Thank you for choosing the iTouch Pulse. This manual will help you understand the full functionality of your iTouch Pulse SmartWatch. Please read the manual before you begin using your iTouch Pulse. This will help you to understand the full functionality and simple operation of your device.

Main function of this SmartWatch is to monitor your physical activity and various health parameters, and to serve as a communication device. It can also be used to check your messages and social media apps. It can also allow you to turn your phone off and on, control music playback, answer phone calls, and send text messages. It can also serve as a camera remote, music remote, find phone, sms, mail, and other functions.

### Pairing Instructions

1. On your phone, open the iTOUCH SmartWatch app.
2. In your phone settings, activate Bluetooth and check the box to enable devices.
3. Go to the main menu on your iTOUCH and navigate to the device pairing function. This menu will not be active for iOS, as all messages application installed and be fully connected to use this function.
4. Pair the iTOUCH via Bluetooth (half-blue, half-green Bluetooth icon) and select iTOUCH SmartWatch app to activate watch alarm.
5. The device search screen will open. Press start to begin searching for devices.
6. The iTOUCH Pulse will then automatically open the Notifier screen.
7. Select the pair function and press OK to begin pairing. The iTOUCH Pulse will appear in the device list. Press on iTOUCH Pulse and select Device Pair/Sync.
8. Once the pairing is complete, the iTOUCH Pulse should appear in your phone's Bluetooth Devices list as iTOUCH Pulse.
9. Press the "Back" button on the bottom right of your watch face to return to the home interface and to activate LCD backlight.
10. Once the LCD backlight is activated, you can press the "Back" button to return to the home interface.

### Important Information

- Connect the equipment into an outlet on a circuit different from that on which the iTOUCH Pulse is connected.
- The iTOUCH Pulse’s battery is not removable. If the watch is idle for more than 30 days, it will shut off automatically.
- Use the Charging Port to charge your iTOUCH Pulse. The iTOUCH Pulse will automatically power up after a few seconds of charging.
- Note: If you lose your iTOUCH Pulse, you can use iTOUCH Pulse to activate phone alarm or use other features. You can erase all the data from your iTOUCH Pulse and return to the default settings.
- The iTOUCH Pulse is compatible with the iTOUCH SmartWatch app on iOS and Android devices.

### Manual for the iTouch Pulse

#### LCD: Bright LCD backlit screen

- Brightness: To adjust the brightness level of the LCD, press the "Up" or "Down" button on the left side of the watch.
- Contrast: To adjust the contrast level of the LCD, press the "Left" or "Right" button on the bottom right of the watch.

#### Magnetic USB cable.

- To charge your iTOUCH Pulse, connect the magnetic USB cable to the Charging Port on the back of the watch.
- To connect your iTOUCH Pulse to your computer, use the magnetic USB cable to connect the Charging Port to your computer.

#### TV Interface

- To change the TV interface, press the "Menu" button on the bottom right of the watch.
- To change the TV interface, press the "Menu" button on the bottom right of the watch.

#### Charging Information

- To charge your iTOUCH Pulse, connect the magnetic USB cable to the Charging Port on the back of the watch.
- To connect your iTOUCH Pulse to your computer, use the magnetic USB cable to connect the Charging Port to your computer.

#### Camera Remote

- To use your iTOUCH as a camera remote with your phone (for iOS or Android), open the iTOUCH SmartWatch app and follow the on-screen instructions.
- To use your iTOUCH as a camera remote with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Motion

- To use your iTOUCH as a motion sensor, open the iTOUCH SmartWatch app and follow the on-screen instructions.
- To use your iTOUCH as a motion sensor with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Units

- To change the units of measurement, open the iTOUCH SmartWatch app and follow the on-screen instructions.
- To change the units of measurement with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Apps

- To download and install apps, open the iTOUCH SmartWatch app and follow the on-screen instructions.
- To download and install apps with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Contacts

- To open contacts, press the "Contacts" button on the back of the watch.
- To open contacts with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Call Logs

- To view call logs, press the "Call Logs" button on the back of the watch.
- To view call logs with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Voice Assist

- To use voice assist, open the iTOUCH SmartWatch app and follow the on-screen instructions.
- To use voice assist with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Bluetooth

- To turn on or off Bluetooth, press the "Bluetooth" button on the back of the watch.
- To turn on or off Bluetooth with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Camera

- To use your iTOUCH as a camera, press the "Camera" button on the back of the watch.
- To use your iTOUCH as a camera with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Calculator

- To use the calculator, press the "Calculator" button on the back of the watch.
- To use the calculator with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Weather

- To view weather information, press the "Weather" button on the back of the watch.
- To view weather information with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Alarm

- To set an alarm, press the "Alarm" button on the back of the watch.
- To set an alarm with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### SMS

- To view SMS messages, press the "SMS" button on the back of the watch.
- To view SMS messages with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Mail

- To view email messages, press the "Mail" button on the back of the watch.
- To view email messages with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Find Phone

- To use Find Phone, press the "Find Phone" button on the back of the watch.
- To use Find Phone with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Bluetooth

- To turn on or off Bluetooth, press the "Bluetooth" button on the back of the watch.
- To turn on or off Bluetooth with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Google Search

- To use Google Search, press the "Google Search" button on the back of the watch.
- To use Google Search with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Music

- To use your iTOUCH as a music player, press the "Music" button on the back of the watch.
- To use your iTOUCH as a music player with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Touchscreen

- To use the touchscreen, press the "Touchscreen" button on the back of the watch.
- To use the touchscreen with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Manual for the iTouch Pulse

#### Accessories

- To install accessories, press the "Accessories" button on the back of the watch.
- To install accessories with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Help

- To get help, press the "Help" button on the back of the watch.
- To get help with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### Reset

- To reset your iTOUCH Pulse, press the "Reset" button on the back of the watch.
- To reset your iTOUCH Pulse with your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.

#### About

- To view information about your iTOUCH Pulse, press the "About" button on the back of the watch.
- To view information about your computer, use the iTOUCH SmartWatch app and follow the on-screen instructions.