



1. Do not connect improperly.
2. Do not dispose of in fire or expose to excessive heat.
3. Do not crush, puncture, incinerate, or short-circuit your **7ODS**.
4. Do not wash or soak your **7ODS**. Risk of short circuit. Always dry completely before switching on.
5. Use **only** the included charging cable. A 5V/2A charger is recommended for optimal performance.
6. Do not disassemble or modify the product.
7. If not in use, charge and discharge your **7ODS** every 2–3 months to maintain battery performance.
8. Disposal: The built-in battery and circuit board must be disposed of in accordance with local laws and regulations.
9. For optimal benefits, use the **7ODS** vibration modes while not walking or running.
10. The light located on the ON/OFF button of your **7ODS** can be turned on or off via the MYKOOD app.
11. The charging port is magnetic. Some beach sand is magnetic. After beach use, check and gently clean the port with a soft brush before charging.

Questions or support?

We're here to help — contact us anytime at contact@mykood.com

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction