DB-04

实时心率手环
使用说明书

一、适配手机系统及蓝牙版本

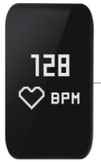
Android4.4及以上

iOS8.4及以上

手机硬件支持蓝牙4.0

二、使用准备

初次使用请确保电量充足，若低电量无法开机，请用手环充电夹充电。



OLED触摸显屏

感应灯

充电触点

三、连接使用

请确保手机满足使用 WearFit 2.0 适配需求，先下载 WearFit 2.0，然后用 WearFit 2.0 绑定手环。

下载方式：

请在 Apple Store、Google Play 以及各安卓应用商店搜索”WearFit 2.0”，点击进行下载安装。或扫描下方二维码进行下载。

iOS / Android 版本下载

绑定使用：

请确保手机蓝牙开启，打开“WearFit 2.0”，首次使用需要连接绑定，搜索附近手环，对目标手环点击绑定，绑定成功后进入主界面。

四、开始使用

手环成功绑定 WearFit 2.0 后，将同步手机时间和手环心率等测试记录。

手环操作：

单击 OLED 界面触摸按键按以下顺序切换界面：

时间、心率模式→连续心率模式→记步模式→距离模式→卡路里模式→睡眠模式→秒表模式→查找模式→信息提醒→关机模式。

表盘界面切换：

在首屏时间页面下，长按 5 秒触摸按键切换表盘。有三种不同风格表盘可供选择，选定后再次长按 5 秒触摸按钮，手环振动反馈，即可切换表盘。

手环功能列表如下：

1.连续心率监测：每秒自动测量当前心率值，一天24小时连续监测。连接 WearFit 2.0，可查看心率数据报表及健康状况分析。

2.运动记录：自动记录每天步数，卡路里，公里数 。

3.卡路里模式：显示消耗的卡路里。

4.久坐提醒：手环自动感应人体运动变化，久坐每半小时，手环会做一次震动提醒。

5.时间模式：显示时间，电量，日期，当前心率。

6.睡眠监测：自动监测每天睡眠质量 。

7.来电提醒：在APP开启来电提醒开关，当手机来电时手环震动提醒 。

8.消息提醒：在APP开启消息提醒开关，当手机有新消息时（短信、QQ、微信、facebook、twitter）手环震动提醒。

9.距离显示：显示运动的距离。

10.秒表计时：秒表准确计时和分段叠加计时。

11.OTA升级：手环功能将不断进行优化和更新。

五、常见问题

1、绑定时无法搜索到手环或无法连接？

请确认手机系统满足 WearFit 2.0 适配要求 ，开启手机蓝牙，靠近手环再次搜索和连接。

2、绑定手环后，WearFit 2.0 显示未连接？

请确认手机蓝牙已开启，先解绑手环，后重新连接。

3、APP无数据显示？

请确认 WearFit 2.0 连接手环，并刷新APP数据。另外，本手环采用定时测量和手动测量，未到定时测量时间，不会有数据弹出，如长时间无数据显示，可以手动测量数据。

4、手环时间不准确？

手环与 WearFit 2.0 连接后，将自动同步手机当前时间。

六、基本参数

OLED屏幕尺寸：0.66英寸
电池： 锂离子 3.7V 105mAh
蓝牙版本: BT 4.0
防水等级：IP68
电池类型：聚合物锂电池
材 质:硅胶，主机外壳PC
腕带尺寸:248mm*24.2mm*11mm
包装清单：手环主机，腕带，充电线，说明书

中国制造

DB-04

Sustained HR Smart Bracelet
User Manual

1. System & BLE version of mobile phone

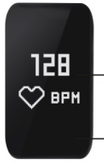
Android 4.4 or above

iOS 8.4 or above

Bluetooth 4.0

2. Charge the bracelet

Before use, please full charge the bracelet for the first time using the charger in package, then press the touch button for 5 seconds to power on the bracelet



OLED screen

Touch Button

HR sensor light

Charge contact

3. Download APP & Bind

Downlosd APP

Please scan the QR code below with your mobile phone, or search “WearFit 2.0” in APP store or Google store or other Android store

Bind Bracelet

Keep the bracelet power on, and open APP “WearFit 2.0”, click “Mine” on Bottom right corner, then click “Device management”, then click “Bind Bracelet”, click “DB-04” in list, then it will show “connected” and return

4. Instructions

After bind, keep the bracelet power on, and it will synchronize with the mobile phone

Bracelet operation

By press the touch button, the function display will be switched as below: Time &Heart rate, Continuous heart rate, Distance, Calories, Sleep monitoring, Stopwatch, Phone search, Message alert, Power off

Time&Pedometer display mode switch

Light on the Time&Heart rate interface, press the touch button for 5 seconds, it is ready to switch, then press the touch button for 1-2 seconds, the display mode will be changed, to press the touch button for 5 seconds to confirm the switch

Functions

Continuous heart rate measurement: Continuous automatic measure the heart rate, you can know your heart rate at anytime

Pedometer

Calories

Sedentary remind

Time&heart rate display: Time, power, date, heart rate

Sleep monitoring

Call reminder

Message reminder: Message (SMS, QQ, Wechat, Facebook, Twitter) reminder by vibrate

Distance

Stopwatch

OTA upgrade: when there is new software version, the software in bracelet can be updated by OTA

5. Q&A

1.Can’t find device when pairing device?

①Please ensure the bluetooth is ON and the mobile phone’s condition is Android 4.4 or above and IOS8.4 or above.

②The effective bluettooth range is about 33ft.

③Please ensure the device is fully chargesd and feel free to contact us if it can’t work normally under enough power.

2.Can’t connect the device with app?

Some smart phone bluetooth service will be abnormal when reboot.Please reboot the bluetooth or reboot smart phone for pairing device.

3.APP no display data?

The data depends on timing and manual measurement to transfer. Please ensure the battery condition is good and bluetooth is ON, and refresh the APP after connected with smart bracelet.

4.Wrong time?

The time maybe wrong when the bracelet is under low power.Please charge the bracelet and connect phone again.

6.Specification

OLED screen size: 0.66 inch
Battery：Lithium ion 401522 3.7V
Battery capacity: 105mAh
Bluetooth version: 4.0
Waterproof: IP68
Material: Plastic Case & TPU Strap
Strap size: 248mm*24.2mm*11mm
Battery type: Polymer lithium battery

Made in China

FCC STATEMENT :

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) This device must accept any interference received, including interference that may cause undesired operation.
Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

RF warning statement:
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.