

LET YOUR

LIFE MORE

COLORFUL

Thank you for purchasing our brand of smart bracelet. We use the highest quality materials and the state of the art process to refine . This is a health and fashion smart bracelet with 24 hours continuous heart rate, plug-in USB charging, 3D shine color UI, colorful IPS display. Please download our APP to register & log in to use.

Packing List

Bracelet, strap, certificate, manual

Product name	B30
Display screen	Type:IPS
Product Size	42*17.8*11.4mm
Product material	PC Brushed metal texture
Acceleration sensor	Support 3 axes
Battery capacity	80mAh
Standby time	≤480 Hour
Bluetooth	4.0 BLE
Waterproof	IP67



Search the "H Band" on Google Play and App Store or scan the below QR code to download the App;

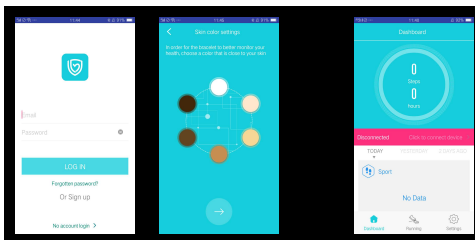


Google Play

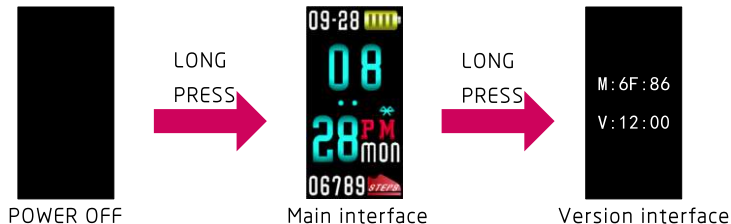


App Store

When a new user register or has no account to log in, APP will automatically guide the user to choose the skin color, personal information and so on. To ensure the accuracy of the test data, the users choose the color which should be similar to their own skin color, otherwise the heart rate and blood pressure test data will be inaccurate.



In power off mode, long press the touch key 5S to power on, and then enter to the main interface



(You can change the main interface on App.)

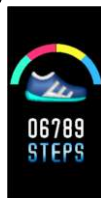
In power on mode, it displayed below interface:



Main interface



Sport mode



Steps



Distance



Calories burned



Blood pressure



Heart rate



Sleep

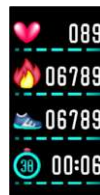


Power off

1. Sport mode operation



The main interface of sport mode began to record the exercise time, pedometer, calories burned and heart rate.



If there is no operation in 5S at the sport interface, it will return to the main interface, and the screen is off after 1S. When turning it on again or wrist-up display light, the display is still in the main interface of the sport mode. Touch to the pause interface , long press 3S to stop the sport mode, now the bracelet will vibrate, and will display the continue interface , long press 3S to the continue interface, sports mode is back to normal. Click to switch to the exit interface , long press 3S to exit the sport mode.

2. Press the touch key to the steps interface, the current step count is displayed. The user can set the step goal on the APP. The color progress bar display will be gradually divided into 4 stages according to the step goal by the user. Pedometer goal is set up 10000 steps of factory default.



3. Press the touch key to the distance interface, the current distance is displayed. The user can set the distance goal on the APP. When it reaches the goal, the STOP interface will be displayed in the distance interface and vibrate for 3 times, then the current distance will be displayed again. (Metric or imperial units can be set on the APP)



Metric



imperial



STOP interface

4. Press the touch key to the calories burned interface, the current calories burned is displayed. The color progress bars display of calories will be gradually divided into 4 stages according to the exercise goal set by the user.



5. Press the touch key to the blood pressure interface and start measurement. After the measurement is completed, the blood pressure value will be displayed. If the blood pressure value can not be measured, it will be displayed 000/000. The screen is automatic off after 70 seconds of no operation.



6. Press the touch key to the heart rate interface and start measurement. The heart rate value will be displayed when measuring. If the heart rate value can not be measured, it will display 000. The screen is automatic off after 60 seconds of no operation.



7. Press touch key to the sleep interface, the sleep time of last night is displayed.



8. Power off: Press touch key to the power off interface  , long press the touch key 5s to power off. 【Entering into any interface with no operation in 5S, the screen is automatic off.】

1. Alarm settings(App-Settings-My device-Alarm setting)

After the bracelet is connected with the APP, enter the "Alarm Setting" on the APP and click "+" to set the corresponding alarm time, date, label, and then click "✓", the alarm set successfully; it is supported with 20 groups; When the alarm remind, the alarm label will be displayed on the bracelet , and it will vibrate for 10 times. Press touch key to turn off the alarm.

2. Find phone(App-Settings-My device-Switch Setting-Find cell phone)

Open the "Find cell Phone" switch on the "Switch setting" of the APP, the "Find cell Phone" interface will be displayed on the bracelet; Long press to find the phone function, the bracelet display the dynamic icon when finding , the phone will ring; press touch key to exit the "find cell phone" (This feature only works when the app is open or run in the background in the status of connection between bracelet and app, if the APP is closed, this feature is invalid.).

3. Call reminder(App-Settings-My device-Message notification-Phone call)

After the bracelet is connected with the APP, when incoming calls, the bracelet will display the incoming phone number (While there is name saved at cell phone contact, it shows name) and the incoming icon  with vibration. Press touch key to turn the phone to mute ; If the phone is not answered, the bracelet will continuously display the incoming No. and icon  until the incoming call is answered or rejected. Long press 3 seconds  to hang up the phone .

4.SMS reminder(App-Settings-My device-Message notification-SMS)

SMS remind will display name and content , and 1 time vibration; the displaying content of the page can be flipped over and viewed by touch key.

5. instant social message reminder

(App-Settings-My device-Message notification)

After connecting the APP, open the instant social message in the "Message notification",for example WeChat, QQ, Facebook, Twitter, etc. (Including the incoming calls and SMS messages), when receiving the message, the display interface(for example Wechat ) will display name & content and 1 time vibration (According to the touch key to read information ,it will become unread messages when the screen is off and un-read, if the bracelet have unread messages,it will push to read the message and then back to the main interface).

6. Sedentary reminder(App-Settings-My device-Sedentary setting)

Enter into "My Device" on App, open the "Sedentary setting" switch, set the sedentary "Start time" , "Stop time" and "How long does the watch remind?" . When the bracelet detects reaching the setting sedentary time,the bracelet screen will display the sedentary icon  and 2 times vibration .

7.Turn the wrist(App-Settings-My device-Turn the wrist)

In a standby state,turn the wrist or press touch key can wake up the bracelet, it will enter into the main interface.

8. Stopwatch([App-Settings-My device-Switch Setting-Stopwatch function](#))

Enter the "Switch setting" on the APP and turn on the "stopwatch function" switch, the stopwatch interface will be displayed on the bracelet. Press the touch key to the stopwatch interface, long press to start stopwatch timer, and then the stopwatch value to start timer by press touch key. To pause it by touching again , long press to exit the pause state . When the stopwatch switch is closed on the APP, the stopwatch interface will not be displayed on bracelet.

9.Count down([App-Settings-My device-Count down](#))

Enter the countdown interface on the APP, click to "start countdown" set the "Single time duration", click "confirm"; the screen of bracelet is on and the countdown icon is starting displayed , the screen is off after 5S; after the countdown is completed, the countdown icon is displayed on the bracelet and vibrates for 3 times.

10.Take photo([App-Settings-My device-Take Photo](#))

Enter to "my device" on App, click on the "Take Photo" function, the phone directly enter into the camera mode, the camera icon  will be displayed on the bracelet, shake the bracelet (or press the touch key on bracelet), the phone automatically takes photo; click the phone back button to exit photo mode.

11.Reset the device password

([App-Settings-My device-Reset device password](#))

To avoid the bracelet being connected by others, a password can be

set on APP; if the password is forgotten, long press 6S at the sleep interface on the bracelet and it will vibrate to clear the password; when bracelet is connected with the APP again, it do not need password input. After reset the device password, the old password is back to default value: 0000.

12. Wear detection(App--Settings--My device--Switch Setting--Wear detection)

When the switch is open, it will wear detection on the band during the wrist wear process, if it is not wearing on hand, all testing functions will automatically closed,no data, to avoid false measurement data.

13. Heart rate automatic monitoring

(App-Settings-My device-Switch Setting-HR automatic monitoring)

When the heart rate is automatically monitored, the value of heart rate showed on APP heart rate interface for every 30 minutes. If the bracelet is detected that it is worn on hand, the heart rate data will be detected in real time and uploaded. When the switch is off; the sensor of the bracelet light is off; there is no data on the app and the background.

14. Blood pressure automatic monitoring

(App-Settings-My device-Switch Setting-BP automatic monitoring)

When the blood pressure is automatically monitored, the value of blood pressure showed on APP blood pressure interface for every 10 minutes.If the bracelet is detected that it is worn on hand , the blood pressure data will be detected in real time and uploaded. When the switch is off; the sensor of the bracelet light is off; there is no data on the app and the background.

Firmware upgrade: When the new firmware of the bracelet is available, connect the APP, it will prompt the firmware update (Make sure the internet is good and enough battery to update). A. upgrade failed;the screen of bracelet is off, it need to restart the APP and mobile phone Bluetooth, open the APP to rebind the device (it need to ignore the Bluetooth device at the phone settings for iPhone), search bracelet name "DfuLang" and bind the connection, upgrade it again. B. If the screen displays " X X X ", indicating that the firmware of the bracelet had been lost, please contact sales service to return and dispose.

Notes:

1. Low Battery: When the battery is low, the small battery icon on the main interface will be flashed. In order to protect the battery life, pls charge in time.
2. Charging: Pls do not operate in the process of charging. It may be reset or dead when improper operation
3. The charging environment which temperature is excessive 50 degrees, may cause equipment overheating, deformation, smoking .
4. The bracelet is built inside battery; No disassemble, fall, collision, extrusion, puncture or cutting behavior.
5. Please do not wear the bracelet to swim, dive; and do not operate it under the water.
6. If battery rupture, leakage, please avoid contact with the eyes and skin. Do not rub the contact area when the situation occurs, immediately rinse with water, and go to the hospital.

This product is not a medical device, the data of blood pressure and heart rate is just for reference. This product does not apply to diagnose, treatment, recovery, prevent or reduce the disease or other situation. It also does not applied to clinical or medical use. If the body itself is abnormal, seek medical attention as soon as possible.

Warranty Clause:

In order to safeguard your rights and interests, please read this warranty clause carefully, you will enjoy the after sales service of our company

1,To provide you better after sales service, we promise:

Within 7 days from purchased date, if the product has quality problems, you can choose to return or exchange goods. Within 15 days from purchased date, if the product has quality problems, you can choose to change goods. Within one year from the purchased date, if the product has quality problems, our company will provide free repair service. When it needs repair, please send the warranty certificate (include warranty card and invoice) and the product to our production base. Return or change goods, please contact with the distributor. Pls keep the product, its accessories and other materials together.

2, During warranty period, if one of the following situation appears, it can not enjoyed free repair service:

Human error breakdown, which includes: improper usage, maintenance, storage or not operating it according to the manual; tearing down or assembling the product by yourself or repairing it in other places. Breakdown because of the irresistible reasons (such as fire, flood, earthquake, lightning stroke, etc.). Unable to provide warranty certificate or revised the warranty certificate arbitrarily.

Warranty Card

Customer name		Contact	
Date of purchase		Contact number	
Product name		Product model	
Customer address			
Maintenance records			

FCC STATEMENT :

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

RF warning statement:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.