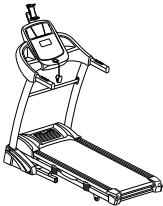


TS32A Assembly Manual
Treadmill

Your satisfaction is very important to us. PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US: sales@famintergym.com (We will help you within 24 hours).

WARNING

Please read all instructions and warnings in this manual in detail before using this equipment. Save this manual for future reference.

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Dear customer,

Thank you for choosing Faminter.

We cherish your order and take you as our 1st customer.

If you have any question after receiving your package, please feel free to contact us and we will be the first to respond to you. Our professional engineering team and customer service team will resolve it well. They are friendly and helpful.

Customer Service Email: sales@famintergym.com. Any email from our customers, we will take you as most important. Please patiently wait for us to offer you a satisfactory solution, usually needs 24 to 48 hours, up to 72 hours nearly weekends.

Customer Service Phone Number: 1-855-777-2553, Monday to Thursday Working Time: 9:00am to 5:00pm PST, 9:00am to 12:00pm PST, 1:00pm to 5:00pm PST, Friday Working Time: 9:00am to 5:00pm PST, 9:00am to 12:00pm PST. We send you an email, if you cannot reach us by phone.

Best Regards,
Faminter Official

NOTE: Our treadmill is constructed with high quality materials. It is understandable that electrical items can cause possible harm greater than other ordinary items. It is important to know that the treadmill does not work as intended if it is not received the safe transportation of the carrier, your insurance company, etc. but please don't worry, just send us email to sales@famintergym.com and we will help you to resolve it well.

SAFETY CAUTIONS

WARNING

Before starting any assembly process, it is recommended that you should connect a professional electrician, especially if you are over 20 years old, or you are not familiar with electricity. This way not responsible for any resulting injuries.

WARNING

To reduce the risk of injury, this device should be kept to children, elderly and disabled and not used without proper instructions and instructions in the manual and all warnings on our treadmill before using our treadmill. Faminter assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

WARNING

To reduce the risk of electrical shock, if an unexpected change of the equipment, always unplug the power cord from the wall outlet and/or the machine and wait 5 minutes before starting maintenance or repairing the machine. When the power cord is a single function.

Precautions

1. Do not touch the wires when they are attached to the electricity or before using the treadmill.
2. Please do not insert any items to any part of the equipment, which could damage the equipment.
3. Position the treadmill on a clear, level surface. Do not place the treadmill on thick carpet or on any surface with proper ventilation. Do not place the treadmill near water or outdoors.
4. Never stand on the treadmill while you are standing on the walking belt. After turning the power on and adjusting the speed control, there may be a pause before the walking belt begins to move. Please stand on the footplate on the sides of the frame until the belt is moving.
5. Do not wear long loose fitting clothing that may be caught in the treadmill. Always wear sneakers or athletic shoes with rubber soles.
6. Keep the children and pets away from the treadmill while starting without.
7. Do not exercise if you feel dizzy after stand.
8. The equipment is suitable for adults, whose must be accompanied by adults while working.
9. The treadmill should be handled and only become comfortable and familiar with the treadmill when you use the treadmill at your first time.

10. Treadmill is an indoor-use equipment, not outdoor-use for weather damage. Keep the place clean, flat and drying. Please do not install it for other purposes, like for storage.
11. The power cord of the treadmill is dedicated. If the power cord is damaged, please do it from the dealer or contact our company directly.
12. If the treadmill cannot be started, it is recommended that you should connect a professional electrician, especially if you are over 20 years old, or you are not familiar with electricity. This way not responsible for any resulting injuries.
13. Do not insert water in the middle of power cord, do not connect cable or change the walking belt, do not cut any loose things on cable or cut the cable near the head source. Turned using socket with several rules, there may cause fire or possible may be hurt by the power cord.
14. Turn off the power switch when the treadmill is not used for a long time. When turning off the power, do not pull the power cord, you must grasp the power plug and pull it out to avoid breaking part of the wire in the power cord. Insert the plug to the socket with the safety ground correct. The power cord of the treadmill is dedicated, please connect as the power cord is damaged.
15. The treadmill is not for home-use.

Grounding Instructions

The products must be grounded first. If malfunction or breakdown occurs, grounding will provide a path of least resistance for electric current to reduce the risk of electric shock. The product is equipped with a cord having an equipment-grounding conductor with a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

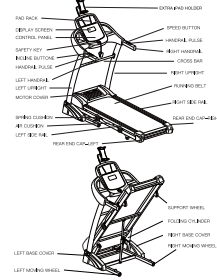
Danger

In proper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the products are properly grounded. Do not repair the plug provided with the product - if it will not fit the outlet, have a proper outlet installed by a qualified electrician. This product is for use only in 115V/60Hz and has a grounding plug that looks like the plug pictured in the figure. Make sure that the product is connected to an outlet having the same configuration in the plug. There is no need to use any adapter for this product.

Grounding Methods



PRODUCT SKETCH



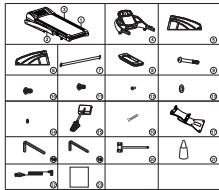
• TECHNICAL PARAMETER

MAIN TECHNICAL PARAMETER		
NO.	ITEM	DATA
1	MODEL	T332A
2	INPUT VOLTAGE	AC 115~120V(50/60Hz)
3	MOTOR POWER	4.5HP
4	RUNNING AREA	17.6"×9.2"
5	SPEED	0.6-10mmph
6	INCLINE	0-15% (8.9°)
7	CHARGER	5.0V/1.5A
8	MAX USER WEIGHT	300lbs
9	ASSEMBLY SIZE	64"×30"×66"

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• **PACKING INSTRUCTION**

OPEN THE BOX YOU CAN FIND ALL PARTS AS BELOW.



PARTS LIST		
NO.	DESCRIPTION	Q'TY
1	MAIN FRAME	1 set
2	LEFT UPRIGHT	1 pc
3	RIGHT UPRIGHT	1 pc

— 4 —

PAS

4	CONSOLE	1 pc
5	LEFT BASE COVER	1 pc
6	RIGHT BASE COVER	1 pc
7	CROSS BAR	1 pc
8	UPRIGHT COVER	2 pcs
9	BOLT M10*50	2 pcs
10	BOLT M10*50	2 pcs
11	BOLT M10*50	2 pcs
12	SCREW M12*40	4 pcs
13	SCREW M12*40	4 pcs
14	FLAT WASHER M10	4 pcs
15	FLAT WASHER M10	4 pcs
16	SPRING KEY	1 pc
17	SELF-LAPPING SCREW M10*14	4 pcs
18	EXTRA IPAD HOLDER	1 pc
19	SA WRENCH	1 pc
20	SA WRENCH	1 pc
21	SCREWDRIVER	1 pc
22	SCREWDRIVER OIL	1 pc
23	POWER CORD	1 pc
24	USER MANUAL	1 pc

NOTE: When assembling the motorized treadmill, you only need to use the WRENCH and SCREWDRIVER. We provide these tools together with the screw kits.

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• ASSEMBLY INSTRUCTION

Step 1

1. Please note that this treadmill needs at least 2 people to finish assembly.
2. Open the carton box, and take out all protection foam and assembly parts.
3. 2 People take out the running deck as the photo shows from the box, lay it on the flat floor, and then use scissors to cut the cable tie that bound on the left and right uprights.



Step 2

1. Lift up the left upright(2).
2. Use the 6F wrench(10) to connect the left upright(2) to the main frame with 1pc bolt M10×50(3) and flat washer M10(12).
3. Use the 6F wrench(10) to connect 1pc bolt M10×50(14) and flat washer M10(13) to the screw hole at the back of the left upright(2).
4. Do the same for the right upright.



Step 3

1. Use the 5/16 wrench (180) to remove the pre-assembled 4pcs bolt M8*150 (1) and flat washer M8*140 from the left/right uprights (2, 3) .
2. Use the 5/16 wrench (180) to install the cross bar (7) onto both left and right uprights (2, 3) with 4pcs bolt M8*150 (1) and flat washer M8*140.



— 10 —

Note: This step uses the previously defined `get_val` function.

Note 2: Make sure to keep **all** the above tabs **free** now. Don't tighten them too tightly, otherwise it will hinder the assembly of other parts.

Step 4

1. Connect the signal cable that come out from the right upright (3) to the signal cable that come out from the right side of console (4).



Now you can rightly be all the better of Steps 2, Step 3 and Step 4.

Step 5

1. Insert the left base cover(5) and right base cover(6) onto the left and right upright(2, 3) with 4pcs bolt M5*12(12) by screwdriver (20).
2. Put the upright cover(8) onto the left and right upright(2,3)
3. Check that all parts are assembled correctly, then fasten all the screws.



1000

— 6 —

Step 6

Step 6

Put the safety key in the yellow area of the console.



Step 7

Use the screwdriver(20) to remove the 4 pcs
back of the console, then you can install the
4 pcs screw(16).



NOTE: This step uses the pre-assembled
4pcs of self-tapping screw M4*15 on the

• HOW TO FOLD AND MOVE

FOLDING:
Pull up the base flare 1" leaving a small gap.

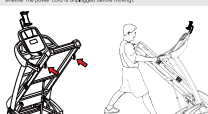
 $t_0 =$

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MOVING:

1. Lock the handlebars as shown (hold the post of the running deck to slide out) and place one foot on a wheel.
2. If the treadmill is on a slope, lock the handlebars on the wheels. **Caution:** never move the treadmill to the nearest location.

Notes: The power cord must be unplugged when moving the treadmill. Please check whether the power cord is unplugged before moving.



LAY DOWN:

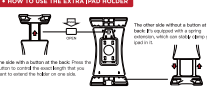
After the process of lifting the roller with your foot, then press the frame down (hold) with your hands, then there will be a click.



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► HOW TO USE THE EXTRA PAD HOLDER



The extra side without a handle of the back is equipped with a strong magnetic force, so you can use the extra pad holder.

The side without a handle of the back. Press the button to control the speed both that you want to enter the button on one side.

OPERATION GUIDE

1. QUICK REFERENCE GUIDE



2. DISPLAY INSTRUCTION

SPEED: "SPEED" in the middle of the display window displays the current running speed.

10 cm 10 cm

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TIME: "TIME" at the bottom left of the display window shows the time of the workout, or extension of the workout.

DISTANCE: "DIST" at the bottom of the display window shows the distance of the current workout.

CALORIES: "CAL" at the bottom of the display window shows the calories burned during workout.

INCUBATE & PULSE: "INCUBATE" on the bottom right of the display window shows the heart rate when you start the workout. The heart rate will be displayed at the top of the display. "PULSE" is the heart rate when you start the workout. To test the heart rate, hold the heart rate sensor on the back of the hand. The heart rate will be displayed at the top of the display. The heart rate will be displayed at the top of the display. The heart rate will be displayed at the top of the display.

Display range of the data:

- Time: 0.00 ~ 99.99 (min)
- Distance: 0.00 ~ 99.99 (km)
- Calories: 0.00 ~ 99.99 (kcal)
- Speed: 0.0 ~ 10.0 (km/h)
- The incline: 0 ~ 15.0 (%)
- Pulse: 50 ~ 200 (bpm)

3. BUTTON FUNCTION

3.1 "START/PAUSE" BUTTON

When the power is on, the motorized treadmill starts to the quick start mode. Press "START/PAUSE" button, the equipment will start to run after 2 seconds, and the screen displays the time, speed, distance, and calories. If the running ends, the equipment will stop working and enter the pause state. The data will be kept for 2 hours and then deleted. Press "START/PAUSE" button to the pause state again to resume, the equipment will start again, the data at the time of pause will continue to run.

3.2 "STOP" BUTTON

Press "STOP" button when the treadmill is working, the treadmill will stop, and all data will be deleted, and return to the initial state as usual, which means you should set all functions again when you want to restart running.

3.3 "P" BUTTON

When the power is on, first, press "P" button to select 12 programs. The "P" button is for workout programs. "P" and "P" are for user programs. "P" is for daily fat burning programs.

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Press "A", "P" or "P", "P" on the console or "A", "P" on the left/right handlebars to select the data.

Press "START/PAUSE" button to start the machine after setting.

3.4 "W" BUTTON

When the power is on, first, press "W" button to select three different countdown modes: "TIME", "DISTANCE", and "CALORIES". Press "A", "P", "P", "P", "P" on the console or "A", "P", "P" on the left/right handlebars to select the data.

Press "START/PAUSE" to start the treadmill after setting.

3.5 SPEED BUTTON

Press the "A", "P" key on the console or the "P" key on the right handlebar to adjust the speed. Press and hold for more than 2 seconds to adjust the speed continuously, and speed adjustment range is 0.0~10.0 km/h.

3.6 INCLINE BUTTON

Press the "A", "P" key on the console or the "P" key on the right handlebar to adjust the incline. Press and hold for more than 2 seconds to adjust the incline continuously, and incline adjustment range is 0~15.0 km/h.

3.7 QUICK SPEED KEY

In the running state, you can directly use the quick speed keys: "0", "1", "2", "3", "4", "5" to adjust the speed quickly.

3.8 QUICK INCLINE KEY

In the running state, you can directly use the quick incline keys: "0", "1", "2", "3", "4", "5" to adjust the incline quickly.

4. FUNCTION INSTRUCTION

4.1 SAFETY KEY

Adjust the safety key in the safety area of the console, then motorized treadmill can be started.

Locking the safety key, the screen will display "STOP" and the treadmill will stop immediately when the safety key is pulled out. The screen will display "STOP" when the treadmill is running to stop the machine immediately under emergency situation.

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4.2 SLEEP FUNCTION

When the treadmill is stopped without any operation for more than 5 minutes, the display screen will be shut off and go to sleep state, press any key to wake up the machine.

4.3 QUICK START

Press "START/PAUSE" button, the treadmill starts after a 3-second countdown.

4.4 COUNTDOWN MODE

Press "W" key continuously to select "0" for "TIME" countdown, "1" for "DISTANCE" countdown, "2" for "CALORIES" countdown. Press "A", "P", "P", "P" on the console or "A", "P", "P" on the left/right handlebars to adjust the data. After finished setting, press "START/PAUSE" to start the machine by 3 seconds countdown.

DISPLAY	PARAMETER	INITIAL DATA	ADJUSTMENT RANGE
INC	TIME	0.00	99.99
INC	DIST	0.0	99.9
INC	CAL	0.0	99.9

4.5 PRESET PROGRAMS

When the power is on, press "P" to enter program mode. The treadmill has 8 programs, 1 user program and 1 built-in test program.

4.5.1 PROGRAM OPERATION OF P1~P8

Press "P" key continuously to select your desired program from "P1" "P2" "P3" "P4" "P5" "P6" "P7" "P8". Press "W" key to select your desired mode from "TIME" "DISTANCE" "CALORIES". Press "START/PAUSE" to start the machine after setting.

You can only set the program mode of the program when the power is on. After setting the program mode, the screen will display the program mode. After setting the program mode, the screen will display the program mode. After setting the program mode, the screen will display the program mode.

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PRESET PROGRAM CHART

P1: WEIGHT LOSS

TIME	0.00	0.01	0.02	0.03	0.04	0.05	0.06	0.07	0.08	0.09	0.10	0.11	0.12	0.13	0.14	0.15	0.16	0.17	0.18	0.19	0.20	0.21	0.22	0.23	0.24	0.25	0.26	0.27	0.28	0.29	0.30	0.31	0.32	0.33	0.34	0.35	0.36	0.37	0.38	0.39	0.40	0.41	0.42	0.43	0.44	0.45	0.46	0.47	0.48	0.49	0.50	0.51	0.52	0.53	0.54	0.55	0.56	0.57	0.58	0.59	0.60	0.61	0.62	0.63	0.64	0.65	0.66	0.67	0.68	0.69	0.70	0.71	0.72	0.73	0.74	0.75	0.76	0.77	0.78	0.79	0.80	0.81	0.82	0.83	0.84	0.85	0.86	0.87	0.88	0.89	0.90	0.91	0.92	0.93	0.94	0.95	0.96	0.97	0.98	0.99	1.00
TIME	0.00	0.01	0.02	0.03	0.04	0.05	0.06	0.07	0.08	0.09	0.10	0.11	0.12	0.13	0.14	0.15	0.16	0.17	0.18	0.19	0.20	0.21	0.22	0.23	0.24	0.25	0.26	0.27	0.28	0.29	0.30	0.31	0.32	0.33	0.34	0.35	0.36	0.37	0.38	0.39	0.40	0.41	0.42	0.43	0.44	0.45	0.46	0.47	0.48	0.49	0.50	0.51	0.52	0.53	0.54	0.55	0.56	0.57	0.58	0.59	0.60	0.61	0.62	0.63	0.64	0.65	0.66	0.67	0.68	0.69	0.70	0.71	0.72	0.73	0.74	0.75	0.76	0.77	0.78	0.79	0.80	0.81	0.82	0.83	0.84	0.85	0.86	0.87	0.88	0.89	0.90	0.91	0.92	0.93	0.94	0.95	0.96	0.97	0.98	0.99	1.00

P2: CARDIO TRAIN

TIME	0.00	0.01	0.02	0.03	0.04	0.05	0.06	0.07	0.08	0.09	0.10	0.11	0.12	0.13	0.14	0.15	0.16	0.17	0.18	0.19	0.20	0.21	0.22	0.23	0.24	0.25	0.26	0.27	0.28	0.29	0.30	0.31	0.32	0.33	0.34	0.35	0.36	0.37	0.38	0.39	0.40	0.41	0.42	0.43	0.44	0.45	0.46	0.47	0.48	0.49	0.50	0.51	0.52	0.53	0.54	0.55	0.56	0.57	0.58	0.59	0.60	0.61	0.62	0.63	0.64	0.65	0.66	0.67	0.68	0.69	0.70	0.71	0.72	0.73	0.74	0.75	0.76	0.77	0.78	0.79	0.80	0.81	0.82	0.83	0.84	0.85	0.86	0.87	0.88	0.89	0.90	0.91	0.92	0.93	0.94	0.95	0.96	0.97	0.98	0.99	1.00
TIME	0.00	0.01	0.02	0.03	0.04	0.05	0.06	0.07	0.08	0.09	0.10	0.11	0.12	0.13	0.14	0.15	0.16	0.17	0.18	0.19	0.20	0.21	0.22	0.23	0.24	0.25	0.26	0.27	0.28	0.29	0.30	0.31	0.32	0.33	0.34	0.35	0.36	0.37	0.38	0.39	0.40	0.41	0.42	0.43	0.44	0.45	0.46	0.47	0.48	0.49	0.50	0.51	0.52	0.53	0.54	0.55	0.56	0.57	0.58	0.59	0.60	0.61	0.62	0.63	0.64	0.65	0.66	0.67	0.68	0.69	0.70	0.71	0.72	0.73	0.74	0.75	0.76	0.77	0.78	0.79	0.80	0.81	0.82	0.83	0.84	0.85	0.86	0.87	0.88	0.89	0.90	0.91	0.92	0.93	0.94	0.95	0.96	0.97	0.98	0.99	1.00

10 cm 10 cm