



Radio Frequency Exposure

Limit

Table 1 to [§ 1.1310\(e\)\(1\)](#) sets forth limits for Maximum Permissible Exposure (MPE) to radiofrequency electromagnetic fields.

Table 1 to § 1.1310(e)(1) —Limits for Maximum Permissible Exposure (MPE)				
Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm ²)	Averaging time (minutes)
(i) Limits for Occupational/Controlled Exposure				
0.3-3.0	614	1.63	*(100)	≤6
3.0-30	1842/f	4.89/f	*(900/f ²)	<6
30-300	61.4	0.163	1.0	<6
300-1,500			f/300	<6
1,500-100,000			5	<6
(ii) Limits for General Population/Uncontrolled Exposure				
0.3-1.34	614	1.63	*(100)	<30
1.34-30	824/f	2.19/f	*(180/f ²)	<30
30-300	27.5	0.073	0.2	<30
300-1,500			f/1500	<30
1,500-100,000			1.0	<30
f = frequency in MHz. * = Plane-wave equivalent power density.				

(2) Occupational/controlled exposure limits apply in situations in which persons are exposed as a consequence of their employment provided those persons are fully aware of the potential for exposure and can exercise control over their exposure. The phrase *fully aware* in the context of applying these exposure limits means that an exposed person has received written and/or verbal information fully explaining the potential for RF exposure resulting from his or her employment. With the exception of *transient* persons, this phrase also means that an exposed person has received appropriate training regarding work practices relating to controlling or mitigating his or her exposure. In situations when an untrained person is transient through a location where occupational/controlled limits apply, he or she must be made aware of the potential for exposure and be supervised by trained personnel pursuant to [§ 1.1307\(b\)\(2\) of this part](#) where use of time averaging is required to ensure compliance with the general population exposure limit. The phrase *exercise control* means that an exposed person is allowed and also knows how to reduce or avoid exposure by administrative or engineering work practices, such as use of personal protective equipment or time averaging of exposure.

(3) General population/uncontrolled exposure limits apply in situations in which the general public may be exposed, or in which persons who are exposed as a consequence of their employment may not be fully aware of the potential for exposure or cannot exercise control over their exposure. For example, RF sources intended for consumer use shall be subject to the limits for general population/uncontrolled exposure in this section.





Results

Test Mode	Power Level	Test Frequency [MHz]	Max Conducted Power [dBm]	MPE evaluate distance (m)	MPE (mW/cm ²)	MPE Limit (mW/cm ²)
GMRS	15W	462.65	42.297	0.7	0.276	0.308
GMRS	15W	467.65	42.244	0.7	0.272	0.312

Remark:

1. GMRS Output power including tune-up tolerance;
41.5dBm $\pm$ 1dB for 15W, 37dBm $\pm$ 1dB for 5W;
2. The max antenna gain is 0 dBi for GMRS provided by manufacture;
3. MPE evaluate distance is at least 0.7m from user manual provide by manufacturer;

.....**End of Report**.....

