正面

Quick Guide

EN

User manual

1. Main features
2. Basic functions
3. Waterproof
4. Cautions

❶ Main features

The device supports multiple sports modes,sleep monitoring,heart rate /body temperature/blood pressure detection,Message push,music control etc,apply to some life scenes.

1.1 Charge battery

Please make sure the metal pole on charge docking could touch well the metal pole of device's backside.After power on,charge icon is showed on display.

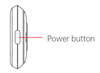
Charging diagram

⚠ Notes:

- Please use the attached customized charging cable to charge,and keep charge pole is clean and dry before charging.
- While not charging,please take out the charging cable and power off, avoid metal part contact conductor by mistake to cause fire.

1.2 Power on/off

Power on: long press power button or charge to turn on automatically.
Power off: long press the power button or switch to "power off"image to click.



Power button

1.3 Download and install APP

Scan QR code to download directly,or search "WoFit " to download and install on platform: APP store,Google play etc.

WoFit

1.4 Connect device with cell phone

Start WoFit APP(hereafter named APP),do setting account,profile etc, operate following the guide on APP.

1.5 Basic operate

1) Operate conveniently with the touch button or mechanic button.
2) Power button:
- Power on/off;
- Short press on main page,to access function page;
- Short press on other pages,back to main page.

3) Touch button:
- On home image,tap left/right/upward/downward,to switch to different function pages.
- On home page,long press the screen to select different watch face.

❷ Basic functions

A. **Function on/off setting**

Some function with the device need setting first on APP,"Setting >Device>Switch settings",turn on your requested function.(such as body temperature automatically, detect blood pressure automatically etc)

B. **Body temperature detection**

Body temperature detection is off by default.Once turn on this function,the device do 24/7 body temperature detection automatically,and could test manually to get the data.Manual detection takes 5 to 10 minutes around.

C. **Heart rate detection**

The heart rate data by detecting manually on device end,is not saved.
The heart rate data by detecting manually on APP,is not saved.
On APP,turn on the function of detecting heart rate automatically, device will implement 24/7 heart rate detecting automatically,the data in details is to be showed on APP.

D. **Message push**

If message shows on your cellphone,device will inform you with vibration.
1、Notification reminder is workable in the condition that the device and cellphone keep efficient connection.
2、Please make sure the function of notification reminder on your cellphone setting is on.
3、Please turn on the notification reminder function on APP, "Setting">"Device">"Notification".

反面

E. **Sleep monitoring**

Sleep monitoring is set on by default. The user could switch to sleep monitoring page on device,to check the total sleeping duration there or come to APP for checking sleeping data in details, it doesn't support noon nap detection and abnormal sleeping time (such as night work shift,or sleep in the daylight).

F. **Multiple sports modes**

You could tap the screen,come to sports page,and sellect your preferred sports modes to start your exercise.

G. **Music control**

Device supports music control function,you could switch to last/next song,play/pause,and adjust the volume.

H. **Time setting**

Device time sync to cellphone's time.On your cellphone setting,find time setting,you could set time and select 24/12 time format, reconnect APP,and refresh APP and sync.

I. **Unit setting**

If you want to modify height and weight unit,please start APP, find"Setting">"Unit ",to select the format.

J. **Lock screen**

Once device turn on the lock screen function,please long press to power button to unlock.

K. **Self-define watch face**

Device support self-define watch face,besides some scheme on watch,you could select your image saved in your phone to set as your own watch face.

❸ Waterproof

3.1 The device support waterproof IP67,factory has tested and show the waterproof feature under the special situation.

3.2 The waterproof level is lower along with time.

3.3 Could use in occasions: Wash hand, rainy day,play water in the shallow water area,stop using it while taking hot shower,diving, surfing etc.

⚠ Notes: Below occasions might affect device's waterproof,please be ware.

- Device fall down,get hit,knock other things.
- Device has soap water,shower gel,detergent,perfume,lotion,oil etc.
- Taking hot shower,spa,this kind of high temperature/moisture occasion.

3.4 It is beyond warranty scope if damage causes by liquid inside.

❹ Cautions

4.1 For android 6.0.1 or above,need turning on GPS location permission, then could show the bluetooth device name on bluetooth list. Do setting by accessing phone's setting> location (Different phones possibly is with different path to find)

4.2 For iOS13 or above,if you have turned on notification reminder but still could not receive notification,it's suggested to do setting via iphone settings>bluetooth>device name,click the 【i】 icon,to turn on "share system notifications".

4.3 When monitoring heart rate,you need to attach the photoelectric sensor on the back of the device to your wrist to keep it comfortable and fit.If you wear too loose or too tight,it will affect the test data.

4.4 It shows the skin temperature on the wearing position,the showed skin temperature data is related to the environment and clothing,could not indicate deep skin temperature,the data is not used for diagnosis or medical use.Valid detecting temperature scope: 0℃~50℃,that is,32℉ ~122℉.

4.5 The device is not medical device,the data is just for reference.

4.6 On the device screen,you could find the basic data on different function pages,sync to APP for showing more details.(Device keeps the data of 7 days for limited memory,to avoid losing data,it's suggested to connect to APP every day.)

FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- - Reorient or relocate the receiving antenna.
- - Increase the separation between the equipment and receiver.
- - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- - Consult the dealer or an experienced radio/TV technician for help.

入门手册(中英)尺寸：80x70mm　80g书纸　黑白印刷　折页方式