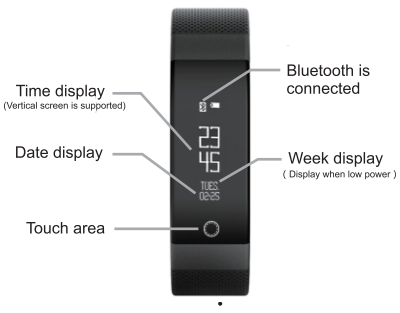
SMA BAND



DYNAMIC HEART RATE SMART BAND

INSTRUCTIONS

·SMA BAND Diagrams·



- SMA BAND bracelet is touch screen operation,touch area like shown as picture, light touch switch function interface
- SMA BAND bracelet have wake up function,Shake hand to check freely

* When you received the bracelet, please charge it,Then the bracelet will power on

·Download/Install APP·

Download on the App Store

APP STORE: SMA

ANDROID APP ON Google play

GOOGLE PLAY:SMA HEALTH TRACKER

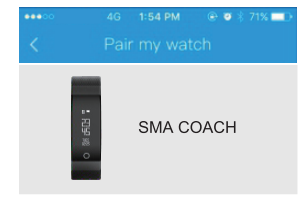
- Use your phone to scan QR code, download and install the SMA APP
  Support :
  Android 4.3 or above, Bluetooth 4.0
  IOS 8.0 or above

·Bluetooth paring·

1.Register and log in account according to the App instructions

(※Open the phone Bluetooth, and keep watch with power and close to the phone)

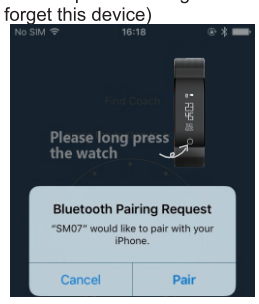
2.Click APP-Setting-Connect watch and choose SMA BAND bracelet



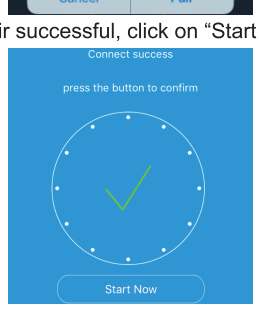
After the band show  , long press the touch area to confirm.

3.Press the “Pair” on the APP

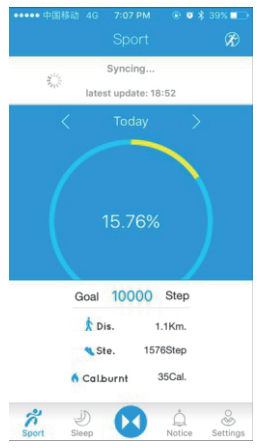
(Note: When IOS users unable to pair smart band, please check the phone Settings - Bluetooth - Sma07– forget this device)



4.Pair successful, click on “Start Now”



·Data Synchronization ·



Pull down on APP sport page, sync smart band data to app

·Function·

1.Manual monitor:

Long press to test the heart rate, sport state will be shown when you testing your heart rate continuous,Long press to exit heart rate mode

Signal Level
:Strong, very strong
:General
:Poor

* The heart rate is more accurate when the signal is stronger



* When you start to monitor the heart rate, please make sure the strap fasten and no light-leaking.
  The right way to wear watch can obtain the most accurate heart rate monitor data.

Target Heart Rate=(220-age)x(40%-100%)

H.R. Range	Status	Icon
50%-60%	Warm-up state	97 BPM
60%-70%	Fat Burning	117 BPM
70%-80%	Aerobic exercise	137 BPM
80%-90%	Anaerobic exercise	156 BPM
90%-100%	Strenuous exercise	176 BPM

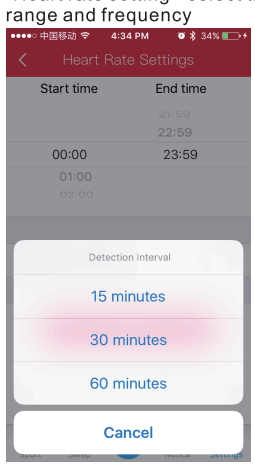
The best heart rate range for exercise is 60%-80%

* SMA-BAND heart rate and sport state is relative personal profile, only for reference

·Function·

2.Automatic monitoring :

Set in the APP “Coach setting “ “Heart rate setting” select time range and frequency



·Function·

Activity tracking
Record the whole day steps of the SMA-BAND bracelet you wear.

Distance
Record the whole day distance of the SMA-BAND bracelet you wear.

Calories
Record the whole day calories burned

Message
Can read all of message push (include facebook,what's pp,twitter, email and so on)Support more than 40 different languages

·Function·

Call remind
Vibrate and display the caller ID.

Alarm
Set alarm and remark on app, vibrate to remind and show on band, long press to exit

Sleep monitor
Calculate the sleeping duration, deep sleep, light sleep per night when you wear SMA-Band to sleep

Selfie control
Open the selfie control on Phone APP, SMA-Band remote control phone’s camera

·Function·

Anti-lost
The phone is separated from SMA-Band in excess of 30 feet, the band will vibrate

Sedentary
Smart band will alert you when you are inactive and needs physical activity thus allowing you to live a healthier life

* Press the touch button more than 5s to return main page when there is alarm, sedentary, anti-lost functions appear in the screen.

·The Specification·

Weight	20g
Battery	Poly-Li
Call function	Bluetooth 4.0
Display	OLED
Operating	Touch screen
Bluetooth Signal	8-10m
Waterproof	Ip65
Case thickness	10.8mm
Strap length	14.5-21cm

· F.A.Q ·

If the phone can not pair with the band, Please check your phone:setting-bluetooth ,if you can see Sm07 signal on phone, it means fitness tracker Bluetooth no problem.Please check if the band was paired with other phone, if paired, please unpair it on app, Beside this, IOS need go setting-Bluetooth to forget the device for Sm07,Then pair with band on APP again.
If Above method can’t solve the problem of SMA-BAND Bluetooth signal , ① please go to “Pedometer” page and long press the touch button twice, appear ②Go to “Distance” page long press touch button twice, appear ③Go to “Calories” page long press touch button once, appear SMA-BAND will be Reset successfully

Recharge Attention:

SMA-BAND use magnetic pogo pin recharge cable, as the magnet with anode and cathode, please recharge according to the magnetic right way. (The right recharge way is when you put the cable close to the band, the band will suck the cable automatically. Otherwise, you will feel that the band reject the cable.)
The nominal voltage of the charger should be ≤5V.
If the magnetic on the band and the cable rejects each other, you still charge the band, or nominal voltage of the charge >5V, it will cause a short circuit board. Such damage will not under the warranty.

·The Guarantee Terms·

The company follow the principle of “creating value for customers”

Smawatch enjoy 1 year warranty since the acquisition date. If products are damage or malfunction, confirmed by accredited technical personnel of the company as in normal use circumstances, the company will provide free maintenance.

The following cases does not belong to the warranty scope:

A.Accidental or artificial damage
B.Life waterproof, can't swim or covered in water
C.Test, repair, or disassemble Smawatch by technologists which are not authorized and confirmed by manufacturer
D.Smudginess caused by artificial conditions
E.Products damage due to using or connecting to equipment which is not the complete set of our product
F.Normal aging during product’s lift span
G.other damage caused by force majeure

Facebook
SMAWATCH520
Twitter
SMA_WATCH
Google +
SMAwatch_SmartCare
LinkedIn

Shenzhen Smart Care Technology Limited (smart watch)

Shenzhen smart care technology limited
www.smawatch.com
TEL: +86-755-27915058-808
FAX: +86-755-25737350
ADD: 9A, Block A, Central Building, Baoyuan Road, Xixiang Town, Bao’an District, Shenzhen China
Email:sales@smawatch.com

FCC Compliance

This device complies with Part 15 of the FCC Rules.
Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) This device must accept any interference received,
including interference that may cause undesired operation.

Warning: Changes or modifications to this unit not expressly approved by the party responsible for compliance
could void the user’s authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device,
pursuant to Part 15 of the FCC Rules.These limits are designed to provide reasonable protection against
harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful
interference to radio communications. However, there is no guarantee that interference will not occur in
a particular installation. If this equipment does cause harmful interference to radio or television reception,
which can be determined by turning the equipment off and on, the user is encouraged to try to correct the
interference by one or more of the following measures:

Reorient or relocate the receiving antenna.
Increase the separation between the equipment and receiver.
Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement.
The device can be used in portable exposure condition without restriction.