

MS3 product specification

Thank you for using the MS 3 smart watch

The product manual contains product features, usage and operating procedures, please read carefully

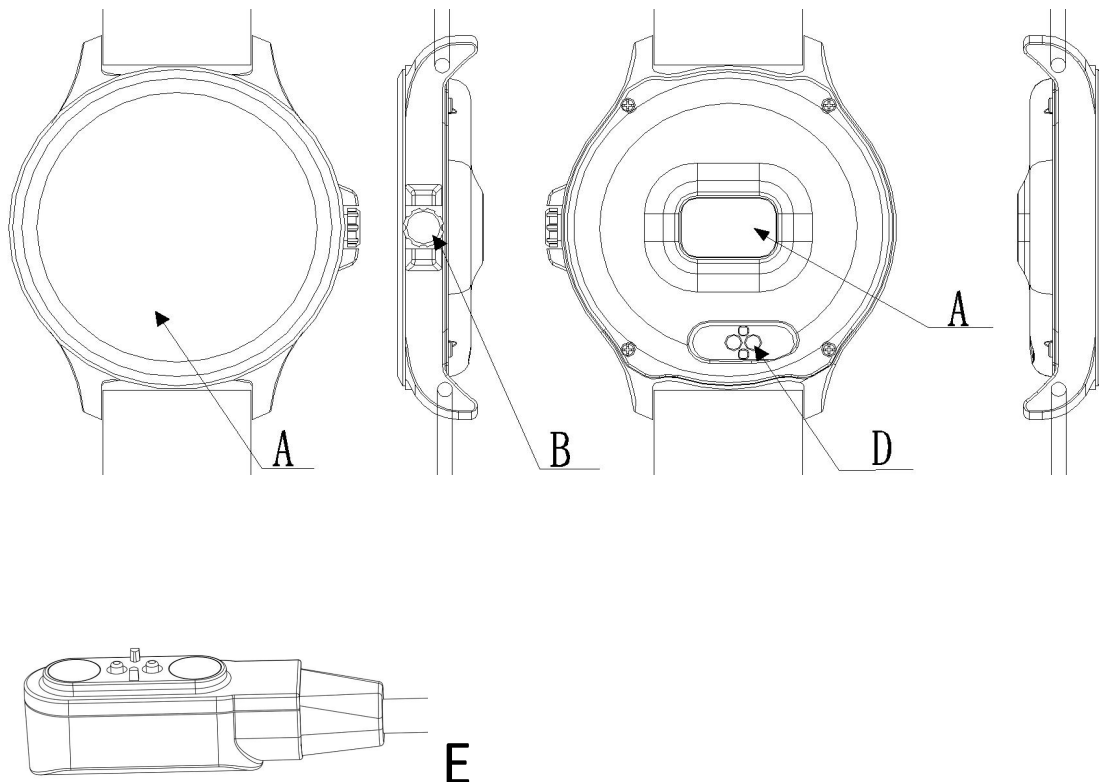
For best results and to prevent unnecessary damage, please do not arbitrarily change the accessories and parts of the product.

Disassembly and assembly result in a warranty period, the box contains a smart watch, USB magnetic connection

1 wiring, 1 product manual.

Note: After entering the sport mode lock, you need to press and hold the power button for 5 seconds to unlock.

Smart watch composition introduction



A: LCD

B: Power button

C: Heart rate

D: Magnetic charging

E: Charging Cable

Remarks:

When charging, the charging magnetic head must be aligned with the watch to maintain the fit.

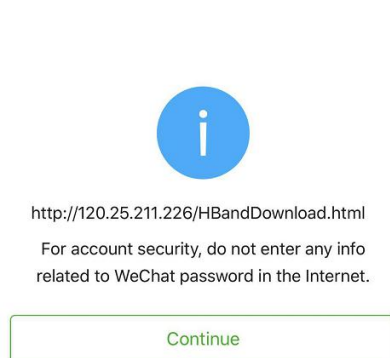
Under normal circumstances, the magnetic head can't be sucked up. Please note that the magnetic wire should be sucked first.

The watch is aligned, and the USB end is inserted into the charger or computer device to prevent short circuit.

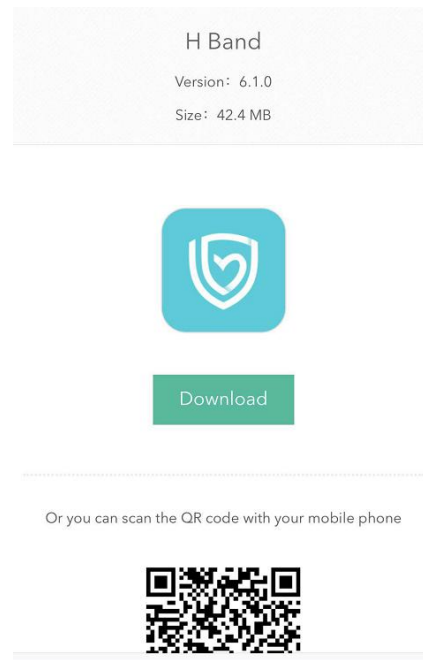
1-1, install the mobile phone APP, display as shown



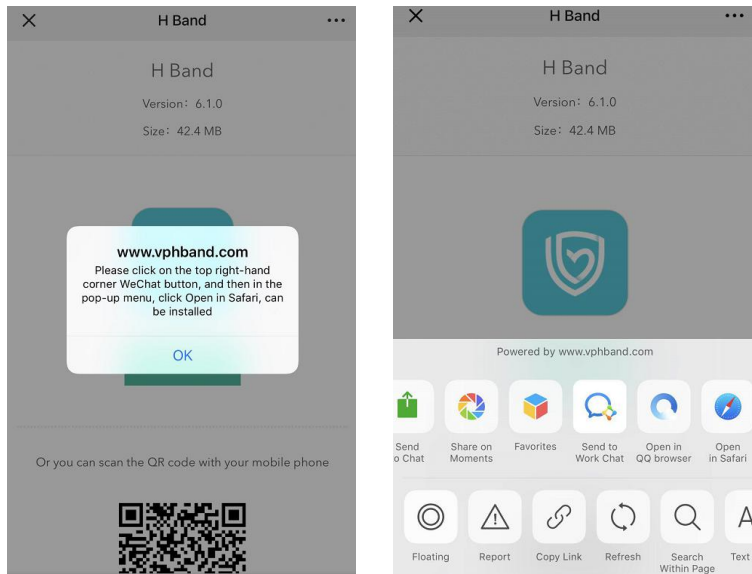
【H Band】 APP



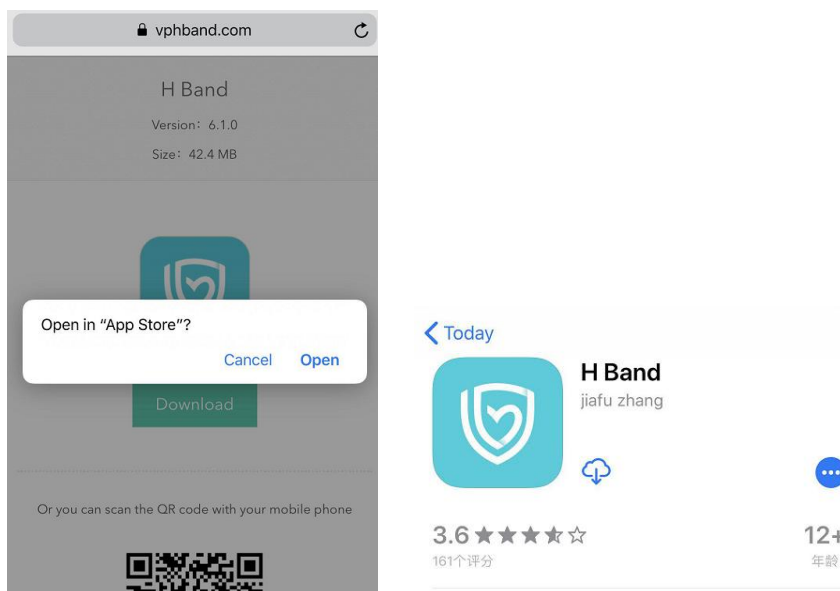
Click to continue



click to download



Click the button in the upper right corner and the menu pops up. Click Safari to open the installation.



Click to open

download (H Band)



Email

Password

[Privacy Policy](#)

Log in

[Forget password?](#)

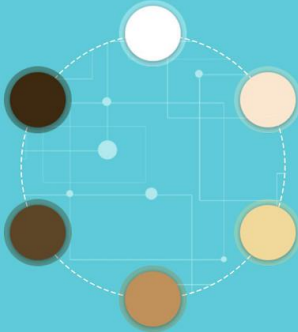
[Or Sign up](#)

[No account login>](#)

Installation OK

< Skin color settings

In order for the bracelet to better monitor your health, choose a color that is close to your skin



→

Choose skin tone

< Personal information



1989 09 09

1990 10 10

1991 11 11

→

Personal information

< Personal data

59.5

Weight 60.0 Kg

60.5

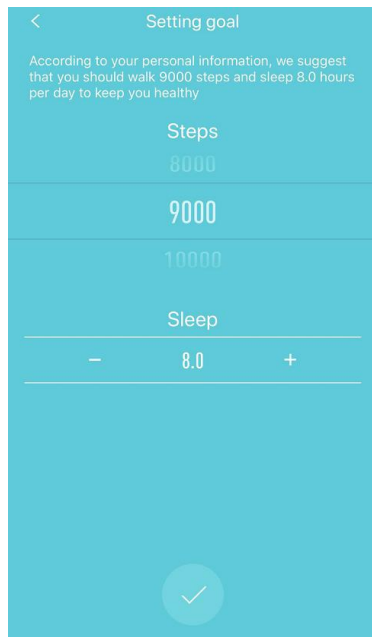
174

Height 175 cm

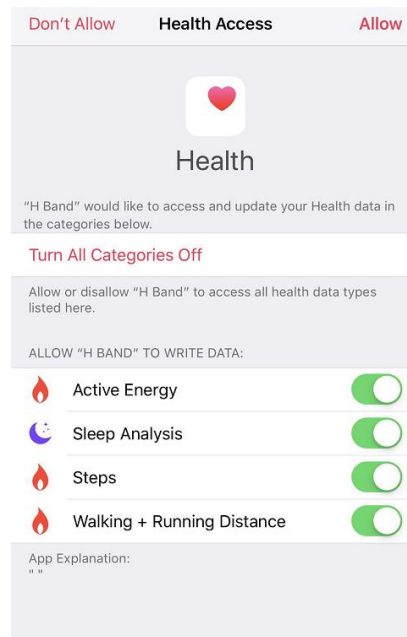
176

→

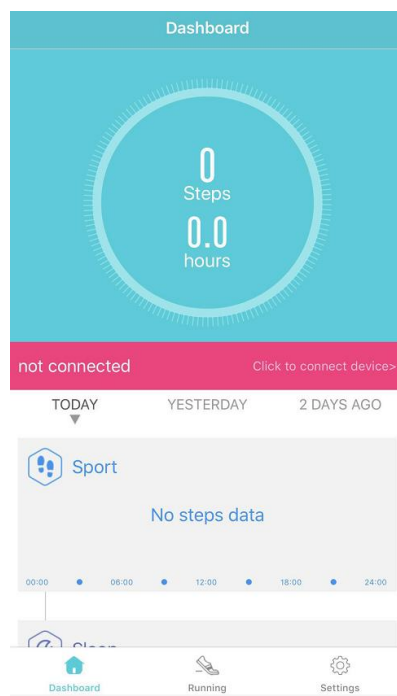
personal information



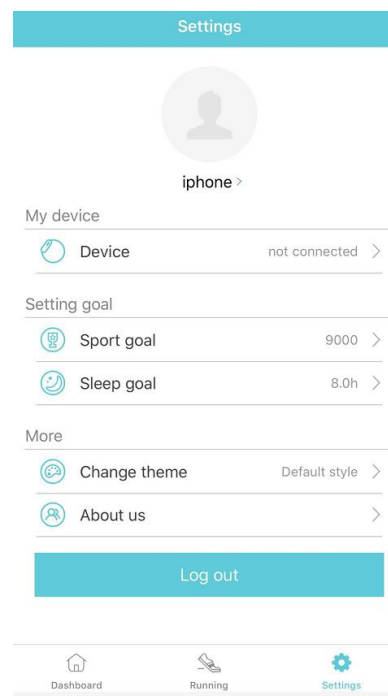
set a goal



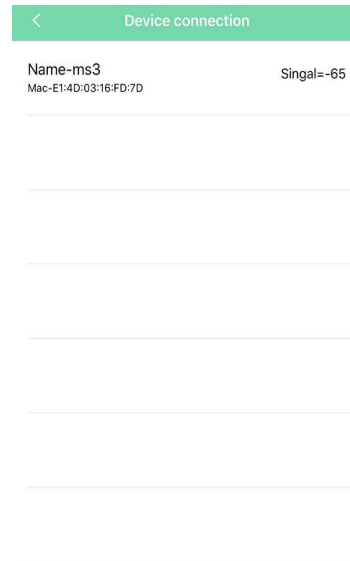
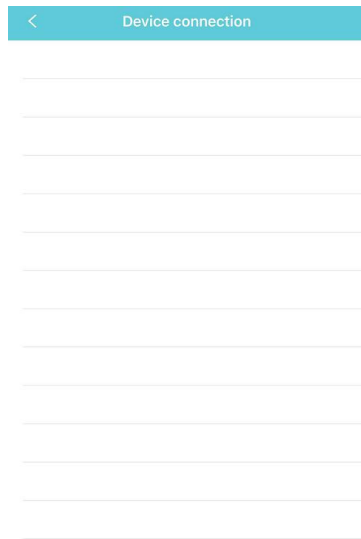
Open all categories click to allow



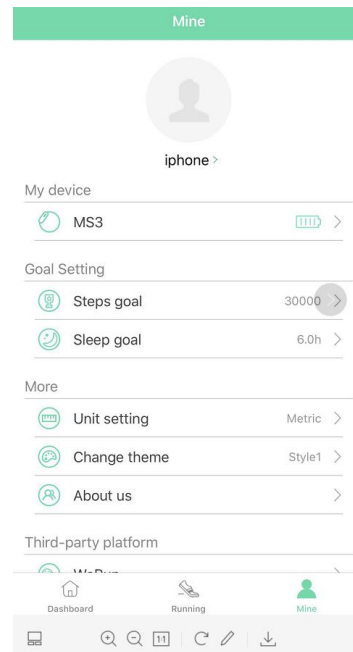
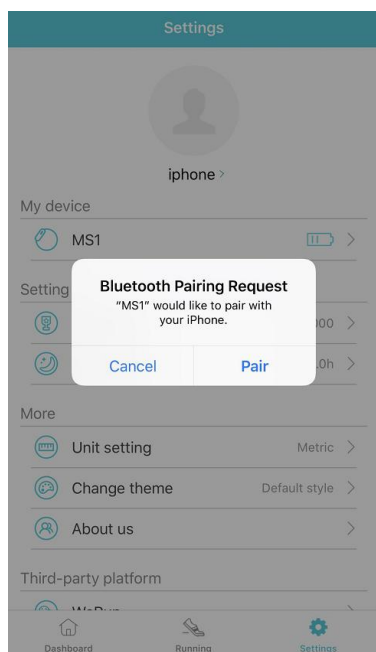
Click to set



Click device

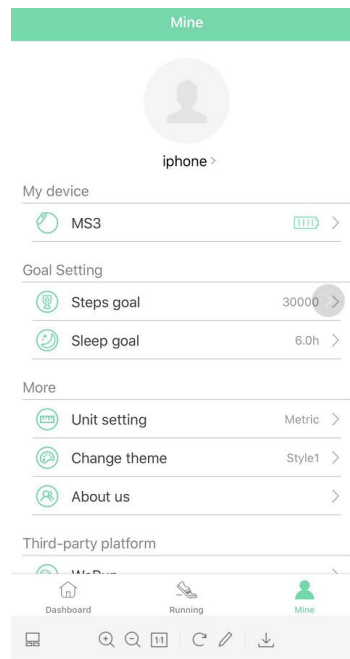


Swipe down to search for MS3 as shown above

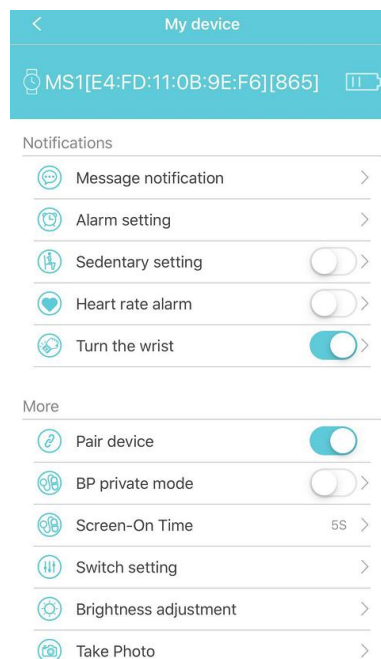


Click Bluetooth Pairing

Click MS3 to enter the settings interface.



Move target, sleep target, unit settings, change theme, as shown above

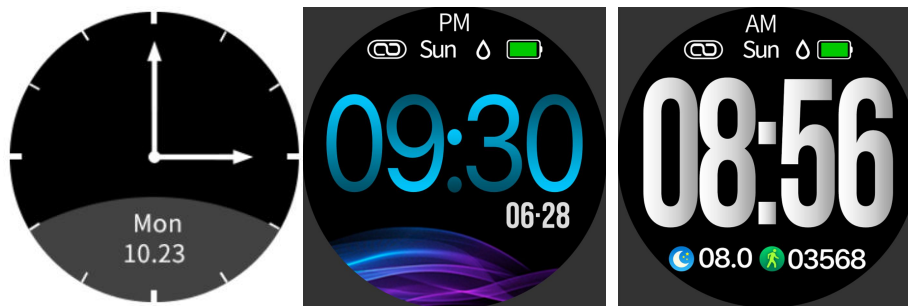


Information reminder, alarm setting, sedentary reminder, heart rate alarm, turn wrist bright screen, device binding, blood pressure private mode, bright screen duration,

switch setting, brightness adjustment, photo taking, countdown, reset password, firmware update, clear data

Remarks: The above functions should be displayed on the watch after the mobile app is opened.

The dial is available in 3 styles with a choice of dial style.



Slide to the left to enter step, heart rate, blood pressure, sleep monitoring, and exercise mode.

Note: After entering the sport mode lock, you need to press and hold the power button for five seconds to unlock.

FCC Requirement

changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.