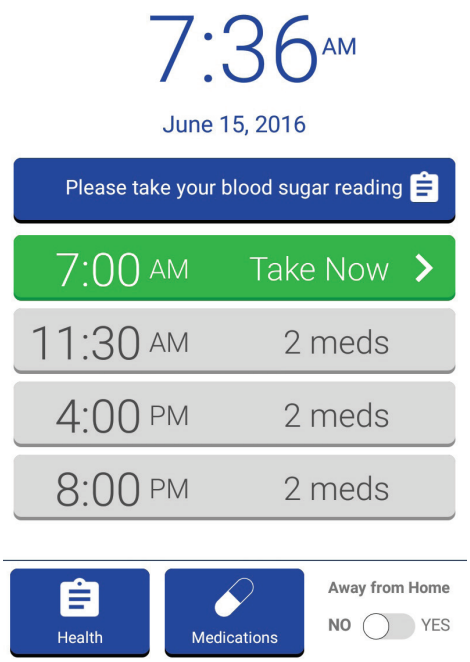
   The Medication List displays. If you wish to adjust additional medication amounts, repeat Steps 3 – 6 for each medication.



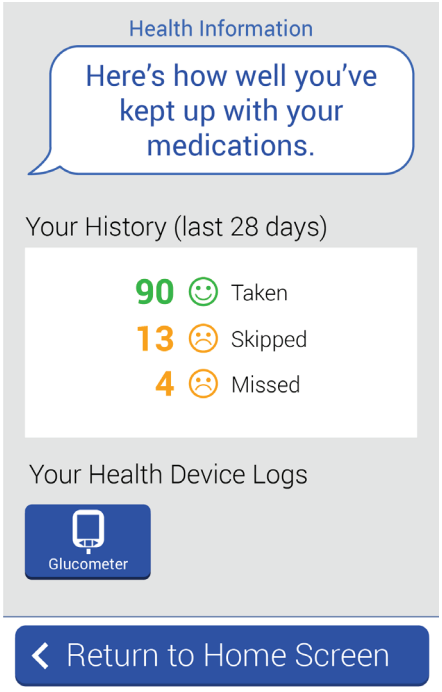
Medication Details Screen

View Health Information

Your health score and information received from connected devices are stored in various logs.



Home Screen



Health Information Screen

Your History icons:

- 1 Taken = you took all your medication
- 1 Skipped = you skipped all your medication
- 1 Missed = you missed taking medication during your scheduled time

If you took a partial dose, this is not reflected here.

1. From the front left of the device, open the door and input your PIN, if necessary.

   The Home Screen displays.

2. Tap **Health**.

   The Health Information screen displays, containing your health score. This is an indication of how well you are keeping up with your medications. This screen also displays Your Health Device Logs icons.

3. If you wish to view a device log, tap the appropriate health device log icon; for example, **Glucometer**.

   The selected device log displays.

4. Tap **Return to Home Screen**.

   The Home Screen displays.

5. Close the door.

** Health Information is provided for informational purposes only. A diagnosis should not be made using this data. Please use the original medical device for actual data prior to making a diagnosis.*

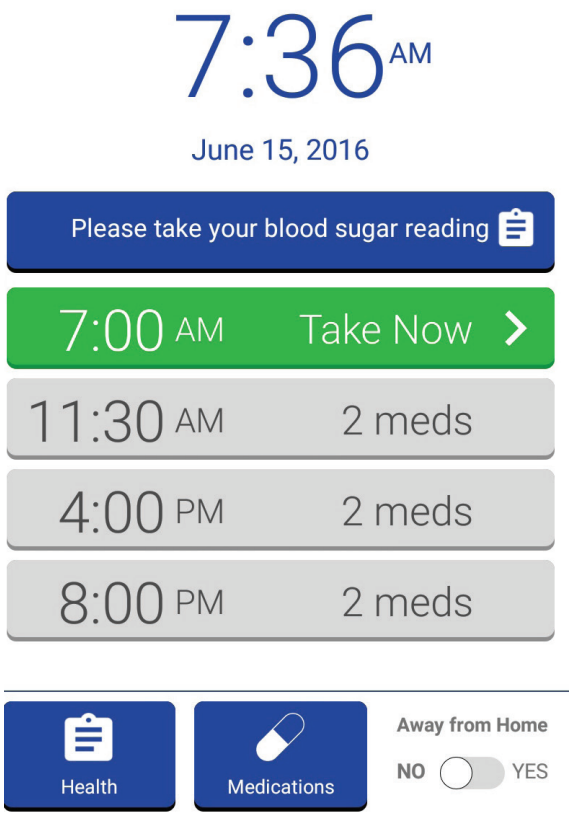
Manage the Glucometer Log

When you meet with your pharmacist to set up the times to take your medication, you also set up the number of times you should take your blood sugar reading.

When you pair a glucometer with the **InPower™** Personal Medication Assistant, you are prompted to take a blood sugar reading at the beginning of your first scheduled medication time.

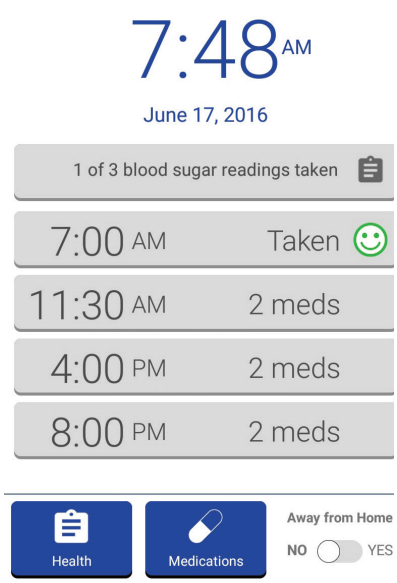
When you have a glucometer reading to review, the Health Information Notification icon displays on the Exterior Screen of the device.

Note: You can view your glucometer log from the Health tab on the Home Screen. If there are readings available to view, you can also view from the banner that displays directly under the date and time.

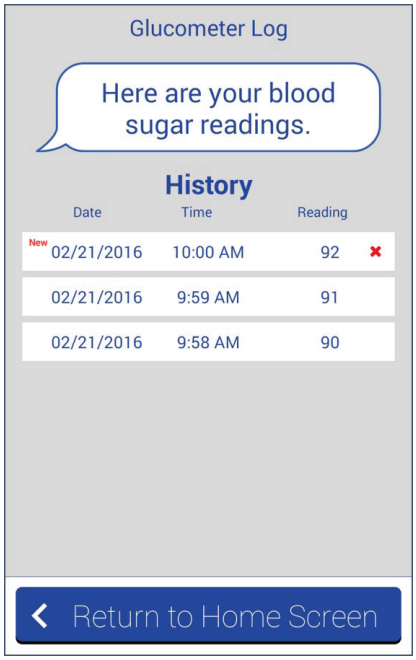


Home Screen

Your blood sugar readings are transmitted from the glucometer to the **InPower™** Personal Medication Assistant, and then stored in the glucometer log. On the day that you take the readings, you have the option to delete readings.



Home Screen



Glucometer Log

1. From the front left of the device, open the door and input your PIN, if necessary.

   The Home Screen displays.

2. From the Home Screen, tap the **# of # blood sugar readings** taken message, located directly below the time and date.

   The Glucometer Log displays. Blood sugar readings that you took on the current day or have not saved on the current day are labeled with the word "New." This displays in red text, to the left of the reading. These readings also contain a red x, to the right of the reading.

3. If you wish to delete any of the new blood sugar readings, tap the red x, to the right of the reading.

   The reading is deleted from the list.

4. Tap **Return to Home Screen**.

   A popup confirmation displays. It contains a list of the new readings to save.

5. Tap **Save Readings**.

   The new readings are saved to the glucometer log. The Home Screen displays.

6. Close the door.

Cleaning

*This section describes the **InPower™** Personal Medication Assistant cleaning requirements.*

Screen

- Clean the screen with a microfiber cloth.
- Dampen the cloth with water, if necessary.

CAUTION:
- Do not spray anything directly onto the screen.
- Limit force against the screen and support the door with your hand.

Plastic Parts

- Clean plastic with a dry cloth. This includes the outside of the device, front of the medication trays, and inside the door.
- Dampen the cloth with water, if necessary.
- If you need to remove grease from the device and water doesn't work, dampen the cloth with a mild detergent, such as dishwashing liquid. Or, use one of the following appropriate solutions: Pine Sol, Lysol, Formula 409, Simple Green All Purpose Cleaner, and Green Works All Purpose Cleaner.

CAUTION: Do not apply or spray anything directly onto the device because the mist can penetrate the device.

Pod Trays

It is not recommended to clean the internal components of the device. If you need to clean the inside of a pod tray, power off the device, and then gently clean the tray with a cotton cloth.

CAUTION:
- Do not use a paper cloth because it might leave residue behind. This can affect the sensitive scales contained in the pod trays.
- Be very gentle and do not apply force to the tray. By doing so, you might damage the sensitive scale located at the bottom of the tray.

Troubleshooting

This section describes general troubleshooting information, including solutions to common problems.

Powering the Device Off Then On

In some cases, cycling the power off and then back on might resolve the problem. contact Cardinal Health Technical Support at 1-855-946-7697 (1-855-9IN-POWR) for assistance on this process.

Manual Access to Medications

If you cannot power on the **InPower™** Personal Medication Assistant (for example, due to a power outage), you can manually open the pod trays to access your medications. Performing this procedure causes the device to restart; you must reset the device to its normal operating condition.

1. At the back of the device, press down on the grey release tab.
2. While holding down the release tab, turn the red release wheel towards the unlock icon.

   The release wheel is now white. The pod trays are released.

Release Tab and Wheel

3. Release the tab.
4. At the front of the device, open the door.

5. Push the appropriate pod tray open by pressing on the right or left side of the tray and allowing it to swing open.
6. Refer to the medication list at the back of the device and remove the appropriate number of medications from the pod tray.

   Note: Make a note of how many medications you remove from the tray. You will need this information when the device is returned to its normal operating condition.

7. Close the pod tray by pressing on the right or left side of the tray.
8. Repeat Steps 4 – 7 for each medication that you require now.

9. At the back of the device, turn the release wheel toward the lock icon to lock the pod trays.

   The release wheel is now red. The pod trays are locked.

10. Make sure that all pod trays are closed, locked, and no longer able to open.
11. Close the device door.

When the device is powered on, a message displays on the screen. This prompts you to restart the device and return it to a normal operating condition. See Reset Device After Manual Access section for instruction.

Reset Device After Manual Access

Once you manually access the **InPower™** Personal Medication Assistant, you are required to restart the device. When the device is powered on, complete the following steps to return it to normal operating condition.

1. Make sure that all pod trays are closed, locked and no longer able to open.
2. Close the device door.
3. From the back of the device, turn the white release wheel to the right, to return it to the locked position.

   The release wheel is now red. The pod trays are locked.

4. Open the device door, input PIN if necessary. From the Restart from Manual Access screen, tap **Restart device**.

   The device verifies active pods and the tray locations. You are prompted based on the results of the verification.

5. If prompted, remove pod from device. Tap **Ok, I'm ready**. Otherwise proceed to Step 8.

   A pod tray opens.

6. Remove the pod from the tray, and then tap **I've removed the pod**.

   The tray closes. The device verifies that the pod was removed. A message displays indicating that you re moved the pod from the tray and must now put the pod in to the device.

   Repeat steps 6 – 7 to remove all pods from the device.

7. Tap **Tap to Continue**.

8. If prompted, load pods back in to the device. Tap **Ok, I'm ready**. Otherwise proceed to Step 11.

   A pod tray opens.

9. Place correct pod in to the device. Tap **Lid is off, pod is loaded**.

   Pod tray closes.

   - If for some reason, you do not have the pod anymore, tap **I don't have this pod**. Tap either **I have this pod** or **I don't have this pod, Tap to Continue**.

10. Tap **Tap to Continue**.

    The tray closes. The device verifies that the pod was loaded. A message displays indicating that you loaded the pod into the device and must now update the amount.

    Repeat steps 9 – 10 to replace all pods in to the device.

11. Update the device with the correct medication amount. Tap **Ok, I'm ready**.

    The Medication Count Check screen displays.

12. Tap the + and - icons to indicate the number of medications remaining in the pod, and then tap **Confirm amount above**.

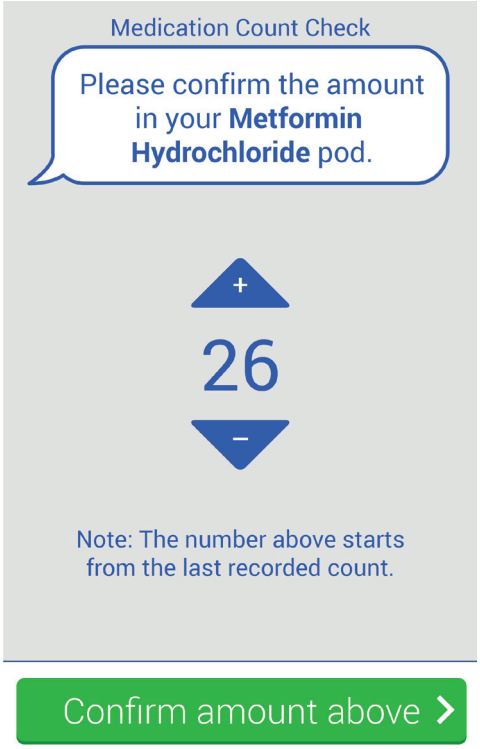
    The pod tray closes. A confirmation screen displays.

13. Verify that the number of medications in the pod, matches the number on the confirmation screen and then tap **Yes, confirm**.

    Repeat steps 12 – 13 to confirm amounts for all pods in the device.

    Note: If the numbers do not match, tap **No, take me back**. Then, reenter the correct number and/or place the appropriate number of medications back into the pod.

14. Tap **Tap to Finish**.



Medication Count Check Screen

A Pod Tray Does Not Open or Close Properly

If a pod tray does not fully open or close, or if the motor that controls the trays does not stop running, an error message displays. Remove anything that is blocking the door. If the issue persists, turn the device off, and then perform the Manual Access to Medications procedure, above. Performing the procedure causes the device to reset; you must contact Cardinal Health Technical Support at 1-855-946-7697 (1-855-9IN-POWR) to return the device to its normal operating condition.

Device Does Not Recognize a Blood Sugar Reading

If you have taken a blood sugar reading with a connected glucometer and the device does not display it, try to take the reading again. If the problem continues, contact Cardinal Health Technical Support at 1-855-946-7697 (1-855-9IN-POWR).

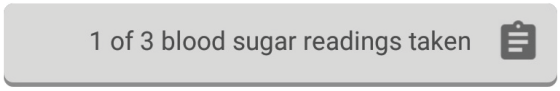
Device Has Fallen Over

If the device has fallen over, re-stand the device in the proper position. Your medications will remain secure. If there are issues with using the device once you have corrected its position, contact Cardinal Health Technical Support at 1-855-946-7697 (1-855-9IN-POWR).

Error Messages

Situation	Error Message	Corrective Action
While loading a new medication or a refill of a medication, you load the wrong pod into the pod tray.	**Oops. Please remove the pod from the tray.** **Sorry, the pod is invalid, could not be read, or has been discontinued.**	Remove the incorrect pod, tap I've removed the pod, and load the correct pod.
While taking a medication, you remove a pod when you were not prompted to do so.	**Oops. Something went wrong.** **Make sure the X is loaded.** (Where **X is** the medication name.)	Place the pod back into the pod tray, and then tap **I've put in the right pod**.
While taking a medication, you are prompted to take more medications.	**Please take X more tablets.** (Where **X is** the number of additional medications the device prompts you to take from the pod).	If you wish to purposely take less than the prescribed dosage, tap **Skip this Medication**. If you removed the correct number of medications from the pod, tap **I took the correct amount**, and then contact Cardinal Health Technical Support.
While taking a medication, you are prompted to place medications back into the pod.	**It seems too many pills have been removed. Please put X tablets back.** (Where X is the number of medications the device prompts you to return to the pod). This message is accompanied by an audible alarm.	If you lost a medication or if a medication is damaged, tap **A pill was lost/damaged**. If you removed the correct number of medications from the pod, tap **I took the correct amount**, and then contact Cardinal Health Technical Support.
While refilling or discontinuing a medication, you did not remove the pod when prompted but you did tap I've removed the pod.	**Please remove the pod from the tray.**	Remove the pod from the tray, and then tap **I've removed the pod.**

Appendix A: Status Indicators

Indicator	Meaning
Device	
Power Light	Indicates that the **InPower™** Personal Medication Assistant is powered on. • White: Powered by AC (wall socket). • Red: Powered by the internal battery. **NOTE:** If this light is blinking from red to white, please call Customer Support as there could be an issue with the device. • Off: Powered off.
Alarm Lights	Flash when it is time to take your medication. The alarm lights can be accompanied by an a audible alert.
Exterior Display	
	Displays when it is time to take your medication.
	Displays when the device loses cellular connectivity.
	Displays when health information is available to you; for example, a glucometer reading.
Home Screen	
	It is time to take a blood sugar reading.
	New blood sugar readings were transmitted from the glucometer to the device. Tap to view and manage the new readings.
	It is within one hour prior to the preferred scheduled time to take your medication. Tap to take your medications.

Indicator	Meaning
7:00 AM Take Now	It is time to take your medication. Tap to take your medications.
7:00 AM Missed	It is more than one hour past the scheduled time to take your medication and you did not take it.
7:00 AM Taken	You took all the scheduled medications during the preferred time.
7:00 AM Partial	You took some of the scheduled medications during the preferred time; however, you skipped and/or took a partial dose of one or more medications.
7:00 AM Skipped	You did not take any of the scheduled medications during the preferred time.

Appendix B: Technical Specifications

Specification	Range
General	
Protection class	IP 20
Enclosure material	Plastic
Dimensions	12”(L) X 9” (W) X 11” (H)
Weight (without medications)	15.2 lbs.
Power Supply	**North America/Australia and Europe**
Mains Connection	120 VAC/240 VAC
Nominal Frequency	50 Hz/60 Hz
Nominal Current (at 110 VAC)	1.6 A
Connected Load	60W (max)
Nominal Output Voltage	18 VDC
Protection Class	Class I
Safety	IEC 61010-1, Pollution Degree II
FCC IDD	2AKSZ-FUSE001
Transmitting Frequency	13.65MHz
Battery	
Nominal Voltage	10.8 VDC
Nominal Capacity	6500 mAh
Type	Li-ion
Ambient Conditions (Operation)	
Temperature	59 – 95° F (15 – 35° C)
Relative Humidity	25 – 85%
Atmospheric Pressure	70 – 106 kPa
Altitude	3000m
Environments with Potentially Explosive Atmospheres	No
Ambient Conditions (Transportation and Storage)	
Temperature	-9.5C – 45C
Relative Humidity	Uncontrolled to 85% RH

Appendix C: Electromagnetic Compatibility (EMC)

This **InPower™** device has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna
- Increase the separation between the equipment and receiver
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications made to this equipment not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Electrical safety classification: The equipment complies with the requirements according to IEC 61010-1.

Appendix D: Symbols

Symbol	Description
Intertek 5007480	ETL Certification
	Direct Current
	Double insulated power supply
	Caution, possibility of electric shock
	Caution
	Manufacturer
NON STERILE	Non-sterile
	Keep out of rain and damp conditions
	Electrical or electronic equipment not to dispose in general waste
	Consult Instructions for Use

Intertek 5007480 Conforms to UL STD IEC61010-1

Distributed by:
Cardinal Health
1500 Waukegan Road
Waukegan, IL 60085 Rev. 0 2017-04
Phone: 1-855-946-7697 (1-855-9IN-POWR)

Document #: 36-6508
Version #: 1

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